

Sunday, September 26, 2010

Carrollton Runners Club

Cloudy 68F 60%H

(Wind 10Mph)

www.CarrolltonRunners.com

@McInnish Park, Carrollton TX

Mile Off :7:34 am

5K Off :7:49 am

5K MALE

		Name	City	(Age)	Split	Chip Time	Pace	Place in	
								OA	GD
OVERALL	1	AUSTIN YAEGER		(17)	+27	17:11.41	5:32.0	1	1
MASTERS	1	FROYLAN FRANCO	Mckinney	(42)		19:38.61	6:19.4	2	2
SENIORS	1	JULIO LOPEZ	Farmers Branch	(55)		22:27.25	7:13.6	8	7
M30-34	1	KRIS NANCE	Plano	(33)	+10	19:52.85 ⌘	6:23.9	3	3
	2	JEREMIAH RICHARDS	Carrollton	(31)	+65	25:01.51 ⌘	8:03.3	17	14
	3	PAUL BEUKEMA		(34)	+132	26:50.33	8:38.3	21	18
M40-44	1	KEITH KUPIEC	Carrollton	(42)		28:25.57	9:09.0	26	21
M45-49	1	DENNIS MAIETTA	Grapevine	(49)		21:21.99	6:52.6	6	5
	2	MICHAEL O'CONNOR	Thunder Bay	(45)	+95	22:04.36 ⌘	7:06.3	7	6
	3	M MAIMONIDES	Dallas	(46)	+64	23:20.71	7:30.8	12	10
	4	DAVID SHORT		(49)	-15	24:16.17	7:48.7	16	13
	5	JEFF BREESE	Frisco	(46)	-16	24:16.45	7:48.8	15	12
M50-54	1	GABRIEL SAPIEN	Carrollton	(50)	+49	21:05.47 ⌘	6:47.3	5	4
	2	MIGUEL MATOS, JR.	Euless	(53)	+31	27:41.41	8:54.8	25	20
	3	RICHARD WEBER	Arlington	(53)	+66	31:59.25	10:17.7	29	23
M55-59	1	KEITH WOLLING	Plano	(56)	+48	22:38.47	7:17.2	10	8
	2	DAVID MASK	Lewisville	(58)	+35	23:50.52	7:40.4	14	11
	3	MIKE DAVIS		(59)	-2	25:43.13	8:16.7	19	16
	4	KEN ASHBY	Dallas	(57)	-7	25:54.72	8:20.4	20	17
	5	DON WALLACE	Plano	(57)	+55	27:04.50	8:42.9	22	19
M60-64	1	JOHN NANCE	Rowlett	(62)	+35	22:53.08	7:22.0	11	9
	2	GLENN DUMAS	Farmers Branch	(60)	+27	24:52.30 ⌘	8:00.3	18	15
M65-69	1	TOMMY FARRAR	Coppell	(69)		28:45.65	9:15.4	27	22
M75-79	1	ROBERT CUNNINGHAM	Grand Prairie	(79)	+96	42:18.95	13:37.2	33	24

⌘ Ran Mile before 5K

© Broke Age-Group Record

GD Place among Females

▲ Positive Split

▲ Negative Split



Timing provided by:

DELTAVIEWTIMING.COM

5K FEMALE

		Name	City	(Age)	Split	Chip Time	Pace	Place in	
								OA	GD
OVERALL	1	LAURA NELSON	Grapevine	(44)	+40	20:32.24 ⌘	6:36.6	4	1
MASTERS	1	SUE WALLACE	Plano	(52)	+55	27:04.84	8:43.0	23	4
SENIORS	1	CAROL WILLIAMS		(74)	-47	39:21.45	12:40.1	31	8
F30-34	1	HANNA MORENO	Farmers Branch	(30)		23:25.84	7:32.5	13	3
	2	JENNIFER RICHARDS	Carrollton	(30)	+31	29:16.27 ⌘	9:25.3	28	6
	3	OLIVIA ALEXANDER	Duncanville	(32)	-6	56:41.00	18:14.7	36	12
F35-39	1	JULIE BURNS	Dallas	(36)	+31	22:31.11 ⌘	7:14.9	9	2
	2	KATHRYN MARTINEZ	Mesquite	(39)	-6	56:40.93	18:14.7	35	11
F45-49	1	YANIRA LOPEZ	Farmers Branch	(47)		27:30.10 ⌘	8:51.1	24	5
	2	AMBER McELVEEN	Carrollton	(47)	+24	41:07.80	13:14.3	32	9
	3	SHAI MENDOZA	Grand Prairie	(45)	+70	43:17.40	13:56.0	34	10
F50-54	1	PATRICIA WEBER	Arlington	(51)	+249	39:06.63	12:35.3	30	7

