

Heels and Hills Distance Challenge 10K

Dallas, March 15, 2009

Results By Heels and Hills, Inc.

Overall Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Tracy Joseph	Carrollton	4	45	2	50:10.7	50:11.8	0:01.0	8:05/M

Overall Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Lisa Lawson	Rhome	110	43	6	51:49.1	51:57.1	0:07.9	8:21/M

Female 19 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Sarah Winn	Parker	107	17	34	1:01:53.2	1:02:06.1	0:12.9	9:59/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Megan Davis	Carrollton	95	24	28	1:00:46.0	1:00:59.5	0:13.5	9:48/M
2	Carley Crose	Dallas	94	24	37	1:04:08.8	1:04:22.3	0:13.5	10:21/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Lauren Baxter	Carrollton	46	27	5	50:31.1	50:31.1		8:09/M

2	Cherie Mazurowski	Fort Worth	TN	81	28	12	54:37.2	56:27.0	1:49.8	8:49/M
3	Julie Pietrasik	Fort Worth		78	28	13	55:37.4	57:27.1	1:49.7	8:58/M
4	Diane Cardinal	Irving		63	26	19	57:07.7	57:09.6	0:01.8	9:13/M
5	Lindsey Erikson	Ada	OK	28	29	35	1:01:59.6	1:02:32.6	0:33.0	10:00/M
6	Gabriela Hernandez	Dallas		111	28	40	1:05:49.6	1:05:55.5	0:05.8	10:37/M
7	Robin Travis	The Colony		80	25	46	1:12:10.2	1:25:12.0	13:01.7	11:38/M
8	Suzann McLemore	Irving		7	28	48	1:14:33.7	1:14:36.2	0:02.5	12:01/M
9	Steffanie Schreiber	Keller		43	29	52	1:17:38.5	1:17:43.3	0:04.7	12:31/M
10	Quinn Ray	Allen		44	29	53	1:17:39.1	1:17:43.6	0:04.4	12:31/M
11	Amber Verrett	Eules		59	29	55	1:22:03.8	1:22:10.8	0:06.9	13:14/M
12	Julia Lee	Carrollton		25	27	59	1:26:48.4	1:26:51.2	0:02.8	14:00/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Ingrid Schwendinger	Flower Mound	104	31	4	50:26.1	50:27.3	0:01.1	8:08/M
2	Christie Shaw	Hurst	52	33	8	53:19.8	53:22.2	0:02.3	8:36/M
3	Mistie Starkey	The Colony	84	31	11	53:52.4	1:07:04.4	13:12.0	8:41/M
4	Elizabeth Janbaz	Grapevine	82	31	20	57:28.0	57:31.8	0:03.7	9:16/M
5	Merci Anderson	Rowlett	103	32	39	1:04:50.8	1:05:01.6	0:10.7	10:27/M
6	Aleshia Brannon	Weatherford	87	34	51	1:17:03.7	1:17:23.7	0:19.9	12:26/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Amy Johnson	Grapevine	18	36	7	52:48.8	52:53.7	0:04.8	8:31/M
2	Melissa Rodriguez	Frisco	108	39	25	59:49.3	1:00:49.2	0:59.8	9:39/M
3	Amy Haney	Bedford	13	36	30	1:01:13.4	1:01:23.8	0:10.3	9:52/M
4	Laura Winn	Parker	106	35	33	1:01:52.7	1:02:06.0	0:13.2	9:59/M
5	Cheryl Burch	Azle	34	35	54	1:22:03.6	1:22:10.7	0:07.0	13:14/M
6	Karri Bertrand	Richardson	105	35	58	1:25:24.9	1:25:35.5	0:10.6	13:46/M
7	Ember Hogan	The Colony	53	36	60	1:33:20.9	1:33:36.6	0:15.6	15:03/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>	
1	Jacki Kline	Pine River	MN	118	42	14	56:36.2	56:55.7	0:19.5	9:08/M
2	Christine Taylor	Keller		109	41	16	56:37.1	56:45.4	0:08.3	9:08/M

