

The RYAN RUN 5K Run/Walk

(Held at Daggett Elementary School, Fort Worth, TX on 07/04/2009)

(Timed finishers: 107 Female; 92 Male)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)
Female Overall Winner								
Wendy	Ragle	29	3696	18.55	6.05		1	2
Female Masters Winner								
Laura	Nelson	43	3570	20.30	6.36		3	6
Female 14 & Under								
Alexandria	Vigil	13	3707	28.18	9.07	1	22	70
Jessica	Broadbent	14	3706	28.19	9.07	2	23	71
Kate	Yeager	11	3610	43.56	14.08	3	80	161
Hannah	Black	8	3511	58.26	18.48	4	104	195
Female 15-19								
Chelsea	Sipp	16	3587	27.38	8.54	1	20	64
Emily	Blake	16	3689	28.34	9.12	2	24	72
Elizabeth	Babich	17	3654	42.15	13.36	3	74	153
Female 20-24								
Sarah A	Moore	23	3568	25.01	8.03	1	11	39
Laura	Gresens	23	3539	29.50	9.36	2	33	87
Rachel	Carranza	22	3518	30.04	9.41	3	38	94
Erin	Rambo	23	3684	30.11	9.43	4	40	98
Heather	Coffman	23	3519	36.50	11.51	5	63	133
Sarah	Perry	23	3574	38.38	12.26	6	66	141
Juli	Kavanaugh	20	3555	48.15	15.32	7	87	170
Natalie	Wall	23	3647	55.01	17.42	8	100	189
Female 25-29								
Jenny	Pamer	28	3668	20.25	6.34	1	2	4
Emily J	Van Dyken	25	3602	22.06	7.07	2	4	12
Liesel	Streich	27	3595	23.20	7.31	3	6	22
Crystal	Cortez	25	3522	23.46	7.39	4	8	25
Ashlie	Seale	29	3584	25.23	8.10	5	13	46
Jessica	Reading	28	3692	25.31	8.13	6	16	50
Monica	Allen	25	3666	26.33	8.33	7	18	55
Ashley	McClullough	29	3564	27.06	8.43	8	19	60
Natasha	Trillo	29	3601	28.45	9.15	9	27	76
Amanda	Pfaff	29	3612	30.05	9.41	10	39	95

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					per Mile (5K = 3.107 mls) (Mins. .Secs)				
Michelle	Estrada	29	3711	30.37	9.51	11	41	102	
Angel	Flores	27	3531	32.57	10.36	12	51	117	
Amber	Lee	27	3616	36.11	11.39	13	61	130	
Amber	Hearn	29	3546	38.26	12.22	14	65	140	
Female 30-34									
Lindsey	Wingerson	30	3643	25.49	8.19	1	17	52	
Mackenzie	Pamer	32	3669	27.44	8.56	2	21	65	
Jackie	Gibbons	34	3537	28.52	9.17	3	28	77	
Amy	Garrett	39	3632	31.35	10.10	4	45	108	
Kimberly	Madeja	33	3627	35.02	11.17	5	57	125	
Amanda	Contino	34	3520	45.47	14.44	6	82	163	
Ronya	Ervin	33	3527	48.41	15.40	7	90	174	
Emily	Robinson	30	3698	57.08	18.23	8	102	192	
Female 35-39									
Kim	Gray	35	3680	22.16	7.10	1	5	13	
Tara	Sullivan	35	3597	24.44	7.58	2	10	35	
Carla	Storey	35	3594	25.25	8.11	3	15	48	
Melanie	Sullivan	37	3596	28.36	9.12	4	25	73	
Mariaana	Harmon	35	3542	28.38	9.13	5	26	74	
Ranae	Kindle	36	3557	30.43	9.53	6	43	105	
Dianna	Fuller	36	3535	32.25	10.26	7	49	115	
Stephanie	Gutierrez	39	3663	33.20	10.44	8	54	120	
Kathryn	Armstrong	35	3504	38.55	12.32	9	67	142	
Rebecca	Fernandez	39	3529	39.21	12.40	10	70	145	
Stephanie	Torrez	36	3600	40.21	12.59	11	73	150	
Laurie	Babich	37	3653	42.26	13.39	12	75	154	
Beth	Lutz	39	3560	43.15	13.55	13	76	155	
Amy	Yeager	39	3608	43.48	14.06	14	79	160	
Elizabeth	Burr	38	3514	49.57	16.05	15	94	183	
Heather	Self	36	3658	59.52	19.16	16	105	196	
Female 40-44									
Kendall	Davis	41	3524	23.28	7.33	1	7	23	
Lisa	Ross	42	3681	23.58	7.43	2	9	28	
Michelle	Birk	41	3510	30.38	9.52	3	42	103	
Tammy	McPherson	40	3636	32.14	10.22	4	48	112	
Janet	Martin	43	3562	33.07	10.40	5	52	118	
Michelle	Howard	40	3551	33.13	10.41	6	53	119	