1M MALE

		Name	City	(Age)	Split	Chip Time	Pace	Place in	
								OA	GD
OVERALL	1	KRIS NANCE	Plano	(33)		5:33.66 ☺	5:33.7	1	1
M01-09	1	ALEXANDER SINGLETON	Coppell	(6)		9:31.72	9:31.7	10	6
M10-14	1	BRANDON SINGLETON	Coppell	(12)		8:02.94	8:02.9	7	4
M30-34	1	JEREMIAH RICHARDS	Carrollton	(31)		10:16.97	10:17.0	13	7
M45-49	1	MICHAEL O'CONNOR	Thunder Bay	(45)		6:05.76	6:05.8	4	3
M50-54	1	GABRIEL SAPIEN		(50)		5:51.62	5:51.6	3	2
M60-64	1	GLENN DUMAS	Farmers Branch	(60)		7:39.73	7:39.7	9	5

1M FEMALE

		Name	City	(Age)	Split	Chip Time	Pace	Place in	
								OA	GD
OVERALL	1	LAURA NELSON	Grapevine	(44)		5:40.96 ☺	5:41.0	2	1
F01-09	1	CALISTA RICHARDS	Carrollton	(8)		9:46.63	9:46.6	11	5
F10-14	1	BRITTANI SINGLETON	Coppell	(14)		7:22.22	7:22.2	6	3
F30-34	1	HOLLY SINGLETON	Coppell	(31)		10:01.82	10:01.8	12	6
	2	JENNIFER RICHARDS	Carrollton	(30)		10:17.42	10:17.4	14	7
F35-39	1	JULIE BURNS	Dallas	(36)		6:59.80	6:59.8	5	2
F45-49	1	YANIRA LOPEZ	Farmers Branch	(47)		8:08.54	8:08.5	8	4

⌘ Ran Mile before 5K
☺ Broke Age-Group Record

GD Place among Females

▲ Positive Split
▲ Negative Split

Timing provided by:
 DELTAVIEWTIMING.COM

Dist	OA	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	Pace	5KEq	Clock Time
1M	1	8809 Kris Nance (M33)	1	M30-34	OA	---				5:33.66 ☺	5:33.7	18.99	5:33.67
1M	2	7274 Laura Nelson (F44)	1	F40-44	OA	---				5:40.96 ☺	5:41.0	19.39	5:40.98
1M	3	8515 Gabriel Sapien (M50)	2	M50-54	1st	---				5:51.62	5:51.6	20.01	5:51.64
1M	4	8545 Michael Oconnor (M45)	3	M45-49	1st	---				6:05.76	6:05.8	20.81	6:05.78
1M	5	7197 Julie Burns (F36)	2	F35-39	1st	---				6:59.80	6:59.8	23.89	6:59.82
1M	6	8533 Brittani Singleton (F14)	3	F10-14	1st	---				7:22.22	7:22.2	25.20	7:22.24
1M	7	8805 Brandon Singleton (M12)	4	M10-14	1st	---				8:02.94	8:02.9	27.48	8:02.96
1M	8	7198 Yanira Lopez (F47)	4	F45-49	1st	---				8:08.54	8:08.5	27.83	8:08.56
1M	9	7014 Glenn Dumas (M60)	5	M60-64	1st	40.0				7:39.73	7:39.7	26.17	8:19.75
1M	10	8535 Alexander Singleton (M6)	6	M01-09	1st	---				9:31.72	9:31.7	32.56	9:31.74
1M	11	8812 Calista Richards (F8)	5	F01-09	1st	---				9:46.63	9:46.6	33.41	9:46.65
1M	12	8532 Holly Singleton (F31)	6	F30-34	1st	---				10:01.82	10:01.8	34.27	10:01.84
1M	13	7386 Jeremiah Richards (M31)	7	M30-34	1st	---				10:16.97	10:17.0	35.12	10:16.99
1M	14	8543 Jennifer Richards (F30)	7	F30-34	2nd	---				10:17.42	10:17.4	35.18	10:17.44

