

MLK DAY & DREAM 5K

(Held at River Legacy Parks, Arlington, TX on 01/19/2009)

(102 Female finishers; 95 Male finishers)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Female Overall Winner									
Fiona	Green	44	98	19.43	6.21		1	11	
Female Masters Winner									
Elizabeth	Rudy	51	416	21.27	6.54		4	23	
Female 6 & Under									
Leah	Chancey	6	47	33.00	10.37	1	48	118	
Izzy	Chernow	5	499	42.52	13.48	2	85	171	
Female 7-8									
Samantha	Palma	8	481	28.00	9.01	1	27	79	
Aubrey	Parr	8	82	33.13	10.41	2	50	120	
Female 9-11									
Madeleine	Reed	10	29	21.16	6.51	1	3	21	
Brianne	VanVoorhis	11	429	23.53	7.41	2	9	46	
Alexis	Castillo	10	38	25.16	8.08	3	12	57	
Alejandra	Zaniga	11	449	26.23	8.29	4	16	64	
Lisie	Kit	9	418	27.20	8.48	5	21	72	Random
Brooke	VanVoorhis	9	430	27.30	8.51	6	23	74	Random
Kelly	Kowis	10	8	28.21	9.07	7	28	81	
Marissa	Figueroa	11	451	29.59	9.39	8	34	94	
Abigail	Olmos	10	42	30.00	9.39	9	35	95	
Reilly	Stone	11	41	30.01	9.40	10	36	96	
Kree	Perkins	9	410	32.36	10.30	11	43	111	
Elyssa N	Sliheet	11	450	32.43	10.32	12	44	112	
Dani	Wood	9	424	32.50	10.34	13	46	114	Random
Hagan	Griffith	11	32	33.28	10.46	14	52	122	
Female 12-14									
Madison	Milhoan	14	57	19.56	6.25	1	2	15	
Daisy	Martinez	13	480	22.13	7.09	2	6	35	
Cassie	Kit	13	421	27.10	8.45	3	20	71	
Alexzandria	Garza	13	414	30.03	9.40	4	38	100	
Emma	Cournoyer	12	303	32.29	10.27	5	42	110	
Delaney	Wood	12	423	32.48	10.33	6	45	113	

MLK DAY & DREAM 5K

(Held at River Legacy Parks, Arlington, TX on 01/19/2009)

(102 Female finishers; 95 Male finishers)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Female 15-19									
Katherine	Juroch	17	2200	23.03	7.25	1	7	38	
Alexandra	Cournoyer	16	304	24.27	7.52	2	10	51	
Meredith	Bewley	19	486	26.38	8.34	3	17	66	
Cait	Dack	18	488	42.15	13.36	4	84	169	
Female 20-24									
Kristen	Juroch	23	2199	23.17	7.30	1	8	42	
Stephanie	William	21	472	24.52	8.00	2	11	53	
Emily	Hathaway	23	498	27.20	8.48	3	22	73	
Female 25-29									
Tanya	Chernow	29	476	42.52	13.48	1	86	172	
Carol	Moulton	26	1	50.23	16.13	2	97	189	
Taneka	Hamilton	28	459	53.44	17.18	3	102	196	
Female 30-34									
Sarah	Mendez	34	477	26.16	8.27	1	15	63	
Jennifer	Bennet Wisbrock	32	10	29.58	9.39	2	33	93	
Gloria	Perez-Walker	32	439	30.03	9.40	3	37	99	
Aleshia	Brannon	34	76	35.23	11.23	4	60	133	
Hayley	Kowis	31	9	39.29	12.42	5	70	153	
Nancy	Garza	32	84	40.07	12.55	6	76	161	
Lavon	Richards	33	5	40.11	12.56	7	77	162	
Monical	Hernandez	34	74	41.33	13.22	8	79	164	
Jill	Dotson	34	412	43.40	14.03	9	87	173	
Jody	Garza	31	413	43.41	14.04	10	88	174	
Marissa	Kimbrough	31	26	45.54	14.46	11	90	179	
michelle	Beltran	33	458	46.42	15.02	12	92	182	
Laurie	Rios	30	573	47.08	15.10	13	93	184	
Donna	Kirkland	32	2	50.32	16.16	14	98	190	
Claudia	Marquez	33	3	50.33	16.16	15	99	191	
Felicia	Williams	31	24	50.38	16.18	16	100	193	
Female 35-39									
K. L.	Scott	39	494	27.00	8.41	1	19	69	
Sarah	Rice	35	444	27.46	8.56	2	24	75	
Dawn	Reed	37	33	27.46	8.56	3	25	76	
Greta	Parr	38	83	33.26	10.46	4	51	121	

