

9th Annual Fast & Furious Duathlon-(2010)

Grand Prairie, April 11, 2010

Results By RunFAR Racing Services, Inc.

Age Group

Female 10 to 15

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Christina Koeppe	140	F/15	8		3:50/M	26.100	1:39:53.9
		Run 1			15:38.4	7:49/M	2.000	15:38.4
		T1			0:38.5		2.000	16:16.9
		Bike 1			31:33.7	2:52/M	13.000	47:50.6
		T2			0:48.0		13.000	48:38.7
		Run 2			17:25.3	8:43/M	15.000	1:06:04.0
		T3			0:41.5		15.000	1:06:45.5
		Bike 2			32:41.5	2:58/M	26.000	1:39:27.1
		Finish			0:26.8	4:20/M	26.100	1:39:53.9

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Kristen Raines	119	F/24	8		3:38/M	26.100	1:35:02.9
		Run 1			12:55.3	6:28/M	2.000	12:55.3
		T1			0:51.2		2.000	13:46.5
		Bike 1			32:38.8	2:58/M	13.000	46:25.4
		T2			0:37.8		13.000	47:03.2
		Run 2			13:35.7	6:48/M	15.000	1:00:39.0
		T3			0:39.6		15.000	1:01:18.6
		Bike 2			33:20.1	3:02/M	26.000	1:34:38.7
		Finish			0:24.2	4:00/M	26.100	1:35:02.9
2	Sarah Groth	79	F/24	8		5:22/M	26.100	2:20:12.2
		Run 1			21:28.7	10:44/M	2.000	21:28.7
		T1			1:16.0		2.000	22:44.7
		Bike 1			44:31.3	4:03/M	13.000	1:07:16.1
		T2			1:14.2		13.000	1:08:30.3
		Run 2			24:47.8	12:24/M	15.000	1:33:18.1
		T3			1:15.9		15.000	1:34:34.1
		Bike 2			44:56.7	4:05/M	26.000	2:19:30.8
		Finish			0:41.4	6:50/M	26.100	2:20:12.2

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Lauren Bailey	97	F/25	8		3:30/M	26.100	1:31:14.9
		Run 1			13:41.8	6:51/M	2.000	13:41.8
		T1			0:39.9		2.000	14:21.7
		Bike 1			30:53.2	2:48/M	13.000	45:14.9
		T2			0:36.0		13.000	45:51.0
		Run 2			13:58.9	6:59/M	15.000	59:49.9
		T3			0:39.2		15.000	1:00:29.2
		Bike 2			30:20.0	2:45/M	26.000	1:30:49.2
		Finish			0:25.7	4:10/M	26.100	1:31:14.9
2	Natalie Wellendorf	87	F/28	8		3:52/M	26.100	1:40:51.8
		Run 1			14:41.6	7:21/M	2.000	14:41.6
		T1			0:45.9		2.000	15:27.5
		Bike 1			33:36.3	3:03/M	13.000	49:03.8
		T2			0:28.7		13.000	49:32.6
		Run 2			16:08.3	8:04/M	15.000	1:05:40.9
		T3			0:38.1		15.000	1:06:19.1
		Bike 2			33:56.8	3:05/M	26.000	1:40:15.9
		Finish			0:35.9	5:50/M	26.100	1:40:51.8
3	Ashley Brooks	70	F/29	8		4:03/M	26.100	1:45:55.8
		Run 1			18:16.2	9:08/M	2.000	18:16.2
		T1			1:07.6		2.000	19:23.8
		Bike 1			34:11.8	3:06/M	13.000	53:35.6
		T2			0:53.9		13.000	54:29.5
		Run 2			17:38.8	8:49/M	15.000	1:12:08.4
		T3			1:04.7		15.000	1:13:13.1
		Bike 2			32:03.7	2:55/M	26.000	1:45:16.8
		Finish			0:39.0	6:30/M	26.100	1:45:55.8

Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Rebecca Bradley	127	F/34	8		3:20/M	26.100	1:26:59.8
		Run 1			13:40.0	6:50/M	2.000	13:40.0
		T1			0:37.2		2.000	14:17.2
		Bike 1			28:07.8	2:33/M	13.000	42:25.0
		T2			0:31.5		13.000	42:56.6
		Run 2			14:36.4	7:18/M	15.000	57:33.0
		T3			0:30.1		15.000	58:03.1
		Bike 2			28:34.7	2:36/M	26.000	1:26:37.8
		Finish			0:21.9	3:30/M	26.100	1:26:59.8
2	Kris Neal	73	F/33	8		3:47/M	26.100	1:38:42.4
		Run 1			15:45.8	7:53/M	2.000	15:45.8



					Bike 2	33:41.2	3:04/M	26.000	1:42:17.9
					Finish	0:38.8	6:20/M	26.100	1:42:56.7
<b>4</b>	<b>Stephanie Akins</b>	<b>72</b>	<b>F/38</b>	<b>8</b>			<b>4:08/M</b>	<b>26.100</b>	<b>1:47:51.9</b>
					Run 1	16:50.1	8:25/M	2.000	16:50.1
					T1	0:45.8		2.000	17:35.9
					Bike 1	34:09.3	3:06/M	13.000	51:45.2
					T2	0:41.4		13.000	52:26.6
					Run 2	17:54.1	8:57/M	15.000	1:10:20.8
					T3	0:41.1		15.000	1:11:01.9
					Bike 2	36:18.5	3:18/M	26.000	1:47:20.5
					Finish	0:31.4	5:10/M	26.100	1:47:51.9
<b>5</b>	<b>Badia Harlin</b>	<b>124</b>	<b>F/37</b>	<b>8</b>			<b>4:15/M</b>	<b>26.100</b>	<b>1:51:03.9</b>
					Run 1	16:24.2	8:12/M	2.000	16:24.2
					T1	1:01.9		2.000	17:26.1
					Bike 1	35:10.1	3:12/M	13.000	52:36.2
					T2	0:59.3		13.000	53:35.6
					Run 2	19:35.0	9:48/M	15.000	1:13:10.6
					T3	0:56.7		15.000	1:14:07.3
					Bike 2	36:37.5	3:20/M	26.000	1:50:44.8
					Finish	0:19.1	3:10/M	26.100	1:51:03.9
<b>6</b>	<b>Veda Miner</b>	<b>113</b>	<b>F/39</b>	<b>8</b>			<b>4:18/M</b>	<b>26.100</b>	<b>1:52:09.9</b>
					Run 1	17:14.1	8:37/M	2.000	17:14.1
					T1	1:11.9		2.000	18:26.1
					Bike 1	36:39.1	3:20/M	13.000	55:05.2
					T2	0:48.3		13.000	55:53.6
					Run 2	17:33.5	8:47/M	15.000	1:13:27.1
					T3	1:23.7		15.000	1:14:50.8
					Bike 2	36:57.5	3:22/M	26.000	1:51:48.4
					Finish	0:21.5	3:30/M	26.100	1:52:09.9
<b>7</b>	<b>Arlene Hernandez</b>	<b>45</b>	<b>F/35</b>	<b>8</b>			<b>4:21/M</b>	<b>26.100</b>	<b>1:53:41.8</b>
					Run 1	18:14.8	9:07/M	2.000	18:14.8
					T1	0:47.5		2.000	19:02.4
					Bike 1	35:09.6	3:12/M	13.000	54:12.0
					T2	0:55.6		13.000	55:07.6
					Run 2	21:03.6	10:32/M	15.000	1:16:11.2
					T3	0:51.3		15.000	1:17:02.5
					Bike 2	36:07.6	3:17/M	26.000	1:53:10.1
					Finish	0:31.7	5:10/M	26.100	1:53:41.8
<b>8</b>	<b>Dianara Fry</b>	<b>46</b>	<b>F/36</b>	<b>8</b>			<b>5:07/M</b>	<b>26.100</b>	<b>2:13:45.1</b>
					Run 1	18:14.3	9:07/M	2.000	18:14.3
					T1	1:44.6		2.000	19:58.9
					Bike 1	41:05.1	3:44/M	13.000	1:01:04.0
					T2	1:03.8		13.000	1:02:07.8
					Run 2	22:27.9	11:14/M	15.000	1:24:35.8
					T3	1:07.6		15.000	1:25:43.4

