

COW TX RUNNING SCARED 5K Run/Walk
(Held at Community Center, Watauga, TX on 10/24/2009)
(Timed finishers: 38 Female; 54 Male)

(Raw results produced by Demery Cox demerycox@gmail.com)

(Results processed and provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)
Female Overall Winner								
Lizeth	Meraz	10	628	25.11	8.06		1	22
Female Masters Winner								
Tina	McDonald	41	610	31.02	9.59		3	42
Female 9 & Under								
Ivana	Egenti	9	618	44.45	14.24	1	25	75
Sophia	Sanchez	9	633	45.54	14.46	2	26	76
Erika	Samaniego	9	681	55.05	17.44	3	34	86
Kaylee	Godwin	7		57.28	18.30	4	37	90
Female 10-13								
Savannah	Marten	12	648	38.42	12.27	1	20	65
Miriah	Melendez	13	663	43.14	13.55	2	23	72
Ncyell	Varela	10	689	50.06	16.07	3	32	83
Female 14-16								
Kaitlyn	Higdan	15	690	31.53	10.16	1	8	47
Female 17-24								
Rebecca	Hernandez	20	607	25.37	8.15	1	2	24
Female 25-29								
Missy	Graham	27	694	31.41	10.12	1	7	46
Jessica	Clark	27	616	31.54	10.16	2	9	48
Kristal	Meacham	29	693	33.18	10.43	3	11	52
Erin	Alvarez	27	613	39.28	12.42	4	21	70
Dennise	Erwin	29	651	41.08	13.14	5	22	71
Angie	Marquez	26	625	46.06	14.50	6	27	77
Jennifer	Godwin	26		57.28	18.30	7	36	89
Female 30-34								
Susan	Johannes	34	643	31.28	10.08	1	5	44
Randi	Beaty	33	700	31.28	10.08	2	6	45
Kristen	Soto	34	611	33.27	10.46	3	12	53
Jennifer	Kerwin	33	623	37.28	12.04	4	18	62
Christina	Stevens	31	639	46.07	14.51	5	28	78

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Jaime	Sather	33	704	46.44	15.02	6	29	79
Female 35-39								
Kristen	Verriere	39	682	31.17	10.04	1	4	43
Sandi	Sanchez	39	632	34.11	11.00	2	15	57
Crystal	Marten	37	647	38.42	12.27	3	19	64
Female 40-44								
Sofia	Charles	40	688	50.24	16.13	1	33	84
Ana	Arenas	40	642	55.51	17.59	2	35	88
Female 45-49								
Diane	Leicht	47	675	32.34	10.29	1	10	50
Henrietta	Egenti	45	605	33.50	10.53	2	13	55
Carolyn	Miller	47	670	35.28	11.25	3	17	61
Kathryn	Noah	48	658	46.44	15.02	4	30	80
Female 50-54								
Diane	Brown	50	602	34.08	10.59	1	14	56
Karen	Lieber	53	609	44.14	14.14	2	24	74
Becki	Knight	52		62.26	20.06	3	38	91
Female 55-59								
Janet	Spore	58	638	46.59	15.07	1	31	81
Female 60-64								
Pam	Bayer	62	645	34.23	11.04	1	16	58
Male Overall Winner								
Dakota	Sieber	17	634	17.22	5.35		1	1
Male Masters Winner								
Paul	Pena	41	629	20.38	6.38		9	9
Male 9 & Under								
James III	Erwin	8	649	39.06	12.35	1	49	69

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					per Mile (5K = 3.107 mls) (Mins. .Secs)			
Male 10-13								
Austin	Lieber	12	624	23.39	7.37	1	14	14
Ethan	Sieber	11	635	25.03	8.04	2	21	21
Anthony	Ingram	12	660	28.06	9.03	3	29	31
Avery	Soto	12	636	29.26	9.28	4	31	33
Nelson	Isang	12	652	32.23	10.25	5	40	49
Tristan	Gilbert	10	698	33.49	10.53	6	42	54
Doug	Brown	12	614	35.27	11.25	7	44	60
Joseph	Samaniego	11	680	48.52	15.44	8	51	82
Issac	Mirani	11	661	52.46	16.59	9	52	85
Male 14-16								
Cesar	Meraz	15	627	18.16	5.53	1	3	3
Edgar	Medina	16	626	18.44	6.02	2	4	4
Male 17-24								
Taylor	Gill	19	606	17.40	5.41	1	2	2
Jason	McCandless	18	687	20.10	6.29	2	7	7
Jordan	Castro	17	615	20.16	6.31	3	8	8
Sydney	McCandless	23	686	28.48	9.16	4	30	32
Eric	Reaver	17	699	29.39	9.33	5	33	35
Male 25-29								
Jason	Merriman	27	672	22.10	7.08	1	12	12
Ben	Alvarez	29	612	34.54	11.14	2	43	59
Male 30-34								
Michael	Petruso	30	662	19.24	6.15	1	6	6
Patrick	Knotts	32	659	21.34	6.56	2	10	10
Eric	Cooper	34	702	24.55	8.01	3	20	20
Josh	Bollinger	34	601	27.06	8.43	4	25	27
Chris	Beaty	34	701	29.32	9.30	5	32	34
Male 35-39								
Sean	Shope	39	703	19.10	6.10	1	5	5
Billy Jo	Goodwin	39	706	23.49	7.40	2	15	15
Peter	Zanella	39	641	23.54	7.42	3	16	16
Bryan	Daneman	37	673	24.28	7.52	4	18	18
Brad	Fraley	35	653	29.57	9.38	5	35	37

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James	Erwin	37	650	39.03	12.34	6	47	67
Irving	Samaniego	38	679	55.06	17.44	7	53	87
Male 40-44								
Scott	Fritchen	42	621	21.54	7.03	1	11	11
John	Johnson	43	646	25.23	8.10	2	22	23
Daniel	McCaslin	44	667	27.00	8.41	3	24	26
Edwin	Arellano	42	710	29.48	9.35	4	34	36
Randy	Busboom	40	664	30.19	9.45	5	37	39
Male 45-49								
Tom	Cleveland	47	711	24.37	7.55	1	19	19
David	McMullen	48	677	26.55	8.40	2	23	25
Male 50-54								
Keith	Castiano	53	604	23.36	7.36	1	13	13
Brian	Budnik	50	617	24.09	7.46	2	17	17
Scott	Brown	50	603	27.43	8.55	3	27	29
Bobby	Jones	52	695	39.04	12.34	4	48	68
Male 55-59								
Ray	Sebrew	55	691	29.59	9.39	1	36	38
Kerwin	Ron	59	657	33.03	10.38	2	41	51
Glenn	Knight	59		62.26	20.06	3	54	92
Male 60-64								
Bob	Shultz	62	712	27.41	8.55	1	26	28
Lloyd	Parnell	61	709	30.50	9.55	2	38	40
Danny	Ogle	62	696	30.55	9.57	3	39	41
John	Hamilton	61	622	43.36	14.02	4	50	73
Male 65 & Over								
Dale	Franklin	69	619	27.53	8.58	1	28	30
Sam	Allen	74	692	37.58	12.13	2	45	63
Gerardo	Carru	77	697	38.48	12.29	3	46	66