MLK DAY & DREAM 5K

(Held at River Legacy Parks, Arlington, TX on 01/19/2009)

(102 Female finishers; 95 Male finishers)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Florence	Dallo	36	422	34.22	11.04	5	57	128	
Suzanne	Flores	39	485	35.31	11.26	6	61	135	
Trina	Layne	39	20	35.36	11.27	7	62	136	
Beth	Walkup	38	463	36.16	11.40	8	64	140	
Melissa	Fuentes	38	63	37.11	11.58	9	65	142	
Corina	Cervantes	39	457	37.59	12.14	10	67	148	
Joanne	Lewis	37	469	39.55	12.51	11	74	159	
Pamela	Wren	37	97	41.57	13.30	12	81	166	
Katrina	Lea	36	445	42.14	13.36	13	83	168	
Carolyn	Dougherty	39	473	46.01	14.49	14	91	180	
Veronica	Mayer	35	2195	47.44	15.22	15	95	187	
Nafeisa	Shukair	38	88	48.43	15.41	16	96	188	

Female 40-44

Deann	Smith	42	464	28.46	9.16	1	30	85	
Christine	Lewis	44	600	29.30	9.30	2	32	88	
Rhonda G	Bradford	42	81	31.43	10.12	3	41	106	
Michele	Chancey	42	48	33.03	10.38	4	49	119	
Carla	Winslow	40	73	33.33	10.48	5	53	123	
Karen	Toomer	43	447	33.56	10.55	6	56	126	
Gayl	Hardie	42	99	35.08	11.18	7	59	131	
Kaysher	Samuels	44	21	36.15	11.40	8	63	139	
Kim	Perkins	44	409	37.55	12.12	9	66	147	
Lisa	Milhoan	44	54	39.46	12.48	10	72	157	
Annette	Runnels	42	475	40.31	13.02	11	78	163	
Sunny	Stewart	40	438	53.43	17.17	12	101	195	

Female 45-49

Frances	McKissick	46	51	22.05	7.06	1	5	33	
Dawn	Luyster	49	491	25.23	8.10	2	14	59	
Tammy	Feimer	49	442	27.47	8.57	3	26	77	
Twila	Hughes	48	468	28.41	9.14	4	29	84	
Patricia	Ortiz	45	75	29.12	9.24	5	31	86	
Beth	Parker	46	448	33.54	10.55	6	55	125	
Regina	McGary	47	436	41.50	13.28	7	80	165	
Rosalind	Taylor	47	437	42.13	13.35	8	82	167	

Female 50-54

Kathy	Phelps	51	471	26.47	8.37	1	18	67	
Cathy	Baldwin	54	417	30.09	9.42	2	39	101	

MLK DAY & DREAM 5K

(Held at River Legacy Parks, Arlington, TX on 01/19/2009)

(102 Female finishers; 95 Male finishers)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Karol	Curran	52	62	31.26	10.07	3	40	105	
N.	Whavers	50	52	33.45	10.52	4	54	124	
Deborah	Reed	53	64	39.30	12.43	5	71	154	
Female 55-59									
Poksu	Binger	58	16	25.18	8.09	1	13	58	
Mary	Alcock	57	404	39.48	12.49	2	73	158	
Female 60-64									
Carmen V	Flores	62	49	38.03	12.15	1	68	149	
Susan H	Fortin	64	69	38.05	12.15	2	69	150	
Female 65-69									
Mary	Kaplan	69	28	32.54	10.35	1	47	116	
Female 70-74									
Margaret	Thrash	72	434	34.48	11.12	1	58	130	
Female 75-79									
Nancy	Raitz	79	454	44.39	14.22	1	89	177	
Female 80 & Over									
Jan	Richards	81	405	40.05	12.54	1	75	160	
Betty	Bob Massey	81	470	47.43	15.21	2	94	186	
Male Overall Winner									
Jose	Lopez	23	435	16.43	5.23		1	1	
Male Masters Winner									
James	Jackson	42	425	16.46	5.24		2	2	
Male 6 & Under									
Nicolas	Clarke	4	492	45.29	14.38	1	89	178	
Male 7-8									
Tate	VanVoorhis	8	431	23.58	7.43	1	40	49	
Zachary	Emery	8	67	25.01	8.03	2	43	54	