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					per Mile (5K = 3.107 mls) (Mins. .Secs)				
Nancy	Templin	43	3675	35.41	11.29	7	60	128	
Suzanne	Flores	40	3533	38.59	12.33	8	68	143	
Beverly A	Harris	43	3544	40.10	12.56	9	72	149	
Rene	Grimaldo	42	3678	50.52	16.22	10	97	186	
Barbara	Stilley	40	3593	50.53	16.23	11	98	187	
Female 45-49									
Helen	Brooks	46	3513	25.10	8.06	1	12	43	
Rudeene	Nevarez	47	3662	29.15	9.25	2	30	81	
Julie	Gresens	47	3538	29.25	9.28	3	32	83	
Debbie	Welborn	45	3605	29.54	9.37	4	34	89	
Carol	Murray	49	3644	29.59	9.39	5	36	92	
Laurie	Sheridan	48	3585	30.58	9.58	6	44	106	
Kenora	Stephenson	47	3640	31.39	10.11	7	46	109	
Cathy	Rogers	48	3619	32.03	10.19	8	47	111	
Mary J	Alland	45	3501	32.38	10.30	9	50	116	
Laura	Swenson	47	3598	34.59	11.16	10	56	123	
Clarissa	Bagby	47	3506	38.21	12.21	11	64	138	
Cathy	Rogers	46	3622	46.12	14.52	12	83	164	
Catherine	Benavidez	48	3508	46.44	15.02	13	84	166	
Angie	Diaz	48	3655	47.39	15.20	14	85	167	
Elizabeth	Garber	49	3673	49.34	15.57	15	93	181	
Sari	Simmons	48	3586	50.31	16.16	16	95	184	
Female 50-54									
Carole	Cross	51	3703	29.11	9.24	1	29	79	
Deborah	McVean	52	3702	29.20	9.26	2	31	82	
Pamela	Campbell	52	3515	29.58	9.39	3	35	91	
Lisa	Hull	50	3553	34.45	11.11	4	55	122	
Linda	Loggins	51	3558	48.14	15.31	5	86	169	
Dawn	Pfanning	51	3575	48.40	15.40	6	89	173	
Janet	May	51	3563	48.59	15.46	7	92	179	
Debby	Kay	51	3629	50.46	16.20	8	96	185	
Laura	Longerbone	54	3559	59.52	19.16	9	106	197	
Female 55-59									
Deborah	Ruiz	55	3659	25.24	8.11	1	14	47	
Kathy	Hodges	56	3548	30.03	9.40	2	37	93	
Anita	Quinones	58	3579	35.04	11.17	3	58	126	
Andie	Piehl	59	3577	43.22	13.57	4	77	158	

