

# 10th FILLIE TROT 5K

(Held at Oak Grove Park, Grapevine, TX on 01/30/10)

(Finishers: 49 Female; 46 Male)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Age	Bib #	Finish Time (Mins. .Secs)	Avg Pace	Place In Age Group	Place In Gender	Overall Place (All Finishers)
					per Mile (5K = 3.107 mls) (Mins. .Secs)			
<b>Female Overall Winner</b>								
Laura	Nelson	44	1684	21.35	6.57		1	6
<b>Female Masters Winner</b>								
Lisa	Sewell	43	1912	28.28	9.10		7	34
<b>Female 11 &amp; Under</b>								
Meredith	St. John	9	1544	27.57	8.60	1	5	28
<b>Female 12-15</b>								
Rachael	Bradford	15	1568	32.03	10.19	1	20	55
Carly	Williky	14	1908	32.50	10.34	2	23	59
<b>Female 16-19</b>								
Kaitlyn	Burnham	17	1856	23.20	7.31	1	2	13
Lindsey	Welch	18	1592	34.12	11.00	2	28	64
Erin	Williams	18	1574	34.13	11.01	3	29	65
<b>Female 20-29</b>								
Shannon	O'Shea	26	1565	26.36	8.34	1	3	21
Celina	Rosenthal	29	1847	27.25	8.49	2	4	26
Jayla	McDermott	27	1666	28.34	9.12	3	8	36
Alicia	Kinnard	28	1843	29.24	9.28	4	10	38
Brandy	Martinez	20	1825	30.16	9.44	5	13	42
Ashley	Taylor	23	1645	31.33	10.09	6	17	52
Melissa	Brown	28	1679	32.33	10.29	7	22	58
Casey	Hall	24	1681	39.23	12.41	8	35	75
Stephanie	Hee	26	1700	45.07	14.31	9	40	85
Leigh	Williams	22	1572	56.25	18.09	10	45	90
<b>Female 30-39</b>								
Ivette	Balser	36	1844	27.58	9.00	1	6	29
Jam,ie	Haliburton	32	1821	31.04	9.60	2	15	46
Holly	Stump	30	1677	31.29	10.08	3	16	50
Amy	Overbeck	38	1909	31.52	10.15	4	19	54
Aimee	Wiklliams	36	1819	33.13	10.41	5	24	60
Jennifer	Elizarde	31	1694	34.40	11.09	6	31	67
Trisha	Spain	33	1840	37.15	11.59	7	34	73

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Ginger	Arnold	37	1853	50.31	16.16	8	42	87
Christy	Batten	32	1851	50.32	16.16	9	43	88
Marissa	Hill	38	1529	56.31	18.11	10	47	92

### Female 40-49

Dawn	Ottman	46	1594	28.49	9.16	1	9	37
Heidi	Steppe	46	1811	29.43	9.34	2	11	39
Melanie	McNamara	46	1839	29.55	9.38	3	12	41
LeeAnn	Flora	48	1651	30.55	9.57	4	14	45
Nubia	Williams	40	1668	31.51	10.15	5	18	53
Lisa	Spraggins	43	1503	33.36	10.49	6	25	61
Santiaga	Willoughby	45	1567	33.41	10.50	7	26	62
Rayna	Nigro	40	1823	33.57	10.56	8	27	63
Audrey	Faulkner	41	1603	36.22	11.42	9	33	71
Beth	Meehan	41	1652	42.01	13.31	10	36	80
Susan	Bergakker	40	1852	50.31	16.16	11	41	86
Gaye	Walker	44	1552	56.53	18.18	12	48	93

### Female 50 & Over

Judy	Arning	54	1618	32.05	10.20	1	21	56
Carol	Novak	53	1676	34.24	11.04	2	30	66
Maria	Johnston	72	1815	45.07	14.31	3	39	84
Donna	Stevens	58	1545	56.24	18.09	4	44	89

### Female - No Age

Erica	Jenkins		1610	35.30	11.26	1	32	69
Monti	Woolley		1608	43.28	13.59	2	37	81
Jeanne	Lobsinger		1607	43.29	13.60	3	38	82
Susan	Taylor		1644	56.30	18.11	4	46	91
Debra	Minea		1538	62.11	20.01	5	49	95

### Male Overall Winner

Craig	Min yard	46	1803	17.56	5.46		1	1
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### Male Masters Winner

Chris	Phelan	53	1805	18.06	5.50		2	2
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### Male 11 & Under

David	Sewell	11	1913	28.23	9.08	1	26	32
Jacob	Faulkner	11	1604	36.14	11.40	2	38	70
Zachariah	Vieth	10	1548	41.52	13.28	3	43	78

### Male 12-15

Holden	Flora	12	1649	22.49	7.21	1	9	10
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Mitch	Nigro	15	1824	26.50	8.38	2	19	22
Loagan	Hudson	13	1560	27.10	8.45	3	21	24
James	Floyd	13	1647	28.08	9.03	4	25	31
Will	Porter	13	1911	39.33	12.44	5	41	76

### Male 16-19

Alex	Hutto	17	1595	18.14	5.52	1	3	3
Marcus	Hauge	16	1836	18.54	6.05	2	4	4
Steven	Franklin	17	1691	22.40	7.18	3	8	9
Travis	Gibson	16	1579	23.59	7.43	4	12	14
Jacob	Wilkinson	16	1904	25.15	8.08	5	15	17
Joseph	Aiken	16	1673	25.51	8.19	6	17	19
Nik	Hirsch	17	1590	31.09	10.02	6	34	49
Carl	Goodwin	18	1914	42.00	13.31	7	44	79

### Male 20-29

Dmitry	Ginzburg	23	1646	31.33	10.09	1	35	51
Pedro	Gonzalez	26	1589	32.30	10.28	2	36	57

### Male 30-39

Paul	Filosi	36	1686	22.54	7.22	1	10	11
Matt	Sutliff	38	1554	23.06	7.26	2	11	12
John	Rosenbaum	30	1901	24.56	8.01	3	14	16
Tom	Heinz	30	1842	27.08	8.44	4	20	23
Jeff	Prater	37	1855	27.42	8.55	5	23	27
Vincent	Elizarde	32	1695	31.06	10.01	6	32	47
Scott	Gambaro	34	1841	31.08	10.01	7	33	48
Jesus	Rico	37	1697	44.06	14.12	8	45	83

### Male 40-49

Jack	Hase	48	1800	20.35	6.37	1	5	5
Joe	White	42	1838	24.38	7.56	2	13	15
Jon	Koerber	42	1915	25.56	8.21	3	18	20
Ken	Hudson	47	1559	27.10	8.45	4	22	25
Steve	Roberts	49	1583	28.25	9.09	5	27	33
Joe	Aiken	49	1674	28.29	9.10	6	28	35
Tommy	Bradford	45	1569	30.18	9.45	7	30	43
Steve	Plamondon	44	1571	30.19	9.45	8	31	44
Alan	Greer	49	1801	36.23	11.43	9	39	72
David	Williams	44	1667	37.49	12.10	10	40	74
David	Ruml	42	1688	40.22	12.60	11	42	77

### Male 50 & Over

Harold	Jandreau	57	1830	21.52	7.02	1	6	7
James	O'Shea	53	1564	22.30	7.15	2	7	8
Doug	Andring	50	1636	25.40	8.16	3	16	18

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Joe	Allen	50	1857	28.02	9.01	4	24	30
Richard	Mathews	52	1810	29.43	9.34	5	29	40
Kevin	McNamara	61	1837	35.08	11.18	6	37	68

**Male - No Age**

Richard	Minea		1539	62.11	20.01	1	46	94
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