

Too Hot To Handle 15K
Dallas, July 22, 2006
Racing Systems Inc. by Run On!

Overall Female Open Overall Winners

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	11	Mindy Rice	31	*****	19:27.60	6:14/M	*****	19:51.45	6:22/M	*****	20:42.10	6:38/M	1:00:01.35

Overall Female Masters Winners

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	22	Frances McKissick	44	*****	20:46.05	6:39/M	*****	20:59.80	6:44/M	*****	21:10.80	6:47/M	1:02:57.10

Female 15 to 19

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	42	Kayla Kenoyer	19		1 21:01.85	6:44/M	1	23:07.20	7:25/M	1	23:31.45	7:32/M	1:07:41.25
2	284	Amanda Davis	17		2 27:09.10	8:42/M	3	29:12.20	9:22/M	2	31:15.75	10:01/M	1:27:37.55
3	288	Meagan Deal	18		3 27:35.55	8:50/M	2	27:59.15	8:58/M	3	32:08.95	10:18/M	1:27:44.35
4	549	Becky Scott	15		4 31:45.55	10:11/M	5	41:25.60	13:16/M	4	38:00.30	12:11/M	1:51:11.60
5	561	Kellie Lafferty	17		5 33:41.85	10:48/M	4	40:13.75	12:53/M	5	41:19.70	13:15/M	1:55:15.35

Female 20 to 24

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	44	Mindy Kuhl	24		1 22:35.60	7:14/M	1	22:31.40	7:13/M	1	22:55.45	7:21/M	1:08:03.25
2	101	Kym Hubing	24		2 23:57.70	7:41/M	2	25:06.40	8:03/M	2	25:03.65	8:02/M	1:14:08.40
3	199	Lindsey Terry	20		4 27:34.70	8:50/M	3	27:34.45	8:50/M	3	26:15.85	8:25/M	1:21:25.35
4	212	Lindsay Deal	20		5 27:35.15	8:50/M	5	27:59.75	8:58/M	4	26:40.75	8:33/M	1:22:16.50
5	215	Angela Coleman	23		3 27:05.00	8:41/M	4	27:58.95	8:58/M	5	27:26.95	8:48/M	1:22:30.85
6	272	Juliana Chen	24		10 29:23.15	9:25/M	8	28:53.25	9:15/M	6	28:37.65	9:10/M	1:26:54.30
7	274	Mandy Hahn	24		8 28:44.80	9:13/M	7	28:29.25	9:08/M	8	29:48.55	9:33/M	1:27:02.65
8	283	Erica Timperley	23		9 29:23.05	9:25/M	6	28:23.30	9:06/M	7	29:44.90	9:32/M	1:27:31.90
9	325	Brooke Lemmons	24		6 27:58.90	8:58/M	9	30:42.95	9:50/M	11	32:07.10	10:18/M	1:30:48.95
10	358	Amber Massey	21		7 28:15.70	9:03/M	11	31:14.05	10:01/M	12	33:37.15	10:46/M	1:33:07.35
11	362	Summer Slayden	24		11 30:26.15	9:45/M	12	31:22.15	10:03/M	10	31:24.35	10:04/M	1:33:13.05
12	390	Blair Valk	24		17 34:11.35	10:57/M	10	31:09.25	9:59/M	9	30:31.55	9:47/M	1:35:52.15
13	420	Melissa Miles	24		13 31:54.80	10:13/M	14	32:43.40	10:29/M	14	34:52.10	11:11/M	1:39:30.35

14	436	Lindsey Heine	23	16 33:16.80	10:40/M	13	32:26.75	10:24/M	13	34:51.35	11:10/M	1:40:35.65
15	480	Katie Anderson	21	15 33:00.65	10:35/M	16	35:43.40	11:27/M	15	35:53.75	11:30/M	1:44:38.60
16	497	Christina Toyota	24	14 32:18.00	10:21/M	15	35:23.65	11:20/M	17	38:32.00	12:21/M	1:46:13.65
17	499	Katherine Mahoney	24	12 31:33.40	10:07/M	17	36:35.05	11:44/M	16	38:21.15	12:18/M	1:46:30.35

Female 25 to 29

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	33	Hayley Morgan	27	1	22:33.90	7:14/M	1	21:38.35	6:56/M	1	21:20.85	6:50/M	1:05:33.25
2	76	Monica Corcoran	28	3	23:40.55	7:35/M	2	23:41.50	7:35/M	2	24:45.15	7:56/M	1:12:07.95
3	131	Jessica Hanson	25	4	24:48.85	7:57/M	3	25:14.60	8:05/M	5	26:33.80	8:31/M	1:16:37.90
4	140	Dulce Arcos	28	5	25:22.25	8:08/M	4	25:42.20	8:14/M	4	26:06.55	8:22/M	1:17:11.35
5	150	Stephanie Hill	29	6	25:33.35	8:11/M	5	25:59.35	8:20/M	6	26:48.75	8:35/M	1:18:22.05
6	191	Melanie Brosnahan	26	7	26:20.10	8:26/M	7	27:05.70	8:41/M	8	27:44.05	8:53/M	1:21:10.25
7	221	Gina Guillem	25	12	29:11.85	9:21/M	9	27:42.90	8:53/M	3	26:01.85	8:20/M	1:22:56.85
8	232	Melanie Bolling	28	11	28:44.60	9:13/M	8	27:21.50	8:46/M	7	27:23.75	8:47/M	1:23:29.85
9	241	Rachel Williams	25	8	26:38.65	8:32/M	10	28:04.95	9:00/M	11	29:14.05	9:22/M	1:23:57.95
10	256	Amanda Carlile	26	9	27:42.05	8:53/M	11	28:57.55	9:17/M	10	28:46.90	9:13/M	1:25:27.10
11	296	Kim Sasser	28	15	30:11.30	9:40/M	13	29:39.45	9:30/M	9	28:28.35	9:07/M	1:28:19.45
12	312	Alison Beer	27	10	28:33.75	9:09/M	14	29:54.70	9:35/M	18	31:18.10	10:02/M	1:29:46.60
13	314	Angie Parker	28	14	30:11.05	9:40/M	12	29:39.40	9:30/M	13	30:00.00	9:37/M	1:29:51.05
14	340	Leah Muriel	27	16	30:23.75	9:44/M	15	30:33.45	9:48/M	17	31:02.10	9:57/M	1:32:00.05
15	349	Jami Strelsky	29	17	30:40.85	9:50/M	19	31:10.45	9:59/M	16	30:54.80	9:54/M	1:32:46.05
16	356	Lindsay Robertson	25	13	29:31.95	9:28/M	16	31:00.25	9:56/M	22	32:34.25	10:26/M	1:33:06.80
17	359	Megan Smith	25	21	32:05.85	10:17/M	17	31:04.75	9:57/M	12	29:59.50	9:37/M	1:33:10.10
18	381	Lisa Prince	28	24	32:54.65	10:33/M	18	31:10.20	9:59/M	15	30:48.05	9:52/M	1:34:52.90
19	383	Prama Kumar	29	22	32:33.55	10:26/M	21	31:55.40	10:14/M	14	30:45.55	9:51/M	1:35:15.05
20	393	Heike Carrel	28	20	31:57.00	10:14/M	22	31:59.35	10:15/M	21	32:05.60	10:17/M	1:36:02.10
21	398	Daphne Case	26	19	31:19.45	10:02/M	25	33:45.30	10:49/M	20	31:38.85	10:08/M	1:36:44.25
22	423	Kristen Gorezyca	25	28	33:19.20	10:41/M	24	33:35.70	10:46/M	23	32:45.50	10:30/M	1:39:40.40
23	439	Holly Vandeventer	29	27	33:17.20	10:40/M	20	31:54.75	10:13/M	30	35:28.95	11:22/M	1:40:41.65
24	446	France Falcon	28	23	32:46.60	10:30/M	23	32:41.10	10:29/M	32	35:46.10	11:28/M	1:41:13.95
25	447	Rachael Rosser	26	35	35:30.25	11:23/M	26	34:16.00	10:59/M	19	31:27.60	10:05/M	1:41:14.10
26	464	Gina Emery	28	18	31:15.75	10:01/M	33	36:23.75	11:40/M	29	35:20.50	11:19/M	1:43:00.20
27	468	Kim Yerby	25	26	33:03.00	10:36/M	28	35:31.25	11:23/M	27	34:54.10	11:11/M	1:43:28.75
28	493	Tish Fanning	29	29	33:41.45	10:48/M	34	36:23.85	11:40/M	33	35:57.60	11:31/M	1:46:02.95
29	502	Jeana Ray	28	41	36:33.10	11:43/M	30	35:38.50	11:25/M	25	34:32.05	11:04/M	1:46:44.25
30	503	Hope Bowie	29	37	35:45.35	11:28/M	32	36:20.85	11:39/M	26	34:48.30	11:09/M	1:46:55.25
31	513	Elizabeth Mills	29	31	34:16.10	10:59/M	37	36:45.60	11:47/M	35	36:30.55	11:42/M	1:47:32.65
32	516	Crystal Brandt	26	40	36:16.00	11:37/M	29	35:32.50	11:23/M	34	35:59.20	11:32/M	1:47:48.25
33	520	Julie Flint	28	36	35:41.75	11:26/M	36	36:43.75	11:46/M	31	35:42.05	11:27/M	1:48:08.35
34	525	Virginia Valdez	29	32	34:33.45	11:04/M	42	38:32.70	12:21/M	28	35:16.75	11:18/M	1:48:23.05

35	528	Tracy Cooper	28	25	33:01.20	10:35/M	31	36:01.75	11:33/M	39	39:44.15	12:44/M	1:48:47.85
36	543	Kari Lane	27	33	34:54.65	11:11/M	35	36:38.45	11:44/M	38	39:16.75	12:35/M	1:50:49.95
37	546	Tamara Icenogle	27	38	36:13.85	11:36/M	38	36:54.85	11:50/M	36	37:55.65	12:09/M	1:51:04.30
38	550	Erin Chiarelli	27	30	33:56.20	10:53/M	39	37:33.10	12:02/M	42	40:05.50	12:51/M	1:51:35.30
39	554	Jenny Koesling	27	34	35:03.50	11:14/M	43	39:02.50	12:31/M	40	39:53.95	12:47/M	1:54:00.35
40	558	Kristina Melendi	28	39	36:15.10	11:37/M	40	38:11.75	12:14/M	41	39:56.75	12:48/M	1:54:24.40
41	564	Katie Abel	26	43	39:14.30	12:34/M	41	38:22.10	12:18/M	37	38:49.45	12:26/M	1:56:26.15
42	572	Kasia Stephenson	27	47	49:38.35	15:54/M	27	34:41.75	11:07/M	24	34:07.25	10:56/M	1:58:28.00
43	584	Lindsay Torres	26	44	39:40.20	12:43/M	44	41:16.85	13:14/M	43	40:57.90	13:08/M	2:01:55.45
44	593	Mandi Wong	29	46	39:56.55	12:48/M	45	42:13.55	13:32/M	44	43:02.00	13:48/M	2:05:12.65
45	597	Ashley Martin	25	42	37:33.20	12:02/M	47	44:39.55	14:19/M	45	43:02.05	13:48/M	2:05:15.45
46	601	Amber Tune	28	45	39:47.90	12:45/M	46	43:11.30	13:50/M	46	43:58.10	14:06/M	2:06:57.95

Female 30 to 34

Overall		----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	23	Riva Graeme	32	1	20:15.45	6:29/M	1	20:31.75	6:35/M	1	22:19.35	7:09/M	1:03:07.30
2	65	Julie Kaner	32	3	23:35.10	7:34/M	2	23:28.40	7:31/M	2	23:54.75	7:40/M	1:10:58.50
3	69	Trish Field	34	2	22:46.35	7:18/M	3	23:37.90	7:34/M	5	24:54.45	7:59/M	1:11:19.25
4	82	Mari McCain	32	5	23:56.70	7:40/M	4	24:09.60	7:44/M	3	24:25.65	7:50/M	1:12:32.35
5	107	Alyson Patton	32	4	23:55.70	7:40/M	6	25:06.45	8:03/M	7	25:46.95	8:16/M	1:14:49.30
6	113	Lynn Rasmussen	34	9	25:27.30	8:09/M	7	25:12.80	8:05/M	4	24:28.85	7:51/M	1:15:09.75
7	123	Lori Cerami	31	8	24:50.25	7:58/M	8	25:28.30	8:10/M	8	25:51.75	8:17/M	1:16:10.70
8	124	Colleen Nelson	32	6	23:58.35	7:41/M	5	24:46.05	7:56/M	13	27:33.20	8:50/M	1:16:17.55
9	139	Jamie Moody	34	11	26:06.10	8:22/M	9	25:54.80	8:18/M	6	25:09.65	8:04/M	1:17:11.05
10	152	Jamie Dildy	31	14	26:24.50	8:28/M	10	26:15.30	8:25/M	9	25:54.90	8:18/M	1:18:34.65
11	163	Page Burkhalter	34	13	26:11.40	8:24/M	11	26:36.70	8:32/M	10	26:18.90	8:26/M	1:19:07.55
12	181	Lisa Wesneski	31	15	26:56.60	8:38/M	12	26:36.90	8:32/M	11	26:42.70	8:33/M	1:20:16.80
13	214	Brooke McGonigle	30	7	24:09.95	7:44/M	16	28:27.90	9:07/M	17	29:45.10	9:32/M	1:22:23.85
14	229	Kathy Bowell	34	18	28:05.25	9:00/M	15	28:04.45	9:00/M	12	27:07.90	8:41/M	1:23:18.40
15	234	Susie Gross	34	16	27:28.85	8:48/M	14	28:03.45	8:59/M	15	28:14.05	9:03/M	1:23:46.55
16	254	Julie Bradfield	34	12	26:09.50	8:23/M	17	28:40.90	9:11/M	21	30:27.60	9:46/M	1:25:17.95
17	268	Darla Shinn	31	10	26:02.70	8:21/M	18	29:20.90	9:24/M	22	31:14.05	10:01/M	1:26:38.25
18	289	Clariss Sukkar	34	17	28:02.90	8:59/M	20	29:36.70	9:29/M	20	30:12.40	9:41/M	1:27:52.85
19	292	Dana Cole	33	25	30:32.30	9:47/M	19	29:31.85	9:28/M	14	27:50.45	8:55/M	1:27:55.25
20	309	Veanne Torrez	30	35	33:03.75	10:36/M	13	27:55.65	8:57/M	16	28:27.05	9:07/M	1:29:27.00
21	311	Allison Methvin	30	20	28:44.80	9:13/M	22	30:45.20	9:51/M	19	30:04.85	9:38/M	1:29:35.15
22	341	Errin Martin	30	26	31:06.85	9:58/M	24	30:57.20	9:55/M	18	29:57.35	9:36/M	1:32:01.85
23	357	Michelle Mire	34	19	28:41.30	9:12/M	23	30:53.25	9:54/M	29	33:31.80	10:45/M	1:33:07.05
24	360	Denise Glass	34	21	29:17.35	9:23/M	21	30:42.40	9:50/M	28	33:12.45	10:38/M	1:33:12.50
25	385	Sherri Adams	34	22	29:36.90	9:29/M	32	33:17.65	10:40/M	26	32:44.15	10:29/M	1:35:39.05
26	388	Ginger Bartscher	30	24	30:26.80	9:45/M	34	33:38.20	10:47/M	23	31:45.00	10:11/M	1:35:50.05
27	399	Marta Rodriguez	31	34	32:24.20	10:23/M	27	32:09.75	10:18/M	25	32:30.60	10:25/M	1:37:05.05
28	401	Hilary Holmes	32	36	33:16.55	10:40/M	26	31:55.95	10:14/M	24	32:17.20	10:21/M	1:37:30.10

