

### 3rd Iron Bros Super Sprint Triathlon

Grand Prairie, July 11, 2010

Results By RunFAR Racing Services, Inc.

#### Age Group

					----- swim 400M -----			T1	----- Bike 11M -----			T2	----- Run 2.0 M -----			Total		
Place	Name	Bib No	Age	Gender	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	Patrick Schuster	6	38	M	3	6:38.5	1:40	1:00.7	1	23:54.9	27.6	0:35.9	1	11:46.6	5:53	43:56.7		
2	Jacob Evans	8	25	M	4	6:39.7	1:40	0:50.7	4	25:41.4	25.7	0:46.7	2	12:01.0	6:01	45:59.6		
3	David Jones	9	47	M	21	7:51.0	1:58	1:12.9	2	24:34.2	26.9	0:41.2	4	12:47.2	6:24	47:06.6		
4	Scott Heber	158	44	M	1	5:39.4	1:25	1:08.9	10	27:14.1	24.2	0:39.2	6	13:04.7	6:32	47:46.5		
5	Jeff Waskowiak	85	23	M	10	7:11.7	1:48	1:16.6	7	26:38.2	24.8	0:32.0	3	12:40.1	6:20	48:18.9		
6	Mike Dihigo	15	17	M	2	6:37.8	1:39	1:10.8	9	26:46.3	24.7	0:40.4	14	14:13.0	7:07	49:28.4		
7	Rick Rosales	14	38	M	8	7:08.9	1:47	1:19.4	8	26:43.8	24.7	0:42.7	12	13:36.5	6:48	49:31.4		
8	Anthony White	101	28	M	56	9:03.7	2:16	1:20.4	3	24:58.0	26.4	0:47.2	18	14:17.2	7:09	50:26.7		
9	Joshua Clough	40	22	M	5	6:44.0	1:41	1:16.2	22	29:03.3	22.7	0:45.8	5	12:47.3	6:24	50:36.8		
10	Nicholas Luft	26	31	M	16	7:31.2	1:53	0:51.9	16	28:28.1	23.2	0:38.3	7	13:13.6	6:37	50:43.3		
11	Philip Deyoung	20	42	M	29	8:04.3	2:01	1:07.2	14	27:52.9	23.7	0:43.8	11	13:36.1	6:48	51:24.4		
12	Scott Olden	24	40	M	20	7:50.6	1:58	1:06.7	21	29:01.3	22.7	0:47.7	8	13:13.7	6:37	52:00.2		
13	Charles Rapp	94	51	M	63	9:21.9	2:20	1:24.5	5	25:42.8	25.7	0:52.5	35	15:19.4	7:40	52:41.1		
14	David Barnes	98	39	M	49	8:53.9	2:13	1:01.2	17	28:29.1	23.2	0:54.1	10	13:31.0	6:46	52:49.5		
15	Pete King	16	47	M	26	8:00.8	2:00	1:14.6	19	28:56.3	22.8	0:45.8	20	14:19.8	7:10	53:17.4		
16	Trey Singleton	36	34	M	6	6:48.9	1:42	1:15.1	24	29:10.2	22.6	0:46.4	42	15:35.3	7:48	53:36.1		
17	Sean Grady	27	43	M	31	8:08.8	2:02	1:10.1	27	29:17.2	22.5	0:56.0	16	14:14.5	7:07	53:46.8		
18	Chris Pearson	3	53	M	51	8:54.5	2:14	1:09.6	13	27:49.4	23.7	0:47.4	39	15:30.5	7:45	54:11.6		
19	Leticia Lechon	4	43	F	45	8:43.0	2:11	1:08.6	18	28:54.4	22.8	0:43.3	25	14:52.8	7:26	54:22.3		