MLK DAY & DREAM 5K

(Held at River Legacy Parks, Arlington, TX on 01/19/2009)

(102 Female finishers; 95 Male finishers)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Issaiah	Mendez	7	479	25.55	8.20	3	48	62	
Carter	Reed	7	31	29.38	9.32	4	57	89	
Kenny	Kowis	8	6	32.52	10.35	5	69	115	
Kacee	Williams	8	25	34.40	11.09	6	72	129	
Ricky	Cox	8	2305	36.19	11.41	7	77	141	
Benjamin	Cervantes	8	456	37.49	12.10	8	81	146	
Alexander	Kowis	7	7	38.58	12.32	9	83	152	
Nakoa	Rios	8	572	43.55	14.08	10	87	175	
Ryan	Wisbrock	7	11	50.37	16.17	11	93	192	
Male 9-11									
Ky	Perkins	11	408	26.57	8.40	1	50	68	
Adam	Kit	9	419	29.14	9.25	2	56	87	
Adam	Castillo	9	37	29.57	9.38	3	60	92	
Sebastian	Mendez	9	478	35.12	11.20	4	73	132	
Danny H	Garza	10	85	35.29	11.25	5	74	134	
Johnny	Cox	9	2307	36.06	11.37	6	76	138	
Keoni	Rios	10	571	47.21	15.14	7	92	185	
Male 12-14									
Cameron	Jackson	13	426	19.08	6.09	1	5	5	
Dylan	Chancey	13	45	20.40	6.39	2	16	18	
Basilio	Rosales	14	91	21.13	6.50	3	18	20	
John	Ryan	14	86	21.24	6.53	4	19	22	
Taylour	Bennett	14	12	21.36	6.57	5	22	26	
Oliver	Agger-Shelton	14	455	21.42	6.59	6	23	27	Random
Jared	Chancey	13	46	21.43	6.59	7	24	28	
Chase	VanVoorhis	13	433	21.52	7.02	8	26	30	
Zac	VanVoorhis	13	432	21.54	7.03	9	27	31	
Alex	Zelm	14	462	23.45	7.39	10	36	44	
Gaston N	Gomez	13	446	23.51	7.41	11	37	45	
Shiloh	Bellinghausen	12	95	29.51	9.36	12	59	91	
Zachary	Milhoan	12	56	31.47	10.14	13	67	108	
Charles	Vrana	12	474	46.02	14.49	14	90	181	
Male 15-19									
Vince	DelPrincipe	18	465	18.55	6.05	1	4	4	
Caleb	Woltang	16	402	19.24	6.15	2	7	7	
Bryan	Bates	16	403	19.32	6.17	3	8	8	
Logan	Stone	15	40	22.11	7.08	4	29	34	

MLK DAY & DREAM 5K

(Held at River Legacy Parks, Arlington, TX on 01/19/2009)