29	406	Laura Thatcher	30	28	31:18.65	10:02/M	25	31:42.65	10:10/M	34	35:03.85	11:14/M	1:38:05.45
30	408	Sheri Zielke	31	23	30:25.95	9:45/M	31	32:57.70	10:34/M	32	34:57.15	11:12/M	1:38:20.85
31	416	Lauresa Hollenbeck	30	30	31:34.30	10:07/M	29	32:28.80	10:24/M	36	35:08.30	11:16/M	1:39:11.55
32	418	Gina Rutledge	33	31	31:36.10	10:08/M	30	32:30.10	10:25/M	35	35:06.65	11:15/M	1:39:13.05
33	425	Erica Bachmann	30	29	31:25.30	10:04/M	28	32:17.10	10:21/M	41	36:02.45	11:33/M	1:39:45.05
34	426	Amy Weaver	32	37	33:20.75	10:41/M	33	33:34.85	10:46/M	27	32:56.90	10:33/M	1:39:53.05
35	442	Teresa Colpaert	34	27	31:15.80	10:01/M	37	34:36.75	11:05/M	33	35:01.10	11:13/M	1:40:53.65
36	472	Erika De Boer	31	42	35:30.55	11:23/M	36	34:15.95	10:59/M	30	34:15.80	10:59/M	1:44:03.05
37	476	Gabriela Gallegos	30				58	1:05:46.45	21:05/M	49	38:37.50	12:23/M	1:44:24.00
38	478	Amy Nowak	34	41	34:19.15	11:00/M	38	34:47.80	11:09/M	39	35:28.00	11:22/M	1:44:34.90
39	482	Tammy Barefoot	33	33	32:19.75	10:21/M	41	35:19.60	11:19/M	43	37:01.80	11:52/M	1:44:41.10
40	487	Allison Ro	30	32	32:18.45	10:21/M	39	35:14.65	11:18/M	47	37:37.70	12:03/M	1:45:11.45
41	496	Isabel Gutierrez	32	47	36:29.95	11:42/M	35	34:06.15	10:56/M	40	35:31.90	11:23/M	1:46:08.45
42	511	Mary Ann Kulpaca	31	46	36:08.60	11:35/M	43	36:26.80	11:41/M	31	34:47.25	11:09/M	1:47:23.55
43	530	Adriana Alvarez	34	45	36:06.15	11:34/M	42	36:22.15	11:39/M	42	36:27.50	11:41/M	1:48:56.35
44	535	Catherine Burdette	34	40	34:14.70	10:58/M	40	35:17.40	11:19/M	52	40:04.95	12:51/M	1:49:37.55
45	536	Megan Eads	30	43	35:41.20	11:26/M	44	36:43.90	11:46/M	46	37:29.75	12:01/M	1:49:55.65
46	541	Wendy McLean	30	44	35:59.20	11:32/M	45	37:09.50	11:54/M	44	37:11.90	11:55/M	1:50:20.60
47	544	Gretchen Loyd	32	54	38:33.00	12:21/M	46	37:14.60	11:56/M	37	35:09.75	11:16/M	1:50:57.75
48	545	Meghan Birmingham	33	53	38:32.65	12:21/M	47	37:14.70	11:56/M	38	35:11.70	11:17/M	1:50:59.90
49	551	Janet Tse	34	39	34:14.00	10:58/M	48	37:46.65	12:06/M	51	39:34.75	12:41/M	1:51:35.95
50	552	Kassi Patterson	30	48	36:33.70	11:43/M	49	37:50.15	12:08/M	45	37:22.55	11:59/M	1:51:46.60
51	555	Sarah Trimble	33	49	36:33.75	11:43/M	50	38:07.20	12:13/M	50	39:24.80	12:38/M	1:54:06.65
52	559	Sing-Yi Feng	31	38	33:51.60	10:51/M	53	39:45.30	12:44/M	55	41:01.80	13:09/M	1:54:39.45
53	567	Leslie Horne	30	50	36:42.30	11:46/M	52	39:01.95	12:30/M	56	41:14.75	13:13/M	1:56:59.55
54	570	Christina Clemmer	31	52	38:17.30	12:16/M	51	38:39.55	12:23/M	54	40:47.20	13:04/M	1:57:44.95
55	578	Tammy Cartier	34	56	39:56.70	12:48/M	55	42:13.10	13:32/M	48	38:14.15	12:15/M	2:00:24.35
56	579	Kathleen Baxter	34	51	37:58.70	12:10/M	54	41:54.45	13:26/M	53	40:33.05	13:00/M	2:00:26.15
57	594	Alyson Nakamura	31	55	39:54.95	12:47/M	56	42:14.00	13:32/M	57	43:03.50	13:48/M	2:05:13.10
58	604	Amanda Daugherty	31	57	42:19.25	13:34/M	57	42:54.85	13:45/M	58	44:06.70	14:08/M	2:09:20.95

Female 35 to 39

Overall		----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	66	Monique Ecker	36	3	23:59.80	7:41/M	2	23:40.90	7:35/M	1	23:20.60	7:29/M	1:11:01.65
2	68	Shelly Cox	36	1	23:27.15	7:31/M	1	23:39.85	7:35/M	2	24:06.35	7:43/M	1:11:14.20
3	80	Cindy Aitken	38	2	23:49.40	7:38/M	3	23:57.70	7:41/M	3	24:37.10	7:53/M	1:12:24.45
4	89	Suzi Turner	37	4	24:05.60	7:43/M	4	24:13.75	7:46/M	4	24:59.75	8:00/M	1:13:19.15
5	116	Susan Ward	38	5	24:46.75	7:56/M	5	24:55.30	7:59/M	7	25:38.05	8:13/M	1:15:20.80
6	120	Sheryl Billman	38	7	25:02.15	8:01/M	7	25:22.50	8:08/M	6	25:27.70	8:09/M	1:15:52.70

7	125	Leslie Smith	39	6 25:00.55	8:01/M	6 25:06.55	8:03/M	9 26:10.35	8:23/M	1:16:17.80
8	154	Kim Dukes	37	8 25:24.30	8:08/M	9 26:18.65	8:26/M	12 26:57.15	8:38/M	1:18:40.75
9	155	Jennifer Kimble	35	14 26:35.15	8:31/M	8 26:17.55	8:25/M	8 25:52.70	8:17/M	1:18:45.90
10	170	Kristi Wynne	39	18 27:38.00	8:51/M	12 26:50.45	8:36/M	5 25:10.35	8:04/M	1:19:39.25
11	174	Denise Lamanna	38	11 26:16.05	8:25/M	11 26:49.90	8:36/M	10 26:41.20	8:33/M	1:19:47.50
12	197	Marlo Maryak	37	9 25:35.40	8:12/M	10 26:49.25	8:36/M	18 29:00.05	9:18/M	1:21:24.65
13	208	Karla Dick	35	17 27:31.10	8:49/M	14 27:25.80	8:47/M	11 26:44.10	8:34/M	1:21:41.45
14	225	Jennifer Siegrist	36	12 26:17.25	8:25/M	15 27:36.10	8:51/M	19 29:17.80	9:23/M	1:23:11.90
15	227	Elaine Smith	39	10 25:42.30	8:14/M	16 27:51.15	8:56/M	21 29:43.45	9:31/M	1:23:17.35
16	230	Candace Ferrand-George	37	16 26:45.05	8:34/M	17 28:25.65	9:06/M	15 28:14.35	9:03/M	1:23:25.25
17	233	Judy Adabie	36	15 26:40.50	8:33/M	13 27:01.65	8:40/M	24 29:48.65	9:33/M	1:23:31.35
18	258	Kristi Hovanetz	37	13 26:24.70	8:28/M	18 28:50.40	9:14/M	27 30:23.85	9:44/M	1:25:39.05
19	266	Staci Rivero	37	19 27:40.00	8:52/M	21 30:01.60	9:37/M	17 28:54.35	9:16/M	1:26:35.90
20	287	Alanna Wiebe	37	22 28:45.35	9:13/M	19 29:18.40	9:23/M	20 29:37.30	9:30/M	1:27:41.40
21	290	Lamyen Chen	35	24 30:02.05	9:38/M	20 29:48.95	9:33/M	14 28:02.00	8:59/M	1:27:53.45
22	297	Kim Danahy	37	20 27:40.75	8:52/M	22 30:04.30	9:38/M	28 30:41.55	9:50/M	1:28:26.85
23	304	Tracy Bridson	39	26 30:55.50	9:55/M	24 30:14.05	9:41/M	13 27:44.70	8:53/M	1:28:54.95
24	326	Jennifer Campbell	36	25 30:53.25	9:54/M	23 30:11.70	9:40/M	23 29:48.60	9:33/M	1:30:54.30
25	342	Carrie Barrick	35	28 31:06.35	9:58/M	26 30:56.80	9:55/M	25 29:58.45	9:36/M	1:32:01.95
26	343	Robin Killingsworth	39	29 31:07.80	9:58/M	25 30:56.00	9:55/M	26 30:07.90	9:39/M	1:32:12.25
27	346	Beverly Roady	37	23 29:15.30	9:23/M	27 30:57.80	9:55/M	33 32:09.20	10:18/M	1:32:22.90
28	348	Diane Oneil	39	21 27:41.85	8:52/M	31 31:43.60	10:10/M	34 33:12.15	10:38/M	1:32:37.60
29	353	Bridget Randle	35	30 31:30.35	10:06/M	30 31:39.00	10:09/M	22 29:48.05	9:33/M	1:32:57.70
30	372	Heike Combs	36	42 34:19.50	11:00/M	28 31:05.80	9:58/M	16 28:37.00	9:10/M	1:34:03.10
31	377	Gaby Ahrens	39	33 32:10.50	10:19/M	29 31:20.40	10:03/M	29 30:50.20	9:53/M	1:34:21.55
32	415	Betsy Bouvier	37	32 31:37.70	10:08/M	34 32:43.20	10:29/M	39 34:49.75	11:10/M	1:39:10.60
33	417	Heather Rhea	37	31 31:35.70	10:07/M	33 32:30.10	10:25/M	40 35:06.85	11:15/M	1:39:12.85
34	432	Kimberley Carey	36	27 31:04.10	9:57/M	39 34:10.50	10:57/M	41 35:11.35	11:17/M	1:40:26.15
35	433	Stacy Byassee	36	45 35:35.35	11:24/M	36 33:26.65	10:43/M	30 31:23.75	10:04/M	1:40:26.50
36	435	Stefani Forsythe	35	46 35:37.80	11:25/M	35 33:24.95	10:42/M	31 31:31.70	10:06/M	1:40:34.45
37	441	Kelli Poremba	38	37 33:00.55	10:35/M	38 33:54.00	10:52/M	37 33:53.70	10:52/M	1:40:48.20
38	448	Olga Santiago	35	36 32:59.80	10:34/M	40 34:46.15	11:09/M	35 33:29.40	10:44/M	1:41:15.35
39	462	Shelly Jock	35	38 33:19.70	10:41/M	37 33:41.10	10:48/M	43 35:37.70	11:25/M	1:42:39.10
40	470	Denise Raggio	38	34 32:12.05	10:19/M	43 35:25.90	11:21/M	46 36:12.70	11:36/M	1:43:51.20
41	483	Stacey Hansen	37	40 33:42.50	10:48/M	42 35:12.65	11:17/M	44 35:53.90	11:30/M	1:44:49.25
42	486	Maile Hunt	35	47 35:51.45	11:29/M	48 37:11.80	11:55/M	32 32:06.75	10:17/M	1:45:10.70
43	488	Betsy Yeckel	35	41 34:04.15	10:55/M	41 35:05.80	11:15/M	45 36:04.95	11:34/M	1:45:15.05
44	492	Elizabeth Collins	38	35 32:31.55	10:25/M	32 32:18.30	10:21/M	52 41:01.35	13:09/M	1:45:51.90
45	495	Tiffany Welty	35	44 35:05.40	11:15/M	47 37:11.30	11:55/M	36 33:50.20	10:51/M	1:46:07.75
46	510	Adrian Bell-Henderson	35	51 36:15.00	11:37/M	45 36:19.40	11:38/M	38 34:47.00	11:09/M	1:47:21.40
47	524	Elizabeth Melledy	35	43 34:33.55	11:04/M	51 38:33.20	12:21/M	42 35:14.85	11:18/M	1:48:22.30
48	532	Monica Brown	37	39 33:24.55	10:42/M	44 35:38.25	11:25/M	51 40:05.05	12:51/M	1:49:08.05
49	540	Kim Malakoff	37	48 35:56.15	11:31/M	49 37:53.50	12:09/M	47 36:29.55	11:42/M	1:50:19.75
50	548	Denise	38	50 36:14.40	11:37/M	46 36:54.65	11:50/M	48 37:56.50	12:09/M	1:51:05.65