20	Lance Vernon	132	47	M	39	8:31.9	2:08	0:58.7	20	28:56.7	22.8	0:51.5	28	15:07.7	7:34	54:26.7		
21	Peter Strickler	23	33	M	27	8:03.4	2:01	1:01.4	15	28:13.3	23.4	0:35.1	57	16:38.4	8:19	54:31.8*		
22	Klaus Lech	55	42	M	12	7:18.1	1:50	1:29.7	35	30:06.9	21.9	0:53.9	30	15:08.7	7:34	54:57.5		
23	Michael Nadason	103	48	M	93	10:25.6	2:36	1:29.0	6	26:31.0	24.9	1:06.9	40	15:33.4	7:47	55:06.1		
24	Pete Krone	89	44	M	59	9:10.3	2:18	1:36.8	11	27:46.9	23.8	1:19.3	38	15:26.3	7:43	55:19.8		
25	Juan Munoz	93	48	M	47	8:50.9	2:13	1:58.1	26	29:15.3	22.6	1:39.9	15	14:13.7	7:07	55:58.0		

					----- swim 400M -----			T1	----- Bike 11M -----			T2	----- Run 2.0 M -----			Total		
Place	Name	Bib No	Age	Gender	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
26	Ryan Martin	138	32	M	28	8:04.2	2:01	2:19.8	41	30:26.9	21.7	1:05.3	19	14:17.5	7:09	56:13.8		
27	James Krahula	152	21	M	58	9:09.0	2:17	1:01.6	45	30:57.1	21.3	0:40.9	23	14:32.1	7:16	56:20.8		
28	Andre Bands	45	35	M	15	7:29.9	1:52	1:23.9	42	30:33.9	21.6	0:58.0	48	16:03.1	8:02	56:29.0		
29	Jason Maloy	2	30	M	35	8:18.9	2:05	1:03.2	36	30:09.6	21.9	0:34.1	58	16:39.0	8:20	56:45.0		
30	Dan Driscoll	171	54	M	7	7:05.2	1:46	2:46.7	29	29:49.2	22.1	0:51.2	49	16:12.8	8:06	56:45.2		
31	Timothy Pendergast	78	29	M	68	9:29.4	2:22	2:04.4	37	30:11.8	21.9	1:06.3	17	14:15.4	7:08	57:07.5		
32	Erica Fellers	92	42	F	34	8:18.3	2:05	1:12.5	39	30:18.4	21.8	0:44.4	59	16:39.4	8:20	57:13.2		
33	David Justice	129	42	M	64	9:25.6	2:21	1:16.9	47	31:00.7	21.3	1:05.1	26	14:55.9	7:28	57:44.4		
34	Matt Pavlovich	42	32	M	33	8:12.2	2:03	1:56.7	75	33:16.2	19.8	1:15.5	9	13:19.3	6:40	58:00.1		
35	Anthony Clayton	121	38	M	88	10:09.0	2:32	1:50.3	25	29:13.0	22.6	1:01.2	47	15:59.1	8:00	58:12.9		
36	David Lunningham	143	49	M	92	10:21.6	2:35	1:28.0	30	29:49.6	22.1	0:53.6	44	15:40.0	7:50	58:13.0		
37	Chris Scorse	139	46	M	53	9:00.3	2:15	2:00.1	28	29:44.5	22.2	1:17.6	54	16:24.8	8:12	58:27.6		
38	Dena Timm	84	40	F	42	8:38.6	2:10	1:16.3	51	31:19.1	21.1	0:52.9	60	16:41.3	8:21	58:48.3		
39	Mary Costa	1	43	F	48	8:52.2	2:13	1:50.5	59	31:52.6	20.7	1:05.1	37	15:25.3	7:43	59:05.8		
40	Julie Burns	7	37	F	30	8:07.6	2:02	1:42.7	76	33:17.3	19.8	0:53.8	33	15:14.8	7:37	59:16.4		
41	Scott Edwards	126	54	M	135	13:39.7	3:25	1:39.4	12	27:47.0	23.8	1:03.7	32	15:13.3	7:37	59:23.3		
42	Yonas Getachew	28	39	M	114	11:37.2	2:54	3:00.6	23	29:08.7	22.7	1:11.1	22	14:29.6	7:15	59:27.3		
43	Samuel Fischer	117	38	M	37	8:22.5	2:06	1:34.7	53	31:21.2	21.1	0:46.1	70	17:28.3	8:44	59:33.0		
44	Shawn Smith	174	24	M	87	10:06.9	2:32	1:56.6	31	29:51.0	22.1	1:05.5	56	16:33.4	8:17	59:33.6		
45	Kristen Moran	39	36	F	65	9:26.2	2:22	1:47.1	68	32:36.1	20.2	1:11.5	27	15:05.6	7:33	1:00:06.7		