Bike 2	47:28.9	4:19/M	26.000	2:13:12.3
Finish	0:32.8	5:20/M	26.100	2:13:45.1

Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Stacey Wardrup	91	F/40	8		3:32/M	26.100	1:32:21.3
		Run 1			14:58.3	7:29/M	2.000	14:58.3
		T1			0:30.9		2.000	15:29.2
		Bike 1			30:21.4	2:46/M	13.000	45:50.6
		T2			0:24.7		13.000	46:15.3
		Run 2			14:49.4	7:25/M	15.000	1:01:04.8
		T3			0:32.0		15.000	1:01:36.8
		Bike 2			30:24.8	2:46/M	26.000	1:32:01.6
		Finish			0:19.6	3:10/M	26.100	1:32:21.3
2	Tanya Vanwinkle	60	F/44	8		3:40/M	26.100	1:35:54.4
		Run 1			15:25.4	7:43/M	2.000	15:25.4
		T1			0:45.4		2.000	16:10.8
		Bike 1			30:03.4	2:44/M	13.000	46:14.2
		T2			0:57.9		13.000	47:12.1
		Run 2			16:19.3	8:10/M	15.000	1:03:31.4
		T3			0:50.4		15.000	1:04:21.8
		Bike 2			31:08.1	2:50/M	26.000	1:35:29.9
		Finish			0:24.5	4:00/M	26.100	1:35:54.4
3	Stacey Ansley	149	F/43	8		4:05/M	26.100	1:46:28.0
		Run 1			18:53.8	9:27/M	2.000	18:53.8
		T1			0:52.9		2.000	19:46.8
		Bike 1			32:19.2	2:56/M	13.000	52:06.0
		T2			0:58.2		13.000	53:04.2
		Run 2			20:07.9	10:04/M	15.000	1:13:12.1
		T3			0:49.9		15.000	1:14:02.1
		Bike 2			31:56.8	2:54/M	26.000	1:45:58.9
		Finish			0:29.1	4:50/M	26.100	1:46:28.0
4	Ana Cardona-Story	24	F/44	8		4:12/M	26.100	1:49:27.0
		Run 1			17:11.6	8:36/M	2.000	17:11.6
		T1			0:59.5		2.000	18:11.1
		Bike 1			33:15.1	3:01/M	13.000	51:26.2
		T2			1:11.1		13.000	52:37.4
		Run 2			19:57.0	9:59/M	15.000	1:12:34.4
		T3			1:02.2		15.000	1:13:36.6
		Bike 2			35:29.9	3:14/M	26.000	1:49:06.5
		Finish			0:20.5	3:20/M	26.100	1:49:27.0
5	Karen Fischer	14	F/43	8		4:16/M	26.100	1:51:11.3
		Run 1			18:10.5	9:05/M	2.000	18:10.5
		T1			0:58.9		2.000	19:09.4



3	Jeanie Ruffner	107	F/47	8		<b>4:07/M</b>	<b>26.100</b>	<b>1:47:30.4</b>
		Run 1			19:52.2	9:56/M	2.000	19:52.2
		T1			1:35.3		2.000	21:27.5
		Bike 1			31:23.1	2:51/M	13.000	52:50.6
		T2			1:40.1		13.000	54:30.7
		Run 2			19:43.4	9:52/M	15.000	1:14:14.1
		T3			1:34.8		15.000	1:15:48.9
		Bike 2			31:08.7	2:50/M	26.000	1:46:57.6
		Finish			0:32.8	5:20/M	26.100	1:47:30.4
4	Lori Buckley	136	F/49	8		<b>4:24/M</b>	<b>26.100</b>	<b>1:54:51.1</b>
		Run 1			20:51.2	10:26/M	2.000	20:51.2
		T1			1:13.6		2.000	22:04.9
		Bike 1			33:29.2	3:03/M	13.000	55:34.1
		T2			1:25.8		13.000	56:59.9
		Run 2			22:24.4	11:12/M	15.000	1:19:24.4
		T3			1:08.1		15.000	1:20:32.5
		Bike 2			33:52.8	3:05/M	26.000	1:54:25.3
		Finish			0:25.8	4:10/M	26.100	1:54:51.1
5	Martha Beck	101	F/47	8		<b>4:36/M</b>	<b>26.100</b>	<b>2:00:02.8</b>
		Run 1			18:16.2	9:08/M	2.000	18:16.2
		T1			1:13.4		2.000	19:29.6
		Bike 1			37:59.7	3:27/M	13.000	57:29.4
		T2			1:25.8		13.000	58:55.2
		Run 2			20:44.4	10:22/M	15.000	1:19:39.6
		T3			1:13.6		15.000	1:20:53.3
		Bike 2			38:25.0	3:30/M	26.000	1:59:18.3
		Finish			0:44.5	7:20/M	26.100	2:00:02.8
6	Lisa Stults	44	F/46	8		<b>4:37/M</b>	<b>26.100</b>	<b>2:00:25.9</b>
		Run 1			18:16.8	9:08/M	2.000	18:16.8
		T1			2:06.4		2.000	20:23.3
		Bike 1			37:51.5	3:26/M	13.000	58:14.8
		T2			1:30.0		13.000	59:44.8
		Run 2			20:16.9	10:08/M	15.000	1:20:01.8
		T3			1:07.8		15.000	1:21:09.6
		Bike 2			38:49.4	3:32/M	26.000	1:59:59.0
		Finish			0:26.9	4:20/M	26.100	2:00:25.9

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Karen Robertson	8	F/51	8		<b>3:31/M</b>	<b>26.100</b>	<b>1:31:51.4</b>
		Run 1			16:10.0	8:05/M	2.000	16:10.0
		T1			0:26.9		2.000	16:36.9
		Bike 1			28:47.1	2:37/M	13.000	45:24.0
		T2			0:24.7		13.000	45:48.8

			Run 2		16:39.8	8:20/M	15.000	1:02:28.6
			T3		0:25.0		15.000	1:02:53.6
			Bike 2		28:39.1	2:36/M	26.000	1:31:32.7
			Finish		0:18.7	3:00/M	26.100	1:31:51.4
<b>2</b>	<b>Tammy Rooney</b>	<b>17</b>	<b>F/53</b>	<b>8</b>		<b>3:49/M</b>	<b>26.100</b>	<b>1:39:40.6</b>
			Run 1		15:32.3	7:46/M	2.000	15:32.3
			T1		0:30.3		2.000	16:02.7
			Bike 1		32:59.0	3:00/M	13.000	49:01.7
			T2		0:30.3		13.000	49:32.1
			Run 2		15:42.2	7:51/M	15.000	1:05:14.3
			T3		0:25.8		15.000	1:05:40.1
			Bike 2		33:38.4	3:03/M	26.000	1:39:18.5
			Finish		0:22.1	3:40/M	26.100	1:39:40.6
<b>3</b>	<b>Stacy Wulfe</b>	<b>138</b>	<b>F/51</b>	<b>8</b>		<b>4:01/M</b>	<b>26.100</b>	<b>1:44:41.6</b>
			Run 1		17:36.3	8:48/M	2.000	17:36.3
			T1		1:11.2		2.000	18:47.5
			Bike 1		31:32.7	2:52/M	13.000	50:20.2
			T2		0:59.3		13.000	51:19.5
			Run 2		18:38.5	9:19/M	15.000	1:09:58.0
			T3		1:15.9		15.000	1:11:13.9
			Bike 2		32:58.5	3:00/M	26.000	1:44:12.4
			Finish		0:29.1	4:50/M	26.100	1:44:41.6
<b>4</b>	<b>Wanda Royce</b>	<b>89</b>	<b>F/52</b>	<b>8</b>		<b>4:20/M</b>	<b>26.100</b>	<b>1:53:02.4</b>
			Run 1		18:15.8	9:08/M	2.000	18:15.8
			T1		0:43.7		2.000	18:59.5
			Bike 1		36:49.7	3:21/M	13.000	55:49.3
			T2		0:28.9		13.000	56:18.2
			Run 2		19:05.8	9:33/M	15.000	1:15:24.1
			T3		0:51.5		15.000	1:16:15.6
			Bike 2		36:14.7	3:18/M	26.000	1:52:30.3
			Finish		0:32.1	5:20/M	26.100	1:53:02.4
<b>5</b>	<b>Crystal Grose</b>	<b>66</b>	<b>F/51</b>	<b>8</b>		<b>4:40/M</b>	<b>26.100</b>	<b>2:01:52.5</b>
			Run 1		19:10.1	9:35/M	2.000	19:10.1
			T1		0:43.0		2.000	19:53.1
			Bike 1		39:36.7	3:36/M	13.000	59:29.9
			T2		0:42.6		13.000	1:00:12.5
			Run 2		19:54.8	9:57/M	15.000	1:20:07.3
			T3		0:50.6		15.000	1:20:57.9
			Bike 2		40:23.7	3:40/M	26.000	2:01:21.6
			Finish		0:30.8	5:00/M	26.100	2:01:52.5