Whitson													
51	563	Tricia Nichols	35	54	40:10.50	12:52/M	50	37:54.25	12:09/M	49	38:02.40	12:11/M	1:56:07.55
52	566	Mitzie Keeling	36	49	36:01.90	11:33/M	52	39:08.70	12:33/M	56	41:47.05	13:24/M	1:56:58.05
53	574	Cyndee Edwards	36	52	36:34.30	11:43/M	53	39:22.60	12:37/M	58	43:38.65	13:59/M	1:59:35.60
54	576	Tessa Whitaker	38	53	39:44.05	12:44/M	55	40:24.75	12:57/M	50	39:28.00	12:39/M	1:59:37.05
55	586	Andrea Upham	37	55	40:46.05	13:04/M	54	39:58.95	12:49/M	55	41:19.30	13:15/M	2:02:05.10
56	588	Holly Lindsey-Cooper	38	57	40:49.05	13:05/M	56	40:50.75	13:05/M	54	41:03.90	13:09/M	2:02:44.35
57	589	Norma Madrid	37	56	40:48.90	13:05/M	57	40:51.00	13:06/M	53	41:03.75	13:09/M	2:02:44.50
58	612	Susan Tyrrell	36	59	45:59.45	14:44/M	58	46:00.50	14:45/M	57	43:23.95	13:54/M	2:15:23.90
59	619	Vicki Arnold	39	60	46:04.20	14:46/M	59	47:17.70	15:09/M	60	49:48.20	15:58/M	2:23:10.55
60	621	Kelli Maldonado	37	61	47:42.00	15:17/M	60	48:27.55	15:32/M	59	48:01.70	15:23/M	2:24:12.15

Female 40 to 44

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	24	Fiona Green	41	1	20:45.70	6:39/M	1	20:48.55	6:40/M	1	21:37.30	6:56/M	1:03:12.45
2	39	Leana Sloan	43	2	21:10.15	6:47/M	2	22:11.45	7:07/M	2	23:16.75	7:27/M	1:06:38.75
3	72	Lisa Coleman	43	3	22:34.00	7:14/M	3	24:06.85	7:43/M	4	24:52.70	7:58/M	1:11:34.40
4	88	Mary Tubb	44	5	23:48.55	7:38/M	4	24:12.70	7:45/M	6	25:13.05	8:05/M	1:13:15.10
5	92	Colleen Musielak	43	6	24:17.70	7:47/M	5	24:40.95	7:54/M	3	24:27.10	7:50/M	1:13:26.30
6	102	Jung Won Ko	41	4	23:32.45	7:33/M	7	25:07.90	8:03/M	7	25:33.80	8:11/M	1:14:14.40
7	134	Cindy Stowe	44	10	26:43.05	8:34/M	6	24:56.35	7:59/M	5	25:04.35	8:02/M	1:16:44.10
8	172	Dione Rowell	41	11	26:52.60	8:37/M	9	26:36.80	8:32/M	8	26:16.20	8:25/M	1:19:45.85
9	175	Susan Lira	44	7	26:11.75	8:24/M	8	26:30.75	8:30/M	9	27:06.55	8:41/M	1:19:49.60
10	184	Lorie Irland	43	8	26:20.50	8:26/M	10	26:56.20	8:38/M	11	27:12.25	8:43/M	1:20:29.25
11	231	Robini Pearson	40	15	28:34.15	9:09/M	11	27:14.85	8:44/M	12	27:39.30	8:52/M	1:23:28.85
12	238	Ana Stull	41	9	26:25.00	8:28/M	14	28:26.65	9:07/M	15	29:00.80	9:18/M	1:23:52.55
13	247	Sharon Hudspeth	41	20	29:42.60	9:31/M	12	27:30.50	8:49/M	10	27:11.45	8:43/M	1:24:25.00
14	261	Cyndi Graves	42	17	28:38.90	9:11/M	15	28:33.00	9:09/M	16	29:01.80	9:18/M	1:26:14.35
15	264	Kathy Bobick	41	12	27:03.75	8:40/M	13	28:21.20	9:05/M	20	31:04.05	9:57/M	1:26:29.90
16	271	Tracy Joseph	42	19	29:27.30	9:26/M	17	29:11.40	9:21/M	14	28:06.50	9:00/M	1:26:45.15
17	277	Jane Griffin	43	21	29:57.85	9:36/M	16	29:05.10	9:19/M	13	28:04.10	9:00/M	1:27:07.15
18	301	Cynthia Yared	42	13	28:07.45	9:01/M	21	31:14.15	10:01/M	17	29:21.45	9:24/M	1:28:43.80
19	310	Marie Swanson	43	16	28:38.25	9:11/M	18	29:44.45	9:32/M	21	31:07.40	9:58/M	1:29:30.15
20	335	Lisa Hoopes Johnson	44	18	29:00.95	9:18/M	19	30:21.10	9:44/M	24	32:00.35	10:15/M	1:31:23.00
21	366	Jessica Robert	44	24	30:59.60	9:56/M	22	31:21.40	10:03/M	22	31:07.65	9:58/M	1:33:28.75
22	375	Michele Kettles	42	26	31:41.30	10:09/M	20	30:42.95	9:50/M	23	31:41.90	10:09/M	1:34:07.00
23	387	Margaret Loh	40	27	31:53.75	10:13/M	27	32:42.80	10:29/M	19	31:03.50	9:57/M	1:35:40.40
24	386	Pam Reding	42	23	30:17.95	9:42/M	24	32:20.10	10:22/M	27	33:02.25	10:35/M	1:35:40.40
25	395	Laura Hebert	41	14	28:21.95	9:05/M	29	33:18.65	10:40/M	29	34:26.85	11:02/M	1:36:08.35
26	405	Karen Wright	42	28	32:39.15	10:28/M	23	32:19.35	10:21/M	26	32:58.40	10:34/M	1:37:57.00
27	409	Alicia Alvarez	40	25	31:29.90	10:05/M	28	32:59.25	10:34/M	28	34:03.40	10:55/M	1:38:32.60
28	411	Sylvia Yarbrough	40	22	30:16.65	9:42/M	26	32:33.95	10:26/M	33	35:55.30	11:31/M	1:38:46.55

29	413	Cathy Nelson	43	44	35:58.55	11:32/M	25	32:32.55	10:26/M	18	30:26.90	9:45/M	1:38:58.80
30	424	Vanessa Loggins	43	31	33:17.15	10:40/M	31	33:35.15	10:46/M	25	32:47.85	10:30/M	1:39:41.05
31	457	Eileen Reifsnyder	43	35	33:41.50	10:48/M	32	33:45.00	10:49/M	30	34:27.95	11:03/M	1:41:55.35
32	461	Connie Kelley	43	32	33:17.85	10:40/M	30	33:27.05	10:43/M	32	35:51.50	11:29/M	1:42:37.25
33	473	Diane Evans	40	39	34:51.40	11:10/M	33	34:01.75	10:54/M	31	35:09.65	11:16/M	1:44:03.05
34	474	Melissa Black	42	29	33:00.55	10:35/M	36	34:56.15	11:12/M	34	36:07.50	11:35/M	1:44:04.55
35	479	Sarah Lee	41	33	33:29.35	10:44/M	34	34:20.65	11:00/M	38	36:44.40	11:46/M	1:44:35.30
36	490	Margaret Powers	44	30	33:07.65	10:37/M	38	35:19.45	11:19/M	41	36:55.30	11:50/M	1:45:22.55
37	494	Kim Cabeza	41	34	33:36.90	10:46/M	35	34:40.10	11:07/M	45	37:46.70	12:06/M	1:46:04.55
38	498	Leslie Rodriguez	42	37	34:14.90	10:58/M	37	35:17.20	11:19/M	40	36:47.00	11:47/M	1:46:19.65
39	514	Melody Phillips	41	40	35:16.85	11:18/M	39	35:57.80	11:31/M	35	36:17.75	11:38/M	1:47:33.30
40	522	Estella Flores	42	36	34:12.05	10:58/M	43	37:04.25	11:53/M	42	37:02.70	11:52/M	1:48:19.85
41	529	Carolyn Fulton	41	45	36:05.90	11:34/M	42	36:21.35	11:39/M	36	36:23.90	11:40/M	1:48:51.15
42	531	Cindy Zanetti	42	38	34:44.55	11:08/M	40	35:58.30	11:32/M	46	38:18.05	12:17/M	1:49:01.65
43	537	Jeanie Ruffner	43	42	35:42.15	11:27/M	45	37:45.05	12:06/M	37	36:35.90	11:44/M	1:50:03.55
44	538	Teresa Martin	41	41	35:21.80	11:20/M	44	37:11.40	11:55/M	44	37:39.05	12:04/M	1:50:12.30
45	553	Anne Gogola	41	48	37:27.60	12:00/M	49	38:57.65	12:29/M	39	36:46.45	11:47/M	1:53:11.75
46	557	Sharon Akers	43	47	37:08.00	11:54/M	48	38:33.40	12:21/M	47	38:38.80	12:23/M	1:54:20.95
47	560	Kathaleen Hervey	44	43	35:52.90	11:30/M	46	38:00.60	12:11/M	49	41:04.50	13:10/M	1:54:57.95
48	562	Jane Hansen	44	54	41:50.60	13:24/M	41	36:14.20	11:37/M	43	37:11.95	11:55/M	1:55:17.25
49	565	Letitia Steele	40	46	36:15.25	11:37/M	47	38:28.25	12:20/M	52	42:05.70	13:29/M	1:56:49.95
50	583	Kerry Rustin	44	50	39:53.45	12:47/M	54	42:26.25	13:36/M	48	39:31.85	12:40/M	2:01:51.60
51	590	Bernie Saenz	44	52	39:56.15	12:48/M	52	42:13.30	13:32/M	50	41:14.20	13:13/M	2:03:24.00
52	591	Julie Morehouse	44	53	40:27.50	12:58/M	50	41:38.15	13:21/M	51	41:52.55	13:25/M	2:03:58.85
53	592	Diane McMurry	41	49	39:49.00	12:46/M	53	42:18.50	13:33/M	53	43:02.25	13:48/M	2:05:10.25
54	595	Beth Streeter	43	51	39:55.45	12:48/M	51	42:12.95	13:32/M	54	43:04.75	13:48/M	2:05:13.75
55	615	Carrie Ghai	41	55	45:18.55	14:31/M	55	47:22.70	15:11/M	56	49:28.70	15:51/M	2:22:10.20
56	620	Tracy Bradburry	43	56	47:42.40	15:17/M	56	48:27.05	15:32/M	55	48:01.55	15:23/M	2:24:11.15
57	623	Angel Ess	44	57	51:34.40	16:32/M	57	55:20.90	17:44/M	57	57:34.30	18:27/M	2:44:30.15

Female 45 to 49

Overall		----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	121	Christine Dixon	45	1	25:18.55	8:07/M	1	25:09.25	8:04/M	1	25:27.90	8:09/M	1:15:56.30
2	147	Laura Greene	48	2	25:18.75	8:07/M	4	25:57.00	8:19/M	2	26:47.35	8:35/M	1:18:03.20
3	158	Claire Goulthorpe	46	4	25:55.75	8:18/M	3	25:50.25	8:17/M	5	27:11.75	8:43/M	1:18:58.10
4	162	Laurie Lukanich	46	3	25:29.40	8:10/M	5	26:28.20	8:29/M	4	27:09.10	8:42/M	1:19:07.45
5	173	Jean Mykietyn	49	5	25:57.90	8:19/M	2	25:49.35	8:16/M	6	27:58.25	8:58/M	1:19:46.35
6	220	Paula Laux	45	8	28:18.70	9:04/M	6	27:24.25	8:47/M	3	27:00.30	8:39/M	1:22:44.00
7	280	Bridget Smith	45	6	28:03.50	8:59/M	8	29:54.05	9:35/M	8	29:29.10	9:27/M	1:27:26.80
8	299	Joni Watson	48	11	30:31.90	9:47/M	7	28:53.55	9:15/M	7	29:11.20	9:21/M	1:28:37.10
9	305	Terri Tucker	47	10	29:01.90	9:18/M	9	29:56.30	9:36/M	9	30:02.10	9:38/M	1:29:00.55
10	318	Mary Harokopus	45	9	28:41.80	9:12/M	10	30:03.20	9:38/M	10	31:19.50	10:02/M	1:30:05.10