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					per Mile (5K = 3.107 mls) (Mins. .Secs)			
Linda	Hagler	59	3540	48.39	15.39	5	88	172
Cindy	Wall	56	3646	54.59	17.42	6	99	188
Vicki	Carter	58	3631	55.06	17.44	7	101	190
Vicki	Witt	55	3606	58.25	18.48	8	103	194
Female 60-64								
Carmen	Flores	62	3532	35.33	11.27	1	59	127
Susan	Fortini	64	3682	39.18	12.39	2	69	144
Francis	Flinn	60	3530	39.43	12.47	3	71	146
Carolyn	Head	64	3545	45.23	14.36	4	81	162
Female 65-69								
Ellen	Bergami	65	3620	43.24	13.58	1	78	159
Female 70-74								
Margaret	Thrash	72	3599	36.40	11.48	1	62	132
Myrtle	McMahan	74	3628	59.53	19.16	2	107	198
Female - No Age								
Laura	Chuddy		3700	48.43	15.41	1	91	176
Male Overall Winner								
Thomas	Harris	20	3665	17.41	5.41		1	1
Male Masters Winner								
Kevin	Harper	40	3687	19.14	6.11		2	3
Male 14 & Under								
Donny	Murray	14	3645	25.01	8.03	1	28	38
Tad	Broadbent	11	3705	27.50	8.57	2	45	66
Mario	Violante	14	3701	27.53	8.58	3	46	67
Arthur	Yeager	11	3609	32.23	10.25	4	66	114
Colton	Sipp	11	3588	38.12	12.18	5	74	137
Connor	Cox	10	3625	40.59	13.11	6	79	152
Ian	Neville	8	3695	48.39	15.39	7	84	171
Caden	Cox	6	3624	48.48	15.42	8	86	177

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Male 15-19								
Alex	Keefer	16	3685	21.48	7.01	1	7	10
Dillon	Mills	16	3566	24.15	7.48	2	23	32
Male 20-24								
Craig	Givens	21	3649	27.08	8.44	1	42	61
Male 25-29								
Johnathon	Woodson	26	3635	21.52	7.02	1	8	11
Lance	Buky	28	3670	24.38	7.56	2	25	34
Brett	Oliver	26	3639	24.59	8.02	3	27	37
Eric	Lucero	27	3694	26.37	8.34	4	38	56
Gus	Stevenson	26	3592	26.41	8.35	5	40	58
James	Rodriguez	28	3582	31.22	10.06	6	63	107
James	Sloan	28	3590	31.51	10.15	7	64	110
Brian M	Montfort	27	3567	48.13	15.31	8	83	168
Male 30-34								
Carlo	Capua	31	3517	21.23	6.53	1	5	8
Matt	Pamer	33	3667	23.02	7.25	2	14	19
Jeff	Strathmeyer	34	3697	25.07	8.05	3	30	41
Bradley	Benedict	34	3693	26.22	8.29	4	37	54
Maomoun	Qamar	34	3613	29.27	9.29	5	52	84
Erik	Williams	30	3642	33.43	10.51	6	67	121
Bill	Butts	31	3615	35.43	11.30	7	69	129
Clay	Rahn	33	3699	48.41	15.40	8	85	175
Male 35-39								
Jeffrey	Noland	37	3571	22.45	7.19	1	11	16
Scott	Self	35	3657	28.42	9.14	2	49	75
Sean	Broadbent	39	3704	30.42	9.53	3	62	104
Travis	Reynolds	37	3580	32.16	10.23	4	65	113
Matthew	Wallis	38	3603	39.46	12.48	5	76	147
James	Cox	38	3626	48.53	15.44	6	87	178
Male 40-44								
Tim	Olson	40	3572	20.27	6.35	1	3	5
Kurt	Howard	44	3550	20.55	6.44	2	4	7
John	Birk	42	3509	22.58	7.24	3	13	18