Dist	OA	Bib Name	GD	AgeGrp	AG	Start	1stH	2ndH	△	FinishTime+	Pace	5KEq	Clock Time
5K	1	8536 Austin Yaeger (M17)	1	M15-19	OA	20.9	8:22	8:49	+27	17:11.41	5:32.0	17.18	17:32.31
5K	2	7428 Froylan Franco (M42)	2	M40-44	MS	1.9				19:38.61	6:19.4	19.63	19:40.54
5K	3	8809 Kris Nance (M33)	3	M30-34	1st	---	9:52	10:01	+10	19:52.85 ☼	6:23.9	19.87	19:52.85
5K	4	7274 Laura Nelson (F44)	1	F40-44	OA	0.7	9:56	10:36	+40	20:32.24 ☼	6:36.6	20.53	20:32.96
5K	5	8515 Gabriel Sapien (M50)	4	M50-54	1st	1.8	10:08	10:57	+49	21:05.47 ☼	6:47.3	21.08	21:07.23
5K	6	7273 Dennis Maietta (M49)	5	M45-49	1st	2.0				21:21.99	6:52.6	21.35	21:24.00
5K	7	8545 Michael Oconnor (M45)	6	M45-49	2nd	1.5	10:15	11:50	+95	22:04.36 ☼	7:06.3	22.07	22:05.90
5K	8	7193 Julio Lopez (M55)	7	M55-59	SR	2.4				22:27.25	7:13.6	22.45	22:29.66
5K	9	7197 Julie Burns (F36)	2	F35-39	1st	1.1	11:00	11:31	+31	22:31.11 ☼	7:14.9	22.52	22:32.22
5K	10	8537 Keith Wolling (M56)	8	M55-59	1st	0.9	10:55	11:43	+48	22:38.47	7:17.2	22.63	22:39.41
5K	11	144 John Nance (M62)	9	M60-64	1st	---	11:09	11:44	+35	22:53.08	7:22.0	22.88	22:53.08
5K	12	7421 M Maimonides (M46)	10	M45-49	3rd	3.9	11:08	12:12	+64	23:20.71	7:30.8	23.33	23:24.57
5K	13	8518 Hanna Moreno (F30)	3	F30-34	1st	2.0				23:25.84	7:32.5	23.42	23:27.86
5K	14	7179 David Mask (M58)	11	M55-59	2nd	5.3	11:38	12:13	+35	23:50.52	7:40.4	23.83	23:55.84
5K	15	1389 Jeff Breese (M46)	12	M45-49	4th	3.3	12:16	12:00	-16	24:16.45	7:48.8	24.27	24:19.75
5K	16	8527 David Short (M49)	13	M45-49	5th	5.0	12:16	12:00	-15	24:16.17	7:48.7	24.27	24:21.15
5K	17	7386 Jeremiah Richards (M31)	14	M30-34	2nd	---	11:58	13:03	+65	25:01.51 ☼	8:03.3	25.02	25:01.51
5K	18	7014 Glenn Dumas (M60)	15	M60-64	2nd	12.5	12:13	12:40	+27	24:52.30 ☼	8:00.3	24.87	25:04.82
5K	19	8553 Mike Davis (M59)	16	M55-59	3rd	6.1	12:52	12:51	-2	25:43.13	8:16.7	25.72	25:49.23
5K	20	8804 Ken Ashby (M57)	17	M55-59	4th	---	13:01	12:54	-7	25:54.72	8:20.4	25.90	25:54.72
5K	21	8558 Paul Beukema (M34)	18	M30-34	3rd	4.4	12:19	14:31	+132	26:50.33	8:38.3	26.83	26:54.73
5K	22	497 Don Wallace (M57)	19	M55-59	5th	5.9	13:05	14:00	+55	27:04.50	8:42.9	27.07	27:10.41
5K	23	498 Sue Wallace (F52)	4	F50-54	MS	6.0	13:05	14:00	+55	27:04.84	8:43.0	27.07	27:10.89
5K	24	7198 Yanira Lopez (F47)	5	F45-49	1st	3.6				27:30.10 ☼	8:51.1	27.50	27:33.68
5K	25	8541 Miguel Matos, Jr. (M53)	20	M50-54	2nd	3.0	13:35	14:06	+31	27:41.41	8:54.8	27.68	27:44.38
5K	26	8808 Keith Kupiec (M42)	21	M40-44	1st	---				28:25.57	9:09.0	28.42	28:25.57
5K	27	7078 Tommy Farrar (M69)	22	M65-69	1st	6.3				28:45.65	9:15.4	28.75	28:52.00
5K	28	8543 Jennifer Richards (F30)	6	F30-34	2nd	10.1	14:23	14:54	+31	29:16.27 ☼	9:25.3	29.27	29:26.39
5K	29	7017 Richard Weber (M53)	23	M50-54	3rd	---	15:27	16:32	+66	31:59.25	10:17.7	31.98	31:59.25
5K	30	7020 Patricia Weber (F51)	7	F50-54	1st	2.6	17:29	21:38	+249	39:06.63	12:35.3	39.10	39:09.19
5K	31	8540 Carol Williams (F74)	8	F70-74	SR	9.5	20:04	19:17	-47	39:21.45	12:40.1	39.35	39:30.94
5K	32	8538 Amber McElveen (F47)	9	F45-49	2nd	11.0	20:22	20:46	+24	41:07.80	13:14.3	41.12	41:18.75
5K	33	7030 Robert Cunningham (M79)	24	M75-79	1st	8.6	20:22	21:57	+96	42:18.95	13:37.2	42.30	42:27.58
5K	34	8552 Shai Mendoza (F45)	10	F45-49	3rd	7.3	21:04	22:14	+70	43:17.40	13:56.0	43.28	43:24.70
5K	35	8529 Kathryn Martinez (F39)	11	F35-39	2nd	14.5	28:23	28:17	-6	56:40.93	18:14.7	56.67	56:55.43
5K	36	8531 Olivia Alexander (F32)	12	F30-34	3rd	14.5	28:23	28:18	-6	56:41.00	18:14.7	56.68	56:55.50

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△ Positive Split
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