

**Trinity 5000, No. 9**  
**July 29, Fort Worth**  
[www.trinity5000.com](http://www.trinity5000.com)

**Females**

**Overall Winner** Fiona Green 20:10

**Masters Winner** Cathy Buchanan 23:45

**12 & Under**

1. Paige Fugate 25:14

**13-15**

1. Tracie Lee 25:14

3. Haylee Hughes 39:24

**16-19**

1. Shannon Lee 23:09

2. Catherine Canty 29:36

3. Amy Lyle 29:47

**20-24**

1. Heidi Stancliffe 37:05

2. Melissa Weaver 45:44

**25-29**

1. Shannon Robinison 25:22

2. Melissa Alpha 36:14

3. Misti Lenor 37:07

4. Lesley Collins 51:06

**30-34**

1. Cindy Tarp 24:50

2. Rebekah Bos 38:40

**35-39**

1. Stacy Boenisch 22:24

2. Jerri Peterson 24:34

3. Christine Cadena 27:05

4. Cherri Moore 35:24

5. Paula Debaugh 38:29

6. Candi Wann 39:01

7. Sonya Cisneros 40:54

8. Karry Thomas 51:06

**40-44**

1. Elizabeth Lawrence 24:57

2. Elizabeth Mendiola 29:46

3. Penny Wilbanks 38:06

**45-49**

1. Brenda Zylla 27:54

2. Suzanne Starks 30:54

3. Cathy Rogers 34:40

**50-54**

1. Deborah McVean 27:34

3. Twila Hughes 29:55

3. Carol Murray 32:03

**55-59**

1. Debbie Ruiz 28:41

2. Isabel Jones 38:15

3. Lois Bridges 50:59

**60-64**

1. Sher Chapline 29:12

2. Carmen Flores 33:29

**65-69**

1. Susan Fortin 35:35

2. Ellen Bergami 45:44

**Walkers**

1. Karol Curran 33:40

2. Cynthia Lyle 41:54

3. Elizabeth Garber 55:20