



Spring Scamper 3K & 8K

75F Humid & Windy
Race Off :8:03 am

@Harrington Park, Plano, TX
www.PlanoPacers.org

Saturday, April 25, 2009

Distance	8K	FEMALE	OA	GD	Time
	AG Name (age)				
F45-49	OA Frances McKissick (47)	26	1	0:37:03	
F40-44	MS Leslie Smith (42)	33	2	0:38:51	
F65-69	SR Marylyn Patrick (65)	51	8	0:45:29	
ATHENA1	Jean Cogdill (40)	83	20	0:57:59	
F25-29	1 Julie Wall (26)	43	4	0:41:33	
	2 Yvonne Nyanjui (27)	61	11	0:48:58	
F30-34	1 Sarah Fleming (32)	46	6	0:43:19	
	2 Casi Sabey (33)	52	9	0:45:31	
	3 Erin Chiarelli (30)	57	10	0:47:42	
	4 Kelly Head (34)	63	13	0:49:18	
	5 Jennifer Burns (32)	69	15	0:53:24	
F35-39	1 Tiffany Key (36)	39	3	0:40:35	
	2 A J O'Neal (38)	44	5	0:42:00	
	3 Marisa Luthanen (36)	67	14	0:51:49	
F45-49	1 June Orth (45)	50	7	0:45:25	
	2 Sonja Baumgarten (45)	75	16	0:54:57	
	3 Judi Thomas (46)	87	22	1:08:17	
F50-54	1 Jean Bogardus (52)	76	17	0:55:16	
F55-59	1 Jeanne Pitz (59)	62	12	0:49:10	
	2 Debye Humphrey (55)	85	21	1:03:35	
F60-64	1 Barbara Bowen (64)	82	19	0:57:52	
F70-74	1 Joanne Barnes (73)	79	18	0:56:17	
	2 Betty Forsvall (74)	89	23	1:14:06	

