

SUMMER SIZZLER (SIZZLER VIII) 5K Run/Walk
(Held at River Legacy Parks, Arlington, TX on 07/31/2010)

(Timed finishers: 110 Female; 98 Male; 1 Unknown Gender)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Gender	Age	Age Grp	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Female Overall Winner											
Nicole	Webber	F	26	25-29	1978	22.09	7.08		1	18	
Female Masters Winner											
Kim	Andres	F	57	55-59	2445	24.14	7.48		5	36	
Haven	Emery	F	8	07-08	1944	38.33	12.24	1	66	151	
Catherine	Richardson	F	11	09-11	2453	23.18	7.30	1	2	28	
Angelina	Campbell	F	10	09-11	2276	36.52	11.52	2	59	140	
Gracie Anne	Hiemenz	F	10	09-11	2287	42.25	13.39	3	80	172	
Anamaria	Campbell	F	9	09-11	2274	43.44	14.05	4	87	179	
Savannah	Bryant	F	13	12-14	2244	25.16	8.08	1	13	53	
Emma	Cournoyer	F	14	12-14	2246	33.16	10.42	2	42	117	
Brittany	Cook	F	14	12-14	2470	49.22	15.53	3	99	194	
Shayla	Myers	F	13	12-14	1990	50.40	16.18	4	103	200	
Alexandra	Cournoyer	F	17	15-19	2245	24.41	7.57	1	7	41	
Catie	Hooper	F	16	15-19	2488	33.44	10.51	2	45	120	
Cristina	Vega	F	16	15-19	2030	43.15	13.55	3	85	177	
Monica	Clark	F	19	15-19	2008	49.23	15.54	4	100	195	
Heather	Gothard	F	24	20-24	2298	23.43	7.38	1	4	32	
Shandra	Moore	F	24	20-24	1969	24.45	7.58	2	9	43	
Janelle	Gamache	F	24	20-24	1972	25.13	8.07	3	12	51	
Samantha	Hooton	F	24	20-24	2464	26.01	8.22	4	14	61	
Lindsey	Lackore	F	21	20-24	2297	26.16	8.27	5	15	62	
Mary Beth	Arnold	F	21	20-24	2249	28.25	9.09	6	18	76	
Alyssa	Ferrer	F	23	20-24	2264	29.58	9.39	7	29	97	
Brianna	McKizzie	F	21	20-24	2439	33.18	10.43	8	43	118	
Miranda	Maldonado	F	24	20-24	247	36.50	11.51	9	57	138	
Holly	England	F	22	20-24	1991	36.51	11.52	10	58	139	
Meredith	Ramsey	F	24	20-24	1967	41.36	13.23	11	77	165	

Random

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							per Mile (5K = 3.107 mls) (Mins. .Secs)				
Melissa	Tullis	F	29	25-29	2013	24.39	7.56	1	6	40	
Jamie	Jackson	F	28	25-29	2477	25.00	8.03	2	10	47	
Lindsey	Wendler	F	25	25-29	2458	25.01	8.03	3	11	48	
Melissa	Womack	F	29	25-29	2291	28.34	9.12	4	20	79	
Kathleen	Alexander	F	29	25-29	1996	28.35	9.12	5	21	80	
Kristin	Salagaj	F	27	25-29	2253	29.23	9.27	6	24	89	
Tori	Gonzales	F	27	25-29	2022	29.34	9.31	7	26	93	
Rebecca	Garza	F	27	25-29	2482	30.54	9.57	8	31	103	
Kristin	Schwarz	F	29	25-29	2456	31.30	10.08	9	34	106	
Kara	Wolfe	F	25	25-29	2021	32.26	10.26	10	38	113	
Cecilia	Garcia	F	28	25-29	2032	33.08	10.40	11	40	115	
Erin	Alvarez	F	28	25-29	2004	33.14	10.42	12	41	116	
Amanda	Sodoma	F	28	25-29	1994	34.51	11.13	13	51	129	
Desiree	Hoffman	F	25	25-29	2239	38.41	12.27	14	68	153	
Stefani	Phelps	F	26	25-29	1950	38.42	12.27	15	70	155	
Dawn	Richmond	F	29	25-29	2443	42.45	13.46	16	81	173	
Ellen	Eilerts	F	28	25-29	2492	46.43	15.02	17	95	189	
Lea	Haubelt	F	30	30-34	1961	23.23	7.32	1	3	29	
Susanna	Davis	F	30	30-34	2476	29.21	9.27	2	23	87	
Tiffany	Ming	F	33	30-34	2471	29.37	9.32	3	27	94	
Keisha	Leatherman	F	34	30-34	1977	29.40	9.33	4	28	95	
Denise	Torres	F	33	30-34	2020	30.58	9.58	5	32	104	
Heather	Graham	F	30	30-34	2451	31.06	10.01	6	33	105	
Kelly	Rouse	F	31	30-34	2461	31.40	10.12	7	36	109	
Amber	Wade	F	34	30-34	2290	32.77	10.43	8	39	114	
Kimberly	Maples	F	31	30-34	2037	35.09	11.19	9	52	130	
Debora	Lugo	F	31	30-34	248	35.25	11.24	10	54	133	
Karen	Gough	F	33	30-34	2491	37.32	12.05	11	60	142	
Kadee	Allen	F	32	30-34	2485	37.44	12.09	12	62	145	
Kristie	Loliberte	F	33	30-34	2484	37.56	12.13	13	63	146	
Melissa	Straubel	F	31	30-34	1959	38.40	12.27	14	67	152	
Jeannie	Deakyne	F	34	30-34	2024	38.41	12.27	15	69	154	
Tiffany	Howard	F	32	30-34	2011	39.04	12.34	16	71	156	
Stephanie	Grubbs	F	34	30-34	1939	41.51	13.28	17	79	168	
Traci	Pockrus	F	30	30-34	2493	43.30	14.00	18	86	178	
Meredith	Hiemenz	F	33	30-34	2289	44.18	14.15	19	89	181	
Shelly	Osten	F	32	30-34	2026	45.39	14.42	20	91	185	
Sara	Fisher	F	33	30-34	2294	46.00	14.48	21	92	186	
Bree	Ellis	F	34	30-34	1964	51.36	16.36	22	107	204	
Michelle	Longona	F	34	30-34	250	57.31	18.31	23	109	208	

