

**Fort Worth Runners Club  
Trinity Park, Einstein 10K Race**

**January 25, 2009**

<b>10 K Male</b>	<b>Name</b>	<b>Time</b>
<b>Overall Winner</b>	<b>Jaime Barajas</b>	<b>40:20</b>
<b>Masters Winner</b>	<b>Blair Kuhnen</b>	<b>41:02</b>
<b>10 K Age Group</b>		
<b>0 - 13</b>	<b>1. Steve Loyola</b>	<b>45:54</b>
	<b>2. Vinora Bitno</b>	<b>1:20:45</b>
<b>14 - 19</b>	<b>1. Trevor Hutson</b>	<b>1:10:35</b>
<b>20 - 24</b>	<b>1. Francisco Escoredo</b>	<b>53:43</b>
<b>25 - 29</b>	<b>1. Stoney Rincones</b>	<b>43:09</b>
	<b>2. Ryani Maicher</b>	<b>58:01</b>
	<b>3. Brent Ward</b>	<b>1:22:00</b>
<b>30 - 34</b>	<b>1. Victor Palma</b>	<b>42:40</b>
	<b>2. Nick Harding</b>	<b>55:00</b>
	<b>3. Stan Prentice</b>	<b>1:00:59</b>
<b>35 - 39</b>	<b>1. Jose L Loyola</b>	<b>41:45</b>
	<b>2. Chris Wright</b>	<b>49:00</b>
	<b>3. Michael Rivera</b>	<b>51:10</b>
<b>40 - 44</b>	<b>1. Robert Web</b>	<b>42:50</b>
	<b>2. Trevor Allen</b>	<b>46:45</b>
	<b>3. Javier Montenegro</b>	<b>47:21</b>
<b>45 - 49</b>	<b>1. Henry Kwozniczka</b>	<b>43:53</b>
	<b>2. Rudy Truntman</b>	<b>50:27</b>
	<b>3. Scott Farr</b>	<b>51:11</b>
<b>50 - 54</b>	<b>1. K. Burgess-Jackson</b>	<b>46:37</b>
	<b>2. David Martin</b>	<b>48:45</b>
	<b>3. David Harp</b>	<b>63:26</b>
<b>55 - 59</b>	<b>1. John Ball</b>	<b>45:21</b>
	<b>2. Mark Towers</b>	<b>50:04</b>
	<b>3. Darrell Mitchell</b>	<b>1:08:45</b>

<b>60 – 64</b>	<b>1. Larry Lichnousky</b>	<b>48:03</b>
	<b>2. John Ross</b>	<b>50:32</b>
	<b>3. Kendal Black</b>	<b>52:12</b>
<b>65 – 69</b>	<b>1. Jim Engstram</b>	<b>52:58</b>
<b>70 – 74</b>	<b>1. Ken Brewer</b>	<b>54:57</b>
	<b>2. Curt Holiday</b>	<b>1:08:47</b>
<b>75 +</b>	<b>1. Robert Cunningham</b>	<b>1:20:54</b>
	<b>2. Lovell Bolle</b>	<b>1:26:26</b>

<b>10 K Female</b>	<b>Name</b>	<b>Time</b>
<b>Overall Winner</b>	<b>Wendy Ragle</b>	<b>42:58</b>
<b>Masters Winner</b>	<b>Fiona Green</b>	<b>44:03</b>

#### **10 K Age Group**

<b>0 - 13</b>	<b>1. Daisy Martinez</b>	<b>52:42</b>
<b>14 – 19</b>	<b>1. Brandy Martinez</b>	<b>1:17:57</b>
<b>20 – 24</b>	<b>1. Kathryn Colglaziel</b>	<b>1:23:00</b>
<b>25 – 29</b>	<b>1. Tanya Chernew</b>	<b>57:34</b>
	<b>2. Carissa Schwartz</b>	<b>1:09:40</b>
	<b>3. Courtney Motasni</b>	<b>1:18:00</b>
<b>30 – 34</b>	<b>1. Eva Cantreras</b>	<b>45:13</b>
	<b>2. Amy Arnold</b>	<b>1:00:35</b>
	<b>3. Stacy Fraser</b>	<b>1:17:51</b>
<b>35 – 39</b>	<b>1. Cora Turner</b>	<b>43:14</b>
	<b>2. Jeuna Hendricks</b>	<b>1:00:44</b>
	<b>3. Andriana Rodrigez</b>	<b>1:04:34</b>
<b>40 – 44</b>	<b>1. Kristine Hinojos</b>	<b>47:02</b>
	<b>2. Yvone Martinez</b>	<b>57:48</b>
	<b>3. Sophia Mitchell</b>	<b>1:00:30</b>
<b>45 – 49</b>	<b>1. Sharla Foster</b>	<b>49:36</b>
	<b>2. Cathy Buchanan</b>	<b>52:17</b>
	<b>3. Denise Heidelmeier</b>	<b>1:02:55</b>
<b>50 – 54</b>	<b>1. Ginger Trimbleknox</b>	<b>1:03:40</b>

**55 – 59**

- 1. Doris Lodic**
- 2. Terri Baker**
- 3. Jumnee Bitana**

**56:11**  
**1:30:36**  
**1:36:00**