

PEACEFUL TOMORROWS WITH OUR TROOPS & VETS 5K Run/Walk

(Held at Mike Lewis Park, Grand Prairie, TX on 05/25/2009)

(Timed finishers: 74 Female; 84 Male)

(Results provided by Jeph Abara jephaa@yahoo.com)

| First Name | Last Name | Age | Bib # | Finish Time (Mins. .Secs) | Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs) | Place In Age Group | Place In Gender | Overall Place (All Finishers) | "Souls & Soles" Award |
|------------------------------|-----------|-----|-------|---------------------------------|---|--------------------------|-----------------------|--|--------------------------------|
| Female Overall Winner | | | | | | | | | |
| Nicole | Eckles | 18 | 858 | 19.50 | 6.23 | | 1 | 4 | |
| Female Masters Winner | | | | | | | | | |
| Victoria | Self | 52 | 894 | 23.05 | 7.26 | | 4 | 20 | |
| Female 7-8 | | | | | | | | | |
| Jordynn | Heins | 7 | 688 | 41.20 | 13.18 | 1 | 43 | 117 | |
| Julia | Teinert | 8 | 880 | 58.09 | 18.43 | 2 | 72 | 154 | |
| Female 9-11 | | | | | | | | | |
| Kree | Perkins | 9 | 682 | 25.45 | 8.17 | 1 | 9 | 41 | |
| Monica | Duitsman | 11 | 927 | 29.44 | 9.34 | 2 | 15 | 67 | |
| Sophia | Radke | 10 | 816 | 31.23 | 10.06 | 3 | 19 | 77 | |
| Kyleigh | Hall | 10 | 869 | 31.51 | 10.15 | 4 | 20 | 79 | |
| Brittney | Wells | 11 | 920 | 34.31 | 11.07 | 5 | 29 | 93 | |
| Molly | Sheridan | 10 | 851 | 39.23 | 12.41 | 6 | 38 | 111 | |
| Female 12-14 | | | | | | | | | |
| Jesse | Sheridan | 12 | 853 | 24.56 | 8.01 | 1 | 7 | 33 | |
| Jordyn | Kledas | 13 | 692 | 35.32 | 11.26 | 2 | 32 | 98 | |
| Bella | Gist | 13 | 693 | 36.01 | 11.36 | 3 | 33 | 100 | |
| Female 15-19 | | | | | | | | | |
| Sarah | Walkup | 19 | 907 | 33.28 | 10.46 | 1 | 26 | 88 | |
| Megan | Wells | 17 | 687 | 40.49 | 13.08 | 2 | 42 | 116 | |
| Female 20-24 | | | | | | | | | |
| Stepanie | Baird | 20 | 836 | 25.01 | 8.03 | 1 | 8 | 35 | |
| Ifny R | Flourens | 22 | 867 | 28.05 | 9.02 | 2 | 13 | 58 | |
| Lindsey | Dennis | 20 | 673 | 29.18 | 9.26 | 3 | 14 | 64 | |
| Female 25-29 | | | | | | | | | |
| Stefanie | Nation | 25 | 820 | 32.12 | 10.22 | 1 | 22 | 81 | |
| Kayla | Shelly | 25 | 819 | 32.15 | 10.23 | 2 | 23 | 82 | |
| Alicia | Lamb | 27 | 829 | 45.49 | 14.45 | 3 | 54 | 131 | |
| Michelle | Bain | 26 | 887 | 45.49 | 14.45 | 4 | 55 | 132 | |