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Juli	Willis	F	37	35-39	2001	28.09	9.04	1	16	74	
Christina	Fisher	F	36	35-39	1976	28.19	9.07	2	17	75	
Dana	Burghdoff	F	38	35-39	2462	28.28	9.10	3	19	77	
Marcy	Barbosa	F	38	35-39	1975	29.04	9.21	4	22	84	
Sandy	Rivera	F	38	35-39	2467	31.33	10.09	5	35	107	Random
Christy	Porterfield	F	35	35-39	1986	34.21	11.03	6	47	123	
Kelley	Hartsell	F	37	35-39	1992	35.20	11.22	7	53	132	
Rena	McLaughlin	F	35	35-39	1947	41.39	13.24	8	78	166	
Karie	Lewis	F	38	35-39	1962	55.50	17.58	9	108	205	
Alicia	Tadlock	F	38	35-39	2261	57.36	18.32	10	110	209	
Becky	Ehrhardt	F	40	40-44	2469	29.32	9.30	1	25	92	
Cindy	Richardson	F	41	40-44	2454	30.33	9.50	2	30	101	
Kim	Wakefield	F	40	40-44	2000	31.52	10.15	3	37	111	
Karen	Clark	F	44	40-44	2006	34.30	11.06	4	48	124	
Anita	Jasper	F	43	40-44	2281	36.49	11.51	5	56	137	
Lauri	Jensen-Campbell	F	44	40-44	2279	37.59	12.14	6	64	147	Random
Cynthia	Pena	F	42	40-44	2296	39.21	12.40	7	72	160	
Lynette	Oostmeyer	F	43	40-44	2284	39.45	12.48	8	73	161	
Lisa	Figueroa	F	44	40-44	2468	41.17	13.17	9	74	162	
Whitney	Kemper	F	42	40-44	1968	41.31	13.22	10	76	164	
LaBrett	Horn	F	43	40-44	2003	44.00	14.10	11	88	180	
Lynn	Torres	F	41	40-44	1955	46.24	14.56	12	94	188	
Carol	Popp	F	44	40-44	1965	51.34	16.36	13	105	202	
Shelley	Ekstrom	F	46	45-49	2449	36.24	11.43	1	55	134	
Jana	Blalock	F	45	45-49	2437	37.35	12.06	2	61	143	
Nancy	Frederiksen	F	46	45-49	2292	42.53	13.48	3	82	174	
Peggy	Gallardo	F	48	45-49	2016	42.54	13.48	4	83	175	
Kathleen	Hansen	F	48	45-49	2014	47.08	15.10	5	96	191	
Melissa	Lancaster	F	48	45-49	241	48.42	15.40	6	97	192	
Dana	Johnson	F	47	45-49	2010	49.24	15.54	7	101	196	
Kelley	Myers	F	47	45-49	1989	50.27	16.14	8	102	199	
Cynthia	Lyle	F	53	50-54	2238	33.59	10.56	1	46	121	
Valerie	Anwar	F	52	50-54	2259	41.21	13.19	2	75	163	
Betty	Constantine	F	54	50-54	2242	50.49	16.21	3	104	201	
Evonne	Carter	F	55	55-59	1952	34.49	11.12	1	50	128	
Suzie	Wendler	F	55	55-59	2459	38.18	12.20	2	65	150	
Chandra	Marshall	F	55	55-59	2466	44.57	14.28	3	90	183	
Vicki	Schwartz	F	56	55-59	2455	49.11	15.50	4	98	193	

