

COMMUNITIES AGAINST CRIME (CAC) 5K Run/Walk
(Held at River Legacy Parks, Arlington, TX on 09/19/2009)
(Timed finishers: 75 Female; 72 Male)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)
Female Overall Winner								
Lisa	Ryan	39	4988	19.22	6.14		1	5
Female Masters Winner								
Elizabeth	Rudy	51	4940	21.17	6.51		2	9
Female Seniors Winner								
Doris	Lodics	57	4878	25.35	8.14		6	25
Female 7-14								
Patty	Bolden	10	4990	48.03	15.28	1	68	138
Female 15-19								
Chessy	Breen	17	4971	50.09	16.08	1	74	146
Female 20-24								
Marina	Andruzzi	23	4960	22.50	7.21	1	4	14
Melody	Lin	20	4814	26.38	8.34	2	7	29
Ashlea	Hill	22	4797	29.01	9.20	3	14	48
Emily	Olson	22	4953	29.57	9.38	4	17	54
Stephanie	Knudsen	24	4991	31.08	10.01	5	28	70
Emily	Rhodes	24	4956	32.15	10.23	6	31	82
Rachel	Welty	23	4905	43.36	14.02	7	56	122
Erin	Leigh	23	4947	47.04	15.09	8	67	137
Rachel	Devries	20	4886	52.16	16.49	9	75	147
Female 25-29								
Leonor	Cerda	28	4759	27.21	8.48	1	11	36
Lindsey	Conway	27	4768	28.42	9.14	2	13	44
Katie	Lawrence	26	4812	29.56	9.38	3	16	53
Theresa	Taylor	26	4972	30.59	9.58	4	25	66
Jacklyn	Donaldson	27	4783	33.53	10.54	5	35	89
Lindsi	Cavender	28	4758	34.29	11.06	6	37	91
Amanda	Weedman	29	4903	37.16	11.60	7	42	101
Kim	Luong	26	4816	40.01	12.53	8	50	113
Apexa	McClain	29	4883	42.30	13.41	9	53	118
Courtney	Jones	28	4807	45.50	14.45	10	61	128
Kellie	Gentry	25	4791	46.39	15.01	11	66	134

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					per Mile (5K = 3.107 mls) (Mins. .Secs)			
Stephanie	Dimas	27	4872	48.37	15.39	12	70	140
Female 30-34								
Magaly	Soto	34	4945	21.49	7.01	1	3	13
Joyce	Border	32	4958	27.46	8.56	2	12	40
Casey	Lobato	31	4970	29.06	9.22	3	15	49
Tamara	Smith	32	4992	31.00	9.59	4	27	69
Kimberly	Fretwell	32	4853	32.34	10.29	5	33	85
Sheila	Griffin	32	4854	37.16	11.60	6	43	102
Ebony	McMillan	33	4822	38.06	12.16	7	45	104
Melissa	Weaver	33	4902	39.08	12.36	8	48	109
Angela	Bell	33	4873	49.14	15.51	9	71	141
Female 35-39								
Tiffany	Jenkins	36	4995	23.23	7.32	1	5	17
Carrie	Stewart	35	4891	27.04	8.43	2	8	33
Jennifer	Buechele	39	4986	30.16	9.44	3	19	59
Carrle	Charles	37	4875	30.24	9.47	4	20	60
Melanie	White	36	4864	31.28	10.08	5	30	74
Jenelle	Cline	37	4763	36.29	11.45	6	39	97
Karen	Whitaker	36	4906	44.59	14.29	7	58	124
Sheila	Wallace	38	4863	46.38	15.01	8	65	133
Female 40-44								
Kim	Danahy	40	4776	27.10	8.45	1	9	34
Amy	Stingley	40	4893	30.38	9.52	2	22	62
Elizabeth	Sanders	44	4843	30.42	9.53	3	23	63
Cassie	Romano	42	4968	30.57	9.58	4	24	65
Jennifer	Bellinghausen	41	4996	33.36	10.49	5	34	88
Evette	Ferguson	43	4881	36.20	11.42	6	38	95
Rechelle	Crosby	43	4850	37.59	12.14	7	44	103
Melissa	Dickerson	42	4781	44.58	14.28	8	57	123
Wendy	Acosta	43	4741	45.14	14.34	9	60	126
Kimberly	Althouse	40	4743	46.11	14.52	10	63	131
Maria	Meave	43	4823	48.25	15.35	11	69	139
Female 45-49								
Kimberly	Davis	45	4962	29.58	9.39	1	18	55
Teresa	Moss	48	4827	30.34	9.50	2	21	61

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					per Mile (5K = 3.107 mls) (Mins. .Secs)			
Cathy	Rogers	48	4839	31.15	10.03	3	29	71
Jill	Ermert	46	4852	38.25	12.22	4	47	107
Charlene	Willingham	45-49	4909	39.31	12.43	5	49	112
Cyndi	Contreras	45	4849	40.36	13.04	6	51	114
Danna	Walters	45	4950	42.07	13.33	7	52	116
Paige	Shoemaker	47	4861	42.59	13.50	8	55	121
Jan	Althouse	45	4742	46.35	14.60	9	64	132
Kimela	Ledbetter	46	4984	49.16	15.51	10	72	143
Angela	Shoemaker	47	4860	49.20	15.53	11	73	145

Female 50-54

Brenda	McGraw	54	4819	27.14	8.46	1	10	35
Kathy	Phelps	51	4981	30.59	9.58	2	26	68
Heidi	Fischer Grissman	52	4868	32.29	10.27	3	32	84
Karen	Rhodes	50	4874	34.27	11.05	4	36	90
Gina	Caldwell	54	4977	37.02	11.55	5	41	100