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|---------------------|------------------|-----|-------|---------------------------------|---|--------------------------|-----------------------|--|--------------------------------|
| Female 30-34 | | | | | | | | | |
| Maria | Martinez | 32 | 932 | 20.42 | 6.40 | 1 | 2 | 6 | |
| Shannon | O'Keefe | 30 | 832 | 24.26 | 7.52 | 2 | 6 | 29 | |
| Jennifer | Rodriguez | 33 | 697 | 31.17 | 10.04 | 3 | 18 | 76 | |
| Rossi | Robbin | 33 | 889 | 39.23 | 12.41 | 4 | 37 | 110 | |
| Mary Helen | Diaz | 33 | 698 | 40.09 | 12.55 | 5 | 40 | 113 | |
| Brandy | Heins | 32 | 685 | 42.32 | 13.41 | 6 | 44 | 118 | |
| Melissa | Weaver | 33 | 803 | 43.44 | 14.05 | 7 | 48 | 123 | |
| Amanda | Contino | 33 | 831 | 43.45 | 14.05 | 8 | 49 | 124 | |
| Shelley | Sims | 31 | 893 | 52.50 | 17.00 | 9 | 60 | 139 | |
| Female 35-39 | | | | | | | | | |
| Julie | Sheridan | 39 | 852 | 23.02 | 7.25 | 1 | 3 | 18 | |
| Susan | Dumas | 39 | 5319 | 27.21 | 8.48 | 2 | 11 | 52 | |
| Carolyn | Dougherty | 39 | 912 | 37.57 | 12.13 | 3 | 36 | 109 | |
| Cheryl | Young | 38 | 884 | 43.03 | 13.51 | 4 | 46 | 121 | Random |
| Karin | Lee | 35 | 828 | 44.10 | 14.13 | 5 | 50 | 125 | |
| Katrina | Kledas | 36 | 691 | 50.25 | 16.14 | 6 | 57 | 134 | |
| Female 40-44 | | | | | | | | | |
| Gabriella | McCord | 40 | 808 | 26.22 | 8.29 | 1 | 10 | 47 | |
| Leslie | Radke | 42 | 814 | 33.23 | 10.45 | 2 | 25 | 87 | |
| Suzanne | Flores | 40 | 918 | 36.35 | 11.46 | 3 | 35 | 105 | |
| Carrie | Ghai | 44 | 883 | 43.01 | 13.51 | 4 | 45 | 120 | |
| Kim | Murray | 41 | 929 | 44.12 | 14.14 | 5 | 51 | 126 | |
| Tina | Tidwell | 41 | 807 | 48.32 | 15.37 | 6 | 56 | 133 | |
| Kathleen | Sargent | 40 | 888 | 54.40 | 17.36 | 7 | 63 | 144 | |
| Maria | Dimas | 44 | 841 | 55.18 | 17.48 | 8 | 65 | 146 | |
| Shellie | Cox | 44 | 842 | 55.19 | 17.48 | 9 | 67 | 148 | |
| Tarisa | Weatherred | 41 | 857 | 56.52 | 18.18 | 10 | 70 | 152 | |
| Cathy | Teinert | 42 | 879 | 58.09 | 18.43 | 11 | 71 | 153 | |
| Female 45-49 | | | | | | | | | |
| Maria | Gudmundson | 46 | 866 | 23.28 | 7.33 | 1 | 5 | 23 | |
| Cathy | Rogers | 47 | 804 | 31.56 | 10.17 | 2 | 21 | 80 | |
| Dana | Rodriguez-Tittle | 49 | 827 | 33.18 | 10.43 | 3 | 24 | 86 | |
| Beth | Walkup | 49 | 905 | 35.11 | 11.19 | 4 | 31 | 96 | |
| Cindy | Morin | 49 | 683 | 44.32 | 14.20 | 5 | 53 | 128 | |