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Jerianne Davis	111	F/56	8		3:56/M	26.100	1:42:51.5

		Run 1	16:25.8	8:13/M	2.000	16:25.8	
		T1	0:42.3		2.000	17:08.2	
		Bike 1	32:39.8	2:58/M	13.000	49:48.0	
		T2	0:41.5		13.000	50:29.5	
		Run 2	17:20.1	8:40/M	15.000	1:07:49.6	
		T3	0:45.5		15.000	1:08:35.1	
		Bike 2	33:47.3	3:04/M	26.000	1:42:22.4	
		Finish	0:29.1	4:50/M	26.100	1:42:51.5	
<b>2</b>	<b>Lorene England</b>	<b>133</b>	<b>F/56</b>	<b>8</b>	<b>4:23/M</b>	<b>26.100</b>	<b>1:54:21.5</b>
		Run 1	16:02.4	8:01/M	2.000	16:02.4	
		T1	1:06.2		2.000	17:08.6	
		Bike 1	37:44.7	3:26/M	13.000	54:53.3	
		T2	0:52.2		13.000	55:45.5	
		Run 2	17:41.8	8:51/M	15.000	1:13:27.3	
		T3	0:53.7		15.000	1:14:21.0	
		Bike 2	39:28.6	3:35/M	26.000	1:53:49.6	
		Finish	0:31.8	5:10/M	26.100	1:54:21.5	

**Men 10 to 15**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
<b>1</b>	<b>Zachary Koeppe</b>	<b>141</b>	<b>M/13</b>	<b>8</b>		<b>3:43/M</b>	<b>26.100</b>	<b>1:36:49.5</b>
		Run 1			14:21.9	7:11/M	2.000	14:21.9
		T1			0:30.6		2.000	14:52.5
		Bike 1			31:34.4	2:52/M	13.000	46:27.0
		T2			0:36.9		13.000	47:03.9
		Run 2			16:23.1	8:12/M	15.000	1:03:27.1
		T3			0:39.2		15.000	1:04:06.3
		Bike 2			32:20.8	2:56/M	26.000	1:36:27.1
		Finish			0:22.4	3:40/M	26.100	1:36:49.5
<b>2</b>	<b>Nathan Stewart</b>	<b>122</b>	<b>M/14</b>	<b>8</b>		<b>3:52/M</b>	<b>26.100</b>	<b>1:40:55.0</b>
		Run 1			15:18.8	7:39/M	2.000	15:18.8
		T1			0:34.3		2.000	15:53.2
		Bike 1			33:10.2	3:01/M	13.000	49:03.4
		T2			0:25.5		13.000	49:28.9
		Run 2			16:37.2	8:19/M	15.000	1:06:06.1
		T3			0:33.8		15.000	1:06:40.0
		Bike 2			33:51.0	3:05/M	26.000	1:40:31.0
		Finish			0:24.0	4:00/M	26.100	1:40:55.0
<b>3</b>	<b>Austin Bareis</b>	<b>131</b>	<b>M/13</b>	<b>8</b>		<b>4:11/M</b>	<b>26.100</b>	<b>1:48:59.4</b>
		Run 1			16:45.6	8:23/M	2.000	16:45.6
		T1			1:03.3		2.000	17:48.9
		Bike 1			34:26.9	3:08/M	13.000	52:15.8
		T2			0:45.6		13.000	53:01.5
		Run 2			19:01.9	9:31/M	15.000	1:12:03.4
		T3			0:51.6		15.000	1:12:55.0

Bike 2	35:34.9	3:14/M	26.000	1:48:29.9
Finish	0:29.4	4:50/M	26.100	1:48:59.4

Men 20 to 24

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Jeff Raines	65	M/24	8		3:00/M	26.100	1:18:09.2
		Run 1			11:15.2	5:38/M	2.000	11:15.2
		T1			0:24.7		2.000	11:39.9
		Bike 1			26:50.9	2:26/M	13.000	38:30.9
		T2			0:27.1		13.000	38:58.0
		Run 2			11:37.2	5:49/M	15.000	50:35.2
		T3			0:33.6		15.000	51:08.8
		Bike 2			26:43.8	2:26/M	26.000	1:17:52.7
		Finish			0:16.5	2:40/M	26.100	1:18:09.2
2	Jeremiah Martin	130	M/24	8		3:24/M	26.100	1:28:36.5
		Run 1			13:11.2	6:36/M	2.000	13:11.2
		T1			0:45.1		2.000	13:56.3
		Bike 1			28:41.1	2:36/M	13.000	42:37.5
		T2			0:54.5		13.000	43:32.0
		Run 2			14:52.3	7:26/M	15.000	58:24.3
		T3			0:41.8		15.000	59:06.1
		Bike 2			29:11.9	2:39/M	26.000	1:28:18.0
		Finish			0:18.5	3:00/M	26.100	1:28:36.5
3	Karl Slater	33	M/23	8		3:26/M	26.100	1:29:29.4
		Run 1			13:58.0	6:59/M	2.000	13:58.0
		T1			0:49.7		2.000	14:47.7
		Bike 1			28:48.2	2:37/M	13.000	43:36.0
		T2			0:43.6		13.000	44:19.6
		Run 2			15:23.8	7:42/M	15.000	59:43.4
		T3			0:44.2		15.000	1:00:27.7
		Bike 2			28:44.4	2:37/M	26.000	1:29:12.1
		Finish			0:17.2	2:50/M	26.100	1:29:29.4
4	Matthew Royce	114	M/23	8		3:47/M	26.100	1:38:41.5
		Run 1			14:10.0	7:05/M	2.000	14:10.0
		T1			0:31.4		2.000	14:41.4
		Bike 1			32:55.5	3:00/M	13.000	47:36.9
		T2			0:21.9		13.000	47:58.8
		Run 2			16:25.4	8:13/M	15.000	1:04:24.2
		T3			0:31.9		15.000	1:04:56.2
		Bike 2			33:25.6	3:02/M	26.000	1:38:21.8
		Finish			0:19.7	3:10/M	26.100	1:38:41.5
5	Steven Hill	54	M/21	8		3:57/M	26.100	1:42:58.6
		Run 1			13:57.2	6:59/M	2.000	13:57.2
		T1			0:59.8		2.000	14:57.0



4	Ian Caldwell	116	M/29	8		<b>3:57/M</b>	<b>26.100</b>	<b>1:43:00.0</b>
		Run 1			15:58.2	7:59/M	2.000	15:58.2
		T1			1:22.0		2.000	17:20.2
		Bike 1			32:32.3	2:57/M	13.000	49:52.5
		T2			1:26.0		13.000	51:18.5
		Run 2			16:23.7	8:12/M	15.000	1:07:42.3
		T3			1:25.8		15.000	1:09:08.1
		Bike 2			33:02.6	3:00/M	26.000	1:42:10.8
		Finish			0:49.2	8:10/M	26.100	1:43:00.0

Men 30 to 34

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Nicholas Luft	104	M/31	8		<b>3:20/M</b>	<b>26.100</b>	<b>1:26:47.4</b>
		Run 1			11:44.5	5:52/M	2.000	11:44.5
		T1			0:31.1		2.000	12:15.7
		Bike 1			29:57.5	2:43/M	13.000	42:13.2
		T2			0:26.5		13.000	42:39.7
		Run 2			13:19.6	6:40/M	15.000	55:59.3
		T3			0:31.6		15.000	56:30.9
		Bike 2			29:57.3	2:43/M	26.000	1:26:28.3
		Finish			0:19.1	3:10/M	26.100	1:26:47.4
2	Matt Elgin	27	M/34	8		<b>3:34/M</b>	<b>26.100</b>	<b>1:33:12.7</b>
		Run 1			13:40.4	6:50/M	2.000	13:40.4
		T1			1:01.9		2.000	14:42.4
		Bike 1			28:54.9	2:38/M	13.000	43:37.3
		T2			0:49.0		13.000	44:26.3
		Run 2			15:19.9	7:40/M	15.000	59:46.3
		T3			0:57.2		15.000	1:00:43.5
		Bike 2			32:07.9	2:55/M	26.000	1:32:51.4
		Finish			0:21.2	3:30/M	26.100	1:33:12.7
3	Aaron Evans	32	M/32	8		<b>3:36/M</b>	<b>26.100</b>	<b>1:33:58.3</b>
		Run 1			15:57.3	7:59/M	2.000	15:57.3
		T1			0:59.4		2.000	16:56.7
		Bike 1			28:55.1	2:38/M	13.000	45:51.8
		T2			0:39.2		13.000	46:31.0
		Run 2			17:02.6	8:31/M	15.000	1:03:33.6
		T3			1:00.5		15.000	1:04:34.1
		Bike 2			29:02.2	2:38/M	26.000	1:33:36.4
		Finish			0:21.9	3:30/M	26.100	1:33:58.3
4	Randy White	100	M/34	8		<b>3:42/M</b>	<b>26.100</b>	<b>1:36:47.4</b>
		Run 1			15:37.2	7:49/M	2.000	15:37.2
		T1			0:38.6		2.000	16:15.8
		Bike 1			32:14.1	2:56/M	13.000	48:29.9
		T2			0:30.3		13.000	49:00.3

