

GOD'S HANDS & FEET IN THE WORLD 5K Run/Walk
(Held at River Legacy Parks, Arlington, TX on 08/07/2010)
(Timed finishers: 38 Female; 42 Male)

(Results provided by Jeph Abara jephaa@yahoo.com)

| First Name | Last Name | Gender | Age | Age Grp | Bib # | Finish Time (Mins. .Secs) | Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs) | Place In Age Group | Place In Gender | Overall Place (All Finishers) | "Souls & Soles" Award |
|------------------------------|------------------|--------|-----|---------|-------|---------------------------------|---|--------------------------|-----------------------|--|--------------------------------|
| Female Overall Winner | | | | | | | | | | | |
| Kelly | Dawson | F | 19 | 15-19 | 298 | 20.31 | 6.36 | | 1 | 5 | |
| Female Masters Winner | | | | | | | | | | | |
| Sunao | Saito | F | 56 | 55-59 | 323 | 25.09 | 8.06 | | 2 | 18 | |
| Vanessa | Ayala | F | 21 | 20-24 | 339 | 32.43 | 10.32 | 1 | 11 | 42 | |
| Erica | Castillo | F | 20 | 20-24 | 272 | 34.10 | 10.60 | 2 | 12 | 43 | |
| Vanessa | Nuner | F | 20 | 20-24 | 325 | 40.32 | 13.03 | 3 | 21 | 56 | |
| Karina | Mota | F | 21 | 20-24 | 277 | 54.20 | 17.29 | 4 | 35 | 77 | |
| Jennifer | Garcia | F | 27 | 25-29 | 263 | 27.06 | 8.43 | 1 | 4 | 25 | |
| Crystal | Moreno | F | 25 | 25-29 | 322 | 34.57 | 11.15 | 2 | 14 | 45 | |
| Staci | Archer | F | 27 | 25-29 | 330 | 36.39 | 11.48 | 3 | 17 | 50 | |
| Sylvia G | Vazquez | F | 26 | 25-29 | 273 | 54.50 | 17.39 | 4 | 38 | 80 | |
| Regina | Ontiveroz | F | 33 | 30-34 | 329 | 28.00 | 9.01 | 1 | 5 | 28 | |
| Becca | Bartlett | F | 33 | 30-34 | 275 | 32.32 | 10.28 | 2 | 9 | 40 | |
| Jessica | Cooper | f | 33 | 30-34 | 288 | 43.18 | 13.56 | 3 | 25 | 61 | |
| Shannon | Crawford | F | 31 | 30-34 | 336 | 45.57 | 14.47 | 4 | 27 | 64 | Random |
| Angel | Williams | F | 31 | 30-34 | 286 | 51.41 | 16.38 | 5 | 32 | 72 | Random |
| Brenda D | Buske | F | 34 | 30-34 | 270 | 54.46 | 17.38 | 6 | 36 | 78 | |
| Kim | West | F | 39 | 35-39 | 279 | 26.12 | 8.26 | 1 | 3 | 24 | |
| Alysia | Tadlock | F | 38 | 35-39 | 335 | 38.59 | 12.33 | 2 | 19 | 53 | |
| Susanna J | Fitzgerald | F | 37 | 35-39 | 264 | 42.09 | 13.34 | 3 | 22 | 58 | |
| Maria | Nunez | F | 35 | 35-39 | 282 | 53.30 | 17.13 | 4 | 34 | 76 | |
| Monica | James | F | 40 | 40-44 | 303 | 32.36 | 10.30 | 1 | 10 | 41 | |
| Liz | Moreno | F | 43 | 40-44 | 321 | 34.54 | 11.14 | 2 | 13 | 44 | |
| Tricia | Milligan | F | 40 | 40-44 | 254 | 39.39 | 12.46 | 3 | 20 | 54 | |
| Reyna | Leyca | F | 44 | 40-44 | 337 | 42.46 | 13.46 | 4 | 23 | 59 | |
| Lynn | Torres | F | 41 | 40-44 | 259 | 46.06 | 14.50 | 5 | 28 | 65 | |
| Maria | Starrett | F | 45 | 45-49 | 301 | 30.02 | 9.40 | 1 | 7 | 32 | |
| Melissa | Lancaster | F | 48 | 45-49 | 320 | 47.54 | 15.25 | 2 | 30 | 69 | |
| Cynthia | Lyle | F | 53 | 50-54 | 318 | 32.26 | 10.26 | 1 | 8 | 39 | |
| Heidi | Fischer Grissman | F | 53 | 50-54 | 312 | 34.58 | 11.15 | 2 | 15 | 46 | |