46	Terry Batts	141	32	M	44	8:42.5	2:11	2:04.2	54	31:22.6	21.0	1:11.4	62	16:46.0	8:23	1:00:06.9		
47	Jason Wright	47	37	M	19	7:48.3	1:57	1:39.2	46	30:57.5	21.3	0:47.5	86	19:06.2	9:33	1:00:18.8		
48	Joshua Hanophy	106	19	M	76	9:41.8	2:25	1:20.4	71	32:52.9	20.1	1:25.2	31	15:10.7	7:35	1:00:31.2		
49	Kirk Sears	146	32	M	78	9:44.0	2:26	2:16.3	55	31:38.8	20.9	0:39.9	50	16:13.0	8:07	1:00:32.1		
50	Jamie Tweedle	148	32	F	81	9:48.5	2:27	2:15.9	60	31:53.1	20.7	1:03.9	43	15:38.3	7:49	1:00:39.9		

					----- swim 400M -----			T1	----- Bike 11M -----			T2	----- Run 2.0 M -----			Total		
<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>		
51	Rob Borse	11	37	M	79	9:45.5	2:26	2:07.9	38	30:17.1	21.8	1:09.3	71	17:29.3	8:45	1:00:49.3		
52	Ashley Hawkins	62	35	F	60	9:10.9	2:18	1:47.5	89	34:39.7	19.0	0:34.6	24	14:52.1	7:26	1:01:04.9		
53	Wally Manaugh	153	57	M	90	10:17.4	2:34	1:48.7	69	32:46.5	20.1	1:06.3	29	15:08.4	7:34	1:01:07.5		
54	Bill Sharp	113	36	M	85	9:57.1	2:29	2:31.6	40	30:25.1	21.7	1:05.6	69	17:25.6	8:43	1:01:25.1		
55	Margaret Younger	116	35	F	129	12:27.0	3:07	2:08.3	33	29:59.9	22.0	1:33.8	36	15:19.7	7:40	1:01:28.9		
56	Taylor Neff	130	29	M	70	9:34.1	2:24	1:38.2	34	30:05.1	21.9	0:55.4	92	19:25.7	9:43	1:01:38.6		
57	Andrew Dack	165	24	M	72	9:38.0	2:25	1:47.7	67	32:32.1	20.3	0:45.8	67	17:04.8	8:32	1:01:48.6		
58	Delane Hart	44	35	F	91	10:19.7	2:35	2:00.3	62	32:09.2	20.5	1:02.9	52	16:17.7	8:09	1:01:50.0		
59	Eric McKeever	63	49	M	24	7:57.9	1:59	1:56.7	63	32:09.5	20.5	1:07.5	80	18:40.0	9:20	1:01:51.7		
60	Alexander Blackshear	46	38	M	41	8:37.3	2:09	2:06.8	52	31:20.6	21.1	1:10.8	81	18:40.9	9:20	1:01:56.6		
61	William Grunnah	137	49	M	107	11:09.9	2:47	2:28.9	32	29:55.7	22.1	2:16.3	51	16:14.0	8:07	1:02:05.0		
62	Dennis Light	29	56	M	9	7:10.1	1:48	2:24.1	49	31:05.8	21.2	1:26.5	97	19:59.1	10:00	1:02:05.9		
63	Mark Gale	22	46	M	17	7:32.3	1:53	1:12.3	86	34:30.0	19.1	0:52.1	78	18:32.0	9:16	1:02:38.8		
64	Nick Jarke	134	32	M	95	10:31.9	2:38	2:03.8	72	32:59.9	20.0	1:18.9	46	15:50.3	7:55	1:02:45.0		
65	Jennifer Krone	90	44	F	38	8:29.4	2:07	1:57.8	64	32:21.5	20.4	1:42.3	75	18:15.9	9:08	1:02:46.9		
66	Tara Detamble	167	22	F	52	8:59.6	2:15	2:57.7	82	34:01.8	19.4	1:17.2	41	15:34.1	7:47	1:02:50.7		
67	Laura Pavlovich	41	26	F	14	7:27.0	1:52	37:41.5				0:59.3	61	16:45.2	8:23	1:02:53.1		
68	Andre Arsenault	166	10	M	43	8:41.8	2:10	2:11.6	93	35:12.9	18.8	1:05.0	45	15:48.4	7:54	1:02:59.9		
69	Karoly Godo	65	15	M	120	11:46.9	2:57	2:02.0	44	30:54.6	21.4	1:11.2	68	17:05.2	8:33	1:03:00.1		
70	Emilia Zeller	100	51	F	99	10:47.0	2:42	1:43.1	56	31:47.6	20.8	1:12.0	72	17:30.6	8:45	1:03:00.5		
71	Mark Cronjaeger	150	43	M	137	13:52.6	3:28	2:47.2	57	31:52.0	20.7	0:57.4	13	13:54.0	6:57	1:03:23.5		

