

**Summer Sizzler 5K
Arlington, 7-29-2006**

**5K
Men**

Overall --	Joe Beisner	16:55
Masters --	Blade Norman	18:53
8-younger --		
	1. Ethan Smith	37:46
	2. Brandon Rivera	41:45
9 - 11		
	1. Alex Zelm	31:43
12 - 14		
	1. William Kanewske	21:30
15-19		
	1. Kyle Mathison	17:40
	2. James Rodriguez	19:03
	3. Erik Dahl	21:14
20 - 24		
	1. Jeff Raines	18:16
	2. Monolo Gumez	19:19
	3. Jeff Whang	22:40
25 - 29		
	1. Tyrick Johnson	19:01
	2. Dean Page	22:59
	3. James Bond	23:37
30 - 34		
	1. Mike Deavers	18:16
	2. Luis Marchany	21:57
	3. Shawn Gerner	25:10
35 - 39		
	1. Mike Boyd	19:36
	2. Klaus Lech	19:44
	3. Tom Corbett	23:38
40 - 44		
	1. Mark Olateju	20:42
	2. Crash Murphy	20:57
	3. John Garcia	21:14
45 - 49		
	1. Don Borger	19:53
	2. David Martin	22:27
	3. Steve LeBeau	22:37
50 - 54		
	1. John Ball	21:07
	2. Gary Stevenson	22:05
	3. Daniel Borgman	25:32
55 - 59		
	1. Michael Polansky	23:51
	2. Jack Englant	24:13
	3. Dick Hartnett	24:37

60 - 64		
	1. Doug Gilpin	24:06
	2. Alan Trammell	24:36
	3. Frank McGinty	28:45
65 - 69		
	1. Jim Engstrom	22:43
	2. Ken Brewer	24:25
	3. Don Burquest	26:37
70 - 74		
	1. Robert Cunningham	31:14
	2. Gilbert Olvera	41:45
75 - 79		
	1. Lovell Bolle	31:41
	2. Bob Harrison	38:51
80-older		
	1. Ireson Clay	33:57
	2. Howard C. Meyer	36:42
Souls & Soles		
	1. Steve Hayes	25:42
	2. Shawn Glaze	29:51
	3. Eric Garza	35:01
Overall --	Fiona Green	19:47
Masters --	Dawn Burke	24:5
12 - 14		
	1. Karis French	34:15
15 - 19		
	1. Keri Zielinski	21:15
20 - 24		
	1. Katie Henderson	21:45
	2. April Reber	23:23
	3. Amy Linduff	27:08
25 - 29		
	1. Molly Trammell	24:37
	2. Terri Guajardo	26:11
	3. Heiki Carrell	28:52
30 - 34		
	1. Teresa Froese	20:18
	2. Martha Martinez	25:44
	3. Leslie Cato	28:46
35 - 39		
	1. Laura Pyle	23:50
	2. Tamara Ogle	26:32
	3. Trina Bristol	27:35
40 - 44		
	1. Carole Holschuh	26:06
	2. Tiffany Ryan	34:40
	3. Melody Phillips	35:43
45 - 49		
	1. Heidi Fischer-Grissman	30:24
	2. Ellen Mathison	31:18
	3. Erin Dugan	32:20

Women

50 - 54

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| 1. Debra Stuart | 28:30 |
| 2. Theresa Duckworth | 41:30 |
| 2. Audora Milani | 48:44 |

55 - 59

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| 1. Susan Batts | 38:58 |
| 2. Carmen Flores | 41:06 |

60 - 64

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| 1. Jean Park | 33:39 |
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65 - 69

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| 1. Maria Johnston | 33:05 |
| 2. Margaret Thrash | 33:46 |

Souls & Soles

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| 1. Sandy Rivera | 29:12 |
| 2. Jeannine Zelm | 32:25 |
| 3. Sonya Dahl | 33:13 |