

Dallas Rise & Shine

April 18, 2010

Results By RunFAR Racing Services, Inc.

Team - CB Richard Ellis				Finish Position - 1				
Team Score (times): 2:04:01.12								
Team Pos	Bib No	Name	City/State	Gend/Age	O'all Place	Cum. Place	Time	Cum. Time
1	438	Bob Scully	Fort Worth	M 50	5	5	18:59.85	18:59.85
2	38	Paul Vance	Grand Prairie	M 50	85	90	25:39.46	44:39.31
3	36	Clay Fowden	Dallas	M 31	100	190	26:12.79	1:10:52.10
4	37	Conley Fowden	Dallas	F 1	101	291	26:13.05	1:37:05.15
5	35	Celeste Fowden	Dallas	F 31	115	<b>406</b>	26:55.97	<b>2:04:01.12</b>

Team - Sam Squad/Crouch & Ramey				Finish Position - 2				
Team Score (times): 2:06:41.52								
Team Pos	Bib No	Name	City/State	Gend/Age	O'all Place	Cum. Place	Time	Cum. Time
1	79	Patrick Carew	Dallas	M 39	68	68	24:54.67	24:54.67
2	82	Jessica Espinosa	Dallas	F 22	69	137	24:56.54	49:51.21
3	102	Beth Mathis	Dallas	F 24	76	213	25:08.06	1:14:59.27
4	80	Ahsley Ellis ,		F 39	84	297	25:32.11	1:40:31.38
5	97	Amanda Johnson	Dallas	F 42	97	<b>394</b>	26:10.14	<b>2:06:41.52</b>

Team - Cardinal Capital				Finish Position - 3				
Team Score (times): 2:09:56.68								
Team Pos	Bib No	Name	City/State	Gend/Age	O'all Place	Cum. Place	Time	Cum. Time
1	28	Scott Haire	Dallas	M 43	43	43	23:18.51	23:18.51
2	299	Lora Meyers	'	F 38	44	87	23:19.00	46:37.51
3	32	Neil Jackson	Ricahrdsn	M 22	128	215	27:29.68	1:14:07.19
4	29	Danielle Hess	Ricahrdsn	F 23	129	344	27:29.84	1:41:37.03
5	458	Michelle Stofa	Dallas	F 34	151	<b>495</b>	28:19.65	<b>2:09:56.68</b>
Team - Interprise				Finish Position - 4				
Team Score (times): 2:12:30.57								
Team Pos	Bib No	Name	City/State	Gend/Age	O'all Place	Cum. Place	Time	Cum. Time
1	301	Kale Butcher	Dallas	M 25	58	58	24:24.78	24:24.78
2	49	Miles Chrietzberg	Plano	M 14	61	119	24:33.57	48:58.35
3	302	Chris Spring	Richardson	F 26	63	182	24:38.04	1:13:36.39
4	303	George Burns	Dallas	M 33	120	302	27:08.60	1:40:44.99
5	51	Allen Wood	Addison	M 40	211	<b>513</b>	31:45.58	<b>2:12:30.57</b>
Team - Grubb:Ellis				Finish Position - 5				
Team Score (times): 2:19:56.31								
Team Pos	Bib No	Name	City/State	Gend/Age	O'all Place	Cum. Place	Time	Cum. Time
1	251	Sean Dalton	Dallas	M 28	77	77	25:12.01	25:12.01

2	253	Russ Johnson	Dallas	M 32	82	159	25:23.26	50:35.27
3	246	Shannon Simms	,	F 21	142	301	28:01.54	1:18:36.81
4	252	Kimberly Martinez	Dallas	F 35	165	466	29:04.50	1:47:41.31
5	436	Lindsey Pringle	Dallas	F 26	218	<b>684</b>	32:15.00	<b>2:19:56.31</b>

**Team - Cushman & Wakefield**

**Finish Position - 6**

**Team Score (times): 2:23:17.86**

<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	280	Chris Cauthen	Addison	M 28	73	73	25:01.56	25:01.56
2	274	Skyler Renschler	Addison	F 25	139	212	28:00.98	53:02.54
3	273	Robbie Baty	Addison	M 26	140	352	28:01.09	1:21:03.63
4	272	John Pope	Dallas	M 26	197	549	31:06.13	1:52:09.76
5	271	Ashley Pope	Dallas	F 26	198	<b>747</b>	31:08.10	<b>2:23:17.86</b>

**Team - E-Rewards**

**Finish Position - 7**

**Team Score (times): 2:28:00.21**

<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	347	Ben Hester	Frisco	M 33	30	30	21:49.18	21:49.18
2	348	Brad Hester	Dallas	M 57	40	70	23:11.22	45:00.40
3	351	Frank Hamlin	Dallas	M 41	41	111	23:11.55	1:08:11.95
4	349	Alex Novak	Mckinney	M 31	99	210	26:11.46	1:34:23.41

5 344 Melissa Barrow Dallas F 31 359 **569** 53:36.80 **2:28:00.21**

**Team - Quest Pro Consultants** **Finish Position - 8**

**Team Score (times): 2:32:54.65**

<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	413	Ben Volkmer	Dallas	M 26	157	157	28:27.46	28:27.46
2	414	Kevin Burch	Plano	M 40	159	316	28:30.62	56:58.08
3	412	Ryan Stegall	Dallas	M 29	194	510	30:46.78	1:27:44.86
4	408	Jill Pomelow	Garland	F 36	210	720	31:42.94	1:59:27.80
5	397	Chris Gardner	Denton	M 23	230	<b>950</b>	33:26.85	<b>2:32:54.65</b>