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Shirley	Pavlak	F	58	55-59	2282	51.35	16.36	5	106	203	
Poksu	Binger	F	60	60-64	2269	24.43	7.57	1	8	42	
Carmen	Flores	F	63	60-64	2497	33.32	10.48	2	44	119	
Tari	Dudley	F	64	60-64	1951	42.57	13.49	3	84	176	
Susan	Fortin	F	65	65-69	2388	34.42	11.10	1	49	127	
Nancy	Raitz	F	80	80-99	2268	46.01	14.49	1	93	187	
Male Overall Winner											
Eric	Ojeda	M	17	15-19	2035	18.00	5.48		1	1	
Male Masters Winner											
Kevin	Harper	M	41	40-44	2473	19.30	6.17		3	3	
Blake	Grubbs	M	7	07-08	1940	41.50	13.28	1	88	167	
Joel	Arnold	M	10	09-11	2251	27.58	9.00	1	57	72	
Michael	Ward	M	10	09-11	2441	39.07	12.35	2	85	157	
Roger	Ward	M	12	12-14	2442	20.38	6.38	1	8	8	
Jay	Morton	M	14	12-14	2460	22.31	7.15	2	21	22	
Zane	Lincoln	M	14	12-14	2450	22.49	7.21	3	24	25	
Stephen	Arnold	M	14	12-14	2252	25.41	8.16	4	44	57	
Blake	Andrews	M	14	12-14	2474	28.03	9.02	5	58	73	
Antonio	Campbell	M	12	12-14	2277	30.12	9.43	6	70	99	
Brandon	Rivera	M	12	12-14	2256	49.40	15.59	7	95	197	
Benjamin	Ramsey	M	16	15-19	2448	18.42	6.01	1	2	2	
Connor	Bryant	M	15	15-19	2243	22.40	7.18	2	22	23	
Peter	Arnold	M	16	15-19	2250	22.41	7.18	3	23	24	
Nicholas	Pershey	M	18	15-19	1980	22.57	7.23	4	26	27	
Zubair	Bhatti	M	19	15-19	2266	26.35	8.33	5	51	66	
Rehan	Ellahi	M	19	15-19	2034	28.34	9.12	6	59	78	
Richard	Shark	M	18	15-19	2254	35.13	11.20	7	79	131	
Mickey	Shark	M	19	15-19	2255	36.31	11.45	8	80	135	
Andres	Campbell	M	15	15-19	2275	42.14	13.36	9	90	170	
Brandon	Lewis	M	15	15-19	1963	55.56	18.00	10	97	206	
Nikolaus	Pagula	M	22	20-24	2495	21.11	6.49	1	12	12	

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Samir	Bhatti	M	21	20-24	2481	26.33	8.33	2	50	65	
Kyle	Givens	M	24	20-24	2240	34.41	11.10	3	78	126	
Dallas	Richardson	M	24	20-24	1988	50.07	16.08	4	96	198	
Justin	Tullis	M	29	25-29	2012	19.55	6.25	1	5	5	
Lee	Webber	M	27	25-29	1979	21.02	6.46	2	10	10	
Aurelio	Mendoza	M	25	25-29	2498	21.03	6.47	3	11	11	
Roy	Luna	M	27	25-29	2433	22.52	7.22	4	25	26	
Brandon	McNeil	M	28	25-29	1987	24.35	7.55	5	33	38	
Robert	Wasko	M	27	25-29	2487	25.14	8.07	6	40	52	
Matthew	Davis	M	28	25-29	2031	26.23	8.29	7	49	64	
Agustin	Avila	M	27	25-29	2028	27.52	8.58	8	56	71	
Daniel	Bokor	M	34	30-34	2017	19.59	6.26	1	6	6	
Cherif	Gacis	M	32	30-34	2494	20.37	6.38	2	7	7	
Ben	Alvarez	M	30	30-34	2005	25.27	8.11	3	43	56	
Albert	Willis	M	31	30-34	2002	27.37	8.53	4	53	68	
Andy	Bartlett	M	33	30-34	1956	29.12	9.24	5	63	85	
Marlon	King	M	30	30-34	2023	29.31	9.30	6	67	91	
Stephan	Pesina	M	32	30-34	2267	31.34	10.10	7	73	108	
James	Emery	M	34	30-34	1942	38.16	12.19	8	84	149	
John	Cloutier	M	30	30-34	2486	39.20	12.40	9	87	159	
Josh	Thompson	M	31	30-34	2260	44.45	14.24	10	92	182	
David	McLaughlin	M	31	30-34	1948	47.00	15.08	11	94	190	
Sammy	Rodriguez	M	34	30-34	249	55.58	18.01	12	98	207	
Roman	Velasquez	M	36	35-39	2295	22.08	7.07	1	17	17	
Robert	Yates	M	39	35-39	2027	23.34	7.35	2	28	31	
Gerald	Torrance	M	35	35-39	2265	23.47	7.39	3	29	33	
Juan	Medina	M	38	35-39	2447	24.03	7.44	4	31	35	
Michael	Rivera	M	39	35-39	2257	24.37	7.55	5	34	39	
Travis	Ehrhardt	M	38	35-39	2465	24.58	8.02	6	37	46	
Deuk	Lee	M	37	35-39	2300	25.55	8.20	7	47	60	
Wayne	Storer	M	39	35-39	2479	26.21	8.29	8	48	63	
Kenny	King	M	36	35-39	2019	28.44	9.15	9	60	81	
Russ	Warrington	M	38	35-39	1973	29.24	9.28	10	66	90	
Jason	Grubbs	M	36	35-39	1941	42.13	13.35	11	89	169	
Philip	Williams	M	43	40-44	2434	21.30	6.55	1	13	13	
Lance	Liguez	M	41	40-44	2446	24.48	7.59	2	35	44	
Shaun	Campbell	M	42	40-44	2278	25.22	8.10	3	41	54	
John	Clark	M	44	40-44	2007	25.22	8.10	4	42	55	

