

Fort Worth Runner's Club
High "5" 5K, October 18, 2009

Male

Overall Winner; Andy Prior, age 30, time 17:53
Masters Winner; David Holtsford, age 48, time 19:01
Grand Master; Ronnie Fellers, age 57, time 19:51

0 - 13

Phillip, age 5, 29:41

14 - 19

Steve Loyola, age 14, time 19:44

25 - 29

Stoney Rincones, age 28, 19:34

Brian Cichocki, age 25, time 23:49

30 - 34

Victor Palma, age 34, time 17:57

Kris Karsten, age 34, 20:37

Aaron Spivey, age 31, time 37:09

35 - 39

Jose Loyola, age 39, time 19:15

Neil Saunders, age 36, time 23:06

Brent West, age 35, time 24:46

40 - 44

Gustaro Gutierrez, age 40, time 20:07

Lupe Vasquez, age 43, time 25:01

C. B. Thompson, age 44, time 26:31

45 - 49

Craig Macfarlane, age 48, time 19:08

Blade Norman, age 49, time 19:10

Henry K Wozniczka, age 47, time 19:47

50 - 54

Charlie Hart, age 53, time 20:10

Brad Garner, age 51, time 21:19

Mike Mote, age 50, time 21:40

55 - 59

Ronnie Fellers, age 57, time 19:51

Lupe Rodriguez, age 55, time 20:04

Michael Polansky, age 58, time 22:44

60 - 64

John Ross, age 62, time 22:46

John Nance, age 61, time 22:55

Scott Makissick, age 61, time 25:55

65 - 69

Bob Duran, age 68, time 32:43

70 - 74

Ken Brewer, age 72, time 25:13

75 - 79

Robert Coffey, age 78, time 28:10

Robert Cunningham, age 78, 38:57

80+

Ted Brewer, age 88, time 43:00

Walkers

David Gorden, age 68, time 33:48

James Sandidge, age 38, time 48:50

Female

Overall Winner; Eva Contreras, age 34, time 19:57
Masters Winner; Angela Eusery, age 41, time 20:44
Grand Master; Elizabeth Rudy, age 51, time 21:23
50th Runner; Jamye Dennis, age 42, time 25:50

0 - 13

Daisy Martinez, age 13, time 23:55

Samantha Palma, age 9, time 29:09

Aaliyah Contreras, age 8, time 30:20
14 – 19
Alexandra Wozniczka, age 14, time 24:43
20 – 24
Heather Lucas, age 23, time 28:30
Breanna Noble, age 21, time 29:05
Ashlin Roddy, age 21, time 30:00
25 – 29
Monica Benson, age 29, time 31:37
Amanda Weedman, age 29, time 36:06
30 – 34
Maria Martinez, age 32, time 20:42
Jennie Atkins, age 32, time 25:08
Holly Clark, age 33, time 28:02
35 – 39
Joy Havner, age 36, time 21:53
Sandy Rivera, age 37, time 31:21
40 – 44
Elizabeth Mendiola, age 42, time 23:53
Jamy Dennis, age 42, time 25:50
Sophia Mitchell, age 44, time 26:28
45 – 49
Kathy Buchanan, age 47, time 23:37
Noreen Jacobson, age 48, time 24:14
Frances Mickissick, age 47, time 26:06
50 – 54
Bev Dehart, age 53, time 23:36
Pricilla Reese, age 51, time 23:57
Caron Teske, age 54, time 26:38
55 – 59
Doris Lodies, age 57, time 25:31
Mary Benson age 56, time 29:52
Laura Wilson, age 55, time 30:34
60 – 64
Linda Landrun, age 63, time 27:11
Walkers
Sonia Perles, age 44, time 47:31
Maranda Jordon, age 32, time 48:50
Elizabeth Garber, age 50, time 57:00