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|----------------------------|-------------|-----|-------|---------------------------------|---|--------------------------|-----------------------|--|--------------------------------|
| Female 50-54 | | | | | | | | | |
| Cindy | Lyle | 52 | 680 | 29.51 | 9.36 | 1 | 17 | 69 | |
| Dorothy | Torno | 51 | 811 | 33.31 | 10.47 | 2 | 27 | 89 | |
| Cindy L | Baird | 51 | 835 | 33.34 | 10.48 | 3 | 28 | 90 | |
| N | Whavers | 50 | 821 | 39.39 | 12.46 | 4 | 39 | 112 | Random |
| Kathy | Walton | 54 | 917 | 40.22 | 12.60 | 5 | 41 | 114 | |
| Melanie | D'Silva | 50 | 906 | 44.13 | 14.14 | 6 | 52 | 127 | |
| Cheryl | Hendrix | 54 | 871 | 56.39 | 18.14 | 7 | 68 | 149 | |
| Gloria A | Engle | 50 | 824 | 59.55 | 19.17 | 8 | 73 | 157 | |
| Female 55-59 | | | | | | | | | |
| Dana | Knight | 56 | 885 | 27.31 | 8.51 | 1 | 12 | 54 | |
| Joy | Daley | 56 | 916 | 52.18 | 16.50 | 2 | 59 | 138 | |
| Janie | Burroughs | 57 | 903 | 54.03 | 17.24 | 3 | 61 | 141 | |
| June | Wilson | 58 | 839 | 54.52 | 17.40 | 4 | 64 | 145 | |
| Shirley | Pavlak | 56 | 822 | 59.55 | 19.17 | 5 | 74 | 158 | |
| Female 60-64 | | | | | | | | | |
| Jean | Park | 64 | 672 | 29.50 | 9.36 | 1 | 16 | 68 | |
| Carmen | Flores | 62 | 941 | 36.12 | 11.39 | 2 | 34 | 102 | |
| Jan | Whiteknight | 60 | 860 | 54.39 | 17.35 | 3 | 62 | 143 | |
| Sharon | Zchirnt | 60 | 840 | 55.19 | 17.48 | 4 | 66 | 147 | Random |
| Karen Marie | Skousen | 63 | 838 | 56.51 | 18.18 | 5 | 69 | 151 | |
| Female 65-69 | | | | | | | | | |
| Ellen | Bergami | 65 | 802 | 43.44 | 14.05 | 1 | 47 | 122 | |
| Female 70-74 | | | | | | | | | |
| Margaret | Thrash | 72 | 940 | 34.37 | 11.08 | 1 | 30 | 94 | |
| Female - No Age | | | | | | | | | |
| Angie | Hudson | | 826 | 50.40 | 16.18 | 1 | 58 | 137 | |
| Male Overall Winner | | | | | | | | | |
| Sal | Perdomo | 18 | 901 | 17.43 | 5.42 | | 1 | 1 | |
| Male Masters Winner | | | | | | | | | |

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|---------------------------|-----------|-----|-------|---------------------------------|---|--------------------------|-----------------------|--|--------------------------------|
| Mark | Kercho | 48 | 855 | 20.08 | 6.29 | | 4 | 5 | |
| Male 6 & Under | | | | | | | | | |
| Griffin | Binkley | 6 | 870 | 29.39 | 9.33 | 1 | 51 | 65 | |
| Tyler | Emory | 6 | 899 | 36.14 | 11.40 | 2 | 69 | 103 | |
| Sam | Teinert | 4 | 876 | 59.44 | 19.14 | 3 | 83 | 155 | |
| Male 7-8 | | | | | | | | | |
| Nathan | Duitsman | 7 | 924 | 25.58 | 8.21 | 1 | 34 | 43 | |
| Evan | Duitsman | 8 | 922 | 27.28 | 8.50 | 2 | 42 | 53 | |
| Stephen | Duitsman | 7 | 923 | 29.58 | 9.39 | 3 | 55 | 72 | |
| Male 9-11 | | | | | | | | | |
| Ky | Perkins | 11 | 681 | 24.47 | 7.59 | 1 | 25 | 31 | |
| Zachary | Emery | 9 | 806 | 26.26 | 8.30 | 2 | 38 | 48 | |
| Connor | Binkley | 9 | 872 | 26.37 | 8.34 | 3 | 41 | 51 | |
| Addison | Emory | 11 | 898 | 29.56 | 9.38 | 4 | 53 | 70 | |
| Clay | Dumas | 10 | 5320 | 31.02 | 9.59 | 5 | 57 | 74 | |
| Tyler | Heins | 9 | 689 | 33.48 | 10.53 | 6 | 63 | 91 | |
| Male 12-14 | | | | | | | | | |
| Benjamin | Duitsman | 13 | 921 | 23.14 | 7.29 | 1 | 17 | 21 | |
| Nathan | Radke | 14 | 815 | 24.02 | 7.44 | 2 | 20 | 25 | |
| Andrew | Vega | 12 | 881 | 26.04 | 8.23 | 3 | 35 | 44 | |
| Micah | Reiman | 13 | 809 | 26.29 | 8.31 | 4 | 39 | 49 | |
| Charles | Vrana | 12 | 911 | 31.43 | 10.12 | 5 | 59 | 78 | |
| Austin | Bergstrom | 12 | 850 | 32.26 | 10.26 | 6 | 60 | 83 | |
| Jordan | D'Silva | 12 | 910 | 36.44 | 11.49 | 7 | 71 | 106 | |
| Cole | Dumas | 12 | 5321 | 50.39 | 16.18 | 8 | 79 | 136 | |
| Male 15-19 | | | | | | | | | |
| Enrique | Lares | 17 | 875 | 18.47 | 6.03 | 1 | 2 | 2 | |
| Trey | Torno | 15 | 813 | 21.27 | 6.54 | 2 | 7 | 9 | |
| Avery | Beach | 17 | 847 | 26.31 | 8.32 | 3 | 40 | 51 | |
| Patrick | Beach | 16 | 846 | 27.52 | 8.58 | 4 | 43 | 55 | |
| Male 20-24 | | | | | | | | | |
| Nathan | Torno | 21 | 812 | 21.16 | 6.51 | 1 | 6 | 8 | |
| Benjamin | Contino | 20 | 896 | 25.53 | 8.20 | 2 | 33 | 42 | |