72	David Holland	159	38	M	36	8:20.2	2:05	1:37.6				34:52.8	79	18:34.5	9:17	1:03:25.2		
73	Chris Roberts	79	29	M	18	7:44.2	1:56	1:35.9	58	31:52.3	20.7	0:55.5	115	21:33.8	10:47	1:03:41.9		
74	Teresa Cox	48	51	F	96	10:42.1	2:41	1:40.4	61	31:56.7	20.7	0:48.8	82	18:42.8	9:21	1:03:51.0		
75	Joe Garza	96	54	M	139	16:38.3	4:10	1:36.8	43	30:35.9	21.6	0:53.3	21	14:26.3	7:13	1:04:10.9		

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Place	Name	Bib No	Age	Gender	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
76	Melissa Gonzales	122	40	F	130	12:56.8	3:14	2:26.1	65	32:28.2	20.3	1:07.7	34	15:15.9	7:38	1:04:14.9		
77	Brad Harman	173	42	M	13	7:23.4	1:51	2:54.3	100	36:01.3	18.3	1:43.5	55	16:25.9	8:13	1:04:28.6		
78	Ian Caldwell	43	29	M	94	10:29.3	2:37	2:42.9	77	33:19.2	19.8	1:08.1	64	16:51.6	8:26	1:04:31.3		
79	Brock Rush	112	15	M	62	9:16.4	2:19	1:59.6	50	31:18.3	21.1	1:10.0	105	20:48.4	10:24	1:04:32.9		
80	Robert Brackin	124	30	M	123	12:02.4	3:01	2:15.5	70	32:49.1	20.1	0:51.9	66	17:02.7	8:31	1:05:01.8		
81	Jamie Shaw	135	47	F	82	9:50.2	2:28	1:40.9	73	33:03.3	20.0	1:07.0	100	20:18.3	10:09	1:05:59.8		
82	John Ricca	10	61	M	61	9:12.9	2:18	2:42.6	109	37:00.8	17.8	0:43.5	63	16:46.8	8:23	1:06:26.8		
83	Scott Pangle	87	39	M	54	9:00.9	2:15	2:31.0	66	32:31.8	20.3	1:33.2	108	21:07.3	10:34	1:06:44.4		
84	Timothy Pavlovich	38	36	M	98	10:46.9	2:42	2:06.1	80	33:55.2	19.5	1:04.5	84	18:54.3	9:27	1:06:47.0		
85	Kimberly Haynsworth	157	23	F	80	9:46.6	2:27	1:29.4	99	35:56.7	18.4	0:56.4	83	18:45.1	9:23	1:06:54.4		
86	Freddy Vaca	59	32	M	100	10:47.1	2:42	3:19.7	48	31:01.2	21.3	1:25.2	102	20:41.6	10:21	1:07:15.0		
87	Nina Vaca-Humrichouse	60	39	F	55	9:02.4	2:16	2:06.6	106	36:46.9	18.0	1:50.3	73	17:39.6	8:50	1:07:26.0		
88	Carlin Johnston	108	18	F	22	7:53.2	1:58	1:55.8	90	34:53.0	18.9	0:43.7	119	22:01.4	11:01	1:07:27.4		
89	Dawn Cochran	155	44	F	46	8:46.2	2:12	1:38.8	91	34:54.6	18.9	1:14.0	107	20:58.1	10:29	1:07:31.7		
90	Max Johnston	109	20	M	32	8:12.1	2:03	2:51.1	111	37:16.0	17.7	0:33.9	87	19:06.5	9:33	1:07:59.9		
91	Brenda Buske	104	34	F	73	9:38.2	2:25	1:54.4	105	36:43.9	18.0	0:40.5	88	19:11.2	9:36	1:08:08.5		
92	Gabriella Knox	142	12	F	40	8:34.2	2:09	1:38.7	126	40:04.9	16.5	0:50.9	65	16:59.9	8:30	1:08:08.8		
93	Wendy Laskodi	82	54	F	75	9:40.4	2:25	2:15.7	87	34:30.7	19.1	1:51.5	98	20:00.7	10:00	1:08:19.2		
94	Kathy Smith	83	46	F	108	11:09.9	2:47	2:02.8	88	34:34.9	19.1	1:11.0	93	19:26.9	9:43	1:08:25.7		
95	Kara Rapp	95	48	F	66	9:27.0	2:22	2:02.5	81	33:58.5	19.4	1:37.1	113	21:26.2	10:43	1:08:31.4		
96	Hunter Cochran	156	10	M	97	10:44.8	2:41	1:39.4	114	37:44.7	17.5	0:47.3	74	18:03.4	9:02	1:08:59.8		
97	Lisa Vega	119	42	F	128	12:24.1	3:06	3:07.5	78	33:19.8	19.8	1:32.5	91	19:18.9	9:39	1:09:43.0		