3	Kelley Johnson	Flower Mound	74	42	17	56:42.8	56:46.1	0:03.2	9:09/M
4	Nicola Noel	Waxahachie	100	40	29	1:00:55.0	1:01:09.6	0:14.6	9:50/M
5	Dawn Cochran	Colleyville	29	43	31	1:01:14.3	1:01:23.7	0:09.4	9:53/M
6	Rhonda Maxfield	Plano	79	40	36	1:02:47.6	1:03:00.2	0:12.5	10:08/M
7	Kim Cabeza	Dallas	2	44	38	1:04:32.8	1:04:40.4	0:07.6	10:25/M
8	Melissa Labella	Frisco	30	41	41	1:06:31.5	1:07:31.6	1:00.1	10:44/M
9	Jane Gary	Plano	99	40	42	1:07:22.1	1:07:33.9	0:11.7	10:52/M
10	Cindy Stovall	Colleyville	16	40	44	1:10:43.7	1:10:49.8	0:06.1	11:24/M
11	Elizabeth Meseke	Fort Worth	88	41	45	1:11:24.7	1:11:38.6	0:13.9	11:31/M
12	Margot Reviel	Irving	101	42	62	1:38:58.9	1:39:00.6	0:01.7	15:58/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Dana Cousins	Colleyville	112	48	21	57:57.0	58:07.0	0:10.0	9:21/M
2	Patricia Ortiz	North Richland Hill	83	45	23	58:22.3	58:40.0	0:17.6	9:25/M
3	Jane Ross	Richardson	72	48	26	59:59.1	1:00:02.0	0:02.8	9:40/M
4	Lee Cappelletti	Double Oak	60	49	43	1:09:13.8	1:09:22.4	0:08.5	11:10/M
5	Jett Hampton	North Richland Hill	50	45	47	1:14:18.2	1:14:27.2	0:09.0	11:59/M
6	Melinda Kincaid	Dallas	92	49	49	1:14:46.3	1:14:58.5	0:12.2	12:04/M
7	Brenda Lawson	Flower Mound	90	49	50	1:14:46.5	1:14:58.5	0:12.0	12:04/M
8	Jean-Maria Higginbotham	Carrollton	8	45	57	1:24:30.7	1:24:46.6	0:15.8	13:38/M
9	Pauline Hetherington	Southlake	24	48				0:01.8	

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Kathryn Hutchison	Grapevine	97	50	9	53:25.0	53:36.2	0:11.2	8:37/M

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Sydney Reit	Frisco	116	58	22	58:14.8	58:21.4	0:06.5	9:24/M
2	Teresa Lynd	Plano	38	56	24	58:40.3	58:50.0	0:09.7	9:28/M
3	Courtney Ridings	Grand Prairie	102	55	61	1:33:20.9	1:33:36.7	0:15.7	15:03/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Janice Snyder	Dallas	93	62	32	1:01:26.6	1:01:34.0	0:07.4	9:55/M
2	Peggy Chesnutt	Irving	15	60	56	1:22:08.7	1:22:31.7	0:23.0	13:15/M

Overall Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Nathan Bruser	Coppell	117	37	1	42:11.1	42:14.0	0:02.8	6:48/M

Overall Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Ted Melton	Irving	113	66	3	50:25.9	50:29.9	0:04.0	8:08/M

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Chad Haney	Bedford	14	37	18	56:51.9	57:02.5	0:10.5	9:10/M
2	Elgin Robinson	Frisco	114	38	27	1:00:21.6	1:00:27.6	0:05.9	9:44/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Dean Jordan	Plano	115	43	10	53:28.5	53:33.4	0:04.8	8:37/M
2	Jay Kline	Pine River MN	119	44	15	56:36.4	56:56.3	0:19.8	9:08/M