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| Keith | Turner | 24 | 696 | 30.54 | 9.57 | 3 | 56 | 73 | |
| Male 25-29 | | | | | | | | | |
| Lance | Rondeau | 28 | 833 | 25.30 | 8.12 | 1 | 30 | 38 | |
| Michael | Chapa | 28 | 934 | 25.42 | 8.16 | 2 | 32 | 40 | |
| Jason | Arias | 25 | 891 | 28.54 | 9.18 | 3 | 49 | 62 | |
| Andrew | Collins | 29 | 926 | 29.57 | 9.38 | 4 | 54 | 71 | |
| Male 30-34 | | | | | | | | | |
| Victor | Palama | 33 | 931 | 19.41 | 6.20 | 1 | 3 | 3 | |
| James | Emery | 33 | 805 | 24.08 | 7.46 | 2 | 21 | 26 | |
| Tino | Galvan | 34 | 864 | 27.54 | 8.59 | 3 | 44 | 56 | |
| Thad | Danhauer | 34 | 699 | 31.10 | 10.02 | 4 | 58 | 75 | |
| Lucas | Wiseman | 30 | 834 | 34.16 | 11.02 | 5 | 64 | 92 | |
| Josh | Emory | 31 | 897 | 36.33 | 11.46 | 6 | 70 | 104 | |
| Thais | Romero | 32 | 930 | 37.57 | 12.13 | 7 | 73 | 108 | |
| Danny | Sims | 31 | 892 | 52.50 | 17.00 | 8 | 80 | 140 | |
| Michael | Hendrix | 32 | 873 | 56.40 | 18.14 | 9 | 82 | 150 | |
| Male 35-39 | | | | | | | | | |
| Van | Duitsman | 38 | 925 | 23.38 | 7.36 | 1 | 19 | 24 | |
| Jorge | Galvan | 37 | 863 | 24.23 | 7.51 | 2 | 23 | 28 | |
| Chris | Andrews | 35 | 919 | 24.35 | 7.55 | 3 | 24 | 30 | |
| Ricky | Heins | 35 | 686 | 42.33 | 13.42 | 4 | 75 | 119 | |
| William | Kledas | 35 | 690 | 50.26 | 16.14 | 5 | 78 | 135 | |
| Male 40-44 | | | | | | | | | |
| Jesus | Lopez | 43 | 874 | 20.56 | 6.44 | 1 | 5 | 7 | |
| Mitch | Kent | 43 | 908 | 22.07 | 7.07 | 2 | 10 | 12 | |
| Glenn | Alexander | 42 | 700 | 22.54 | 7.22 | 3 | 15 | 17 | |
| Scott | Contino | 43 | 830 | 23.02 | 7.25 | 4 | 16 | 19 | |
| Steve | Binkley | 42 | 868 | 29.40 | 9.33 | 5 | 52 | 66 | |
| Jay | Berndt | 40 | 933 | 34.56 | 11.15 | 6 | 65 | 95 | Random |
| Male 45-49 | | | | | | | | | |
| Leo | Vassar | 45 | 824 | 21.49 | 7.01 | 1 | 9 | 11 | |
| Jim | Case | 48 | 878 | 22.15 | 7.10 | 2 | 11 | 13 | |
| Glen A | Gudmundson | 49 | 865 | 22.21 | 7.12 | 3 | 12 | 14 | |
| Jose | Vega | 46 | 882 | 23.14 | 7.29 | 4 | 18 | 22 | |