<i>Dist</i>	<i>OA</i>	<i>Bib</i>	<i>First Name</i>	<i>Last Name</i>	<i>GD</i>	<i>M/F</i>	<i>Age</i>	<i>AgeGrp</i>	<i>AG</i>	<i>FinishTime</i>	<i>Pace</i>	<i>5KEq</i>	<i>Score</i>
8K	1	1011	Roger	Clifford	1	M	42	M40-44	OA	29:10.95	5:52.0	17.63	89.58
8K	2	500	Sam	Tillery	2	M	17	M16-19	1	29:40.08	5:58.1	17.94	87.46
8K	3	4025	Conner	Doyle	3	M	18	M16-19	2	29:40.77	5:58.1	17.94	86.50
8K	4	1492	Robert	Gribble	4	M	15	M13-15	1	30:03.75	6:02.7	18.17	88.93
8K	5	1296	Alex	Berghorn	5	M	17	M16-19	3	30:11.47	6:04.3	18.25	85.97
8K	6	932	Michael	Held	6	M	43	M40-44	MS	30:18.33	6:05.7	18.32	86.70
8K	7	522	Chris	Buxton	7	M	16	M16-19	4	31:05.00	6:15.2	18.79	84.61
8K	8	156	Derik	Pierson	8	M	31	M30-34	1	31:14.13	6:17.0	18.88	79.97
8K	9	1065	Michael	Ruggiere	9	M	17	M16-19	5	31:55.89	6:25.2	19.30	81.30
8K	10	1427	Dan	Cowles	10	M	47	M45-49	1	32:04.42	6:27.0	19.39	83.92
8K	11	1660	Prince	Aryee	11	M	37	M35-39	1	32:51.55	6:36.5	19.86	77.62
8K	12	1652	Oneal	Barnett	12	M	35	M35-39	2	33:01.80	6:38.5	19.96	76.61
8K	13	1676	Aaron	Bennis	13	M	34	M30-34	2	33:05.13	6:39.3	20.00	76.18
8K	14	1997	Winston	Hurst	14	M	16	M16-19	6	33:14.64	6:41.1	20.09	79.13
8K	15	1998	Daniel	De La Garza	15	M	16	M16-19	7	33:15.22	6:41.3	20.10	79.09
8K	16	1774	Elijah	James	16	M	15	M13-15	2	33:17.97	6:41.7	20.12	80.30
8K	17	252	Fred	Ellefson	17	M	49	M45-49	2	33:25.75	6:43.3	20.20	81.60
8K	18	4014	Chanc	Woods	18	M	37	M35-39	3	33:47.80	6:47.8	20.43	75.48
8K	19	1062	Robert	Alexander	19	M	17	M16-19	8	34:27.05	6:55.8	20.83	75.32
8K	20	1818	Parvn	Thamutok	20	M	14	M13-15	3	34:28.88	6:56.0	20.84	79.03
8K	21	4029	Rob	Gribble	21	M	53	M50-54	1	34:48.64	7:00.0	21.04	80.66
8K	22	1775	Israel	Hernandez	22	M	25	M25-29	1	36:08.22	7:16.1	21.85	68.70
8K	23	1681	Kevin	Cruse	23	M	32	M30-34	3	36:21.75	7:18.7	21.98	68.89
8K	24	164	Gordon	Ratcliff	24	M	71	M70-74	SR	36:38.38	7:22.2	22.15	91.33
8K	25	870	Thomas	Fleming	25	M	50	M50-54	2	36:57.42	7:26.0	22.34	74.31
8K	26	324	Frances	McKissick	1	F	47	F45-49	OA	37:03.63	7:27.2	22.40	82.32
8K	27	1996	Andrew	Zekany	26	M	14	M13-15	4	37:24.66	7:31.4	22.61	72.83
8K	28	512	Bryce	Wilson	27	M	62	M60-64	1	37:41.09	7:34.8	22.78	80.52
8K	29	1375	Mark	Wodek	28	M	47	M45-49	3	37:49.67	7:36.5	22.86	71.16
8K	30	44	Bill	Blackburn	29	M	70	M70-74	1	38:36.50	7:45.9	23.34	85.65
8K	31	1842	John	Ellis	30	M	48	M45-49	4	38:39.81	7:46.5	23.37	70.08
8K	32	160	Jerry	Powell	31	M	57	M55-59	1	38:45.23	7:47.7	23.43	74.82
8K	33	511	Leslie	Smith	2	F	42	F40-44	MS	38:51.03	7:48.9	23.49	76.22
8K	34	66	Sigi	Diaz	32	M	55	M55-59	2	39:00.34	7:50.7	23.58	73.11
8K	35	21	Mike	Picard	33	M	56	M55-59	3	39:09.66	7:52.5	23.67	73.43
8K	36	1042	Cameron	Durlacher	34	M	18	M16-19	9	39:18.17	7:54.4	23.76	65.29
8K	37	1779	Majio	Fazeli	35	M	49	M45-49	5	39:57.28	8:02.2	24.15	68.26
8K	38	1028	Kenny	Gardner	36	M	56	M55-59	4	39:58.80	8:02.4	24.16	71.93
8K	39	1236	Tiffany	Key	3	F	36	F35-39	1	40:35.88	8:09.8	24.54	70.91
8K	40	111	Rick	Johnson	37	M	46	M45-49	6	40:52.28	8:13.3	24.71	65.43
8K	41	1821	Perry	Harts	38	M	50	M50-54	3	41:27.63	8:20.3	25.06	66.24
8K	42	382	Tad	Wall	39	M	53	M50-54	4	41:32.52	8:21.3	25.11	67.58
8K	43	584	Julie	Wall	4	F	26	F25-29	1	41:33.30	8:21.5	25.12	67.68
8K	44	685	A J	O'Neal	5	F	38	F35-39	2	42:00.84	8:26.9	25.39	69.11
8K	45	833	Matthew	Sunna	40	M	31	M30-34	4	42:27.00	8:32.4	25.66	58.84
8K	46	4034	Sarah	Fleming	6	F	32	F30-34	1	43:19.25	8:42.8	26.19	65.52
8K	47	1868	Lowell	Handschke	41	M	38	M35-39	4	43:22.80	8:43.4	26.22	59.06
8K	48	530	Day-Ruey	Liu	42	M	50	M50-54	5	43:30.03	8:45.0	26.30	63.12
8K	49	78	Tommy	Farrar	43	M	68	M65-69	1	44:09.02	8:52.9	26.69	73.18
8K	50	7043	June	Orth	7	F	45	F45-49	1	45:25.77	9:08.2	27.46	66.32

