

**Parker College of Chiropractic Wellness Challenge 5K**

**Dallas, November 20, 2010**

**Results by Race Chip Timing**

**Overall Female Open Winners**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	KAYLA GLOVER		671	26	9	22:19.5	22:21.6	7:12/M

**Female 20 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	KARA DUDOWICZ	DALLAS TX	647	26	14	22:47.0	22:49.7	7:21/M
2	CARLEY MARTIN	FORT WORTH TX	766	26	15	22:53.5	22:56.7	7:23/M
3	ANDREA RICHEY		1368	25	16	23:44.5	23:48.7	7:39/M
4	KATHERINE ANDREWS-MURPHY		463	29	20	24:53.4	24:56.9	8:02/M
5	CHRISTEL PARISH		801	28	26	26:28.7	26:35.4	8:32/M
6	KRISTINA TESTA	THE COLONY TX	843	24	34	27:30.6	27:32.7	8:52/M
7	LAUREN BRUNET		615	26	35	27:41.4	27:46.4	8:56/M
8	JORDAN HART		696	24	41	29:20.5	29:25.4	9:28/M
9	AMBER COOPER	DALLAS TX	637	27	42	30:11.7	34:31.5	9:44/M
10	RIKKI DOWNING	DENTON TX	643	29	44	30:32.9	30:36.4	9:51/M
11	KRISTINA GAGAN		1367	28	48	31:51.6	31:55.5	10:16/M
12	JAMIE WUISTINGER		849	27	53	34:59.3	35:07.1	11:17/M
13	NICOLE NESMITH		1394	24	58	36:53.6	37:00.7	11:54/M
14	MELISSA GALLANT	IRVING TX	668	23	61	36:58.8	37:03.1	11:55/M
15	SARA JOSEPH		712	26	63	43:47.1	43:55.5	14:07/M

**Female 30 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	LIZ KIMBALL	COPPELL TX	735	39	38	28:38.4	28:46.9	9:14/M

2	MARILEE GUNDLACH	FLOWER MOUND TX	689	31	45	31:07.1	31:10.4	10:02/M
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**Female 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	DEANA HOWELLS	FLOWER MOUND TX	711	40	43	30:22.2	30:25.8	9:48/M
2	BRENDA GAGEN		1366	49	50	33:22.1	33:26.5	10:46/M

**Overall Male Open Winners**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	LOGAN SHERMAN		838	24	1	16:00.2	16:01.9	5:10/M

**Male 19 and under**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	JEFFREY CHAVEZ	DALLAS TX	632	17	3	19:17.3	19:18.9	6:13/M
2	KEVIN DEBES	CARROLLTON TX	641	13	4	20:58.9	21:00.8	6:46/M
3	CONNER JULIAN	CARROLLTON TX	719	14	12	22:42.4	22:44.7	7:19/M

**Male 20 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	ROBERT FREDERICKSON		1104	24	5	21:21.9	21:27.4	6:53/M
2	BRENT WOODLE		847	25	6	21:22.6	21:28.1	6:54/M
3	BRIAN BRUNET		611	26	8	22:08.6	22:13.1	7:08/M
4	EDWARD GAUDET	THE COLONY TX	669	25	10	22:41.7	22:44.0	7:19/M
5	ANDREW HANSEN		1169	28	13	22:46.6	22:49.5	7:21/M
6	TAD SCHEXNAILDER		837	27	17	24:19.1	24:29.2	7:51/M
7	MARC SORENSEN	IRVING TX	841	26	18	24:19.6	24:23.2	7:51/M
8	CESAR HERNANDEZ		1370	28	19	24:29.2	24:39.2	7:54/M

9	JUSTIN QUAIL			803	22	21	25:04.6	25:10.0	8:05/M
10	DUSTIN REIF			813	28	23	25:29.2	25:35.5	8:13/M
11	ROBERT NATIVIDAD JR			795	26	24	26:07.2	26:13.4	8:25/M
12	JON EBERLE			1395	27	25	26:24.0	26:46.6	8:31/M
13	COURTNEY WUISTER			848	28	29	26:49.7	26:57.4	8:39/M
14	JUAN RODRIGUEZ	FORT WORTH	TX	817	29	31	26:54.1	26:58.9	8:41/M
15	JOHN ECKENROTH			649	22	32	26:58.0	27:03.6	8:42/M
16	SANTIAGO MONTANO			850	23	40	28:43.2	28:52.1	9:16/M
17	BRYAN HICKS	IRVING	TX	699	28	47	31:42.4	31:48.1	10:14/M
18	ADAM ROGERS			826	24	52	34:02.7	34:07.9	10:59/M
19	JEFFERY HOGAN	DALLAS	TX	710	25	54	35:27.3	35:33.4	11:26/M
20	RYAN CARR			616	28	59	36:55.1	37:02.0	11:55/M
21	MARK BINGEL	IRVING	TX	562	28	60	36:58.6	37:03.0	11:55/M

#### Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	JOHN O'LEARY	THE COLONY TX	797	33	11	22:41.8	22:43.8	7:19/M
2	JASON AUSTIN	LEWISVILLE TX	554	33	22	25:19.9	25:29.4	8:10/M
3	JASON OZUNA		1374	32	27	26:39.9	26:46.3	8:36/M
4	JACOB ROBERT	DALLAS TX	816	30	28	26:44.6	26:54.9	8:37/M
5	SHASHI UPADHYAYA	IRVING TX	844	31	49	31:52.7	31:57.5	10:17/M
6	JACK WALTON		1371	37	56	36:09.2	36:19.9	11:40/M
7	JORGE CHICO	ADDISON TX	636	30	57	36:34.2	37:08.0	11:48/M

#### Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	WILLIAM NAROD	ERIE CO	792	43	2	17:58.0	17:59.3	5:48/M
2	NO FIRST ANDERSON		1398	45	30	26:50.9	26:57.2	8:39/M
3	JACK BENDETTI		1373	42	37	28:36.4	28:43.9	9:14/M
4	PAUL KIMBALL	COPPELL TX	746	40	39	28:38.8	28:47.3	9:14/M
5	BRAD WILSON		1397	46	55	36:08.9	36:20.0	11:39/M
6	DEAN IBELING		1372	45	62	39:01.4	39:12.8	12:35/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	KEN POWERS		1369	53	46	31:32.2	31:39.1	10:10/M
2	STEVE YOUNG		1181	53	51	33:35.1	33:42.7	10:50/M

Male 60 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Over all</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	JIM MARTIN		1140	60	7	21:47.1	21:48.6	7:02/M
2	JACK MANNING		1364	68	33	27:07.1	27:12.9	8:45/M
3	ALLAN SHERMAN		1554	62	36	27:58.4	28:01.3	9:01/M

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