11	354	Margie Smith	46	7 28:07.45	9:01/M	11	31:14.50	10:01/M	12	33:40.20	10:47/M	1:33:02.95
12	382	Karen Amundson	49	12 30:56.85	9:55/M	12	31:14.65	10:01/M	11	32:56.20	10:33/M	1:35:08.15
13	443	Debbie Mead	48	14 33:23.10	10:42/M	13	32:36.20	10:27/M	13	34:56.10	11:12/M	1:40:56.15
14	455	Shari Krueger	45	13 32:26.60	10:24/M	14	33:42.75	10:48/M	14	35:42.55	11:27/M	1:41:52.25
15	506	Pamela Phillips	48	16 34:47.20	11:09/M	17	36:28.40	11:41/M	16	35:58.20	11:32/M	1:47:14.35
16	507	Denna Ditto	48	17 34:47.30	11:09/M	18	36:30.45	11:42/M	15	35:56.35	11:31/M	1:47:14.50
17	509	Jill Smith	47	15 34:03.70	10:55/M	16	36:10.50	11:36/M	18	37:05.45	11:53/M	1:47:20.35
18	521	Cindy Osborne	47	19 36:21.70	11:39/M	15	35:46.45	11:28/M	17	36:04.45	11:34/M	1:48:12.70
19	542	Barbara Kennedy	49	18 36:08.35	11:35/M				29	1:14:22.80	23:50/M	1:50:31.90
20	573	Patricia Brown	46	24 41:50.70	13:24/M	19	38:48.60	12:26/M	19	37:52.90	12:08/M	1:58:32.55
21	575	Rana Pascoe	46	21 39:43.40	12:44/M	21	40:25.80	12:57/M	20	39:27.60	12:39/M	1:59:37.05
22	585	Marla Brandt	45	22 40:46.35	13:04/M	20	40:02.45	12:50/M	21	41:14.50	13:13/M	2:02:03.35
23	598	Laura Frye-Myers	49	20 37:04.95	11:53/M	24	45:04.80	14:27/M	22	43:12.85	13:51/M	2:05:22.65
24	605	Pam Cher	49	23 41:33.30	13:19/M	25	45:40.65	14:38/M	23	43:18.30	13:53/M	2:10:32.55
25	607	Diane Mims	47	25 41:53.05	13:25/M	23	44:16.10	14:11/M	24	45:42.15	14:39/M	2:11:51.50
26	611	Adriana Garcia	49	26 43:09.70	13:50/M	22	44:02.40	14:07/M	25	48:07.25	15:25/M	2:15:19.75
27	616	Priscilla Stuart	47	27 45:09.80	14:28/M	27	48:42.10	15:37/M	26	48:39.65	15:36/M	2:22:32.15
28	618	Lisa Lamkin	46	28 45:10.65	14:29/M	26	48:41.95	15:36/M	27	48:39.90	15:36/M	2:22:32.95
29	624	Suzanne Carpenter	48	29 51:34.40	16:32/M	28	55:20.50	17:44/M	28	57:34.90	18:27/M	2:44:30.25

Female 50 to 54

Overall		----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total		
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	115	Linda Kelly	54		1 24:28.40	7:51/M	1	25:14.75	8:05/M	1	25:36.60	8:12/M	1:15:20.55
2	117	Susan Morehouse	51				19	49:50.00	15:58/M	2	25:46.50	8:16/M	1:15:37.00
3	204	Louise Gold	50		4 25:28.40	8:10/M	2	27:23.80	8:47/M	3	28:45.35	9:13/M	1:21:37.80
4	210	Colleen Rebant	50		2 25:04.45	8:02/M	3	27:44.20	8:53/M	5	29:03.20	9:19/M	1:21:51.90
5	263	Janet Marshall	52		5 29:04.95	9:19/M	4	28:35.35	9:10/M	4	28:46.00	9:13/M	1:26:27.05
6	334	Letha Cruthirds	52		7 31:50.55	10:12/M	5	29:21.95	9:24/M	6	30:06.30	9:39/M	1:31:19.55
7	380	Jan Cooper	53		6 31:49.80	10:12/M	6	31:38.80	10:08/M	7	31:10.95	9:59/M	1:34:40.00
8	437	Alexis Nigh	54		9 33:10.55	10:38/M	7	33:24.60	10:42/M	8	34:00.20	10:54/M	1:40:36.25
9	450	Eyvonne Carter	51		8 32:40.60	10:28/M	8	33:24.90	10:42/M	9	35:18.95	11:19/M	1:41:24.95
10	484	Nina McCart	52		10 33:51.00	10:51/M	9	34:50.35	11:10/M	10	36:12.55	11:36/M	1:44:54.50
11	508	Cinda Nordgren	51		13 34:59.75	11:13/M	10	35:25.85	11:21/M	12	36:49.25	11:48/M	1:47:15.65
12	512	Susan Woodward	51		11 34:14.25	10:58/M	12	36:10.10	11:36/M	13	37:05.75	11:53/M	1:47:30.65
13	517	Patricia Augilar	54		12 34:31.75	11:04/M	11	35:30.90	11:23/M	14	37:50.15	12:08/M	1:47:53.65
14	523	Deborah Ritter	52		14 35:42.80	11:27/M	13	36:21.00	11:39/M	11	36:17.50	11:38/M	1:48:21.95
15	596	Florence Walton	52		16 39:57.20	12:48/M	14	42:12.50	13:32/M	16	43:05.50	13:49/M	2:05:15.15
16	606	Kathy Walton	52		17 41:52.90	13:25/M	15	44:15.75	14:11/M	17	45:30.20	14:35/M	2:11:39.60
17	608	Gail Lohre	52		18 42:19.35	13:34/M	17	46:52.25	15:01/M	15	42:45.45	13:42/M	2:11:57.65
18	609	Etta Mayer	54		15 36:00.15	11:32/M	16	45:46.55	14:40/M	19	53:13.10	17:03/M	2:14:59.80
19	614	Deborah Shaw	50		19 44:51.50	14:23/M	18	48:44.00	15:37/M	18	48:16.90	15:28/M	2:21:52.65

Female 55 to 59

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	322	Margaret Seggerman	55		1 28:19.25	9:05/M	1	30:23.00	9:44/M	2	31:47.15	10:11/M	1:30:29.70
2	363	Jeanne Pitz	56		2 30:15.90	9:42/M	2	30:45.90	9:51/M	3	32:13.15	10:20/M	1:33:15.25
3	371	Myrna Dunn	55		4 31:06.50	9:58/M	3	31:10.50	9:59/M	1	31:45.55	10:11/M	1:34:02.55
4	477	Bonnie McElearney	58		3 31:05.60	9:58/M	4	33:09.25	10:38/M	5	40:18.35	12:55/M	1:44:33.20
5	577	Abbie Meyering	55		5 39:43.05	12:44/M	5	40:25.05	12:57/M	4	39:33.65	12:41/M	1:59:41.85
6	622	Cynthia Leon	59		6 45:22.50	14:32/M	6	52:07.40	16:42/M	6	53:24.55	17:07/M	2:30:54.65

Female 60 to 64

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	130	Marylyn Patrick	62		1 24:46.35	7:56/M	1	25:12.05	8:05/M	1	26:36.65	8:32/M	1:16:35.10
2	568	Nancy Cole	64		2 37:15.25	11:56/M	2	38:57.85	12:29/M	3	41:06.40	13:10/M	1:57:19.70
3	580	Susan Rossiter	60		3 39:19.10	12:36/M	3	40:28.70	12:58/M	2	40:43.10	13:03/M	2:00:31.65
4	610	Ju-Ju Allen	61		4 42:52.35	13:44/M	4	44:37.50	14:18/M	4	47:30.85	15:13/M	2:15:01.05
5	617	Rae Mills	60		5 45:09.05	14:28/M	5	48:43.00	15:37/M	5	48:40.35	15:36/M	2:22:32.50

Overall Male Open Overall Winners

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	1	Koby Styles	22	*****	17:24.35	5:35/M	*****	17:42.95	5:40/M	*****	18:42.35	6:00/M	53:49.70

Overall Male Masters Winners

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	8	Jon Korte	40	*****	19:58.75	6:24/M	*****	19:28.60	6:14/M	*****	19:56.35	6:23/M	59:23.90

Male 0 and under

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	74	Alvaro Palomares	0		1 23:56.75	7:40/M	1	23:36.25	7:34/M	1	24:17.45	7:47/M	1:11:51.00

Male 1 to 14

Overall			----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	321	Sam Scott	14	1	29:57.10	9:36/M	1	29:10.10	9:21/M	1	31:19.75	10:02/M	1:30:27.25
2	504	Alexander Law	13	2	34:26.70	11:02/M	2	35:51.80	11:29/M	2	36:39.15	11:45/M	1:46:57.95

Male 15 to 19

Overall			----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	2	Oley Smith	19	4	18:29.50	5:55/M	1	17:38.45	5:39/M	1	18:16.10	5:51/M	54:24.70
2	5	Brian Carroll	19	1	18:07.50	5:48/M	2	19:17.30	6:11/M	2	20:40.05	6:37/M	58:05.55
3	7	Zach Legg	17	2	18:17.65	5:52/M	3	19:49.30	6:21/M	3	20:59.40	6:44/M	59:07.00
4	10	Kolin Styles	19	3	18:17.65	5:52/M	4	20:15.65	6:29/M	4	21:16.95	6:49/M	59:50.40
5	13	Will Herrington	16	5	18:50.45	6:02/M	5	20:26.95	6:33/M	5	21:17.65	6:49/M	1:00:35.55
6	37	Travis Cox	17	6	21:14.25	6:48/M	6	22:27.75	7:12/M	6	22:46.45	7:18/M	1:06:28.60
7	224	Jonathan Mount	19	7	30:14.00	9:41/M	7	27:23.65	8:47/M	7	25:33.40	8:11/M	1:23:11.05
8	501	Nick Navarro	16	8	34:23.50	11:01/M	8	35:06.95	11:15/M	8	37:07.15	11:54/M	1:46:38.40

Male 20 to 24

Overall			----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	6	Josh Heimbach	21	1	18:31.90	5:56/M	1	19:50.10	6:21/M	1	20:28.95	6:34/M	58:51.85
2	75	John Kelbe	23	3	23:44.60	7:36/M	2	24:32.70	7:52/M	2	23:39.35	7:35/M	1:11:57.35
3	110	Nathan Elliot	22	2	23:43.20	7:36/M	3	24:34.25	7:52/M	4	26:41.25	8:33/M	1:14:58.75
4	151	Ryan Bolling	24	4	26:17.30	8:25/M	4	26:15.20	8:25/M	3	25:56.40	8:19/M	1:18:29.75
5	313	Cory Grandinetti	23	5	29:55.20	9:35/M	5	29:29.15	9:27/M	5	30:26.20	9:45/M	1:29:51.05
6	527	Jordan Woicikowski	23	6	34:54.10	11:11/M	6	38:33.75	12:21/M	6	35:15.85	11:18/M	1:48:43.65

Male 25 to 29

Overall			----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	9	Fransco Iavariega	28	1	19:44.15	6:19/M	1	19:43.95	6:19/M	1	20:14.40	6:29/M	59:43.25
2	15	Jared Ray	27	4	20:16.65	6:30/M	2	20:23.40	6:32/M	2	20:35.45	6:36/M	1:01:16.00
3	17	Damian-Peter Reyes	28	2	19:53.25	6:22/M	3	20:52.80	6:41/M	3	21:28.95	6:53/M	1:02:15.40
4	30	Tim Yatko	25	5	20:31.40	6:35/M	4	21:12.75	6:48/M	6	23:06.55	7:24/M	1:04:50.85
5	34	Joey Guajardo	25	6	20:57.10	6:43/M	5	22:12.70	7:07/M	4	22:24.40	7:11/M	1:05:34.35
6	38	Dr Kelly Ryder	29	3	19:54.40	6:23/M	6	22:35.00	7:14/M	9	24:01.15	7:42/M	1:06:30.80
7	50	Richard Garcia	25	8	22:34.60	7:14/M	7	22:54.30	7:20/M	7	23:29.80	7:32/M	1:08:59.05
8	62	Edgar Martinez	28	11	23:51.25	7:39/M	10	23:44.55	7:36/M	5	23:06.00	7:24/M	1:10:42.45