					Run 2	15:18.3	7:39/M	15.000	1:04:18.6	
					T3	0:32.9		15.000	1:04:51.5	
					Bike 2	31:39.2	2:53/M	26.000	1:36:30.7	
					Finish	0:16.6	2:40/M	26.100	1:36:47.4	
<b>5</b>	<b>David McIntosh</b>	<b>96</b>	<b>M/33</b>	<b>8</b>				<b>3:44/M</b>	<b>26.100</b>	<b>1:37:31.9</b>
					Run 1	17:40.7	8:50/M	2.000	17:40.7	
					T1	1:32.8		2.000	19:13.6	
					Bike 1	27:52.2	2:32/M	13.000	47:05.8	
					T2	1:15.0		13.000	48:20.9	
					Run 2	18:52.9	9:26/M	15.000	1:07:13.8	
					T3	1:19.3		15.000	1:08:33.1	
					Bike 2	28:12.1	2:34/M	26.000	1:36:45.3	
					Finish	0:46.6	7:40/M	26.100	1:37:31.9	
<b>6</b>	<b>Morris Smith</b>	<b>39</b>	<b>M/34</b>	<b>8</b>				<b>3:55/M</b>	<b>26.100</b>	<b>1:42:06.5</b>
					Run 1	16:00.6	8:00/M	2.000	16:00.6	
					T1	1:03.9		2.000	17:04.6	
					Bike 1	32:24.7	2:57/M	13.000	49:29.3	
					T2	1:10.0		13.000	50:39.3	
					Run 2	16:35.0	8:18/M	15.000	1:07:14.3	
					T3	1:33.9		15.000	1:08:48.3	
					Bike 2	32:48.5	2:59/M	26.000	1:41:36.8	
					Finish	0:29.6	4:50/M	26.100	1:42:06.5	
<b>7</b>	<b>Carlos Martinez</b>	<b>85</b>	<b>M/30</b>	<b>8</b>				<b>4:06/M</b>	<b>26.100</b>	<b>1:46:53.5</b>
					Run 1	17:38.8	8:49/M	2.000	17:38.8	
					T1	1:22.5		2.000	19:01.3	
					Bike 1	33:29.6	3:03/M	13.000	52:30.9	
					T2	0:57.0		13.000	53:28.0	
					Run 2	18:38.0	9:19/M	15.000	1:12:06.0	
					T3	1:16.0		15.000	1:13:22.1	
					Bike 2	32:35.4	2:58/M	26.000	1:45:57.5	
					Finish	0:56.0	9:20/M	26.100	1:46:53.5	
<b>8</b>	<b>Jason Harvison</b>	<b>80</b>	<b>M/34</b>	<b>8</b>				<b>4:19/M</b>	<b>26.100</b>	<b>1:52:33.1</b>
					Run 1	18:07.5	9:04/M	2.000	18:07.5	
					T1	1:33.3		2.000	19:40.9	
					Bike 1	35:01.6	3:11/M	13.000	54:42.5	
					T2	0:58.9		13.000	55:41.4	
					Run 2	19:59.7	10:00/M	15.000	1:15:41.2	
					T3	1:26.7		15.000	1:17:07.9	
					Bike 2	34:33.6	3:08/M	26.000	1:51:41.5	
					Finish	0:51.6	8:30/M	26.100	1:52:33.1	
<b>9</b>	<b>Benjamin Looney</b>	<b>71</b>	<b>M/32</b>	<b>8</b>				<b>4:36/M</b>	<b>26.100</b>	<b>2:00:03.2</b>
					Run 1	17:30.4	8:45/M	2.000	17:30.4	
					T1	1:39.0		2.000	19:09.4	
					Bike 1	40:43.6	3:42/M	13.000	59:53.0	
					T2	0:58.8		13.000	1:00:51.9	

Run 2	17:16.9	8:38/M	15.000	1:18:08.8
T3	1:01.4		15.000	1:19:10.3
Bike 2	40:19.2	3:40/M	26.000	1:59:29.5
Finish	0:33.7	5:30/M	26.100	2:00:03.2

Men 35 to 39

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
<b>1</b>	<b>Patrick Schuster</b>	<b>4</b>	<b>M/38</b>	<b>8</b>		<b>2:47/M</b>	<b>26.100</b>	<b>1:12:29.2</b>
		Run 1			11:40.3	5:50/M	2.000	11:40.3
		T1			0:24.8		2.000	12:05.1
		Bike 1			23:35.3	2:09/M	13.000	35:40.4
		T2			0:22.8		13.000	36:03.3
		Run 2			11:42.0	5:51/M	15.000	47:45.3
		T3			0:25.2		15.000	48:10.5
		Bike 2			24:01.6	2:11/M	26.000	1:12:12.1
		Finish			0:17.0	2:50/M	26.100	1:12:29.2
<b>2</b>	<b>Jeff Schmitt</b>	<b>42</b>	<b>M/38</b>	<b>8</b>		<b>3:12/M</b>	<b>26.100</b>	<b>1:23:32.7</b>
		Run 1			13:22.9	6:41/M	2.000	13:22.9
		T1			0:25.2		2.000	13:48.1
		Bike 1			26:58.3	2:27/M	13.000	40:46.5
		T2			0:27.0		13.000	41:13.5
		Run 2			14:32.3	7:16/M	15.000	55:45.8
		T3			0:29.1		15.000	56:14.9
		Bike 2			27:04.2	2:28/M	26.000	1:23:19.1
		Finish			0:13.6	2:10/M	26.100	1:23:32.7
<b>3</b>	<b>Eloy Gonzalez</b>	<b>25</b>	<b>M/35</b>	<b>8</b>		<b>3:17/M</b>	<b>26.100</b>	<b>1:25:42.6</b>
		Run 1			12:17.0	6:09/M	2.000	12:17.0
		T1			0:52.8		2.000	13:09.9
		Bike 1			28:12.7	2:34/M	13.000	41:22.6
		T2			0:55.5		13.000	42:18.2
		Run 2			13:40.2	6:50/M	15.000	55:58.4
		T3			0:50.2		15.000	56:48.6
		Bike 2			28:33.8	2:36/M	26.000	1:25:22.4
		Finish			0:20.1	3:20/M	26.100	1:25:42.6
<b>4</b>	<b>Morris Brossette</b>	<b>81</b>	<b>M/35</b>	<b>8</b>		<b>3:18/M</b>	<b>26.100</b>	<b>1:26:03.9</b>
		Run 1			13:40.1	6:50/M	2.000	13:40.1
		T1			0:40.0		2.000	14:20.1
		Bike 1			28:01.0	2:33/M	13.000	42:21.2
		T2			0:26.8		13.000	42:48.0
		Run 2			14:37.7	7:19/M	15.000	57:25.7
		T3			0:30.2		15.000	57:55.9
		Bike 2			27:51.2	2:32/M	26.000	1:25:47.1
		Finish			0:16.8	2:40/M	26.100	1:26:03.9