**Team - CBRE/TCC** **Finish Position - 9**

**Team Score (times): 2:46:00.88**

<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	488	Clint Davidson	Dallas	M 32	14	14	20:12.27	20:12.27
2	41	Jeff Debruin	Plano	M 44	246	260	34:31.95	54:44.22
3	42	Hillary Debruin	Plano	F 17	247	507	34:32.33	1:29:16.55
4	40	Ann Adams	Dallas	F 47	254	761	35:02.34	2:04:18.89
5	240	Myra Britton	Dallas	F 49	295	<b>1056</b>	41:41.99	<b>2:46:00.88</b>

Team - Ben E Keith				Finish Position - 10				
Team Score (times): 2:56:19.04								
Team Pos	Bib No	Name	City/State	Gend/Age	O'all Place	Cum. Place	Time	Cum. Time
1	216	Curtis Roby	Garland	M 41	24	24	21:16.71	21:16.71
2	222	Billy Burke	Forney	M 44	108	132	26:36.00	47:52.71
3	219	Patrick Montoya	Dallas	M 31	117	249	27:03.44	1:14:56.15
4	220	Riley Burke	Forney	F 14	324	573	49:33.49	2:04:29.64
5	221	Caddy Burke	Heartland	F 17	338	<b>911</b>	51:49.40	<b>2:56:19.04</b>
Team - Super Duper Squad/ CBRE				Finish Position - 11				
Team Score (times): 3:50:23.94								
Team Pos	Bib No	Name	City/State	Gend/Age	O'all Place	Cum. Place	Time	Cum. Time
1	419	Lauren Partida	Irving	F 17	308	308	44:36.25	44:36.25
2	417	Lucy Partida	Irving	F 14	309	617	44:37.13	1:29:13.38
3	288	Misty Trevino	Red Oak	F 32	317	934	46:46.90	2:16:00.28
4	291	Keesha Ramirez-Gaytan	Arlington	F 26	318	1252	46:50.24	3:02:50.52
5	289	Jennifer Robinson	Red Oak	F 40	320	<b>1572</b>	47:33.42	<b>3:50:23.94</b>

Team - Save on Energy.com				Finish Position - Inc.				
Team Score (times):								
<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	125	Amanda Winchester	Dallas	F 29	262	262	35:48.50	35:48.50
Team - Texas Capital Bank				Finish Position - Inc.				
Team Score (times):								
<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	380	Autumn Hubbard	Addison	F 22	161	161	28:40.35	28:40.35
Team - Gaedeke Group				Finish Position - Inc.				
Team Score (times):								
<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	391	Brandi Larson	Athens	F 31	303	303	43:59.05	43:59.05
Team - K2 Construction				Finish Position - Inc.				
Team Score (times):								
<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	453	Bard Hoover	Dallas	M 42	79	79	25:18.63	25:18.63
Team - Rise School				Finish Position - Inc.				
Team Score (times):								
<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	322	Brian Till	Dallas	M 34	141	141	28:01.41	28:01.41
2	71	Lindsey Hudman	Dallas	F 27	264	405	35:49.76	1:03:51.17

Team - Team Pacman				Finish Position - Inc.				
Team Score (times):								
<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	128	Paris Sunio	Dallas	M 36	217	217	32:14.60	32:14.60
2	129	Grace Sunio	Dallas	F 31	291	508	40:24.62	1:12:39.22
Team - Rise Families				Finish Position - Inc.				
Team Score (times):								
<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	63	Rachel Deleon	Dallas	F 19	328	328	50:33.15	50:33.15
2	64	Monica Dominguez	Dallas	F 19	329	657	50:33.72	1:41:06.87
Team - Golds Gym				Finish Position - Inc.				
Team Score (times):								
<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	373	Brad Bean	Dallas	M 26	215	215	31:55.31	31:55.31
2	374	Jennifer Brown	,	F 22	216	431	31:55.72	1:03:51.03
Team - Blazin Burpees				Finish Position - Inc.				
Team Score (times):								
<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	487	Brett Reis	Richardson	M 25	12	12	19:50.95	19:50.95
2	486	Kim Keelz	Richardson	F 26	109	121	26:36.14	46:27.09

Team - Maude Pampel				Finish Position - Inc.				
Team Score (times):								
<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	57	Tony Pampel	Dallas	M 28	75	75	25:05.26	25:05.26
2	53	Dave Brasher	Dallas	M 41	297	372	42:05.56	1:07:10.82
3	56	Maude Pampel	Dallas	F 28	299	671	42:22.02	1:49:32.84
Team - Capstar Comm.				Finish Position - Inc.				
Team Score (times):								
<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	501	Jennifer Pfiester	Carrollton	F 15	60	60	24:27.86	24:27.86
2	505	Amani Mzava	Irving	F 15	81	141	25:19.39	49:47.25
3	504	Shanice Mzava	Irving	F 16	255	396	35:05.00	1:24:52.25
Team - Team Kari Zarbe				Finish Position - Inc.				
Team Score (times):								
<u>Team Pos</u>	<u>Bib No</u>	<u>Name</u>	<u>City/State</u>	<u>Gend/Age</u>	<u>O'all Place</u>	<u>Cum. Place</u>	<u>Time</u>	<u>Cum. Time</u>
1	258	Waco Zerba	Dallas	M 31	70	70	24:57.54	24:57.54
2	256	Michael Chappell	,	M 30	113	183	26:54.73	51:52.27
3	257	Katharine Carter	,	F 30	170	353	29:27.46	1:21:19.73
4	259	Kari Zarbe	Dallas	F 31	184	537	30:03.48	1:51:23.21