9	63	Benjamin Hillman	28	10 23:44.10	7:36/M	8 23:25.40	7:30/M	8 23:38.20	7:34/M	1:10:47.95
10	83	Neal Jetton	28	7 22:24.05	7:11/M	9 23:41.30	7:35/M	17 26:28.10	8:29/M	1:12:34.20
11	85	Justin Holmes	28	14 24:15.40	7:46/M	12 24:15.60	7:46/M	10 24:19.95	7:48/M	1:12:51.35
12	99	Denver Store	28	13 24:12.85	7:45/M	13 24:24.30	7:49/M	12 25:26.15	8:09/M	1:14:03.45
13	105	John David Baker	25	15 24:33.00	7:52/M	16 25:00.00	8:01/M	11 25:12.80	8:05/M	1:14:46.55
14	111	Merced Gutierrez	25	12 23:53.15	7:39/M	15 24:43.45	7:55/M	16 26:25.65	8:28/M	1:15:03.00
15	132	Casey Robertson	26	16 24:56.70	7:59/M	14 24:40.15	7:54/M	19 27:03.50	8:40/M	1:16:40.80
16	143	Jeff Anderson	26	17 25:46.95	8:16/M	18 26:03.30	8:21/M	14 26:05.40	8:22/M	1:17:55.95
17	153	Aaron O'Neil	28	19 25:55.80	8:18/M	17 25:55.05	8:18/M	18 26:46.65	8:35/M	1:18:37.95
18	160	David Nicolato	29	21 26:10.75	8:23/M	19 26:35.55	8:31/M	15 26:18.30	8:26/M	1:19:05.15
19	164	Bobby Davis	29	22 26:25.75	8:28/M	22 26:59.15	8:39/M	13 25:42.40	8:14/M	1:19:07.85
20	168	Grant Ailie	26	9 23:35.55	7:34/M	23 27:04.80	8:41/M	25 28:42.10	9:12/M	1:19:23.10
21	186	Trey Backes	28	18 25:49.35	8:16/M	11 24:03.35	7:43/M	29 30:45.00	9:51/M	1:20:38.05
22	202	Bobby Rodriguez	29	26 27:02.10	8:40/M	21 26:52.25	8:37/M	20 27:38.35	8:51/M	1:21:32.95
23	211	James Jimenez	29	25 26:56.75	8:38/M	20 26:51.60	8:36/M	23 28:06.65	9:00/M	1:21:55.90
24	242	Milah Evans	25	28 27:53.85	8:56/M	27 28:07.65	9:01/M	22 27:58.50	8:58/M	1:24:00.40
25	246	Greg Gannon	27	24 26:31.85	8:30/M	26 27:24.80	8:47/M	28 30:23.25	9:44/M	1:24:19.90
26	252	Anthony Duplanty	25	31 29:30.20	9:27/M	24 27:04.80	8:41/M	24 28:26.60	9:07/M	1:25:02.15
27	265	Ryan Lauck	25	27 27:32.00	8:49/M	25 27:17.00	8:45/M	32 31:40.25	10:09/M	1:26:30.05
28	286	Lance Bishop	28	23 26:31.75	8:30/M	29 29:44.00	9:32/M	30 31:22.65	10:03/M	1:27:38.40
29	293	Keddy Clark	27	33 30:33.40	9:48/M	28 29:31.80	9:28/M	21 27:49.90	8:55/M	1:27:55.95
30	329	Ben Cunningham	27	29 27:56.60	8:57/M	30 30:16.55	9:42/M	33 32:51.45	10:32/M	1:31:05.20
31	338	Ben Stillwagon	28	34 30:49.75	9:53/M	31 30:55.70	9:55/M	27 30:05.35	9:39/M	1:31:51.05
32	369	Lane Westlund	26	32 30:26.40	9:45/M	36 34:16.45	10:59/M	26 29:10.25	9:21/M	1:33:53.05
33	370	Dustin Middleton	29	20 26:02.15	8:21/M	32 31:34.25	10:07/M	37 36:19.25	11:38/M	1:33:56.15
34	374	Wayne Kariger	26	30 28:28.10	9:07/M	33 31:47.50	10:11/M	34 33:50.00	10:51/M	1:34:05.75
35	422	Jeff Compton	25	35 31:24.50	10:04/M	35 34:11.80	10:57/M	35 34:04.05	10:55/M	1:39:40.30
36	456	Ryan Nelson	29	36 34:43.30	11:08/M	37 35:37.60	11:25/M	31 31:32.05	10:06/M	1:41:53.75
37	465	Rene Torres	28	37 35:28.35	11:22/M	34 33:10.30	10:38/M	36 34:30.20	11:03/M	1:43:08.80

Male 30 to 34

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	4	Richard Hanson Jr	30	2	19:05.20	6:07/M	1	18:58.10	6:05/M	1	19:33.75	6:16/M	57:37.00
2	12	Marius Maianu	32	1	18:59.65	6:05/M	3	20:18.45	6:30/M	2	21:07.25	6:46/M	1:00:26.00
3	14	Jason Huntley	33	3	19:44.15	6:19/M	2	20:09.55	6:28/M	3	21:11.70	6:47/M	1:01:05.75
4	25	George Vindiola	33	5	20:53.15	6:42/M	4	20:57.65	6:43/M	4	21:54.00	7:01/M	1:03:44.85
5	40	Adam Arnette	34	8	22:26.10	7:11/M	5	21:54.45	7:01/M	5	22:29.85	7:12/M	1:06:50.50
6	41	Thomas Hoffman	33	6	21:38.25	6:56/M	7	22:38.45	7:15/M	6	23:15.90	7:27/M	1:07:33.20
7	45	John Lamb	31	7	22:05.20	7:05/M	6	22:14.20	7:08/M	8	23:49.10	7:38/M	1:08:08.95
8	54	Hamlin Jones	34	4	20:44.80	6:39/M	10	24:03.05	7:43/M	10	25:05.20	8:02/M	1:09:53.65
9	60	Eric Swanson	34	11	24:00.05	7:42/M	8	23:15.60	7:27/M	7	23:18.30	7:28/M	1:10:34.85

10	91	Robert Horn	34	9 23:42.95	7:36/M	9 23:44.15	7:36/M	17 25:56.05	8:19/M	1:13:23.25
11	100	Ernesto Vazquez	32	17 24:55.80	7:59/M	12 24:53.90	7:59/M	9 24:14.00	7:46/M	1:14:04.25
12	104	David Morris	32	12 24:01.60	7:42/M	11 24:34.85	7:52/M	16 25:52.90	8:17/M	1:14:30.20
13	112	Jonathan Laramy	34	14 24:41.40	7:55/M	16 25:17.40	8:06/M	11 25:08.60	8:03/M	1:15:07.85
14	114	Phillip Rogerson	32	10 23:51.10	7:39/M	13 24:56.80	7:59/M	21 26:28.55	8:29/M	1:15:17.05
15	128	George Aponte	30	21 26:10.20	8:23/M	14 24:59.55	8:00/M	12 25:13.15	8:05/M	1:16:22.85
16	135	Javier Molina	32	15 24:49.65	7:57/M	17 25:40.25	8:14/M	20 26:16.65	8:25/M	1:16:46.60
17	137	Jason Sneed	34	18 25:44.60	8:15/M	18 25:43.10	8:15/M	14 25:32.40	8:11/M	1:17:00.05
18	138	Corzin Methvin	32	24 26:39.45	8:33/M	15 25:12.25	8:05/M	13 25:15.35	8:06/M	1:17:07.55
19	167	James Rampoldi	32	19 25:46.20	8:16/M	20 26:28.85	8:29/M	22 27:07.60	8:41/M	1:19:22.70
20	169	Qualan Freeman	32	25 27:02.25	8:40/M	21 26:31.20	8:30/M	18 25:56.95	8:19/M	1:19:31.00
21	187	Stephen Freshwater	30	26 27:02.55	8:40/M	19 26:06.40	8:22/M	24 27:30.20	8:49/M	1:20:39.10
22	190	Alejandro Montes Di Oca Z	34	27 28:16.75	9:04/M	24 27:16.40	8:44/M	15 25:35.45	8:12/M	1:21:09.00
23	193	Casey Griffith	34	16 24:54.10	7:59/M	26 27:38.00	8:51/M	26 28:41.10	9:12/M	1:21:14.05
24	207	Matt Riley	32	22 26:25.00	8:28/M	23 27:16.05	8:44/M	25 28:00.10	8:58/M	1:21:41.35
25	216	Nathaniel Rynas	30	23 26:30.55	8:30/M	25 27:19.50	8:45/M	27 28:42.85	9:12/M	1:22:33.05
26	217	Clayton Royal	34	20 26:10.10	8:23/M	22 26:54.10	8:37/M	31 29:28.60	9:27/M	1:22:33.40
27	228	Jason Dooley	34	33 29:17.25	9:23/M	28 27:51.50	8:56/M	19 26:08.70	8:23/M	1:23:17.70
28	244	Barry Ide	31	29 28:24.15	9:06/M	29 28:32.60	9:09/M	23 27:10.75	8:42/M	1:24:07.85
29	260	Mike Horton	34	28 28:20.90	9:05/M	31 28:44.10	9:13/M	29 29:01.60	9:18/M	1:26:06.85
30	279	Matthew Cronin	32	37 30:16.55	9:42/M	27 27:44.35	8:53/M	30 29:17.85	9:23/M	1:27:19.00
31	282	Ricardo Dejesus	32	13 24:28.15	7:51/M	33 30:13.55	9:41/M	41 32:46.05	10:30/M	1:27:28.45
32	307	Rob Jacobs	33	30 28:25.60	9:06/M	34 30:24.80	9:45/M	32 30:26.60	9:45/M	1:29:17.85
33	308	Chrisher Faison	31	31 28:40.20	9:11/M	30 28:42.25	9:12/M	37 31:59.75	10:15/M	1:29:22.15
34	327	Eric Hunzeker	33	35 29:20.80	9:24/M	32 29:56.90	9:36/M	36 31:43.20	10:10/M	1:31:01.65
35	332	Kyle Kruse	32	32 28:49.75	9:14/M	35 31:08.75	9:59/M	33 31:11.70	10:00/M	1:31:11.10
36	350	Daniel Cavazos	33	34 29:17.30	9:23/M	36 31:59.10	10:15/M	34 31:29.05	10:05/M	1:32:46.05
37	373	Tizoc Silva	31	36 30:01.80	9:37/M	37 32:00.50	10:15/M	38 32:02.40	10:16/M	1:34:04.85
38	397	Ron Astorga	30	39 31:32.45	10:06/M	39 32:13.30	10:20/M	39 32:27.60	10:24/M	1:36:13.65
39	403	Raymond Dlorenzo	32	40 31:47.30	10:11/M	38 32:09.00	10:18/M	45 33:42.85	10:48/M	1:37:39.95
40	404	Kenneth Randle	33	43 32:31.75	10:25/M	40 32:52.20	10:32/M	40 32:30.00	10:25/M	1:37:54.65
41	421	Martin Hurtado	31	49 36:22.40	11:39/M	45 34:11.80	10:57/M	28 29:00.35	9:18/M	1:39:35.40
42	428	Stephen May	33	38 31:07.35	9:58/M	43 33:28.45	10:44/M	47 35:29.00	11:22/M	1:40:04.75
43	434	Greg Tolmachoff	31	41 31:53.35	10:13/M	47 34:57.80	11:12/M	44 33:40.10	10:47/M	1:40:32.00
44	451	Natasha Whitcher	32			51 1:09:10.90	22:10/M	42 32:58.90	10:34/M	1:41:35.30
45	459	Colin Chenault	34	44 33:08.60	10:37/M	42 33:24.10	10:42/M	48 35:39.35	11:26/M	1:42:12.85
46	463	Ryan Isenberg	34	42 32:05.60	10:17/M	44 33:42.55	10:48/M	50 37:03.40	11:53/M	1:42:52.00
47	466	David Granson	31	46 35:29.05	11:22/M	41 33:10.35	10:38/M	46 34:30.15	11:03/M	1:43:09.55
48	467	Brandon Rains	30	48 36:18.50	11:38/M	48 35:15.30	11:18/M	35 31:38.20	10:08/M	1:43:11.95
49	469	Coby Pewitt	32	45 33:21.15	10:41/M	46 34:18.80	11:00/M	49 36:01.10	11:33/M	1:43:41.50
50	533	Eric Lafleur	32	50 36:50.50	11:48/M	49 38:59.35	12:30/M	43 33:32.20	10:45/M	1:49:22.40
51	587	Welly	31	47 35:37.45	11:25/M	50 44:19.00	14:12/M	52 42:32.45	13:38/M	2:02:29.70

Supangat

52	613	Dan Martin	30			52	1:39:18.10	31:50/M	51	38:04.80	12:12/M	2:17:23.00
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Male 35 to 39