Female 55-59

Suanne	Gipson	55	4702	36.56	11.53	1	40	99
Carol	Sosebee	56	4949	38.13	12.18	2	46	106
Susan	Reed	58	4838	46.10	14.52	3	62	130

Female 65-69

Ellen E	Bergami	65	4748	42.57	13.49	1	54	120
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Female 75-79

Nancy	Raitz	79	4941	45.00	14.29	1	59	125
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Male Overall Winner

John	Valentine	17	4952	16.51	5.25		1	1
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Male Masters Winner

Blade	Norman	49	4939	19.17	6.12		4	4
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Male Seniors Winner

John	Ball	57	4974	21.00	6.46		7	8
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Male 7-14								
Cameron	Ermert	13	4851	28.04	9.02	1	29	41
Robert	Collison	10	4765	36.22	11.42	2	58	96
Male 15-19								
Decker	Addy	17	4983	26.45	8.37	1	24	31
Kolton	Miller	17	4882	31.58	10.17	2	49	79
Kyle	Whitaker	17	4907	42.30	13.41	3	65	117
Male 20-24								
Mitchell	Moss	23	4913	18.55	6.05	1	3	3
Scott	Jeffrey	22	4964	30.59	9.58	2	42	67
Ryan	Tighe	23	4894	31.57	10.17	3	48	78
Charles	Medlin	24	4885	34.44	11.11	4	55	92
Male 25-29								
Tim	Yatko	29	4911	20.45	6.41	1	6	7
Jared	Bradley	27	4943	21.31	6.56	2	9	11
Todd	Hill	29	4800	23.36	7.36	3	14	19
Michael	Mullinax	26	4829	26.52	8.39	4	25	32
Rafe	Lawrence	27	4813	29.43	9.34	5	37	52
John	Weems	29	4904	30.08	9.42	6	40	58
James	Hatton	29	4796	31.16	10.04	7	43	72
Male 30-34								
Jake	Garza	33	4959	18.55	6.05	1	2	2
Michael	Tucker	34	4896	28.47	9.16	2	32	45
Ryan	Vaughn	32	4898	29.31	9.30	3	35	50
Scott	Donaldson	30	4782	31.41	10.12	4	46	76
Franco	Glaze	32	4794	32.53	10.35	5	53	86
Doug	Stephens	32	4942	39.30	12.43	6	63	111
Male 35-39								
William	LaBarr	38	4810	26.24	8.30	1	21	27
Dempsey	Addy	38	4982	27.43	8.55	2	28	39
Brian	Andrews	36	4846	38.59	12.33	3	61	108
Gene	Weaver	35	4901	39.10	12.36	4	62	110
Robert	McClain	38	4884	42.48	13.47	5	66	119
David	Parker	35	4832	45.29	14.38	6	67	127

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Ken	Bennett	38	4747	46.10	14.52	7	68	129
Male 40-44								
Paul	Pena	40	4835	20.36	6.38	1	5	6
Rob	Grimes	41	4963	21.25	6.54	2	8	10
Chad	Crow	41	4771	25.23	8.10	3	19	24
Phil	Zetnick	43	4955	27.41	8.55	4	27	38
Andre	Sagnimeni	40	4840	28.12	9.05	5	30	42
John	VanNess	42	4897	30.00	9.39	6	39	57
Robert	Ott	41	4967	31.25	10.07	7	44	73
Max	Muller	44	4828	31.56	10.17	8	47	77
Michael	Stewart	44	4892	31.59	10.18	9	50	80
Male 45-49								
Rob	Beaulieu	49	4746	23.17	7.30	1	12	16
Jimmy	Salinas	47	4944	23.34	7.35	2	13	18
Mike	Olson	49	4973	26.30	8.32	3	22	28
Patrick	Garcia	45	4938	28.14	9.05	4	31	43
Don	Guy	47	4865	28.54	9.18	5	33	46
Gary	Walker	46	4998	32.06	10.20	6	51	81
Jeffrey	Conklin	49	4766	34.44	11.11	7	56	93
Danny	Walters	46	4951	42.03	13.32	8	64	115
John	Keenum	45	4809	49.15	15.51	9	71	142
Mike	Shoemaker	48	4859	49.17	15.52	10	72	144
Male 50-54								
Harold	Jandreau	51	4856	21.42	6.59	1	10	12
Mark	Sesebee	51	4948	26.42	8.36	2	23	30
Miles	Davis	53	4777	29.59	9.39	3	38	56
Male 55-59								
Scott	McGraw	55	4820	23.40	7.37	1	15	20
Ben	Agger	57	4866	29.33	9.31	2	36	51
David	Bellinghausen	58	4975	31.32	10.09	3	45	75
Mark	Johnson	59	4969	32.17	10.23	4	52	83
Gerald	Casenave	58	4867	35.34	11.27	5	57	94
Phil	Hatton	58	4987	46.43	15.02	6	69	135
Male 60-64								

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John	Nance	61	4965	23.14	7.29	1	11	15
Ed	Nonnemacher	64	4957	25.59	8.22	2	20	26
David	Brown	61	4750	28.58	9.19	3	34	47
Male 65-69								
Jim	Engstrom	69	4785	24.08	7.46	1	16	21
Doug	Gilpin	66	4961	25.17	8.08	2	18	23
James	Fogg	68	4989	30.48	9.55	3	41	64
Harry	Ledbetter	65	4985	47.04	15.09	4	70	136
Male 70-74								
Ken	Brewer	72	4946	24.14	7.48	1	17	22
Barney	Snitz	72	4889	27.28	8.50	2	26	37
Male 75-79								
Robert Z	Cunningham	78	4774	36.36	11.47	1	59	98
Lovell	Bolle	78	4865	38.07	12.16	2	60	105
Male 80 & Over								
Richard	Widener	82	4980	32.53	10.35	1	54	87