98	Maryam Jubera	35	28	F	25	7:58.1	2:00	3:35.7	92	34:57.6	18.9	1:31.8	124	22:32.8	11:16	1:10:36.2		
99	Lindsay Hermesen	71	25	F	113	11:26.4	2:52	2:42.8	108	36:58.7	17.9	1:17.7	76	18:22.5	9:11	1:10:48.2		
100	Julie Parks	91	41	F	112	11:25.9	2:51	2:14.2	79	33:23.1	19.8	1:16.4	123	22:28.6	11:14	1:10:48.3		

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Place	Name	Bib No	Age	Gender	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
101	Lisha Nigh	164	22	F	89	10:11.0	2:33	2:40.7	115	37:49.4	17.5	0:47.7	94	19:32.3	9:46	1:11:01.2		
102	Whitney Clements	163	21	F	86	10:00.8	2:30	40:43.0				0:44.8	95	19:32.6	9:46	1:11:01.4		
103	David Landsberg	17	51	M	84	9:56.9	2:29	2:58.2	107	36:47.0	17.9	1:15.5	99	20:05.2	10:03	1:11:03.1		
104	Clayton Huddleston	151	20	M	57	9:04.9	2:16	2:58.9	129	42:13.8	15.6	0:39.0	53	16:18.1	8:09	1:11:14.9		
105	Sean McCutchen	56	25	M	11	7:11.9	1:48	2:29.3	125	40:02.9	16.5	0:44.5	104	20:46.6	10:23	1:11:15.4		
106	Nicole Pangle	88	38	F	121	11:56.5	2:59	2:27.6	74	33:07.0	19.9	1:53.9	121	22:23.4	11:12	1:11:48.6		
107	Tania Lopez	102	39	F	102	10:53.6	2:43	2:29.0	102	36:25.9	18.1	1:36.0	101	20:25.7	10:13	1:11:50.3		
108	Millicent Gale	21	48	F	118	11:43.4	2:56	1:41.8	96	35:51.3	18.4	0:41.2	117	21:54.3	10:57	1:11:52.2		
109	Richy Harder	77	47	M	74	9:39.4	2:25	2:35.1	112	37:28.3	17.6	1:17.3	110	21:11.3	10:36	1:12:11.4		
110	Kenneth Elliott	69	13	M	50	8:54.5	2:14	2:24.6	94	35:31.5	18.6	1:53.3	132	23:46.3	11:53	1:12:30.3		
111	Karen Fischer	118	43	F	119	11:44.6	2:56	2:11.1	97	35:54.8	18.4	0:57.5	116	21:42.7	10:51	1:12:31.0		
112	Patrick Wharry	149	42	M	69	9:33.3	2:23	3:51.9	83	34:03.3	19.4	1:52.8	130	23:29.8	11:45	1:12:51.3		
113	Ryan Bass	136	33	M	109	11:15.0	2:49	3:58.0	113	37:36.4	17.6	1:37.0	77	18:26.7	9:13	1:12:53.3		
114	John Wilson	154	45	M	71	9:37.6	2:24	3:14.5	101	36:24.1	18.1	1:39.5	129	23:19.1	11:40	1:14:15.0		
115	Michael Adomatis	76	31	M	126	12:12.1	3:03	3:18.6	95	35:34.6	18.6	1:14.3	118	21:59.5	11:00	1:14:19.3		
116	Jennifer Urrutia	58	24	F	122	11:58.8	3:00	2:40.9	124	39:42.9	16.6	0:36.2	96	19:33.8	9:47	1:14:32.7		
117	Jenna Vineyard	75	26	F	103	10:54.0	2:44	2:59.0	119	38:23.4	17.2	1:33.7	103	20:46.5	10:23	1:14:36.9		
118	Jan Berendsen	19	39	F	131	13:09.9	3:17	4:51.9	103	36:28.9	18.1	1:01.6	89	19:11.3	9:36	1:14:43.7		
119	Michael Radoyevich	169	23	M	77	9:42.6	2:26	3:17.5	127	40:08.6	16.4	0:55.9	106	20:51.0	10:26	1:14:55.6		
120	Amy Kirkpatrick	73	41	F	111	11:20.0	2:50	2:52.2	117	38:06.6	17.3	1:42.1	109	21:09.6	10:35	1:15:10.8		
121	Tony Bacoccini	86	52	M	134	13:35.0	3:24	1:59.1	84	34:21.8	19.2	0:47.0	134	24:46.3	12:23	1:15:29.4		
122	Rochelle Aguilera	13	33	F	104	10:57.6	2:44	2:21.2	130	42:14.3	15.6	0:53.9	90	19:13.1	9:37	1:15:40.3		
123	Paula Willoughby	30	56	F	101	10:49.0	2:42	2:24.4	110	37:10.8	17.8	1:50.4	131	23:33.0	11:47	1:15:47.7		