Overall				----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	3	Bret Mower	35	1	18:21.40	5:53/M	1	18:46.85	6:01/M	1	19:48.50	6:21/M	56:56.75
2	20	Lee Rebodos	38	5	20:44.35	6:39/M	2	20:49.20	6:40/M	2	20:58.90	6:43/M	1:02:32.80
3	26	Brent Bumgardner	35	2	20:08.95	6:27/M	3	21:12.45	6:48/M	4	22:30.35	7:13/M	1:03:52.45
4	31	Howard Ketelson	39	4	20:42.65	6:38/M	6	21:51.50	7:00/M	3	22:26.40	7:11/M	1:05:00.90
5	32	Jozef Jamrich	35	6	20:45.80	6:39/M	4	21:47.35	6:59/M	7	22:53.95	7:20/M	1:05:27.95
6	35	John Pitre	37	8	20:53.15	6:42/M	5	21:48.75	6:59/M	8	23:02.65	7:23/M	1:05:45.00
7	43	John Dixson	35	10	22:44.45	7:17/M	8	22:41.35	7:16/M	5	22:37.40	7:15/M	1:08:03.25
8	49	Eduardo Oneill	36	3	20:13.10	6:29/M	7	22:33.55	7:14/M	14	26:04.15	8:21/M	1:08:50.80
9	53	Daniel Solazar	36	7	20:48.80	6:40/M	10	23:46.15	7:37/M	12	24:54.35	7:59/M	1:09:29.75
10	56	Adam Carte	36	9	21:12.70	6:48/M	11	24:14.95	7:46/M	13	24:55.65	7:59/M	1:10:23.55
11	67	Benjamin Sullivan	36	12	23:51.75	7:39/M	12	24:33.85	7:52/M	6	22:44.60	7:17/M	1:11:10.25
12	73	Rick Sanford	39	16	24:48.55	7:57/M	9	23:26.05	7:31/M	9	23:20.80	7:29/M	1:11:36.15
13	90	Eric Nelson	36	13	23:56.45	7:40/M	13	24:36.30	7:53/M	11	24:47.05	7:57/M	1:13:20.35
14	95	Jeff Boylan	39	15	24:47.65	7:57/M	15	24:53.40	7:59/M	10	23:59.45	7:41/M	1:13:40.45
15	118	Chris McCain	35	11	23:35.55	7:34/M	14	24:39.80	7:54/M	20	27:23.30	8:47/M	1:15:39.30
16	119	Chris Wood	35	14	24:06.90	7:43/M	16	25:18.10	8:07/M	16	26:27.00	8:29/M	1:15:52.65
17	165	Michael Garramone	37	17	25:28.70	8:10/M	19	26:55.55	8:38/M	18	26:51.95	8:36/M	1:19:16.75
18	192	David D Jones	35	21	27:10.25	8:42/M	18	26:41.50	8:33/M	19	27:18.20	8:45/M	1:21:10.30
19	203	Richard Rainey	38	18	25:42.30	8:14/M	17	26:32.25	8:30/M	24	29:21.05	9:24/M	1:21:35.65
20	205	Curtis Howard	38	29	28:06.00	9:00/M	21	27:22.20	8:46/M	15	26:10.00	8:23/M	1:21:39.05
21	209	Kirk Von Der Heydt	38	23	27:21.00	8:46/M	22	27:35.90	8:50/M	17	26:48.00	8:35/M	1:21:45.05
22	249	Mario Guerrero	39	19	25:52.00	8:17/M	20	27:14.10	8:44/M	30	31:27.95	10:05/M	1:24:34.05
23	251	Jose Villegas	35	26	28:03.40	8:59/M	23	28:27.35	9:07/M	22	28:10.65	9:02/M	1:24:41.85
24	291	Tony Kim	35	33	30:01.90	9:37/M	27	29:49.30	9:33/M	21	28:02.25	8:59/M	1:27:53.60
25	294	Chris Forsythe	35	30	29:56.40	9:36/M	26	29:08.20	9:20/M	23	28:55.60	9:16/M	1:28:00.45
26	295	Chris Throckmorton	37	28	28:05.75	9:00/M	24	28:43.25	9:12/M	28	31:14.40	10:01/M	1:28:03.45
27	306	Mohan Yeleti	37	22	27:15.15	8:44/M	25	29:02.40	9:18/M	35	32:45.00	10:30/M	1:29:03.40
28	319	Blake Eaton	37	27	28:05.50	9:00/M	29	30:40.20	9:50/M	29	31:23.95	10:04/M	1:30:09.85
29	320	Trey Moore	37	24	27:47.20	8:54/M	28	30:10.35	9:40/M	33	32:15.25	10:20/M	1:30:13.70
30	344	Richard Chen	35	31	29:57.00	9:36/M	31	31:10.35	9:59/M	27	31:04.85	9:57/M	1:32:12.35
31	347	Andrew Sadler	36	32	29:57.20	9:36/M	33	31:42.10	10:10/M	26	30:54.85	9:54/M	1:32:34.35
32	389	Oktawian Sobieraj	38	35	31:50.30	10:12/M	32	31:33.30	10:07/M	34	32:27.60	10:24/M	1:35:51.25
33	391	Shawn Valk	35	40	34:11.75	10:57/M	30	31:08.45	9:59/M	25	30:32.55	9:47/M	1:35:53.25
34	396	Mark Stewart	39	25	28:02.30	8:59/M	36	34:41.60	11:07/M	37	33:27.60	10:43/M	1:36:11.45
35	402	Matt Schonhoff	35	39	33:27.85	10:43/M	34	32:35.15	10:27/M	31	31:29.05	10:05/M	1:37:32.00
36	412	Steven Baxter	35	38	33:13.65	10:39/M	35	33:18.90	10:40/M	32	32:14.75	10:20/M	1:38:47.55
37	452	Steve Whitcher	39	36	32:32.05	10:26/M	39	36:03.65	11:33/M	36	33:00.35	10:35/M	1:41:36.85
38	500	Bob Lamkin	39	41	34:22.85	11:01/M	37	35:06.90	11:15/M	38	37:07.35	11:54/M	1:46:37.90

39	518	Brent Glass	35	34	31:50.05	10:12/M	40	36:43.15	11:46/M	39	39:28.60	12:39/M	1:48:02.35
40	519	Manuel Layrisse	36	37	32:50.55	10:31/M	38	35:43.75	11:27/M	40	39:31.75	12:40/M	1:48:06.35
41	556	Keith Aurzada	35	20	26:31.75	8:30/M	41	37:01.55	11:52/M	44	50:36.15	16:13/M	1:54:09.70
42	581	Scott Siegrist	38	42	37:56.45	12:09/M	42	40:13.60	12:53/M	41	42:21.85	13:34/M	2:00:32.60
43	600	Mark Yee	35	43	39:58.30	12:49/M	44	42:34.10	13:39/M	43	44:24.50	14:14/M	2:06:57.60
44	602	Sam Keohavong	39	44	41:52.40	13:25/M	43	41:57.65	13:27/M	42	43:25.65	13:55/M	2:07:15.75

Male 40 to 44

Overall			----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	16	Steve Cohen	41	3	20:31.10	6:35/M	1	20:14.60	6:29/M	1	20:54.05	6:42/M	1:01:40.15
2	19	Ruben Saguil	41	1	20:13.10	6:29/M	2	20:55.70	6:42/M	3	21:22.35	6:51/M	1:02:32.00
3	21	Robert Fowler	44	2	20:29.20	6:34/M	3	21:05.50	6:45/M	2	21:14.25	6:48/M	1:02:49.50
4	28	Gustavo Aguirre	43	4	20:43.40	6:38/M	4	21:10.10	6:47/M	5	22:32.10	7:13/M	1:04:25.80
5	46	Paul Scelsi	42	11	22:54.55	7:20/M	7	22:34.30	7:14/M	6	22:50.55	7:19/M	1:08:19.50
6	47	Phillip Hodge	40	7	22:41.95	7:16/M	5	21:55.35	7:01/M	10	24:10.65	7:45/M	1:08:48.45
7	48	Peter Barnard	41	10	22:53.75	7:20/M	8	22:38.70	7:15/M	8	23:16.10	7:27/M	1:08:49.20
8	51	Douglas Carney	43	12	23:03.75	7:23/M	9	23:03.25	7:23/M	7	22:51.90	7:19/M	1:08:59.15
9	52	Keith Vincent	41	6	22:05.85	7:05/M	6	22:09.60	7:06/M	14	24:59.95	8:00/M	1:09:15.40
10	57	Steven Kipisz	44	8	22:44.20	7:17/M	11	23:22.20	7:29/M	11	24:20.25	7:48/M	1:10:27.55
11	58	Carter Messick	42	5	21:19.85	6:50/M	12	23:28.70	7:31/M	17	25:41.60	8:14/M	1:10:30.10
12	70	Steve Stamos	41	9	22:46.55	7:18/M	13	23:37.75	7:34/M	15	25:00.90	8:01/M	1:11:25.55
13	71	Michael Fricke	42	24	25:58.50	8:19/M	10	23:06.70	7:24/M	4	22:21.70	7:10/M	1:11:27.55
14	78	Gene Gamez	42	15	23:38.65	7:34/M	15	24:04.75	7:43/M	12	24:39.10	7:54/M	1:12:23.05
15	81	James Dixon	43	16	24:24.00	7:49/M	14	24:01.95	7:42/M	9	24:01.10	7:42/M	1:12:27.25
16	98	Mario Alberto Sena	40	13	23:18.50	7:28/M	16	24:28.15	7:51/M	18	26:10.30	8:23/M	1:13:56.95
17	103	David Billman	44	19	24:55.75	7:59/M	17	24:32.75	7:52/M	13	24:53.50	7:59/M	1:14:21.95
18	108	Steven Rush	44	18	24:51.35	7:58/M	18	24:52.85	7:58/M	16	25:10.15	8:04/M	1:14:54.70
19	141	Walter Lambert	41	17	24:37.00	7:53/M	21	26:08.55	8:23/M	25	27:02.15	8:40/M	1:17:48.05
20	144	Scott Martin	41				55	51:28.00	16:30/M	19	26:28.00	8:29/M	1:17:56.00
21	159	Brian Wieters	40	26	26:22.30	8:27/M	20	25:52.60	8:17/M	21	26:47.05	8:35/M	1:19:02.25
22	176	Michael Lucero	42	20	25:20.30	8:07/M	19	25:12.35	8:05/M	35	29:18.55	9:23/M	1:19:51.75
23	178	Kevin Wessels	40	25	26:12.75	8:24/M	26	26:47.00	8:35/M	22	26:54.40	8:37/M	1:19:54.85
24	179	Carlos Garcia	41	27	26:26.50	8:28/M	25	26:45.20	8:34/M	20	26:45.60	8:34/M	1:19:58.05
25	180	Steve Johnson	42	30	27:04.10	8:41/M	22	26:15.25	8:25/M	23	26:56.40	8:38/M	1:20:16.25
26	188	Gates McKnight	44	29	26:53.10	8:37/M	27	26:48.40	8:35/M	24	27:00.25	8:39/M	1:20:42.25
27	189	Jack Mason	42	23	25:55.35	8:18/M	23	26:15.65	8:25/M	32	28:43.05	9:12/M	1:20:54.35
28	196	Glen Raggio	44	21	25:47.05	8:16/M	24	26:36.65	8:32/M	34	29:00.75	9:18/M	1:21:24.45
29	222	John W Ward	40	32	27:22.50	8:46/M	30	27:33.65	8:50/M	28	28:09.65	9:01/M	1:23:05.80
30	235	Joe Sipper	42	35	28:10.80	9:02/M	28	26:58.50	8:39/M	30	28:37.35	9:10/M	1:23:47.10
31	240	Jeff Barnhart	43	22	25:54.60	8:18/M	36	29:02.10	9:18/M	33	29:00.45	9:18/M	1:23:57.55
32	248	Robert Lauderdale	42	38	28:23.10	9:06/M	33	28:51.25	9:15/M	26	27:11.75	8:43/M	1:24:26.10
33	255	Tom Foster	44	40	29:00.10	9:18/M	31	27:38.10	8:51/M	31	28:42.75	9:12/M	1:25:21.10
34	262	David Baran	44	34	27:47.70	8:54/M	38	29:12.65	9:22/M	36	29:20.15	9:24/M	1:26:21.35

35	267	Kevin Davis	44	31	27:10.40	8:42/M	37	29:08.00	9:20/M	39	30:19.40	9:43/M	1:26:37.75
36	269	Charles Leoh	44	43	29:52.95	9:34/M	34	28:54.10	9:16/M	27	27:54.80	8:57/M	1:26:41.80
37	276	Harry Franks	43	45	29:57.35	9:36/M	35	28:54.25	9:16/M	29	28:15.15	9:03/M	1:27:06.90
38	278	Rob Tarver	41	36	28:13.75	9:03/M	39	29:17.15	9:23/M	37	29:46.25	9:32/M	1:27:17.65
39	302	Stephen Elston	40	41	29:35.15	9:29/M	32	28:24.75	9:06/M	40	30:46.50	9:52/M	1:28:46.35
40	315	Kevin Williams	44	37	28:17.10	9:04/M	40	30:03.65	9:38/M	43	31:33.10	10:07/M	1:29:54.40
41	317	Keith Adabie	41	14	23:20.15	7:29/M	29	27:13.20	8:43/M	54	39:29.50	12:39/M	1:30:03.60
42	323	John Larkins	43	39	28:39.50	9:11/M	46	32:06.75	10:17/M	38	29:57.45	9:36/M	1:30:43.65
43	337	Kent Austin	43	42	29:41.20	9:31/M	41	30:43.25	9:51/M	41	31:15.90	10:01/M	1:31:40.75
44	351	Donald Norman	40	28	26:44.30	8:34/M	45	32:06.55	10:17/M	49	33:54.55	10:52/M	1:32:46.15
45	364	Larry Hansard	44	44	29:54.90	9:35/M	43	31:14.00	10:01/M	46	32:12.85	10:19/M	1:33:22.65
46	378	Steven Shadix	44	46	30:39.80	9:49/M	44	31:50.25	10:12/M	45	32:01.30	10:16/M	1:34:32.10
47	407	Frank Bireley	44	48	31:34.25	10:07/M	50	34:07.75	10:56/M	48	32:34.45	10:26/M	1:38:17.15
48	414	John Orozco	43	33	27:45.65	8:54/M	42	31:11.05	10:00/M	55	40:09.85	12:52/M	1:39:06.80
49	419	Neal Goings	43	50	33:43.75	10:48/M	47	33:19.20	10:41/M	47	32:24.20	10:23/M	1:39:27.40
50	427	Jeff Kays	43	47	31:05.00	9:58/M	51	34:10.50	10:57/M	50	34:46.25	11:09/M	1:40:01.85
51	431	Hans Giesecke	42	51	35:37.40	11:25/M	48	33:24.80	10:42/M	42	31:20.85	10:03/M	1:40:23.25
52	440	Tim Hafer	44	52	35:37.55	11:25/M	49	33:24.90	10:42/M	44	31:45.40	10:11/M	1:40:47.80
53	449	Mark Remington	44	49	31:39.50	10:09/M	52	34:38.30	11:06/M	52	34:58.90	11:12/M	1:41:16.85
54	505	Richard Thibodeaux	43	54	36:20.60	11:39/M	53	35:57.50	11:31/M	51	34:48.20	11:09/M	1:47:06.85
55	547	Michael Budenosky	42	53	36:14.95	11:37/M	54	36:53.60	11:49/M	53	37:56.80	12:09/M	1:51:05.35