| First Name | Last Name | Gender | Age | Age Grp | Bib # | Finish Time (Mins. .Secs) | Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs) | Place In Age Group | Place In Gender | Overall Place (All Finishers) | "Souls & Soles" Award |
|----------------------------|-----------|--------|-----|---------|-------|---------------------------|--|--------------------|-----------------|-------------------------------|-----------------------|
| Dana | Knight | F | 57 | 55-59 | 313 | 28.53 | 9.18 | 1 | 6 | 31 | |
| Isabel | Jones | F | 59 | 55-59 | 304 | 37.43 | 12.08 | 2 | 18 | 52 | |
| Elizabeth | Cooper | F | 58 | 55-59 | 287 | 43.17 | 13.56 | 3 | 24 | 60 | |
| Kathleen | Saalky | F | 57 | 55-59 | 252 | 48.14 | 15.31 | 4 | 31 | 70 | Random |
| Shirley | Pavlack | F | 58 | 55-59 | 291 | 52.12 | 16.48 | 5 | 33 | 75 | |
| Josette | Givens | F | 62 | 60-64 | 284 | 43.41 | 14.04 | 1 | 26 | 63 | |
| Cheryl D | Moore | F | 60 | 60-64 | 265 | 54.46 | 17.38 | 2 | 37 | 79 | |
| Susan | Fortin | F | 65 | 65-69 | 310 | 34.59 | 11.16 | 1 | 16 | 47 | |
| Nancy | Raitz | F | 80 | 80-99 | 423 | 46.13 | 14.53 | 1 | 29 | 66 | |
| Male Overall Winner | | | | | | | | | | | |
| Eric | Ojeda | M | 17 | 15-19 | 281 | 17.56 | 5.46 | | 1 | 1 | |
| Male Masters Winner | | | | | | | | | | | |
| John | Ball | M | 58 | 55-59 | 299 | 21.28 | 6.55 | | 7 | 8 | |
| Tyler | Dionecker | M | 14 | 12-14 | 258 | 21.06 | 6.47 | 1 | 5 | 6 | |
| Jake | Munson | M | 16 | 15-19 | 327 | 19.47 | 6.22 | 1 | 3 | 3 | |
| Matt | Long | M | 16 | 15-19 | 305 | 21.17 | 6.51 | 2 | 6 | 7 | |
| Nathan | Munson | M | 17 | 15-19 | 328 | 22.44 | 7.19 | 3 | 12 | 13 | |
| Kenneth | Lynn, Jr | M | 18 | 15-19 | 302 | 23.18 | 7.30 | 4 | 13 | 14 | Random |
| Alberto | Leyva | M | 20 | 20-24 | 278 | 52.02 | 16.45 | 1 | 41 | 73 | |
| Pablo A | Rodriguez | M | 20 | 20-24 | 276 | 52.04 | 16.45 | 2 | 42 | 74 | |
| Adam | Armstrong | M | 27 | 25-29 | 300 | 20.27 | 6.35 | 1 | 4 | 4 | |
| Jayne | Martinez | M | 28 | 25-29 | 294 | 27.42 | 8.55 | 2 | 23 | 27 | |
| Shon | Brooks | M | 27 | 25-29 | 2248 | 30.46 | 9.54 | 3 | 29 | 36 | |
| Mark | Miller | M | 32 | 30-34 | 257 | 18.39 | 6.00 | 1 | 2 | 2 | |
| Curtis | Blocker | M | 32 | 30-34 | 268 | 25.35 | 8.14 | 2 | 18 | 20 | |
| Josh | Thompson | M | 31 | 30-34 | 424 | 26.07 | 8.24 | 3 | 20 | 22 | |
| Anthony | Cisneros | M | 33 | 30-34 | 333 | 27.09 | 8.44 | 4 | 22 | 26 | |
| Andrew | Bartlett | M | 33 | 30-34 | 274 | 28.32 | 9.11 | 5 | 25 | 30 | |
| Kent | Crouch | M | 38 | 35-39 | 331 | 21.47 | 7.01 | 1 | 9 | 10 | |
| Roman | Velasquez | M | 36 | 35-39 | 315 | 22.00 | 7.05 | 2 | 10 | 11 | |
| Juan | Medina | M | 38 | 35-39 | 314 | 22.15 | 7.10 | 3 | 11 | 12 | |
| John | Campbell | M | 38 | 35-39 | 296 | 36.39 | 11.48 | 4 | 33 | 49 | |
| Mark | Cooper | M | 36 | 35-39 | 271 | 43.19 | 13.56 | 5 | 37 | 62 | Random |

