

Lake Grapevine RAW Double Trouble 10K

Grapevine, October 10, 2009

Results By Heels and Hills, Inc.

Overall Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Britt Darwin-Looney		223	29	14	42:38.2	6:53/M

Overall Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Laura Nelson		144	43	19	45:19.5	7:19/M

Overall Female Grandmasters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Elizabeth Rudy		41	51	25	46:41.7	7:32/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kimberly Palmer-Contrer		32	24	37	50:06.2	8:05/M
2	Laura Devlin		172	24	68	53:38.6	8:39/M
3	Amy Manchester		211	24	113	1:04:09.2	10:21/M
4	Lauren Morton		204	24	125	1:08:28.3	11:03/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Beth Hyland		213	29	84	57:16.6	9:14/M

2	Randa Foster	119	29	85	57:16.8	9:14/M
3	Danielle Pierce	25	28	91	58:30.5	9:26/M
4	Chelsea Keifer	265	27	105	1:02:26.7	10:04/M
5	Kristin Hample	86	27	106	1:02:27.1	10:04/M
6	Virginia Flusche	169	29	116	1:05:26.8	10:33/M
7	Aimee Cameron	54	27	124	1:07:26.1	10:53/M
8	Ashley Thatcher	7	27	137	1:17:31.2	12:30/M

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lexie Coulter		186	30	55	52:18.7	8:26/M
2	Suann Lundsberg		90	34	92	58:40.3	9:28/M
3	Nelda Bruce		171	34	99	1:00:54.0	9:49/M
4	Michelle Newton		106	33	129	1:12:00.6	11:37/M
5	Rachel Roark		100	34	139	1:23:10.1	13:25/M
6	Brooke Madsen		178	32	144	1:50:10.0	17:46/M

Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rebecca Edgeworth		212	35	26	47:24.6	7:39/M
2	Deborah Harris		117	35	42	50:55.5	8:13/M
3	Dayna Crenshaw		184	35	51	51:30.7	8:18/M
4	Tiffany Bruce		225	36	57	52:28.6	8:28/M
5	Christine Cleary	Grapevine TX	19	36	76	55:31.5	8:57/M
6	Vanessa Nimon		197	38	90	57:56.2	9:21/M
7	Melissa Schlenker		59	38	93	59:05.5	9:32/M
8	Monica Heredia	Grapevine TX	101	37	110	1:03:13.3	10:12/M
9	Terri Reinhard		248	39	112	1:04:04.0	10:20/M
10	Alice Chang		253	39	117	1:05:31.2	10:34/M
11	Emily Johnston		14	39	121	1:06:06.7	10:40/M
12	Kathleen Blake		95	35	123	1:06:29.8	10:43/M
13	Dale Langford		202	36	132	1:12:44.8	11:44/M
14	Angela Keith		249	35	133	1:13:43.8	11:53/M
15	Carolyn Dougherty		140	39	140	1:27:34.9	14:07/M
16	Robin West		208	36	145	1:50:10.4	17:46/M

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jodee Ford		70	40	39	50:33.3	8:09/M
2	Kelly Robinson		166	43	43	50:59.3	8:13/M
3	Elizabeth Lawrence	North Richland Hill	67	41	58	52:37.1	8:29/M
4	Nancy Garrett		103	44	62	52:52.9	8:32/M
5	Cindy Thomas		195	42	65	53:22.8	8:36/M
6	Anne Somerfeld		122	42	88	57:50.5	9:20/M
7	Susan Stout		105	42	94	59:26.3	9:35/M
8	Bang Ern Linniman		52	40	101	1:01:17.0	9:53/M
9	Elizabeth Byrne		252	43	107	1:02:53.3	10:09/M
10	Cindy Harris		69	42	122	1:06:16.4	10:41/M
11	Claudia Halman		268	42	126	1:08:38.1	11:04/M
12	Lisa Noell		133	41	143	1:32:46.7	14:58/M

Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cathy Buchanan		112	47	72	54:09.2	8:44/M
2	Liz Young		198	45	73	54:11.3	8:44/M
3	Tina Covington		88	47	74	54:21.7	8:46/M
4	Ann McCarley		132	46	77	56:26.5	9:06/M
5	Maria Dauphinais		45	45	96	59:36.3	9:37/M
6	Brigid Hejl	Hurst TX	3	48	103	1:01:53.1	9:59/M
7	Deborah Cox		141	49	108	1:02:58.0	10:09/M
8	Carol Wise		134	48	109	1:03:11.1	10:11/M
9	Elizabeth Elliott-Norma		221	49	120	1:06:02.5	10:39/M
10	Karen Hurtado		16	49	127	1:10:00.0	11:17/M
11	Cheryl M Rehberg		34	48	131	1:12:29.1	11:41/M
12	Carrie Thienmann		256	45	138	1:19:37.9	12:50/M

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Priscilla Reese		27	51	63	52:54.2	8:32/M
2	Deirdre Dobrzykowski		255	53	70	53:48.2	8:41/M
3	Kathryn Hutchison	Grapevine TX	49	51	87	57:29.6	9:16/M

4	Jenny Williams	Grapevine TX	11	53	134	1:15:14.8	12:08/M
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Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kim Andres	Irving TX	343	56	30	48:53.0	7:53/M
2	Christine Bassano		99	57	46	51:08.7	8:15/M
3	Julie Sampson		65	59	80	56:37.3	9:08/M
4	Doris Lodics		46	57	83	57:07.7	9:13/M
5	Annie Lind		116	55	135	1:17:12.5	12:27/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Antonia McKenna		120	63	102	1:01:38.1	9:56/M
2	Iris Porta		203	60	142	1:31:17.8	14:43/M