Male 45 to 49

Overall			----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	18	Troy Pruett	45	1	19:29.40	6:15/M	1	20:39.05	6:37/M	1	22:09.05	7:06/M	1:02:17.45
2	27	Jack Hase	45	2	20:56.45	6:43/M	2	21:11.90	6:47/M	2	22:10.55	7:06/M	1:04:19.20
3	36	Mark Newcomb	49	3	21:40.95	6:57/M	3	21:59.55	7:03/M	3	22:27.00	7:12/M	1:06:08.40
4	77	Chip Camisicione	45	7	24:38.05	7:54/M	4	23:22.95	7:29/M	4	24:17.65	7:47/M	1:12:19.50
5	93	Rick Rovito	45	8	24:40.10	7:54/M	5	23:54.20	7:40/M	5	25:01.70	8:01/M	1:13:36.85
6	94	Dennis McLaughlin	49	5	23:12.75	7:26/M	6	24:45.40	7:56/M	6	25:41.55	8:14/M	1:13:40.00
7	129	David Martin	48	4	22:53.75	7:20/M	8	25:25.95	8:09/M	15	28:07.75	9:01/M	1:16:28.15
8	133	William Parker	45	6	24:34.35	7:52/M	7	25:16.10	8:06/M	10	26:51.90	8:36/M	1:16:42.55
9	149	Jeff Adamson	45	15	26:43.25	8:34/M	9	25:29.90	8:10/M	8	26:07.20	8:22/M	1:18:20.75
10	157	Gordon Flint	48	11	25:31.95	8:11/M	10	25:51.45	8:17/M	11	27:26.65	8:48/M	1:18:50.00
11	182	Mark Alt	47	9	24:55.70	7:59/M	13	27:27.55	8:48/M	13	27:53.75	8:56/M	1:20:17.00
12	185	Mike Huber	49	13	26:31.50	8:30/M	12	27:24.90	8:47/M	9	26:39.40	8:33/M	1:20:35.95
13	195	Patrick Speck	49	17	27:37.15	8:51/M	14	27:45.00	8:54/M	7	26:00.05	8:20/M	1:21:22.25
14	200	Michael Fritz	47	14	26:34.20	8:31/M	11	27:03.10	8:40/M	12	27:48.70	8:55/M	1:21:26.25
15	236	Charles Irsch	47	12	26:12.40	8:24/M	16	28:39.30	9:11/M	16	28:55.50	9:16/M	1:23:47.65
16	257	Rick Ruiz	45	19	28:03.85	8:59/M	15	28:02.35	8:59/M	17	29:21.60	9:24/M	1:25:28.10
17	275	Eric Giershick	47	25	29:57.50	9:36/M	18	29:06.60	9:20/M	14	28:01.40	8:59/M	1:27:05.55
18	298	Burt Copeland	45	16	27:36.95	8:51/M	17	28:50.95	9:14/M	19	31:58.65	10:15/M	1:28:27.15
19	300	Jose Gonzalez	49	24	29:49.25	9:33/M	19	29:14.20	9:22/M	18	29:37.15	9:30/M	1:28:41.50

20	339	Paul Raybould	46	20 28:15.65	9:03/M	20	30:18.70	9:43/M	24	33:24.45	10:42/M	1:31:58.95
21	361	Andy Beach	48	22 29:25.00	9:26/M	26	31:45.40	10:11/M	20	32:01.50	10:16/M	1:33:12.75
22	367	Chrisher Creed	45	18 27:39.80	8:52/M	24	31:39.10	10:09/M	28	34:19.50	11:00/M	1:33:39.05
23	376	Michael Ahearn	45	10 24:59.10	8:00/M	31	35:29.40	11:22/M	25	33:50.55	10:51/M	1:34:19.90
24	379	Daniel Bracy	46	26 30:41.80	9:50/M	21	31:15.70	10:01/M	22	32:35.60	10:27/M	1:34:33.15
25	384	? Haifield	48	27 31:07.65	9:58/M	25	31:41.05	10:09/M	21	32:32.35	10:26/M	1:35:21.85
26	394	Mick McKeever	46	21 28:37.10	9:10/M	23	31:38.30	10:08/M	31	35:47.85	11:28/M	1:36:03.25
27	400	Enrique Cantu	49	29 31:37.65	10:08/M	22	31:24.35	10:04/M	26	34:11.15	10:57/M	1:37:13.45
28	410	Tony Phillips	48	23 29:34.70	9:29/M	33	35:44.55	11:27/M	23	33:13.10	10:39/M	1:38:33.25
29	430	Michael Swimelar	47	33 33:30.10	10:44/M	27	32:32.75	10:26/M	27	34:14.75	10:58/M	1:40:17.95
30	454	Gary Gist	47	31 32:26.05	10:24/M	28	33:42.65	10:48/M	30	35:41.80	11:26/M	1:41:50.55
31	458	Gordon McAleb	48	28 31:07.90	9:58/M	32	35:37.80	11:25/M	29	35:17.35	11:19/M	1:42:03.05
32	481	Mike Barefoot	45	30 32:18.75	10:21/M	30	35:18.15	11:19/M	32	37:03.50	11:53/M	1:44:40.35
33	489	Mitch Hayes	45	32 33:25.50	10:43/M	29	34:40.90	11:07/M	33	37:08.25	11:54/M	1:45:15.55

Male 50 to 54

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	29	J.w. Hawronsky	53	1	20:41.80	6:38/M	1	21:05.05	6:45/M	1	22:42.35	7:17/M	1:04:29.35
2	55	Julio Lopez	50	3	23:30.25	7:32/M	2	23:23.85	7:30/M	2	23:22.65	7:29/M	1:10:17.45
3	59	Hank Hernandez	53	2	23:11.65	7:26/M	4	23:46.35	7:37/M	3	23:32.75	7:33/M	1:10:30.90
4	79	Steve Smalley	53	6	24:27.10	7:50/M	3	23:33.60	7:33/M	4	24:22.90	7:49/M	1:12:23.55
5	86	Jeff Hamner	52	8	24:35.95	7:53/M	5	23:54.65	7:40/M	5	24:24.05	7:49/M	1:12:55.00
6	87	Gregg Long	51	4	24:05.65	7:43/M	6	24:12.20	7:45/M	6	24:44.00	7:56/M	1:13:02.10
7	106	Ken Ashby	53	9	24:51.10	7:58/M	7	24:48.95	7:57/M	7	25:08.90	8:03/M	1:14:49.15
8	122	Mark Burgess	52	11	25:14.00	8:05/M	8	25:13.20	8:05/M	8	25:37.50	8:13/M	1:16:04.85
9	136	William Renfro	50	7	24:35.40	7:53/M	12	25:48.20	8:16/M	10	26:23.30	8:27/M	1:16:47.10
10	145	Bob Wood	51	14	26:11.40	8:24/M	10	25:43.30	8:15/M	9	26:03.20	8:21/M	1:17:58.65
11	146	Mike Picard	53	5	24:16.65	7:47/M	9	25:22.70	8:08/M	16	28:19.20	9:05/M	1:17:58.75
12	148	William Marshall	53	12	25:23.70	8:08/M	11	25:44.70	8:15/M	13	26:58.40	8:39/M	1:18:07.45
13	166	Debbie Filarski	51	15	26:13.05	8:24/M	13	26:21.50	8:27/M	12	26:44.00	8:34/M	1:19:18.50
14	198	Rusty Shelton	52	18	26:59.65	8:39/M	19	27:53.20	8:56/M	11	26:31.95	8:30/M	1:21:24.95
15	201	Paul Smith	54	19	27:27.25	8:48/M	14	26:47.25	8:35/M	14	27:17.15	8:45/M	1:21:32.25
16	206	Walter Nicks	53	13	25:46.90	8:16/M	16	27:29.75	8:49/M	17	28:22.95	9:06/M	1:21:40.40
17	219	Jesus Cantu	50	17	26:55.00	8:38/M	17	27:35.90	8:50/M	15	28:08.95	9:01/M	1:22:40.15
18	223	Rex Johnson	51	16	26:15.00	8:25/M	18	27:38.55	8:51/M	19	29:14.55	9:22/M	1:23:08.80
19	226	Vernon Hodge	52	10	25:09.95	8:04/M	20	28:04.60	9:00/M	21	29:57.00	9:36/M	1:23:12.15
20	250	John Ryan	50	20	28:18.05	9:04/M	15	27:14.80	8:44/M	18	29:04.05	9:19/M	1:24:37.80
21	328	Gene Myers	50	22	30:31.90	9:47/M	22	30:22.40	9:44/M	22	30:09.70	9:40/M	1:31:04.40
22	352	Joe Bacon	53	25	33:07.10	10:37/M	21	30:19.80	9:43/M	20	29:25.50	9:26/M	1:32:53.05
23	365	Bill Brennan	50	23	31:03.40	9:57/M	23	30:42.20	9:50/M	23	31:42.50	10:10/M	1:33:28.10
24	392	Mike Hansen	51	24	31:06.10	9:58/M	24	31:31.30	10:06/M	24	33:20.95	10:41/M	1:35:58.90
25	438	Rick Tidwell	52	26	33:13.10	10:39/M	27	33:25.10	10:43/M	27	33:59.40	10:54/M	1:40:38.35
26	444	Allen Shyne	51	28	33:55.15	10:52/M	25	33:14.30	10:39/M	26	33:47.85	10:50/M	1:40:57.35

27	445	Gary Warrick	53	29	33:55.20	10:52/M	26	33:14.55	10:39/M	25	33:47.80	10:50/M	1:40:57.60
28	453	Randy Pfeifer	54	21	29:57.10	9:36/M	29	34:52.65	11:11/M	30	36:55.50	11:50/M	1:41:45.95
29	475	Ted Zajac	51	30	34:17.95	10:59/M	28	34:42.25	11:07/M	29	35:18.85	11:19/M	1:44:19.80
30	515	Bill Sass	53	31	35:40.40	11:26/M	30	36:47.15	11:47/M	28	35:05.90	11:15/M	1:47:33.55
31	534	David Lemm	51	27	33:30.95	10:44/M	31	38:44.00	12:25/M	31	37:12.85	11:55/M	1:49:28.25

Male 55 to 59

Overall				----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	64	Glen Taylor	57	1	23:28.40	7:31/M	1	23:33.35	7:33/M	1	23:45.70	7:37/M	1:10:48.05
2	97	Carl Weisbrod	56	2	24:04.60	7:43/M	2	24:38.85	7:54/M	2	25:12.65	8:05/M	1:13:56.45
3	127	Spareribs Lamothe	59	3	24:20.70	7:48/M	3	25:06.55	8:03/M	3	26:53.05	8:37/M	1:16:20.95
4	171	Bryce Wilson	59	4	24:57.30	8:00/M	6	27:08.00	8:42/M	6	27:39.70	8:52/M	1:19:45.85
5	177	Larry Duke	55	8	26:04.35	8:21/M	5	26:50.75	8:36/M	4	26:58.55	8:39/M	1:19:54.50
6	183	Santo Spataro	55	9	26:25.10	8:28/M	4	25:45.70	8:15/M	8	28:15.80	9:03/M	1:20:26.85
7	194	Tony Flesch	56	5	25:44.00	8:15/M	10	27:59.00	8:58/M	5	27:36.75	8:51/M	1:21:20.50
8	237	John Fratto	59	13	27:29.90	8:49/M	7	27:51.60	8:56/M	9	28:27.60	9:07/M	1:23:49.35
9	239	Will Craven	58	16	28:05.10	9:00/M	11	28:04.50	9:00/M	7	27:46.05	8:54/M	1:23:56.15
10	243	Jerry Powell	55	7	25:47.15	8:16/M	9	27:57.60	8:58/M	14	30:18.20	9:43/M	1:24:03.05
11	245	Steven Kent	58	11	26:40.60	8:33/M	12	28:26.50	9:07/M	11	29:01.00	9:18/M	1:24:08.70
12	270	Robert Kugelmann	57	17	28:35.50	9:10/M	16	29:07.50	9:20/M	10	28:59.30	9:17/M	1:26:42.65
13	273	Tom Eschenbrenner	58	14	27:51.25	8:56/M	14	28:33.50	9:09/M	15	30:29.25	9:46/M	1:26:54.60
14	281	Bruce Hill	57	15	28:01.65	8:59/M	15	28:39.65	9:11/M	16	30:46.25	9:52/M	1:27:27.90
15	285	Gene Miller	59	6	25:44.05	8:15/M	13	28:33.00	9:09/M	20	33:20.05	10:41/M	1:27:37.60
16	324	Willy Waks	57	20	29:58.45	9:36/M	20	31:06.30	9:58/M	12	29:39.75	9:30/M	1:30:45.40
17	330	Bill O'Keeffe	57	10	26:35.70	8:31/M	21	31:25.20	10:04/M	18	33:05.95	10:36/M	1:31:06.80
18	331	Rusty Hailey	58	18	28:46.05	9:13/M	17	30:35.00	9:48/M	17	31:49.60	10:12/M	1:31:10.90
19	345	Ron Franzetti	59	21	31:25.20	10:04/M	18	30:44.55	9:51/M	13	30:12.35	9:41/M	1:32:22.85
20	368	Richard Caperton	56	19	29:46.85	9:32/M	19	30:50.30	9:53/M	19	33:10.45	10:38/M	1:33:48.00
21	471	Max McCart	58	23	33:51.75	10:51/M	22	34:50.05	11:10/M	21	35:15.30	11:18/M	1:43:57.45
22	485	Robert Davila	57	22	33:22.60	10:42/M	23	34:53.35	11:11/M	22	36:40.35	11:45/M	1:44:56.55
23	571	Greg Kosan	58	24	38:19.50	12:17/M	24	40:24.95	12:57/M	23	39:17.00	12:35/M	1:58:01.80