5	Jeff Corkran	117	M/37	8	3:21/M	26.100	1:27:34.1	
			Run 1		14:26.5	7:13/M	2.000	14:26.5
			T1		0:40.9		2.000	15:07.4
			Bike 1		27:48.5	2:32/M	13.000	42:55.9
			T2		0:39.3		13.000	43:35.2
			Run 2		15:09.7	7:35/M	15.000	58:45.0
			T3		0:42.2		15.000	59:27.2
			Bike 2		27:46.9	2:31/M	26.000	1:27:14.2
			Finish		0:19.9	3:10/M	26.100	1:27:34.1
6	Rhyne Rundell	88	M/36	8	3:24/M	26.100	1:28:42.0	
			Run 1		15:19.6	7:40/M	2.000	15:19.6
			T1		1:03.3		2.000	16:22.9
			Bike 1		26:47.1	2:26/M	13.000	43:10.0
			T2		0:36.3		13.000	43:46.3
			Run 2		16:17.7	8:09/M	15.000	1:00:04.0
			T3		0:56.6		15.000	1:01:00.6
			Bike 2		27:18.3	2:29/M	26.000	1:28:18.9
			Finish		0:23.0	3:50/M	26.100	1:28:42.0
7	Rob Borse	2	M/37	8	3:30/M	26.100	1:31:16.0	
			Run 1		14:53.7	7:27/M	2.000	14:53.7
			T1		0:58.5		2.000	15:52.3
			Bike 1		28:07.8	2:33/M	13.000	44:00.1
			T2		0:35.1		13.000	44:35.2
			Run 2		16:36.1	8:18/M	15.000	1:01:11.3
			T3		0:55.9		15.000	1:02:07.2
			Bike 2		28:49.5	2:37/M	26.000	1:30:56.7
			Finish		0:19.3	3:10/M	26.100	1:31:16.0
8	Randal Anderson	77	M/38	8	3:34/M	26.100	1:33:04.6	
			Run 1		15:22.5	7:41/M	2.000	15:22.5
			T1		1:04.1		2.000	16:26.6
			Bike 1		28:32.0	2:36/M	13.000	44:58.6
			T2		0:46.1		13.000	45:44.7
			Run 2		17:03.0	8:32/M	15.000	1:02:47.7
			T3		1:01.7		15.000	1:03:49.4
			Bike 2		28:51.6	2:37/M	26.000	1:32:41.0
			Finish		0:23.5	3:50/M	26.100	1:33:04.6
9	Tom Williamson	98	M/36	8	3:38/M	26.100	1:34:49.8	
			Run 1		14:20.7	7:10/M	2.000	14:20.7
			T1		0:40.8		2.000	15:01.5
			Bike 1		30:55.6	2:49/M	13.000	45:57.1
			T2		0:43.7		13.000	46:40.9
			Run 2		15:41.2	7:51/M	15.000	1:02:22.1
			T3		0:50.0		15.000	1:03:12.2
			Bike 2		31:17.5	2:51/M	26.000	1:34:29.7
			Finish		0:20.1	3:20/M	26.100	1:34:49.8

10	Johnathan Conley	151	M/35	8		<b>3:40/M</b>	<b>26.100</b>	<b>1:35:54.7</b>
		Run 1			14:46.4	7:23/M	2.000	14:46.4
		T1			1:03.3		2.000	15:49.7
		Bike 1			29:54.3	2:43/M	13.000	45:44.0
		T2			0:32.5		13.000	46:16.5
		Run 2			17:38.4	8:49/M	15.000	1:03:55.0
		T3			0:45.3		15.000	1:04:40.3
		Bike 2			30:48.0	2:48/M	26.000	1:35:28.3
		Finish			0:26.4	4:20/M	26.100	1:35:54.7
11	Samuel Fischer	36	M/38	8		<b>3:51/M</b>	<b>26.100</b>	<b>1:40:30.5</b>
		Run 1			16:54.4	8:27/M	2.000	16:54.4
		T1			0:53.2		2.000	17:47.6
		Bike 1			31:03.0	2:49/M	13.000	48:50.7
		T2			0:39.0		13.000	49:29.7
		Run 2			18:12.2	9:06/M	15.000	1:07:42.0
		T3			0:53.5		15.000	1:08:35.5
		Bike 2			31:25.9	2:51/M	26.000	1:40:01.4
		Finish			0:29.1	4:50/M	26.100	1:40:30.5
12	Steve Johnston	74	M/36	8		<b>4:38/M</b>	<b>26.100</b>	<b>2:01:05.8</b>
		Run 1			19:08.3	9:34/M	2.000	19:08.3
		T1			1:46.9		2.000	20:55.2
		Bike 1			36:08.0	3:17/M	13.000	57:03.3
		T2			1:21.3		13.000	58:24.6
		Run 2			22:50.9	11:25/M	15.000	1:21:15.5
		T3			1:40.3		15.000	1:22:55.8
		Bike 2			37:17.7	3:23/M	26.000	2:00:13.5
		Finish			0:52.3	8:40/M	26.100	2:01:05.8
13	Marvin Bell	139	M/38	8		<b>4:52/M</b>	<b>26.100</b>	<b>2:07:13.7</b>
		Run 1			19:27.2	9:44/M	2.000	19:27.2
		T1			1:29.7		2.000	20:57.0
		Bike 1			37:22.1	3:24/M	13.000	58:19.1
		T2			1:37.1		13.000	59:56.2
		Run 2			24:10.2	12:05/M	15.000	1:24:06.4
		T3			1:21.1		15.000	1:25:27.6
		Bike 2			40:57.3	3:43/M	26.000	2:06:24.9
		Finish			0:48.8	8:00/M	26.100	2:07:13.7

Men 40 to 44

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Shane Plymell	10	M/41	8		<b>3:06/M</b>	<b>26.100</b>	<b>1:21:01.1</b>
		Run 1			12:41.7	6:21/M	2.000	12:41.7
		T1			0:46.1		2.000	13:27.9
		Bike 1			26:11.8	2:23/M	13.000	39:39.7
		T2			0:36.9		13.000	40:16.7
		Run 2			13:32.3	6:46/M	15.000	53:49.0

					T3	0:31.8		15.000	54:20.8
					Bike 2	26:23.6	2:24/M	26.000	1:20:44.4
					Finish	0:16.6	2:40/M	26.100	1:21:01.1
<b>2</b>	<b>Lee Rebodos</b>	<b>48</b>	<b>M/42</b>	<b>8</b>			<b>3:12/M</b>	<b>26.100</b>	<b>1:23:22.8</b>
					Run 1	12:43.5	6:22/M	2.000	12:43.5
					T1	0:41.8		2.000	13:25.3
					Bike 1	27:27.9	2:30/M	13.000	40:53.2
					T2	0:38.8		13.000	41:32.0
					Run 2	13:19.5	6:40/M	15.000	54:51.5
					T3	0:49.9		15.000	55:41.4
					Bike 2	27:23.3	2:29/M	26.000	1:23:04.7
					Finish	0:18.0	3:00/M	26.100	1:23:22.8
<b>3</b>	<b>Anthony Wilson</b>	<b>13</b>	<b>M/43</b>	<b>8</b>			<b>3:13/M</b>	<b>26.100</b>	<b>1:24:10.4</b>
					Run 1	12:51.4	6:26/M	2.000	12:51.4
					T1	0:38.3		2.000	13:29.7
					Bike 1	27:25.6	2:30/M	13.000	40:55.4
					T2	0:31.5		13.000	41:26.9
					Run 2	13:53.3	6:57/M	15.000	55:20.2
					T3	0:43.2		15.000	56:03.4
					Bike 2	27:47.1	2:32/M	26.000	1:23:50.5
					Finish	0:19.9	3:10/M	26.100	1:24:10.4
<b>4</b>	<b>Jeff Wilson</b>	<b>92</b>	<b>M/40</b>	<b>8</b>			<b>3:20/M</b>	<b>26.100</b>	<b>1:26:49.8</b>
					Run 1	11:45.2	5:53/M	2.000	11:45.2
					T1	0:48.0		2.000	12:33.3
					Bike 1	28:30.7	2:35/M	13.000	41:04.0
					T2	0:33.0		13.000	41:37.0
					Run 2	15:30.3	7:45/M	15.000	57:07.4
					T3	0:44.2		15.000	57:51.6
					Bike 2	28:26.8	2:35/M	26.000	1:26:18.4
					Finish	0:31.3	5:10/M	26.100	1:26:49.8
<b>5</b>	<b>Scott Olden</b>	<b>93</b>	<b>M/40</b>	<b>8</b>			<b>3:25/M</b>	<b>26.100</b>	<b>1:29:11.4</b>
					Run 1	12:52.9	6:26/M	2.000	12:52.9
					T1	1:14.1		2.000	14:07.1
					Bike 1	29:08.0	2:39/M	13.000	43:15.1
					T2	0:43.9		13.000	43:59.0
					Run 2	14:16.2	7:08/M	15.000	58:15.2
					T3	0:50.0		15.000	59:05.2
					Bike 2	29:48.2	2:43/M	26.000	1:28:53.4
					Finish	0:17.9	2:50/M	26.100	1:29:11.4
<b>6</b>	<b>Nathan Aust</b>	<b>150</b>	<b>M/42</b>	<b>8</b>			<b>3:28/M</b>	<b>26.100</b>	<b>1:30:31.4</b>
					Run 1	15:58.5	7:59/M	2.000	15:58.5
					T1	1:01.1		2.000	16:59.6
					Bike 1	26:52.9	2:27/M	13.000	43:52.5
					T2	0:43.4		13.000	44:36.0
					Run 2	17:21.5	8:41/M	15.000	1:01:57.5