Overall Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jose Lopez		190	24	1	34:58.6	5:38/M

Overall Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Craig Minyard		260	45	2	35:13.9	5:41/M

Overall Male Grandmasters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Doug Hinds		254	55	15	44:10.0	7:07/M

Male 13 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Strome		261	12	18	45:10.3	7:17/M
2	Nathan Young		93	11	41	50:52.5	8:12/M

Male 14 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Keith Kotar		258	19	3	35:19.6	5:42/M
2	Andrew Hammelgarn		259	16	10	41:46.6	6:44/M
3	Austin Van Zandt		241	19	81	56:46.9	9:09/M

Male 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Aaron Blake Contreras		31	24	12	42:34.5	6:52/M
2	Agam Patel		173	24	34	49:13.9	7:56/M
3	David Webb		71	23	111	1:03:47.0	10:17/M
4	Anthony West		263	21	118	1:05:35.2	10:35/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kyle Ritchie		129	25	66	53:30.4	8:38/M
2	Daniel Moore		226	27	69	53:47.0	8:40/M

Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rick Hanson		154	33	4	37:07.8	5:59/M
2	Mark Miller		73	31	5	38:31.0	6:13/M
3	Steve Cox		194	31	24	46:40.3	7:32/M
4	Carlos Nava		205	34	48	51:27.2	8:18/M

5	Nathan Roseberry		26	30	71	54:03.9	8:43/M
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Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steven Zinecker		183	39	11	41:55.2	6:46/M
2	Kuang-Hung Huang		238	36	16	44:35.9	7:11/M
3	Stephen Buksh		146	39	21	45:45.3	7:23/M
4	Bradley Hetisimer		42	39	49	51:30.0	8:18/M
5	Steve Penta		174	35	59	52:40.3	8:30/M
6	Scott Miller	Grapevine TX	210	37	60	52:48.4	8:31/M
7	Matt Riley	Denton TX	188	35	78	56:29.5	9:07/M
8	Scott Young		92	39	95	59:30.1	9:36/M
9	James Dreiling		264	37	97	59:46.7	9:38/M
10	Anthony Veader		262	35	114	1:04:59.3	10:29/M

Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Edward Henderson		181	40	6	40:20.3	6:30/M
2	Scott Decker		135	44	8	41:20.9	6:40/M
3	David Chase		87	44	17	44:52.8	7:14/M
4	Darcey Bartle		51	40	27	48:21.4	7:48/M
5	Doug Noell		58	40	31	48:56.9	7:54/M
6	Carlos Gracia		239	44	35	49:31.0	7:59/M
7	Tom Murray		53	43	64	53:08.1	8:34/M
8	Mark Dooly		20	40	100	1:01:08.9	9:52/M
9	Larry Tubbs		80	41	119	1:06:02.1	10:39/M

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brad Pearson		66	46	7	40:43.7	6:34/M
2	Blade Norman		224	49	9	41:35.9	6:42/M
3	Timothy Jacobs		145	48	13	42:36.8	6:52/M
4	Michael Arington		113	48	28	48:25.8	7:49/M
5	Bart Bybee		176	48	29	48:43.1	7:51/M

6	Andrew Merkle	199	45	32	49:01.3	7:54/M
7	John A Deangelis	81	45	33	49:13.9	7:56/M
8	Don Strome	148	49	38	50:15.6	8:06/M
9	Steve Anderson	247	45	40	50:39.1	8:10/M
10	Marty Metzger	150	48	45	51:05.4	8:14/M
11	David Stropes	102	48	52	51:55.8	8:22/M
12	Pete McArdle	267	46	53	52:01.3	8:23/M
13	Rich Treta	131	46	67	53:37.5	8:39/M
14	Todd Richmond	109	46	79	56:32.7	9:07/M
15	Danny Walters	180	46	98	1:00:51.9	9:49/M

Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Eccleston		206	50	50	51:30.4	8:18/M
2	Masahiro Fukuda		84	54	54	52:12.4	8:25/M
3	Thomas L Mahan		96	52	89	57:55.3	9:20/M

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Ball		209	57	20	45:35.2	7:21/M
2	Kenny Gardner		220	57	22	45:53.8	7:24/M
3	Tracy Barnes		85	56	36	49:45.7	8:01/M
4	Matthew McCorey		142	55	44	51:03.8	8:14/M
5	Michael Bassano		139	59	86	57:19.7	9:15/M
6	Mike Catt		245	55	104	1:02:26.3	10:04/M
7	Vern Lumbert		115	55	136	1:17:12.6	12:27/M
8	Roy Lange		244	56	141	1:27:35.1	14:08/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Spareribs Lamothe	Coppell TX	130	63	47	51:24.6	8:17/M
2	Kyle Keifer		266	60	56	52:25.6	8:27/M
3	Speed Collingsworth		136	60	75	55:14.7	8:55/M
4	Tom Buckman		23	62	82	57:03.9	9:12/M

5	Danny Ogle		218	62	115	1:05:07.8	10:30/M
6	Charles Riley	Denton TX	189	60	128	1:11:19.8	11:30/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Wallace Capps		156	69	23	46:04.3	7:26/M
2	Bob Freeman		201	69	61	52:50.7	8:31/M

Male 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alan Engisch		182	70	130	1:12:25.0	11:41/M