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8K	51	14	Marylyn	Patrick	8	F	65	F65-69	SR	45:29.78	9:09.0	27.50	77.93
8K	52	4033	Casi	Sabey	9	F	33	F30-34	2	45:31.14	9:09.4	27.52	62.54
8K	53	1764	Charlie	Gonzalez	44	M	56	M55-59	5	45:32.39	9:09.6	27.53	63.14
8K	54	1477	Bill	Neukranz	45	M	54	M50-54	6	46:34.39	9:22.1	28.15	60.75
8K	55	199	Bill	Swetmon	46	M	66	M65-69	2	47:13.56	9:29.9	28.55	66.94
8K	56	1055	Bruce	Richards	47	M	40	CLYDES	1	47:20.70	9:31.3	28.62	54.63
8K	57	4002	Erin	Chiarelli	10	F	30	F30-34	3	47:42.63	9:35.7	28.84	59.21
8K	58	4004	Jason	Gotcher	48	M	34	M30-34	5	47:43.06	9:35.9	28.85	52.82
8K	59	1855	Paul	Agruso	49	M	29	M25-29	2	48:49.22	9:49.2	29.51	50.95
8K	60	9	Jim	Tressa	50	M	64	M60-64	2	48:56.06	9:50.6	29.58	63.26
8K	61	1790	Yvonne	Nyanjui	11	F	27	F25-29	2	48:58.84	9:51.0	29.60	57.44
8K	62	3	Jeanne	Pitz	12	F	59	F55-59	1	49:10.88	9:53.4	29.73	68.01
8K	63	1753	Kelly	Head	13	F	34	F30-34	4	49:18.52	9:55.1	29.81	57.94
8K	64	1754	Scott	Head	51	M	35	M35-39	5	49:19.13	9:55.3	29.82	51.29
8K	65	1218	Mike	Langille	52	M	57	M55-59	6	49:36.38	9:58.7	29.99	58.45
8K	66	4013	David	Sanchez	53	M	18	CLYDES	2	50:41.70	10:11.8	30.64	50.63
8K	67	1861	Marisa	Luthanen	14	F	36	F35-39	3	51:49.95	10:25.4	31.33	55.54
8K	68	42	Himanshu	Bhatt	54	M	42	M40-44	1	53:00.67	10:39.7	32.04	49.30
8K	69	600	Jennifer	Burns	15	F	32	F30-34	5	53:24.56	10:44.5	32.29	53.15
8K	70	1057	Jerry	Teffeteller	55	M	66	M65-69	3	53:25.86	10:44.7	32.30	59.17
8K	71	15	Clyde	Shank	56	M	61	M60-64	3	53:26.69	10:44.9	32.31	56.25
8K	72	162	Angelo	Prieto	57	M	57	M55-59	7	53:27.55	10:45.1	32.32	54.24
8K	73	571	Jim	Middleton	58	M	45	M45-49	7	54:05.70	10:52.8	32.70	49.14
8K	74	4011	Britton	Robbins	59	M	48	CLYDES	3	54:38.88	10:59.4	33.03	49.58
8K	75	1732	Sonja	Baumgarten	16	F	45	F45-49	2	54:57.19	11:03.3	33.22	54.82
8K	76	1795	Jean	Bogardus	17	F	52	F50-54	1	55:16.06	11:07.1	33.41	57.13
8K	77	757	Bruce	Jenniges	60	M	52	M50-54	7	55:34.94	11:10.7	33.60	50.13
8K	78	1162	Rohan	Bhatt	61	M	12	M10-12	1	56:09.55	11:17.7	33.95	50.92
8K	79	37	Joanne	Barnes	18	F	73	F70-74	1	56:17.08	11:19.3	34.03	69.05
8K	80	1773	Andy	Schuck	62	M	38	M35-39	6	56:19.52	11:19.7	34.05	45.48
8K	81	1719	Jack	Parnell	63	M	42	M40-44	2	56:33.11	11:22.6	34.19	46.20
8K	82	587	Barbara	Bowen	19	F	64	F60-64	1	57:52.84	11:38.5	34.99	60.62
8K	83	4003	Jean	Cogdill	20	F	40	ATHENA	1	57:59.26	11:39.9	35.06	50.54
8K	84	183	Jerry	Siedschlag	64	M	73	M70-74	2	58:52.92	11:50.5	35.59	58.25
8K	85	1000	Debye	Humphrey	21	F	55	F55-59	2	1:03:35.42	12:47.5	38.44	50.82
8K	86	57	Dennis	Chupp	65	M	52	CLYDES	4	1:03:36.17	12:47.7	38.45	43.80
8K	87	1763	Judi	Thomas	22	F	46	F45-49	3	1:08:17.05	13:44.2	41.28	44.38
8K	88	686	William	Swafford	66	M	57	CLYDES	5	1:09:56.38	14:04.1	42.28	41.46
8K	89	275	Betty	Forsvall	23	F	74	F70-74	2	1:14:06.50	14:54.4	44.80	53.12
8K	90	274	Murray	Forsvall	67	M	77	M75-79	1	1:14:07.05	14:54.6	44.81	48.77