

## 4th Annual Benbrook Women's Triathlon (2009)

Benbrook, October 04, 2009

Results By RunFAR Racing Services, Inc.

### Age Group

Overall Female Open Winners																
	Overall				----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Lacey Brewer	213	32	1	5:23.8	1:48	0:48.4	1	14:01.8	25.7	0:32.5	1	21:21.1	6:51	42:07.7

Overall Female Master Winners																
	Overall				----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	2	Victoria Piper	204	42	1	4:22.4	1:27	0:58.3	1	13:39.4	26.4	0:42.0	1	23:09.9	7:25	42:52.1

Overall Female Grand Masters Winners																
	Overall				----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	17	Tammy Rooney	309	52	1	7:29.0	2:30	1:27.5	1	16:00.0	22.5	0:37.2	1	24:22.7	7:49	49:56.5

Girls 7 to 12																
	Overall				----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	33	Clayton Benson	227	12	1	5:21.5	1:47	1:01.2	1	17:25.9	20.7	0:44.9	1	28:56.9	9:16	53:30.4
2	104	Megan Bareis	259	10	2	6:04.8	2:01	1:58.1	2	22:39.7	15.9	0:32.6	2	30:20.8	9:43	1:01:36.2

### Girls 13 to 15

Overall					----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	30	Morgan Killian	239	15	1	4:34.5	1:31	2:00.6	1	18:36.4	19.4	0:51.8	1	26:54.8	8:37	52:58.3

### Women 16 to 19

Overall					----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	40	Beth Purcell	426	19	1	6:23.6	2:08	1:46.5	2	20:15.5	17.8	0:42.3	1	25:08.0	8:03	54:16.0
2	124	Sarah Walker	462	19	3	7:52.0	2:37	3:22.4	1	18:46.5	19.2	1:27.6	2	32:41.1	10:29	1:04:09.6
3	149	Elizabeth Miller	339	18	2	6:52.6	2:17	4:36.1	3	20:52.6	17.3	1:18.2	3	34:57.6	11:12	1:08:37.1

### Women 20 to 24

Overall					----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	10	Charla Little	241	21	3	5:47.9	1:56	0:58.0	1	15:21.6	23.5	1:05.1	1	25:15.3	8:06	48:28.0
2	61	Erica Osburne	226	24	1	5:12.1	1:44	2:34.7	6	17:33.4	20.5	0:31.6	5	30:00.7	9:37	55:52.7
3	63	Alex Pierce	472	23	8	7:43.0	2:34	2:08.0	5	17:33.0	20.5	1:09.3	2	27:24.3	8:47	55:57.7

### Women 25 to 29

Overall					----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	5	Maria Speer	298	26	15	6:54.5	2:18	1:27.7	2	15:06.1	23.8	0:57.9	1	21:20.8	6:50	45:47.1
2	6	Ruth Sawkins	215	26	5	5:30.5	1:50	0:54.5	1	14:12.0	25.4	0:45.2	2	24:53.7	7:59	46:15.9
3	27	Emily Nash	273	25	13	6:50.4	2:17	1:56.4	3	15:07.7	23.8	1:09.4	4	27:01.6	8:40	52:05.6

### Women 30 to 34

Overall					----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	7	Ashley Hawkins	237	34	8	5:48.4	1:56	1:48.3	6	16:25.4	21.9	0:32.4	1	22:01.1	7:03	46:35.7
2	12	Julie Pareya	209	30	3	5:03.7	1:41	1:41.9	4	16:03.9	22.4	1:04.4	3	25:09.2	8:04	49:03.2
3	14	Heather Asp	218	30	1	4:38.1	1:33	1:48.4	2	15:36.3	23.1	0:57.0	6	26:18.6	8:26	49:18.6

### Women 35 to 39

Overall					----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	3	Julie Burns	234	36	1	5:19.6	1:46	1:19.7	4	15:10.0	23.7	0:59.7	1	21:41.0	6:57	44:30.2
2	13	Camille Smouse	257	36	3	5:45.4	1:55	1:49.3	1	14:32.7	24.8	1:26.6	2	25:34.5	8:12	49:08.6
3	16	Angela Culpepper	258	39	5	6:01.8	2:00	1:15.9	2	14:39.9	24.6	1:35.9	4	25:53.6	8:18	49:27.2

### Women 40 to 44

Overall					----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	4	Leticia Lechon	216	42	4	5:09.1	1:43	0:45.4	2	14:02.5	25.7	0:38.2	2	24:20.2	7:48	44:55.5
2	8	Tamara Ogle	229	40	7	5:53.9	1:58	1:17.0	4	15:26.2	23.3	1:18.2	1	22:53.1	7:20	46:48.5
3	9	Elaine Smith	208	42	1	4:38.4	1:33	1:35.3	3	15:11.4	23.7	0:49.3	4	25:22.0	8:08	47:36.4

### Women 45 to 49

Overall					----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	19	Chelly Quinn	252	49	2	5:43.3	1:54	1:20.6	1	15:16.2	23.6	1:26.7	3	26:21.5	8:27	50:08.3
2	25	Kimberly Schnetzer	296	46	12	6:49.4	2:16	2:11.8	6	16:39.1	21.6	1:41.6	1	24:00.0	7:42	51:22.0
3	26	Christine Rivera	255	45	4	6:05.6	2:02	1:39.2	3	15:49.7	22.8	1:17.2	4	26:42.1	8:33	51:33.9

### Women 50 to 54

	Overall				----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	45	Emilia Zeller	316	50	4	7:20.9	2:27	1:23.9	3	16:45.8	21.5	1:05.0	2	28:02.6	8:59	54:38.4
2	55	Nancy Oneal	457	54	9	7:46.9	2:35	3:07.1	5	17:14.7	20.9	1:00.5	1	26:27.5	8:29	55:36.8
3	56	Teresa Cox	219	50	3	6:47.0	2:16	1:53.6	1	15:53.6	22.7	1:16.9	4	29:55.5	9:35	55:46.8

### Women 55 to 59

	Overall				----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	94	Sheri Parker	283	56	1	6:37.6	2:12	2:04.9	2	17:50.7	20.2	2:02.2	1	31:56.9	10:14	1:00:32.4
2	128	Lucilla Detamble	367	57	5	8:21.6	2:47	3:43.5	5	19:47.6	18.2	0:51.2	2	31:58.2	10:15	1:04:42.1
3	129	Paula Willoughby	314	55	2	6:48.2	2:16	1:47.2	1	17:32.9	20.5	1:29.4	3	37:12.1	11:55	1:04:49.9

### Athena

#### Athena Open

	Overall				----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	1	Tara Detamble	230	21	1	5:08.4	1:43	2:14.0	5	17:17.4	20.8	1:28.4	1	24:24.8	7:49	50:33.1
2	2	Ashley Thigpen	355	22	2	5:37.5	1:52	1:38.8	1	15:30.8	23.2	1:00.2	2	27:50.2	8:55	51:37.6
3	3	Monica Hobbs	280	39	8	6:38.3	2:13	1:06.4	4	17:10.9	21.0	1:07.4	3	29:59.1	9:37	56:02.1

#### Athena Masters

	Overall				----- 300 Swim -----			T1	----- 6M Bike -----			T2	----- 5K Run -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	5	Stacy Summers-Interrante	303	43	2	6:22.2	2:07	2:28.8	2	17:32.4	20.5	0:57.9	1	30:05.4	9:39	57:26.8
2	11	Tracy Walker	345	43	1	5:40.7	1:53	2:05.1	1	16:47.4	21.4	1:09.1	2	44:58.0	14:25	1:10:40.4