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|-------------------|-------------|-----|-------|---------------------------------|---|--------------------------|-----------------------|--|--------------------------------|
| Gary | Holderby | 47 | 825 | 25.27 | 8.11 | 5 | 29 | 37 | |
| Allen | Harrison | 47 | 848 | 25.35 | 8.14 | 6 | 31 | 39 | |
| Xavier | Guzman | 49 | 890 | 26.20 | 8.29 | 7 | 37 | 46 | |
| John | West | 47 | 902 | 29.17 | 9.25 | 8 | 50 | 63 | |
| Mark | Gist | 48 | 694 | 36.07 | 11.37 | 9 | 68 | 101 | |
| Steve | Sheridan | 46 | 854 | 36.46 | 11.50 | 10 | 72 | 107 | |
| Jay | Teinert | 46 | 877 | 59.47 | 19.14 | 11 | 84 | 156 | |
| Male 50-54 | | | | | | | | | |
| Mack | Graham | 53 | 843 | 21.47 | 7.01 | 1 | 8 | 10 | |
| Aurek | Brillowski | 50 | 914 | 22.35 | 7.16 | 2 | 13 | 15 | |
| Rob | Self | 51 | 895 | 22.39 | 7.17 | 3 | 14 | 16 | |
| Danny | Gilbreath | 54 | 856 | 24.54 | 8.01 | 4 | 26 | 32 | |
| Tom | Duff | 51 | 913 | 24.59 | 8.02 | 5 | 27 | 34 | |
| Guy | Perdomo | 52 | 900 | 26.13 | 8.26 | 6 | 36 | 45 | |
| Dave | Beach | 50 | 845 | 28.00 | 9.01 | 7 | 45 | 57 | |
| Johnny | Barron | 53 | 844 | 28.15 | 9.06 | 8 | 46 | 59 | Random |
| Tim | Anderson | 53 | 928 | 28.22 | 9.08 | 9 | 47 | 60 | |
| Tim | Torno | 52 | 810 | 40.30 | 13.02 | 10 | 74 | 115 | Random |
| Male 55-59 | | | | | | | | | |
| Phil | Hatton | 58 | 915 | 45.05 | 14.31 | 1 | 77 | 130 | |
| Male 60-64 | | | | | | | | | |
| Ronnie | Henderson | 63 | 886 | 25.11 | 8.06 | 1 | 28 | 36 | |
| Ted | Wilson | 62 | 849 | 28.36 | 9.12 | 2 | 48 | 61 | |
| Bernie | Morin | 60 | 684 | 44.33 | 14.20 | 3 | 76 | 129 | |
| Male 65-69 | | | | | | | | | |
| Robert | Wright | 69 | 818 | 24.09 | 7.46 | 1 | 22 | 27 | |
| Cecil F | Mangum | 69 | 817 | 32.37 | 10.30 | 2 | 61 | 84 | |
| James | Fogg | 67 | 904 | 33.08 | 10.40 | 3 | 62 | 85 | |
| George | Whiteknight | 65 | 862 | 54.39 | 17.35 | 4 | 81 | 142 | |
| Male 75-79 | | | | | | | | | |
| Iovell | Bolle | 78 | 909 | 35.17 | 11.21 | 1 | 66 | 97 | |
| Robert Z | Cunningham | 77 | 801 | 35.59 | 11.35 | 2 | 67 | 99 | |