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					per Mile (5K = 3.107 mls) (Mins. .Secs)			
Michael	Yeager	40	3611	23.44	7.38	4	17	24
Scott	Contino	43	3521	24.05	7.45	5	22	31
Lance	Moffett	41	3691	27.55	8.59	6	47	68
Elliott M	Allums	44	3502	29.46	9.35	7	54	86
Robert	Williams	44	3709	36.13	11.39	8	70	131
Robert	Sipp	40	3589	37.34	12.05	9	72	135
Chris	Bagby	44	3505	38.26	12.22	10	75	139
James	Lutz	40	3561	40.58	13.11	11	78	151

Male 45-49

Brian	Hull	49	3552	22.36	7.16	1	9	14
David	Rodriguez	45	3674	22.45	7.19	2	10	15
Jeff	Hiemenz	47	3547	23.18	7.30	3	16	21
Ross	Crutchfield	45	3523	23.59	7.43	4	20	29
Felix	Rippy	47	3672	25.08	8.05	5	31	42
Steven	Stahl	47	3677	25.15	8.08	6	32	44
Jon	Murray	47	3708	28.17	9.06	7	48	69
Danny	Givens	49	3648	28.55	9.18	8	50	78
Keith	Givens	47	3618	29.36	9.32	9	53	85
Tom	Harmon	47	3543	29.52	9.37	10	55	88
Randal	Welborn	45	3664	29.55	9.38	11	56	90
Brian	Mega	47	3712	37.36	12.06	12	73	136
Kurt	Buchert	48	3685	43.20	13.57	13	81	157
Chris	Rogers	46	3621	46.14	14.53	14	82	165
Thom	Garber	48	3536	49.35	15.58	15	89	182

Male 50-54

Nineteoes	Rodriguez	53	3583	21.48	7.01	1	6	9
Jesse	Nevarez	50	3661	22.51	7.21	2	12	17
Gary	Stevenson	54	3652	23.51	7.41	3	18	26
Sean A	Campbell	50	3516	24.02	7.44	4	21	30
Steven	Dzierba	52	3710	24.58	8.02	5	26	36
Don	Armstrong	53	3503	26.50	8.38	6	41	59
Leighton	Clark	53	3713	27.25	8.49	7	44	63
Richard	Wilson	53	3637	29.14	9.25	8	51	80
Lester	Brooks	53	3686	30.08	9.42	9	58	97
Robert	Blake	51	3690	30.26	9.48	10	60	100
Dan	Murray	52	3569	30.33	9.50	11	61	101

Male 55-59

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					per Mile (5K = 3.107 mls) (Mins. .Secs)			
Matt	Owings	57	3638	23.56	7.42	1	19	27
Kurt	Reichenstein	56	3679	24.36	7.55	2	24	33
Tony	Butts	55	3614	25.26	8.11	3	34	49
Buddy	Fenoglio	55	3528	26.39	8.35	4	39	57
Milton	Piehl	59	3578	49.17	15.52	5	88	180
Mark	Bober	55	3512	57.07	18.23	6	90	191
Ted	Witt	58	3630	57.51	18.37	7	91	193

Male 60-64

Paul E	Johnson	63	3554	23.06	7.26	1	15	20
John	Ross	61	3633	25.17	8.08	2	33	45
Dick	Hartnett	61	3641	25.36	8.14	3	35	51
Gary	Roper	62	3671	27.24	8.49	4	43	62
Larry	Carlton	60	3688	30.06	9.41	5	57	96
Dave	Riel	62	3581	30.15	9.44	6	59	99
Larry	Flinn	61	3617	35.00	11.16	7	68	124
Rick	Hagler	62	3541	36.52	11.52	8	71	134

Male 65-69

Jim	Engstrom	68	3526	25.02	8.03	1	29	40
Robert	Wright	69	3607	25.57	8.21	2	36	53
John	Hoffman	66	3549	43.17	13.56	3	80	156

Male 70-74

Juris	jurevics	70	3714	40.00	12.52	1	77	148
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Male 75-79

Howard	McMahan	78	3565	59.53	19.16	1	92	199
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