124	William Silvia	67	38	M	83	9:50.3	2:28	3:55.5	116	37:56.2	17.4	1:57.9	122	22:28.4	11:14	1:16:08.5		
125	Robert Dao	105	18	M	67	9:29.3	2:22	2:58.9	120	38:53.1	17.0	0:39.9	135	25:05.9	12:33	1:17:07.2		

					----- swim 400M -----			T1	----- Bike 11M -----			T2	----- Run 2.0 M -----			Total		
Place	Name	Bib No	Age	Gender	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
126	Ruby Barnes	99	38	F	140	17:07.3	4:17	2:09.0	118	38:20.3	17.2	1:00.6	85	19:01.9	9:31	1:17:39.3		
127	Richard Stubbe	81	48	M	105	10:58.4	2:45	4:00.7	123	39:20.8	16.8	1:00.4	133	24:36.6	12:18	1:19:57.0		
128	Elaine Futrell	70	28	F	125	12:10.4	3:03	3:20.4	128	42:07.0	15.7	0:57.9	114	21:32.0	10:46	1:20:07.8		
129	Curtis Swinson	57	65	M	133	13:35.0	3:24	3:10.6	122	38:56.8	17.0	1:46.9	125	22:47.5	11:24	1:20:16.9		
130	Christopher Noell	64	48	M	106	11:05.1	2:46	3:47.0	121	38:56.6	17.0	1:15.8	138	25:47.3	12:54	1:20:52.0		
131	John David Tavas	172	28	M	136	13:44.4	3:26	3:49.4	85	34:28.8	19.1	3:36.3	136	25:17.6	12:39	1:20:56.6		
132	Sarah Huffstetler	72	55	F	141	17:52.7	4:28	3:28.5	104	36:43.8	18.0	1:35.3	126	23:04.1	11:32	1:22:44.7		
133	Randy Moore	111	42	M	124	12:07.8	3:02	4:58.4	131	43:01.7	15.3	1:08.5	120	22:16.7	11:08	1:23:33.3		
134	Sarah Brandon	54	47	F	116	11:39.1	2:55	5:08.9	132	43:50.6	15.1	1:56.0	112	21:13.3	10:37	1:23:48.0		
135	Rebecca Iazard	128	42	F	132	13:17.6	3:19	3:26.7	133	46:53.0	14.1	1:14.2	111	21:11.3	10:36	1:26:03.0		
136	Lora Crabaugh	52	38	F	142	24:45.7	6:11	5:13.0	98	35:55.7	18.4	2:35.1	137	25:32.5	12:46	1:34:02.2		
137	Gunnar Ponivas	161	10	M	117	11:39.8	2:55	4:12.3	136	57:27.4	11.5	1:28.7	127	23:15.3	11:38	1:38:03.7		
138	Russ Hagan	51	66	M	138	15:09.7	3:47	4:08.7	134	48:01.4	13.7	2:34.1	141	32:00.1	16:00	1:41:54.1		
139	Holly Roberts	80	30	F	110	11:17.7	2:49	3:50.8	135	55:47.9	11.8	1:28.1	140	30:45.1	15:23	1:43:09.9		
140	Shannon Williamson	31	39	F	115	11:38.2	2:55	4:02.0	138	1:00:02.1	11.0	1:05.4	139	27:00.3	13:30	1:43:48.2		
141	Walter Ponivas	162	37	M	23	7:56.7	1:59	15:56.2	137	57:30.1	11.5	1:24.8	128	23:16.0	11:38	1:46:03.9		
142	Holly Steck	131	33	F	127	12:19.2	3:05	5:14.8	139	1:15:28.4	8.75	1:12.7	142	32:50.9	16:25	2:07:06.1		