Male 60 to 64

Overall				----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	61	Bill Richardson	62	1	22:19.70	7:09/M	1	23:37.65	7:34/M	1	24:44.85	7:56/M	1:10:42.35
2	142	George Kempston	62	2	25:59.80	8:20/M	2	25:45.95	8:15/M	3	26:05.25	8:22/M	1:17:51.50
3	156	Doug Gilpin	63	7	26:40.80	8:33/M	4	26:19.20	8:26/M	2	25:45.75	8:15/M	1:18:46.10
4	161	Ed Kopiak	63	3	26:00.00	8:20/M	3	25:53.40	8:18/M	4	27:13.30	8:43/M	1:19:06.70
5	213	Kimble Howard	63	4	26:00.05	8:20/M	5	27:33.55	8:50/M	5	28:44.05	9:13/M	1:22:18.05
6	253	Ted Pittman	63	5	26:19.00	8:26/M	7	28:52.90	9:15/M	7	30:03.90	9:38/M	1:25:15.75
7	259	Alan Davis	61	6	26:24.30	8:28/M	6	28:48.70	9:14/M	8	30:40.40	9:50/M	1:25:54.15

8	333	Tom Crull	63	9 32:12.55	10:19/M	8 30:00.10	9:37/M	6 29:05.70	9:19/M	1:31:18.90
9	355	Bill Swetmon	63	8 28:41.30	9:12/M	9 30:52.90	9:54/M	9 33:31.05	10:45/M	1:33:05.85
10	599	Thomas Kamm	60	10 39:00.95	12:30/M	10 43:21.80	13:54/M	10 43:07.65	13:49/M	2:05:31.00

Male 65 to 69

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	84	Wally Capps	65		1 23:41.45	7:35/M	1	24:08.40	7:44/M	3	24:55.55	7:59/M	1:12:46.25
2	96	Bill Blackburn	67		2 24:26.35	7:50/M	2	24:43.90	7:55/M	1	24:41.85	7:55/M	1:13:52.95
3	109	Jim Engstrom	65				12	50:05.35	16:03/M	2	24:52.50	7:58/M	1:14:56.25
4	218	Jim Sampson	67		3 27:37.50	8:51/M	3	27:45.15	8:54/M	4	27:11.75	8:43/M	1:22:35.15
5	303	Manny Koosha	66		5 28:45.65	9:13/M	4	29:25.50	9:26/M	5	30:36.50	9:48/M	1:28:48.55
6	316	Tommy Farrar	65		4 28:29.40	9:08/M	6	30:31.65	9:47/M	6	30:54.55	9:54/M	1:29:55.60
7	336	Jim Gramm	66		6 28:55.20	9:16/M	5	30:22.00	9:44/M	7	32:07.10	10:18/M	1:31:24.90
8	429	George Amundson	66		7 33:07.90	10:37/M	7	33:34.35	10:46/M	8	33:32.75	10:45/M	1:40:15.65
9	526	Nelson Spencer	67		10 36:19.80	11:38/M	8	36:00.60	11:32/M	9	36:16.70	11:37/M	1:48:37.85
10	569	Alan Engisch	66		8 35:13.00	11:17/M	9	38:08.20	12:13/M	11	44:19.10	14:12/M	1:57:40.55
11	582	John Keefe	67		11 37:06.90	11:53/M	11	44:41.20	14:19/M	10	39:58.00	12:49/M	2:01:46.75
12	603	Richard Hamilton	66		9 35:27.10	11:22/M	10	42:50.60	13:44/M	12	49:20.80	15:49/M	2:07:39.00

Male 70 to 74

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	126	Ray Nelson	70		1 23:53.90	7:39/M	1	25:10.90	8:04/M	1	27:14.00	8:44/M	1:16:19.65
2	460	Robert Cunningham	74		2 33:57.05	10:53/M	2	33:58.15	10:53/M	2	34:19.40	11:00/M	1:42:15.45
3	491	Gabe Abene	71		4 36:06.20	11:34/M	3	34:45.25	11:08/M	3	34:52.85	11:11/M	1:45:44.50
4	539	Dewey Fambry	73		3 35:03.15	11:14/M	4	35:45.70	11:28/M	4	39:26.25	12:38/M	1:50:15.30

Clydesdale & Athena

Overall Female Open Overall Winners

Overall		----- 5K Split -----				----- 10K Split -----			----- Final 5K -----			Total	
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	26	Tanya Allen	32	*****	31:29.55	10:05/M	*****	31:40.90	10:09/M	*****	33:38.50	10:47/M	1:36:49.20
2	31	Lisa Lambert	38	*****	30:33.15	9:48/M	*****	34:12.60	10:58/M	*****	35:33.15	11:24/M	1:40:18.90
3	34	Sandra Bonander	50	*****	33:23.35	10:42/M	*****	34:34.25	11:05/M	*****	35:46.45	11:28/M	1:43:44.70

Female 0-99

Overall				----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	37	Robin Chavez	52		1 33:25.40	10:43/M	1	35:04.75	11:14/M	1	36:06.95	11:34/M	1:44:37.55
2	40	Amy Stallings	30		5 36:20.45	11:39/M	2	35:59.35	11:32/M	2	36:10.15	11:36/M	1:48:30.35
3	41	Jill Burton	35		4 36:10.70	11:36/M	3	36:54.25	11:50/M	3	36:15.40	11:37/M	1:49:21.20
4	42	Courtney Tomasz	22		2 34:44.45	11:08/M	6	37:52.70	12:08/M	5	37:15.65	11:56/M	1:49:53.55
5	43	Deborah Riley	27		3 35:00.80	11:13/M	7	39:22.80	12:37/M	4	37:00.70	11:52/M	1:51:24.85
6	44	Rachel Edney	47		7 37:12.30	11:55/M	4	37:27.25	12:00/M	6	38:29.20	12:20/M	1:53:08.85
7	46	Julie Koledi	29		6 36:33.90	11:43/M	5	37:42.30	12:05/M	8	41:09.90	13:11/M	1:55:26.05
8	49	Melissa Dvorocsik	27		8 38:34.15	12:22/M	8	40:14.20	12:54/M	7	40:13.50	12:53/M	1:59:02.25
9	55	Darcy Kidder	37		10 40:28.10	12:58/M	9	41:37.80	13:20/M	9	41:51.40	13:25/M	2:03:58.20
10	56	Regan Coker	31		9 39:50.70	12:46/M	11	45:15.65	14:30/M	11	42:42.60	13:41/M	2:07:48.95
11	57	Ashli Delk	34		12 42:18.70	13:33/M	10	42:55.15	13:45/M	12	44:04.75	14:07/M	2:09:18.90
12	58	Christina Craig	30		11 41:47.85	13:24/M	12	45:29.15	14:35/M	10	42:06.50	13:30/M	2:09:23.90
13	59	Sherrida Harris	32		13 44:22.60	14:13/M	13	47:56.50	15:22/M	14	53:16.00	17:04/M	2:25:35.95
14	60	Amy Lee-Moses	36		14 45:33.40	14:36/M	14	50:38.60	16:14/M	13	53:04.30	17:01/M	2:29:16.90

Overall Male Open Overall Winners

Overall				----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	1	Mark Sparks	45	*****	23:21.40	7:29/M	*****	23:28.90	7:31/M	*****	23:47.80	7:37/M	1:10:38.25
2	2	Dave Bartscher	35	*****	23:06.70	7:24/M	*****	25:24.30	8:08/M	*****	26:35.20	8:31/M	1:15:06.95
3	3	Eliot Jones	42	*****	25:47.00	8:16/M	*****	25:59.05	8:20/M	*****	26:51.70	8:36/M	1:18:37.80

Male 0-99

Overall				----- 5K Split -----			----- 10K Split -----			----- Final 5K -----			Total
Place	Place	Name	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Pace	Time
1	4	Stuart Grubbs	36		2 25:45.80	8:15/M	1	26:02.50	8:21/M	2	27:17.85	8:45/M	1:19:06.95
2	5	Richard Salas	36		4 26:44.40	8:34/M	3	26:55.50	8:38/M	4	27:40.80	8:52/M	1:21:21.60
3	6	Robert Rodriguez	39		1 25:34.80	8:12/M	2	26:51.10	8:36/M	8	28:58.45	9:17/M	1:21:25.00
4	7	Seth Feder	41		3 26:16.85	8:25/M	5	28:08.50	9:01/M	3	27:37.30	8:51/M	1:22:03.20
5	8	Richie Brock	38		16 28:46.70	9:13/M	7	28:59.65	9:17/M	1	26:31.40	8:30/M	1:24:18.60
6	9	Doug Patterson	50		11 28:31.30	9:08/M	4	27:11.05	8:43/M	7	28:54.55	9:16/M	1:24:37.55
7	10	Jon Mooney	36		14 28:36.50	9:10/M	10	29:41.50	9:31/M	6	28:39.40	9:11/M	1:26:58.05
8	11	John Horne	36		19 29:35.90	9:29/M	9	29:24.20	9:25/M	5	28:14.30	9:03/M	1:27:14.55
9	12	Andy Edmondson	38		6 27:49.65	8:55/M	6	28:34.00	9:09/M	13	31:16.40	10:01/M	1:27:40.60
10	13	Michael Clem	40		5 27:45.25	8:54/M	8	29:05.80	9:19/M	14	32:03.05	10:16/M	1:28:54.75
11	14	James Honn	40		8 28:03.70	8:59/M	13	30:30.60	9:47/M	12	30:35.55	9:48/M	1:29:10.00
12	15	Steve Lapekas	35		10 28:30.50	9:08/M	11	30:17.35	9:42/M	11	30:27.60	9:46/M	1:29:16.20
13	16	Dennis Chupp	48		15 28:37.20	9:10/M	12	30:29.15	9:46/M	15	32:15.35	10:20/M	1:31:21.95
14	17	Jesse Basham	45		18 29:28.60	9:27/M	15	31:13.70	10:00/M	16	32:27.00	10:24/M	1:33:09.65
15	18	Justin Hall	26		9 28:13.95	9:03/M	14	30:38.70	9:49/M	26	35:07.05	11:15/M	1:34:00.05

16	19	John Petroff	35	21 29:51.10	9:34/M	16 31:14.15	10:01/M	18 33:11.65	10:38/M	1:34:16.90
17	20	Lupe Cadallero	49	7 28:03.25	8:59/M	23 33:03.40	10:36/M	20 33:34.65	10:46/M	1:34:42.10
18	21	Richard Rodriguez	36	24 31:19.15	10:02/M	25 33:45.95	10:49/M	10 29:42.30	9:31/M	1:34:47.65
19	22	John Ahrens	47	28 32:46.15	10:30/M	19 32:43.00	10:29/M	9 29:38.05	9:30/M	1:35:07.65
20	23	Jim Filarski	51	17 29:01.15	9:18/M	17 32:29.80	10:25/M	22 34:09.05	10:57/M	1:35:40.90
21	24	Dennis Law	46	12 28:34.10	9:09/M	26 33:48.30	10:50/M	21 33:48.20	10:50/M	1:36:11.45
22	25	Derek Trammell	41	22 31:06.80	9:58/M	20 32:44.55	10:29/M	17 32:46.50	10:30/M	1:36:38.25
23	27	Michael Hart	49	27 32:05.25	10:17/M	21 32:48.45	10:31/M	19 33:14.55	10:39/M	1:38:08.30
24	28	Rick Boose	42	20 29:44.80	9:32/M	27 34:05.35	10:55/M	24 34:41.95	11:07/M	1:38:32.90
25	29	Geoffery Athey	38	13 28:35.10	9:10/M	30 35:32.35	11:23/M	28 35:43.50	11:27/M	1:39:51.00
26	30	Ron Duzenack	39	32 33:30.45	10:44/M	18 32:33.05	10:26/M	23 34:13.70	10:58/M	1:40:17.95
27	32	Chris Oldner	39	29 33:00.30	10:35/M	24 33:36.25	10:46/M	27 35:40.50	11:26/M	1:42:17.10
28	33	Alex Flores	28	30 33:11.95	10:38/M	29 35:28.25	11:22/M	25 34:50.20	11:10/M	1:43:30.65
29	35	Sven Bonander	48	31 33:23.65	10:42/M	28 34:34.15	11:05/M	29 35:56.35	11:31/M	1:43:54.50
30	36	James Bright	48	23 31:09.95	9:59/M	31 35:35.75	11:24/M	30 37:13.35	11:56/M	1:43:59.25
31	38	David Graves	48	25 31:43.60	10:10/M	22 32:52.00	10:32/M	34 40:25.90	12:57/M	1:45:02.05
32	39	Bruce Richardson	50	26 31:52.20	10:13/M	32 36:32.35	11:43/M	32 39:42.70	12:43/M	1:48:07.30
33	45	Vic Visetchanvet	45	33 35:52.05	11:30/M	34 38:21.85	12:18/M	33 39:47.90	12:45/M	1:54:02.05
34	47	Scott Becker	34	34 36:07.95	11:35/M	33 37:52.15	12:08/M	36 41:28.65	13:17/M	1:55:29.50
35	48	Chuck Riley	55	35 36:23.50	11:40/M	36 39:38.80	12:42/M	38 42:53.15	13:45/M	1:58:55.50
36	50	Gregory Dvorocsik	28	38 39:00.45	12:30/M	39 41:12.10	13:12/M	31 39:03.45	12:31/M	1:59:16.50
37	51	George Mera	37	37 38:09.30	12:14/M	35 38:33.05	12:21/M	39 43:26.05	13:55/M	2:00:09.25
38	52	Tom Fuller	61	39 39:13.70	12:34/M	38 40:14.35	12:54/M	37 41:50.60	13:24/M	2:01:18.70
39	53	Brian Walker	41	36 37:03.70	11:53/M	37 39:39.85	12:43/M	40 45:06.35	14:27/M	2:01:50.15
40	54	Jesse Abel	35	40 39:14.45	12:34/M	40 41:41.00	13:22/M	35 40:56.35	13:07/M	2:01:51.85