					T3	0:55.8		15.000	1:02:53.3	
					Bike 2	27:18.6	2:29/M	26.000	1:30:12.0	
					Finish	0:19.4	3:10/M	26.100	1:30:31.4	
<b>7</b>	<b>Andrien Wang</b>	<b>19</b>	<b>M/40</b>	<b>8</b>				<b>3:28/M</b>	<b>26.100</b>	<b>1:30:34.7</b>
					Run 1	15:31.1	7:46/M	2.000	15:31.1	
					T1	0:47.2		2.000	16:18.3	
					Bike 1	27:52.4	2:32/M	13.000	44:10.7	
					T2	0:37.9		13.000	44:48.6	
					Run 2	16:31.7	8:16/M	15.000	1:01:20.3	
					T3	0:45.7		15.000	1:02:06.0	
					Bike 2	28:07.1	2:33/M	26.000	1:30:13.2	
					Finish	0:21.5	3:30/M	26.100	1:30:34.7	
<b>8</b>	<b>Tim Zierden</b>	<b>121</b>	<b>M/43</b>	<b>8</b>				<b>3:28/M</b>	<b>26.100</b>	<b>1:30:39.5</b>
					Run 1	14:49.7	7:25/M	2.000	14:49.7	
					T1	0:33.0		2.000	15:22.7	
					Bike 1	28:57.6	2:38/M	13.000	44:20.3	
					T2	0:33.2		13.000	44:53.5	
					Run 2	15:44.0	7:52/M	15.000	1:00:37.5	
					T3	0:36.6		15.000	1:01:14.1	
					Bike 2	29:06.4	2:39/M	26.000	1:30:20.6	
					Finish	0:18.9	3:00/M	26.100	1:30:39.5	
<b>9</b>	<b>Chris Jones</b>	<b>94</b>	<b>M/41</b>	<b>8</b>				<b>3:39/M</b>	<b>26.100</b>	<b>1:35:16.6</b>
					Run 1	13:39.5	6:50/M	2.000	13:39.5	
					T1	2:31.8		2.000	16:11.3	
					Bike 1	30:43.4	2:48/M	13.000	46:54.7	
					T2	1:03.2		13.000	47:57.9	
					Run 2	13:50.4	6:55/M	15.000	1:01:48.4	
					T3	1:25.9		15.000	1:03:14.3	
					Bike 2	31:30.7	2:52/M	26.000	1:34:45.0	
					Finish	0:31.6	5:10/M	26.100	1:35:16.6	
<b>10</b>	<b>John Horne</b>	<b>155</b>	<b>M/41</b>	<b>8</b>				<b>3:42/M</b>	<b>26.100</b>	<b>1:36:27.8</b>
					Run 1	14:38.0	7:19/M	2.000	14:38.0	
					T1	1:06.1		2.000	15:44.1	
					Bike 1	30:34.4	2:47/M	13.000	46:18.5	
					T2	1:19.8		13.000	47:38.3	
					Run 2	15:56.6	7:58/M	15.000	1:03:34.9	
					T3	1:08.2		15.000	1:04:43.1	
					Bike 2	31:10.5	2:50/M	26.000	1:35:53.7	
					Finish	0:34.1	5:40/M	26.100	1:36:27.8	
<b>11</b>	<b>Greg Goff</b>	<b>58</b>	<b>M/41</b>	<b>8</b>				<b>3:54/M</b>	<b>26.100</b>	<b>1:41:46.3</b>
					Run 1	16:05.6	8:03/M	2.000	16:05.6	
					T1	1:25.1		2.000	17:30.7	
					Bike 1	31:29.2	2:52/M	13.000	48:59.9	
					T2	0:52.7		13.000	49:52.6	
					Run 2	16:43.5	8:22/M	15.000	1:06:36.1	

					T3	1:21.9		15.000	1:07:58.1
					Bike 2	33:18.1	3:02/M	26.000	1:41:16.2
					Finish	0:30.1	5:00/M	26.100	1:41:46.3
<b>12</b>	<b>Brian Harding</b>	<b>118</b>	<b>M/40</b>	<b>8</b>			<b>3:58/M</b>	<b>26.100</b>	<b>1:43:19.6</b>
					Run 1	16:38.1	8:19/M	2.000	16:38.1
					T1	1:16.4		2.000	17:54.5
					Bike 1	31:34.4	2:52/M	13.000	49:28.9
					T2	1:01.4		13.000	50:30.3
					Run 2	19:05.7	9:33/M	15.000	1:09:36.1
					T3	1:10.8		15.000	1:10:46.9
					Bike 2	32:05.5	2:55/M	26.000	1:42:52.4
					Finish	0:27.1	4:30/M	26.100	1:43:19.6
<b>13</b>	<b>Joe Alancheril</b>	<b>126</b>	<b>M/44</b>	<b>8</b>			<b>4:11/M</b>	<b>26.100</b>	<b>1:49:12.6</b>
					Run 1	17:31.8	8:46/M	2.000	17:31.8
					T1	1:20.8		2.000	18:52.6
					Bike 1	34:49.5	3:10/M	13.000	53:42.1
					T2	0:50.5		13.000	54:32.7
					Run 2	17:54.3	8:57/M	15.000	1:12:27.0
					T3	1:12.3		15.000	1:13:39.3
					Bike 2	35:10.2	3:12/M	26.000	1:48:49.5
					Finish	0:23.0	3:50/M	26.100	1:49:12.6

**Men 45 to 49**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>	
<b>1</b>	<b>Rick Rischman</b>	<b>135</b>	<b>M/45</b>	<b>8</b>		<b>2:53/M</b>	<b>26.100</b>	<b>1:15:18.8</b>	
					Run 1	11:38.0	5:49/M	2.000	11:38.0
					T1	0:24.8		2.000	12:02.8
					Bike 1	25:11.9	2:17/M	13.000	37:14.7
					T2	0:25.8		13.000	37:40.6
					Run 2	11:51.3	5:56/M	15.000	49:31.9
					T3	0:24.7		15.000	49:56.7
					Bike 2	25:06.2	2:17/M	26.000	1:15:02.9
					Finish	0:15.9	2:30/M	26.100	1:15:18.8
<b>2</b>	<b>David Jones</b>	<b>1</b>	<b>M/47</b>	<b>8</b>		<b>3:00/M</b>	<b>26.100</b>	<b>1:18:09.0</b>	
					Run 1	12:14.0	6:07/M	2.000	12:14.0
					T1	0:32.2		2.000	12:46.2
					Bike 1	25:19.4	2:18/M	13.000	38:05.7
					T2	0:35.5		13.000	38:41.2
					Run 2	13:11.1	6:36/M	15.000	51:52.3
					T3	0:28.8		15.000	52:21.1
					Bike 2	25:27.2	2:19/M	26.000	1:17:48.4
					Finish	0:20.6	3:20/M	26.100	1:18:09.0
<b>3</b>	<b>Robert Reveal</b>	<b>9</b>	<b>M/47</b>	<b>8</b>		<b>3:05/M</b>	<b>26.100</b>	<b>1:20:35.5</b>	
					Run 1	12:14.3	6:07/M	2.000	12:14.3







T1	0:38.0		2.000	18:25.5
Bike 1	37:46.2	3:26/M	13.000	56:11.7
T2	0:42.9		13.000	56:54.6
Run 2	20:21.1	10:11/M	15.000	1:17:15.8
T3	0:43.5		15.000	1:17:59.3
Bike 2	40:49.7	3:43/M	26.000	1:58:49.1
Finish	0:43.0	7:10/M	26.100	1:59:32.1

Men 50 to 54

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Chris Pearson	3	M/53	8		3:16/M	26.100	1:25:09.2
		Run 1			13:28.6	6:44/M	2.000	13:28.6
		T1			0:25.1		2.000	13:53.8
		Bike 1			27:02.1	2:27/M	13.000	40:55.9
		T2			0:26.3		13.000	41:22.2
		Run 2			15:00.3	7:30/M	15.000	56:22.6
		T3			0:27.5		15.000	56:50.1
		Bike 2			27:56.8	2:32/M	26.000	1:24:46.9
		Finish			0:22.3	3:40/M	26.100	1:25:09.2
2	Scott Edwards	95	M/54	8		3:29/M	26.100	1:31:05.9
		Run 1			14:15.1	7:08/M	2.000	14:15.1
		T1			0:43.5		2.000	14:58.6
		Bike 1			29:10.1	2:39/M	13.000	44:08.8
		T2			0:44.2		13.000	44:53.0
		Run 2			15:29.2	7:45/M	15.000	1:00:22.2
		T3			0:46.3		15.000	1:01:08.5
		Bike 2			29:21.9	2:40/M	26.000	1:30:30.4
		Finish			0:35.5	5:50/M	26.100	1:31:05.9
3	Ron Wood	143	M/53	8		3:32/M	26.100	1:32:23.4
		Run 1			15:45.8	7:53/M	2.000	15:45.8
		T1			0:44.4		2.000	16:30.3
		Bike 1			28:26.8	2:35/M	13.000	44:57.1
		T2			0:42.7		13.000	45:39.8
		Run 2			17:17.9	8:39/M	15.000	1:02:57.7
		T3			0:47.1		15.000	1:03:44.9
		Bike 2			28:06.8	2:33/M	26.000	1:31:51.7
		Finish			0:31.7	5:10/M	26.100	1:32:23.4
4	Max Tate	26	M/51	8		3:43/M	26.100	1:37:03.9
		Run 1			13:29.1	6:45/M	2.000	13:29.1
		T1			1:13.4		2.000	14:42.6
		Bike 1			31:59.9	2:54/M	13.000	46:42.5
		T2			1:03.1		13.000	47:45.7
		Run 2			14:36.3	7:18/M	15.000	1:02:22.0
		T3			1:12.5		15.000	1:03:34.5