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|------------|------------|--------|-----|--------------|-------|---------------------------|--|--------------------|-----------------|-------------------------------|-----------------------|
| Michael | White | M | 39 | 35-39 | 285 | 51.26 | 16.33 | 6 | 40 | 71 | |
| Javier | Nunez | M | 44 | 40-44 | 326 | 28.10 | 9.04 | 1 | 24 | 29 | |
| Dale | Delisle | M | 40 | 40-44 | 283 | 30.19 | 9.45 | 2 | 26 | 33 | |
| David | Sanchez | M | 42 | 40-44 | 297 | 30.29 | 9.49 | 3 | 27 | 34 | |
| Sam | Sato | M | 44 | 40-44 | 280 | 31.00 | 9.59 | 4 | 30 | 37 | |
| Raymond | Vick | M | 47 | 45-49 | 316 | 21.36 | 6.57 | 1 | 8 | 9 | |
| Don | Guy | M | 48 | 45-49 | 306 | 30.39 | 9.52 | 2 | 28 | 35 | |
| Barry | Boardman | M | 50 | 50-54 | 334 | 23.57 | 7.43 | 1 | 14 | 15 | |
| Shungo | Saito | M | 51 | 50-54 | 324 | 25.41 | 8.16 | 2 | 19 | 21 | |
| David | Patridge | M | 57 | 55-59 | 289 | 24.29 | 7.53 | 1 | 15 | 16 | |
| Ray | Andrews | M | 57 | 55-59 | 425 | 25.01 | 8.03 | 2 | 16 | 17 | |
| Gerald | Casenave | M | 59 | 55-59 | 311 | 31.39 | 10.11 | 3 | 31 | 38 | |
| John | Dosher | M | 58 | 55-59 | 253 | 37.42 | 12.08 | 4 | 34 | 51 | Random |
| Phil | Hatton | M | 59 | 55-59 | 338 | 46.34 | 14.59 | 5 | 38 | 67 | |
| Forrest | Gump | M | 64 | 60-64 | 295 | 25.11 | 8.06 | 1 | 17 | 19 | |
| Randall | Black | M | 61 | 60-64 | 293 | 26.10 | 8.25 | 2 | 21 | 23 | |
| Mickey | Tyron | M | 63 | 60-64 | 332 | 40.20 | 12.59 | 3 | 35 | 55 | |
| Travis G | Moore | M | 62 | 60-64 | 266 | 46.42 | 15.02 | 4 | 39 | 68 | |
| Michael | Fortin | M | 65 | 65-69 | 309 | 35.53 | 11.33 | 1 | 32 | 48 | |
| Robert Z | Cunningham | M | 79 | 75-79 | 251 | 40.47 | 13.08 | 1 | 36 | 57 | |