(102 Female finishers; 95 Male finishers)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Jared	Milhoan	17	58	24.39	7.56	5	42	52	
Moody	Shukair	16	89	37.19	12.01	6	78	143	
Jeffery	Mell	18	489	42.41	13.44	7	86	170	
						8			
Male 20-24									
Jason	Razo	24	415	17.35	5.40	1	3	3	
Brandon	Curran	22	61	21.32	6.56	2	20	24	
Andrew	Pack	22	487	21.47	7.01	3	25	29	
Clint B	Doyen	21	78	27.10	8.45	4	51	70	
Male 25-29									
James	Novell	25	452	23.09	7.27	1	34	41	
Eduardo	Jacome	29	411	25.25	8.11	2	46	60	
Jacob	Smith	26	496	28.33	9.11	3	54	82	
Joey	Muniz	27	497	32.22	10.25	4	68	109	
Larry	Elder	25	22	39.45	12.48	5	85	156	
Male 30-34									
Timothy	Sparks	31	428	19.40	6.20	1	9	9	
James	Emery	33	68	25.12	8.07	2	45	56	
Jermaine	Serrato	34	39	33.59	10.56	3	71	127	
Eliberto	Rodriguez	33	23	54.07	17.25	4	95	197	
Male 35-39									
Lamar	Fue	39	100	26.37	8.34	1	49	65	
Charles A	Martin	39	71	32.58	10.37	2	70	117	
Male 40-44									
Michael	Talifero	44	15	19.53	6.24	1	11	12	
Tim	Kirby	40	483	21.35	6.57	2	21	25	
Paul	Luyster	41	490	22.20	7.11	3	30	36	
John	Reed	40	30	22.21	7.12	4	31	37	Random
Donald	Norman	43	500	23.55	7.42	5	38	47	
Male 45-49									
Mark	Olateju	47	441	19.15	6.12	1	6	6	
Mark	Kercho	47	401	19.54	6.24	2	12	13	
Michael	Bradford	45	80	30.11	9.43	3	63	102	
Mark	Gist	48	17	30.35	9.51	4	64	103	

MLK DAY & DREAM 5K

(Held at River Legacy Parks, Arlington, TX on 01/19/2009)

(102 Female finishers; 95 Male finishers)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Kelvin	Goss	45	19	52.55	17.02	5	94	194	
Male 50-54									
Bradley	Gardner	51	44	19.42	6.20	1	10	10	
J.J.	Jenkins	50	484	20.40	6.39	2	15	17	
Keith	Burgess-Jackson	51	19	20.56	6.44	3	17	19	
James	Umpleby	51	93	21.55	7.03	4	28	32	
Nick	Feimer	52	440	23.59	7.43	5	41	50	Random
Terry	Stratton	51	461	25.38	8.15	6	47	61	
Ed	Kit	54	420	28.13	9.05	7	53	80	
G. J.	Whavers	52	53	30.02	9.40	8	62	98	
Hildo	Dela Cruz	53	482	31.44	10.13	9	66	107	
Anthony	Reed	53	65	39.30	12.43	10	84	155	
Male 55-59									
Ronnie	Fellers	56	90	19.55	6.25	1	13	14	
John	Ball	56	443	20.05	6.28	2	14	16	
Amir	Alidina	55	72	28.39	9.13	3	55	83	
Ben	Agger	56	453	29.39	9.33	4	58	90	
David	Bellinghausen	57	94	30.02	9.40	5	61	97	
Mark	Johnson	59	453	31.07	10.01	6	65	104	
Male 60-64									
Buzz	Shiely	60	77	23.03	7.25	1	32	39	
Scott	McKissick	60	50	23.24	7.32	2	35	43	
Eddie	Large	61	87	23.57	7.43	3	39	48	
Michael	Fortin	64	70	38.21	12.21	4	82	151	
Male 65-69									
Jim	Engstrom	67	406	23.06	7.26	1	33	40	
Mike	Pryal	66	427	27.56	8.59	2	52	78	
Male 70-74									
Ken	Brewer	72	455	25.05	8.04	1	44	55	
Al	Vincent	71	66	37.29	12.04	2	79	144	
Juris	Jurevics	71	495	43.56	14.08	3	88	176	
Male 75-79									
Lovell	Bolle	77	882	35.42	11.29	1	75	137	

MLK DAY & DREAM 5K

(Held at River Legacy Parks, Arlington, TX on 01/19/2009)

(102 Female finishers; 95 Male finishers)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Robert Z.	Cunningham	77	43	37.35	12.06	2	80	145	
Male 80 & Over									
Pearse	Nolan	82	4	46.44	15.02	1	91	183	