					Bike 2	32:48.9	2:59/M	26.000	1:36:23.5
					Finish	0:40.4	6:40/M	26.100	1:37:03.9
<b>5</b>	<b>Kenneth Groth</b>	<b>78</b>	<b>M/51</b>	<b>8</b>			<b>3:54/M</b>	<b>26.100</b>	<b>1:41:48.2</b>
					Run 1	17:55.5	8:58/M	2.000	17:55.5
					T1	0:45.9		2.000	18:41.4
					Bike 1	30:44.8	2:48/M	13.000	49:26.3
					T2	0:32.8		13.000	49:59.1
					Run 2	18:42.9	9:21/M	15.000	1:08:42.0
					T3	0:42.0		15.000	1:09:24.1
					Bike 2	32:03.7	2:55/M	26.000	1:41:27.8
					Finish	0:20.4	3:20/M	26.100	1:41:48.2
<b>6</b>	<b>Rob Self</b>	<b>147</b>	<b>M/53</b>	<b>8</b>			<b>3:59/M</b>	<b>26.100</b>	<b>1:43:58.1</b>
					Run 1	15:37.9	7:49/M	2.000	15:37.9
					T1	0:49.8		2.000	16:27.7
					Bike 1	32:13.9	2:56/M	13.000	48:41.6
					T2	0:51.2		13.000	49:32.9
					Run 2	18:35.5	9:18/M	15.000	1:08:08.4
					T3	0:55.8		15.000	1:09:04.2
					Bike 2	34:26.1	3:08/M	26.000	1:43:30.4
					Finish	0:27.7	4:30/M	26.100	1:43:58.1

**Men 55 to 59**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>	
<b>1</b>	<b>Michael England</b>	<b>132</b>	<b>M/56</b>	<b>8</b>		<b>3:37/M</b>	<b>26.100</b>	<b>1:34:20.9</b>	
					Run 1	15:00.1	7:30/M	2.000	15:00.1
					T1	0:38.2		2.000	15:38.3
					Bike 1	30:13.6	2:45/M	13.000	45:51.9
					T2	0:22.8		13.000	46:14.8
					Run 2	16:00.2	8:00/M	15.000	1:02:15.0
					T3	0:40.7		15.000	1:02:55.7
					Bike 2	31:06.9	2:50/M	26.000	1:34:02.6
					Finish	0:18.3	3:00/M	26.100	1:34:20.9
<b>2</b>	<b>Roy Gracia</b>	<b>61</b>	<b>M/57</b>	<b>8</b>		<b>5:56/M</b>	<b>26.100</b>	<b>2:34:53.1</b>	
					Run 1	20:54.2	10:27/M	2.000	20:54.2
					T1	1:13.1		2.000	22:07.3
					Bike 1	49:05.3	4:28/M	13.000	1:11:12.6
					T2	0:43.4		13.000	1:11:56.0
					Run 2	27:15.7	13:38/M	15.000	1:39:11.7
					T3	0:57.1		15.000	1:40:08.8
					Bike 2	54:18.7	4:56/M	26.000	2:34:27.5
					Finish	0:25.6	4:10/M	26.100	2:34:53.1

Men 60 to 64

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Barry Clark	86	M/62	8		<b>3:19/M</b>	<b>26.100</b>	<b>1:26:32.7</b>
		Run 1			14:01.7	7:01/M	2.000	14:01.7
		T1			0:32.1		2.000	14:33.8
		Bike 1			27:18.9	2:29/M	13.000	41:52.7
		T2			0:34.5		13.000	42:27.2
		Run 2			15:45.8	7:53/M	15.000	58:13.1
		T3			0:48.7		15.000	59:01.8
		Bike 2			27:11.4	2:28/M	26.000	1:26:13.2
		Finish			0:19.4	3:10/M	26.100	1:26:32.7
2	Richard Smith	18	M/60	8		<b>3:28/M</b>	<b>26.100</b>	<b>1:30:30.2</b>
		Run 1			14:13.1	7:07/M	2.000	14:13.1
		T1			0:31.1		2.000	14:44.3
		Bike 1			29:40.1	2:42/M	13.000	44:24.4
		T2			0:23.3		13.000	44:47.8
		Run 2			14:59.4	7:30/M	15.000	59:47.2
		T3			0:32.1		15.000	1:00:19.3
		Bike 2			29:44.9	2:42/M	26.000	1:30:04.2
		Finish			0:26.0	4:20/M	26.100	1:30:30.2
3	Christopher Lane	15	M/61	8		<b>3:30/M</b>	<b>26.100</b>	<b>1:31:26.7</b>
		Run 1			15:05.0	7:33/M	2.000	15:05.0
		T1			0:30.6		2.000	15:35.6
		Bike 1			28:50.0	2:37/M	13.000	44:25.6
		T2			0:24.8		13.000	44:50.5
		Run 2			16:13.1	8:07/M	15.000	1:01:03.6
		T3			0:38.2		15.000	1:01:41.9
		Bike 2			29:14.8	2:39/M	26.000	1:30:56.7
		Finish			0:29.9	4:50/M	26.100	1:31:26.7
4	Todd Maslow	83	M/61	8		<b>4:00/M</b>	<b>26.100</b>	<b>1:44:15.6</b>
		Run 1			16:31.3	8:16/M	2.000	16:31.3
		T1			0:50.4		2.000	17:21.7
		Bike 1			32:33.4	2:58/M	13.000	49:55.1
		T2			0:34.2		13.000	50:29.4
		Run 2			18:16.3	9:08/M	15.000	1:08:45.7
		T3			0:59.2		15.000	1:09:44.9
		Bike 2			33:54.2	3:05/M	26.000	1:43:39.1
		Finish			0:36.4	6:00/M	26.100	1:44:15.6
5	Ian Rodger	28	M/62	8		<b>4:23/M</b>	<b>26.100</b>	<b>1:54:19.4</b>
		Run 1			17:47.0	8:54/M	2.000	17:47.0
		T1			0:52.9		2.000	18:40.0
		Bike 1			36:33.4	3:19/M	13.000	55:13.4
		T2			0:52.3		13.000	56:05.7
		Run 2			20:01.0	10:01/M	15.000	1:16:06.7
		T3			0:59.5		15.000	1:17:06.2

Bike 2	36:40.0	3:20/M	26.000	1:53:46.2
Finish	0:33.2	5:30/M	26.100	1:54:19.4

**Men 65 to 69**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Paul Goelzer	152	M/67	8		<b>3:59/M</b>	<b>26.100</b>	<b>1:44:09.7</b>
		Run 1			16:54.9	8:27/M	2.000	16:54.9
		T1			1:36.7		2.000	18:31.7
		Bike 1			30:56.4	2:49/M	13.000	49:28.1
		T2			1:49.4		13.000	51:17.5
		Run 2			18:42.1	9:21/M	15.000	1:09:59.7
		T3			1:24.2		15.000	1:11:23.9
		Bike 2			32:13.4	2:56/M	26.000	1:43:37.3
		Finish			0:32.4	5:20/M	26.100	1:44:09.7
2	Robert Beck	102	M/65	8		<b>5:14/M</b>	<b>26.100</b>	<b>2:16:31.9</b>
		Run 1			25:25.9	12:43/M	2.000	25:25.9
		T1			2:46.5		2.000	28:12.4
		Bike 1			36:49.6	3:21/M	13.000	1:05:02.0
		T2			2:12.2		13.000	1:07:14.2
		Run 2			28:44.4	14:22/M	15.000	1:35:58.6
		T3			2:03.0		15.000	1:38:01.7
		Bike 2			37:50.1	3:26/M	26.000	2:15:51.8
		Finish			0:40.1	6:40/M	26.100	2:16:31.9

