

SPIRIT OF CHRISTMAS 10K Run/Walk
(Held at Lake Lewisville, Hickory Creek, TX on 10/24/2009)
(Timed finishers: 14 Female; 16 Male; 3 No Gender)

(Raw results produced by Ricky Cox trinity5000running@yahoo.com)

(Results processed and provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)
Female Overall Winner								
Kim	Andres	56	50	45.46	14.44		1	6
Female 11-14								
Christina	Suikkari	14	66	51.27	16.34		4	13
Female 25-29								
Jill	Perry	29	63	51.24	16.33	1	3	12
Female 30-34								
S	Perry	32	68	57.42	18.34	1	10	20
Angela	Shelton	33	65	70.59	22.51	2	14	32
Female 35-39								
Christi	Shiflett	36	164	55.46	17.57	1	7	16
Valerie	Price	39	72	70.58	22.50	2	13	31
Female 40-44								
Jodee	Ford	40	56	46.53	15.05	1	2	10
Female 45-49								
Christy	Marin	45	60	54.38	17.35	1	5	14
Female 50-54								
Laura	Gist	50	58	56.38	18.14	1	8	18
Denise	Edmiston	54	80	56.39	18.14	2	9	19
Betty	Aleasha	52	81	60.42	19.32	3	11	25
Female 55-59								
Melinda	Jobe	56	59	55.13	17.46	1	6	15
Debbie	Morris	57	82	62.57	20.16	2	12	28
Male Overall Winner								
Taylor J	Lively	17	76	37.08	11.57		1	1
Male 15-19								
Cameron	Jackson	19	79	38.18	12.20	1	3	3

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Male 20-24								
Nathan	Webers	24	67	59.07	19.02	1	11	22
Journey	Jame	22	70	64.01	20.36	2	15	29
Male 25-29								
Andrew	Dealy	27	54	45.35	14.40	1	5	5
Male 35-39								
Luke	Gdilke	37	74	46.25	14.56	1	7	8
Male 40-44								
J	Jackson	42	78	37.09	11.57	1	2	2
K	Sandager	41	77	44.07	14.12	2	4	4
Joe	Cotter	44	53	46.28	14.57	3	8	9
Sim	Portnoy	43	75	58.07	18.42	4	10	21
T	Forehand	44	73	67.26	21.42	5	16	30
Male 45-49								
Jim	Forehand	46	57	62.23	20.05	1	14	27
Male 50-54								
Vinnie	Cassanova	26	52	46.17	14.54	1	6	7
Male 55-59								
Jim	Schmuck	57	83	60.38	19.31	1	12	24
Steve	Winslow	56	71	62.06	19.59	2	13	26
Male 60-64								
Stephen	Brown	63	51	55.59	18.01	1	9	17
No Gender								
RAE		23	69	47.29	15.17	1	1	11
NoName			64	59.08	19.02	2	2	23
S	Graham	50	84	72.59	23.29	3	3	33