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Scott	Miller	M	40	40-44	2036	27.45	8.56	5	54	69	
Tim	Meyers	M	41	40-44	2480	29.00	9.20	6	62	83	
Keith	Pinkard	M	44	40-44	2475	29.47	9.35	7	68	96	
Cole	Sampleg	M	44	40-44	2299	30.52	9.56	8	72	102	
Rick	Taylor	M	43	40-44	2478	34.39	11.09	9	77	125	
Mark	Kercho	M	49	45-49	2258	20.49	6.42	1	9	9	
Mark	Hooper	M	46	45-49	2489	21.44	6.60	2	14	14	
Paul	Pershey	M	45	45-49	1981	22.27	7.14	3	19	20	
Jeff	Hiemenz	M	48	45-49	2288	23.28	7.33	4	27	30	Random
Marco	Herrera	M	46	45-49	2270	24.54	8.01	5	36	45	
Michael	Bertucci	M	46	45-49	1998	25.51	8.19	6	46	59	
Steve	Metcalfe	M	48	45-49	2452	27.46	8.56	7	55	70	
Dexter	Henson	M	46	45-49	2472	29.19	9.26	8	64	86	
William	Caldwell	M	45	45-49	2444	30.16	9.44	9	71	100	
Jeffery	Oostmeyer	M	45	45-49	2283	36.40	11.48	1	81	136	
Roger	Ward	M	45	45-49	2440	39.09	12.36	2	86	158	
Blade	Norman	M	50	50-54	2483	19.39	6.19	1	4	4	
Brad	Dumler	M	52	50-54	1953	24.34	7.54	2	32	37	
Danny	Givens	M	50	50-54	2241	27.28	8.50	3	52	67	
Dallas	Blalock	M	50	50-54	2438	37.43	12.08	4	82	144	
Neal	Riemenschneider	M	55	55-59	2293	22.30	7.15	1	20	21	
Brian	Wendler	M	56	55-59	2457	32.16	10.23	2	75	112	
Phil	Hatton	M	58	55-59	2499	45.15	14.34	3	93	184	
Bill	Bruenig	M	61	60-64	2435	21.53	7.03	1	15	15	
Paul	Johnson	M	64	60-64	242	22.12	7.09	2	18	19	
R Forrest	Gump	M	62	60-64	1966	25.12	8.07	3	39	50	
Kendall	Black	M	61	60-64	2436	25.43	8.17	4	45	58	Random
Agustin	Avila	M	62	60-64	2018	28.57	9.19	5	61	82	
Mark	Johnson	M	60	60-64	1949	31.45	10.13	6	74	110	
Bill	Richardson	M	66	65-69	2463	22.03	7.06	1	16	16	
Jim	Engstrom	M	69	65-69	1960	24.02	7.44	2	30	34	
Doug	Gilpin	M	67	65-69	1958	25.02	8.03	3	38	49	
Tom	Warrington	M	65	65-69	1974	29.23	9.27	4	65	88	Random
Patrick	Davis	M	65	65-69	2496	30.09	9.42	5	69	98	
Michael	Fortin	M	65	65-69	2389	38.08	12.16	6	83	148	

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Robert Z	Cunningham	M	78	75-79	1936	42.22	13.38	1	91	171	
Richard	Widener	M	83	80-99	2490	34.20	11.03	1	76	122	
NoName		Unknown			1339	37.26	12.03	1	1	141	