**Men 70 to 74**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Tommy Farrar	145	M/70	8		<b>4:20/M</b>	<b>26.100</b>	<b>1:53:13.0</b>
		Run 1			18:43.4	9:22/M	2.000	18:43.4
		T1			0:30.1		2.000	19:13.5
		Bike 1			33:30.8	3:03/M	13.000	52:44.3
		T2			1:06.8		13.000	53:51.1
		Run 2			21:44.4	10:52/M	15.000	1:15:35.5
		T3			0:52.9		15.000	1:16:28.4
		Bike 2			36:20.3	3:18/M	26.000	1:52:48.7
		Finish			0:24.2	4:00/M	26.100	1:53:13.0
2	Joe Rivera	99	M/70	8		<b>4:24/M</b>	<b>26.100</b>	<b>1:55:02.8</b>
		Run 1			18:02.6	9:01/M	2.000	18:02.6
		T1			1:39.0		2.000	19:41.6
		Bike 1			37:43.8	3:26/M	13.000	57:25.4
		T2			1:35.1		13.000	59:00.5
		Run 2			18:30.2	9:15/M	15.000	1:17:30.7
		T3			1:07.0		15.000	1:18:37.7
		Bike 2			36:01.9	3:16/M	26.000	1:54:39.6
		Finish			0:23.2	3:50/M	26.100	1:55:02.8

Clydesdale

Clydesdale Open

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Brad Bowerman	75	M/36	8		3:28/M	26.100	1:30:19.7
		Run 1			14:43.5	7:22/M	2.000	14:43.5
		T1			1:14.0		2.000	15:57.5
		Bike 1			27:36.3	2:31/M	13.000	43:33.8
		T2			1:10.7		13.000	44:44.5
		Run 2			15:58.1	7:59/M	15.000	1:00:42.6
		T3			1:22.7		15.000	1:02:05.3
		Bike 2			27:56.1	2:32/M	26.000	1:30:01.4
		Finish			0:18.2	3:00/M	26.100	1:30:19.7
2	Chris Brooks	69	M/33	8		3:46/M	26.100	1:38:19.9
		Run 1			15:45.0	7:53/M	2.000	15:45.0
		T1			0:33.4		2.000	16:18.4
		Bike 1			32:13.6	2:56/M	13.000	48:32.0
		T2			0:45.4		13.000	49:17.5
		Run 2			16:50.5	8:25/M	15.000	1:06:08.0
		T3			0:40.3		15.000	1:06:48.3
		Bike 2			31:10.9	2:50/M	26.000	1:37:59.3
		Finish			0:20.6	3:20/M	26.100	1:38:19.9

Clydesdale Masters

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Stacy Godo	103	M/49	8		3:43/M	26.100	1:36:53.2
		Run 1			15:37.8	7:49/M	2.000	15:37.8
		T1			1:01.3		2.000	16:39.1
		Bike 1			30:08.6	2:44/M	13.000	46:47.7
		T2			0:49.2		13.000	47:37.0
		Run 2			17:53.0	8:57/M	15.000	1:05:30.0
		T3			1:00.1		15.000	1:06:30.1
		Bike 2			29:47.8	2:42/M	26.000	1:36:17.9
		Finish			0:35.3	5:50/M	26.100	1:36:53.2
2	Dennis Hyde	57	M/48	8		3:49/M	26.100	1:39:38.0
		Run 1			14:12.4	7:06/M	2.000	14:12.4
		T1			0:52.8		2.000	15:05.2
		Bike 1			33:00.7	3:00/M	13.000	48:06.0
		T2			0:23.1		13.000	48:29.1
		Run 2			16:19.2	8:10/M	15.000	1:04:48.3
		T3			0:58.3		15.000	1:05:46.6
		Bike 2			33:34.3	3:03/M	26.000	1:39:20.9
		Finish			0:17.1	2:50/M	26.100	1:39:38.0

3	Doug Hood	21	M/40	8		<b>3:49/M</b>	<b>26.100</b>	<b>1:39:39.5</b>
		Run 1			15:10.9	7:35/M	2.000	15:10.9
		T1			0:43.0		2.000	15:53.9
		Bike 1			32:48.7	2:59/M	13.000	48:42.7
		T2			0:36.5		13.000	49:19.2
		Run 2			15:55.7	7:58/M	15.000	1:05:14.9
		T3			0:45.2		15.000	1:06:00.1
		Bike 2			33:20.2	3:02/M	26.000	1:39:20.3
		Finish			0:19.1	3:10/M	26.100	1:39:39.5
4	William Pruett	49	M/44	8		<b>3:53/M</b>	<b>26.100</b>	<b>1:41:30.4</b>
		Run 1			18:32.0	9:16/M	2.000	18:32.0
		T1			0:42.9		2.000	19:15.0
		Bike 1			30:08.8	2:44/M	13.000	49:23.8
		T2			0:57.7		13.000	50:21.5
		Run 2			20:24.2	10:12/M	15.000	1:10:45.7
		T3			0:47.2		15.000	1:11:33.0
		Bike 2			29:39.9	2:42/M	26.000	1:41:12.9
		Finish			0:17.5	2:50/M	26.100	1:41:30.4
5	Michael Royce	90	M/51	8		<b>4:00/M</b>	<b>26.100</b>	<b>1:44:25.7</b>
		Run 1			16:12.1	8:06/M	2.000	16:12.1
		T1			0:44.8		2.000	16:56.9
		Bike 1			33:32.4	3:03/M	13.000	50:29.4
		T2			0:34.2		13.000	51:03.6
		Run 2			17:55.1	8:58/M	15.000	1:08:58.7
		T3			0:54.3		15.000	1:09:53.0
		Bike 2			34:07.4	3:06/M	26.000	1:44:00.4
		Finish			0:25.3	4:10/M	26.100	1:44:25.7
6	David Detamble	16	M/50	8		<b>4:17/M</b>	<b>26.100</b>	<b>1:51:48.5</b>
		Run 1			19:17.6	9:39/M	2.000	19:17.6
		T1			1:49.6		2.000	21:07.2
		Bike 1			32:41.9	2:58/M	13.000	53:49.1
		T2			1:17.1		13.000	55:06.2
		Run 2			21:11.6	10:36/M	15.000	1:16:17.8
		T3			1:38.4		15.000	1:17:56.2
		Bike 2			32:52.5	2:59/M	26.000	1:50:48.7
		Finish			0:59.8	9:50/M	26.100	1:51:48.5
7	Ben Lazenby	153	M/41	8		<b>4:23/M</b>	<b>26.100</b>	<b>1:54:27.0</b>
		Run 1			16:23.8	8:12/M	2.000	16:23.8
		T1			1:00.9		2.000	17:24.7
		Bike 1			37:18.3	3:23/M	13.000	54:43.1
		T2			0:42.9		13.000	55:26.0
		Run 2			18:40.9	9:20/M	15.000	1:14:07.0
		T3			0:52.7		15.000	1:14:59.7
		Bike 2			38:57.8	3:32/M	26.000	1:53:57.6
		Finish			0:29.4	4:50/M	26.100	1:54:27.0

8	Doug Moon	30	M/54	8	4:29/M	26.100	1:56:50.1	
	Run 1				19:39.4	9:50/M	2.000	19:39.4
	T1				1:38.5		2.000	21:18.0
	Bike 1				34:03.2	3:06/M	13.000	55:21.2
	T2				2:01.4		13.000	57:22.6
	Run 2				22:34.8	11:17/M	15.000	1:19:57.5
	T3				1:36.4		15.000	1:21:33.9
	Bike 2				34:35.5	3:09/M	26.000	1:56:09.4
	Finish				0:40.7	6:40/M	26.100	1:56:50.1

Athena

Athena Open

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Gender/Age</u>	<u>Segments</u>	<u>Time</u>	<u>Pace</u>	<u>Distance</u>	<u>Total Time</u>
1	Jennifer Anderson	50	F/38	8	25:34.7	5:23/M	26.100	2:20:29.9
	Run 1				25:34.7	12:47/M	2.000	25:34.7
	T1				1:01.1		2.000	26:35.8
	Bike 1				41:07.8	3:44/M	13.000	1:07:43.6
	T2				0:48.9		13.000	1:08:32.5
	Run 2				27:24.5	13:42/M	15.000	1:35:57.0
	T3				0:49.5		15.000	1:36:46.5
	Bike 2				43:14.8	3:56/M	26.000	2:20:01.4
	Finish				0:28.5	4:40/M	26.100	2:20:29.9