

5K		MALE				Place in	
		Name	(Age)	Time	Pace	OA	GD
OVERALL	-	RYAN LOEHNDING	(37) ⌘	18:53.37	6:04.8	1	1
MASTERS	-	JACK HASE	Trophy Club (48) ⌘	20:23.53	6:33.8	3	3
SENIORS	-	DAVID MASK	Lewisville (57)	23:24.71	7:32.1	6	5
M16-19	1	RYAN FLORES	Carrollton (17)	19:17.56	6:12.6	2	2
M20-24	1	TYLER DAWSON	Lewisville (23)	24:23.33	7:51.0	8	7
	2	TASHAW DAVIS	Irving (21)	40:41.93	13:06.0	29	20
M30-34	1	KYLE SCOTT	(33)	24:38.98	7:56.0	11	10
M40-44	1	KEITH KUPIEC	Carrollton (41)	30:20.21	9:45.9	20	17
M45-49	1	GABRIEL SAPIEN	N/a (47) ⌘	22:14.26	7:09.5	4	4
	2	JIM LYONS	The Colony (45)	30:01.46	9:39.8	19	16
M50-54	1	TONY FLORES	Carrollton (51)	24:28.80	7:52.8	10	9
	2	RICHARD WEBER	Arlington (53)	29:00.41	9:20.2	16	14
	3	ERIC LUND	Mckinney (50)	29:48.61	9:35.7	17	15
M60-64	1	GLENN DUMAS	Farmers Branch (60) ⌘	23:51.55	7:40.8	7	6
	2	SCOTT MCKISSICK	Irving (61)	24:23.58	7:51.1	9	8
	3	STEVE KENT	(61) ⌘	26:02.75	8:23.0	15	13
M65-69	1	GARY WELCH	Dallas (65) ⌘	24:58.62	8:02.4	12	11
	2	TOM SHEEHAN	(65)	25:33.90	8:13.7	14	12
M70-74	1	NELSON SPENSER	(70)	30:59.49	9:58.5	21	18
M75-79	1	ROBERT CUNNINGHAM	Grand Prairie (78)	38:55.05	12:31.6	28	19



5K FEMALE

		Name	(Age)	Time	Pace	OA	GD
OVERALL	-	KEILY MASTERS	Sanger (13)	23:23.28	7:31.7	5	1
MASTERS	-	FRANCES MCKISSICK	Irving (47) ⌘	25:14.28	8:07.4	13	2
F13-15	1	KYLIE MOHLER	Coppell (13)	31:19.87	10:05.1	22	4
F20-24	1	ESTHER ESCUDERO	Irving (20)	40:42.77	13:06.3	30	10
F30-34	1	LISA GARCIA	Little Elm (34)	40:48.45	13:08.1	31	11
F35-39	1	SHAWNA MOHLER	Coppell (37)	29:59.24	9:39.1	18	3
	2	SHELBY SALMON	Dallas (37)	31:59.65	10:17.9	23	5
F40-44	1	ROKKI MANERO	(40)	36:20.67	11:41.9	26	8
F45-49	1	BEE ONG	Carrollton (48)	38:24.91	12:21.9	27	9
F50-54	1	PATRICIA WEBER	Arlington (51)	34:32.91	11:07.2	24	6
	2	BRENDA LAWSON	(50)	35:35.86	11:27.5	25	7

1M MALE

		Name	(Age)	Time	Pace	OA	GD
OVERALL	-	RYAN LOEHING	(37) ☺	05:32.62	5:32.6	1	1
M00-03	1	NATHAN EPPLEMAN	(3)	15:29.25	15:29.3	9	7
	2	NICHOLAS EPPLEMAN	(3)	15:29.25	15:29.3	10	8
M45-49	1	JACK HASE	Trophy Club (48)	06:23.07	6:23.1	2	2
	2	GABRIEL SAPIEN	N/a (47)	06:36.36	6:36.4	3	3
M50-54	1	RANDAL DEESE	Dallas (51)	15:04.28	15:04.3	7	6
M60-64	1	GLENN DUMAS	Farmers Branch (60) ☺	06:47.95	6:48.0	4	4
	2	STEVE KENT	(61)	08:23.11	8:23.1	6	5

1M FEMALE

		Name	(Age)	Time	Pace	OA	GD
OVERALL	-	FRANCES MCKISSICK	Irving (47)	08:14.40	8:14.4	5	1
F45-49	1	MELISSA WIGGS	Dallas (45)	15:11.15	15:11.2	8	2