### Clydesdale

					----- swim 400M -----			T1	----- Bike 11M -----			T2	----- Run 2.0 M -----			Total		
Place	Name	Bib No	Age	Gender	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time		
1	Wayne Smith	115	41	M	3	8:54.3	2:14	1:22.7	1	28:56.3	22.8	0:45.3	1	16:12.7	8:06	56:11.5		
2	William Davis	61	27	M	4	8:57.3	2:14	2:34.8	4	30:38.3	21.5	1:02.5	2	17:13.2	8:37	1:00:26.3		
3	Jeffrey Treibs	53	37	M	6	9:51.7	2:28	1:27.0	5	31:04.9	21.2	0:58.3	3	17:58.4	8:59	1:01:20.5		

4	Scott Silvia	66	50	M	2	8:29.2	2:07	1:53.2	6	31:32.9	20.9	1:03.7	7	21:23.6	10:42	1:04:22.8		
5	David Detamble	33	50	M	7	10:13.3	2:33	3:15.1	3	30:37.5	21.6	1:44.0	4	18:45.5	9:23	1:04:35.6		
6	Michael Lea	110	38	M	8	10:25.6	2:36	2:33.3	2	30:20.0	21.8	1:27.2	6	21:04.3	10:32	1:05:50.6		
7	Eric Herring	18	34	M	9	11:15.7	2:49	2:22.2	7	32:35.7	20.3	1:21.2	5	20:38.8	10:19	1:08:13.7		
8	Peter Hronas	107	46	M	1	8:26.8	2:07	4:03.3	8	36:05.3	18.3	1:58.7	8	24:57.8	12:29	1:15:32.1		
9	Griffin Welch	140	53	M	10	15:30.3	3:53	3:35.3	10	38:18.1	17.2	0:56.2	9	25:01.4	12:31	1:23:21.6		
10	Michael Rainwater	170	44	M	5	9:31.4	2:23	5:00.8	9	38:12.8	17.3	2:35.6	10	29:52.0	14:56	1:25:12.8		

### Athena

					----- swim 400M -----			T1	----- Bike 11M -----			T2	----- Run 2.0 M -----			Total		
<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>		
1	Deann Smith	114	44	F	1	10:08.5	2:32	1:37.8	1	34:47.2	19.0	1:09.5	1	21:14.0	10:37	1:08:57.2		
2	Elizabeth Parmer	74	43	F	2	11:12.4	2:48	2:54.1	2	36:07.9	18.3	1:31.5	2	24:48.3	12:24	1:16:34.4		

### Relays

					----- swim 400M -----			T1	----- Bike 11M -----			T2	----- Run 2.0 M -----			Total		
<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>		
1	Pinnacle X	168	42	F	1	8:49.7	2:12	0:57.9	1	43:34.5	15.1	0:41.8	1	21:23.9	10:42	1:15:28.0		

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