⌘ Ran Mile before 5K
☺ Broke Age-Group Record

GD Place among Females

▲ Positive Split
▲ Negative Split



Timing provided by: **DELTAVIEWTIMING.COM**

Dist	OA	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	Pace	5KEq	Clock Time
1M	1	357 Ryan Loehding (M37)	1	M35-39	OA		02:31	03:00	29	05:32.62 ☺	5:32.0	18.93	05:32.62
1M	2	355 Jack Hase (M48)	2	M45-49	1st		03:01	03:21	21	06:23.07	6:23.0	21.84	06:23.07
1M	3	15 Gabriel Sapien (M47)	3	M45-49	2nd		03:10	03:26	16	06:36.36	6:36.0	22.58	06:36.36
1M	4	9 Glenn Dumas (M60)	4	M60-64	1st					06:47.95 ☺	6:47.0	23.21	06:47.95
1M	5	62 Frances Mckissick (F47)	1	F45-49	OA					08:14.40	8:14.0	28.17	08:14.40
1M	6	363 Steve Kent (M61)	5	M60-64	2nd					08:23.11	8:23.0	28.68	08:23.11
1M	7	410 Randal Deese (M51)	6	M50-54	1st	06:38	08:26	108	15:04.28	15:04.0	51.54	15:04.28	
1M	8	411 Melissa Wiggs (F45)	2	F45-49	1st					15:11.15	15:11.0	51.94	15:11.15
1M	9	370 Nathan Eppleman (M3)	7	M00-03	1st					15:29.25	15:29.0	52.97	15:29.25
1M	10	371 Nicholas Eppleman (M3)	8	M00-03	2nd					15:29.25	15:29.0	52.97	15:29.25

Dist	OA	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	Pace	5KEq	Clock Time
5K	1	357 Ryan Loehding (M37)	1	M35-39	OA					18:53.37 ⌘	6:04.7	18.88	18:53.37
5K	2	36 Ryan Flores (M17)	2	M16-19	1st					19:17.56	6:12.4	19.28	19:17.56
5K	3	355 Jack Hase (M48)	3	M45-49	MS					20:23.53 ⌘	6:33.6	20.38	20:23.53
5K	4	15 Gabriel Sapien (M47)	4	M45-49	1st					22:14.26 ⌘	7:09.4	22.23	22:14.26
5K	5	314 Keily Masters (F13)	1	F13-15	OA					23:23.28	7:31.6	23.38	23:23.28
5K	6	336 David Mask (M57)	5	M55-59	SR	11:06	12:18	72	23:24.71	7:31.9	23.40	23:24.71	
5K	7	9 Glenn Dumas (M60)	6	M60-64	1st	11:33	12:17	44	23:51.55 ⌘	7:40.6	23.85	23:51.55	
5K	8	73 Tyler Dawson (M23)	7	M20-24	1st	12:09	12:13	4	24:23.33	7:50.9	24.38	24:23.33	
5K	9	248 Scott Mckissick (M61)	8	M60-64	2nd	11:48	12:35	47	24:23.58	7:50.9	24.38	24:23.58	
5K	10	33 Tony Flores (M51)	9	M50-54	1st					24:28.80	7:52.5	24.47	24:28.80
5K	11	308 Kyle Scott (M33)	10	M30-34	1st	11:39	12:59	79	24:38.98	7:55.7	24.63	24:38.98	
5K	12	43 Gary Welch (M65)	11	M65-69	1st					24:58.62 ⌘	8:02.2	24.97	24:58.62
5K	13	62 Frances Mckissick (F47)	2	F45-49	MS	12:16	12:57	42	25:14.28 ⌘	8:07.3	25.23	25:14.28	
5K	14	362 Tom Sheehan (M65)	12	M65-69	2nd					25:33.90	8:13.4	25.55	25:33.90
5K	15	363 Steve Kent (M61)	13	M60-64	3rd	12:34	13:28	55	26:02.75 ⌘	8:22.8	26.03	26:02.75	
5K	16	17 Richard Weber (M53)	14	M50-54	2nd	13:54	15:05	71	29:00.41	9:20.1	29.00	29:00.41	
5K	17	360 Eric Lund (M50)	15	M50-54	3rd					29:48.61	9:35.5	29.80	29:48.61
5K	18	312 Shawna Mohler (F37)	3	F35-39	1st					29:59.24	9:39.0	29.98	29:59.24
5K	19	354 Jim Lyons (M45)	16	M45-49	2nd	14:50	15:11	21	30:01.46	9:39.7	30.02	30:01.46	
5K	20	301 Keith Kupiec (M41)	17	M40-44	1st	14:22	15:57	96	30:20.21	9:45.8	30.33	30:20.21	
5K	21	361 Nelson Spenser (M70)	18	M70-74	1st					30:59.49	9:58.4	30.98	30:59.49
5K	22	313 Kylie Mohler (F13)	4	F13-15	1st					31:19.87	10:04.8	31.32	31:19.87
5K	23	349 Shelby Salmon (F37)	5	F35-39	2nd					31:59.65	10:17.7	31.98	31:59.65
5K	24	20 Patricia Weber (F51)	6	F50-54	1st					34:32.91	11:06.9	34.53	34:32.91
5K	25	368 Brenda Lawson (F50)	7	F50-54	2nd					35:35.86	11:27.2	35.58	35:35.86
5K	26	366 Rokki Manero (F40)	8	F40-44	1st					36:20.67	11:41.7	36.33	36:20.67
5K	27	114 Bee Ong (F48)	9	F45-49	1st					38:24.91	12:21.6	38.40	38:24.91
5K	28	31 Robert Cunningham (M78)	19	M75-79	1st					38:55.05	12:31.6	38.92	38:55.05
5K	29	338 Tashaw Davis (M21)	20	M20-24	2nd					40:41.93	13:05.7	40.68	40:41.93
5K	30	337 Esther Escudero (F20)	10	F20-24	1st	18:54	21:48	174	40:42.77	13:06.0	40.70	40:42.77	
5K	31	115 Lisa Garcia (F34)	11	F30-34	1st					40:48.45	13:07.9	40.80	40:48.45

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