

3rd Annual Bronda's Run/Bike Duathlon (2010) Relays, Arlington, November 14, 2010

Results By RunFAR Racing Services, Inc.

Coed Relays

					----- Run 1 -----			T1	----- 16 M Bike -----			T2	----- Run 2 -----			Total
<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Haynsworth	446	23	F	3	16:58.0	8:05	0:34.0	1	44:12.4	21.7	0:29.1	4	16:41.1	7:57	1:18:54.8
2	Chuck N' Jake	438	25	F	2	16:33.9	7:53	0:51.4	3	50:27.9	19.0	0:34.1	2	13:28.6	6:25	1:21:56.2
3	Speed Demons	341	24	F	4	17:07.1	8:09	0:58.1	4	57:28.1	16.7	0:45.1	3	14:17.6	6:48	1:30:36.1
4	He Bikes She Runs	227	23	M	5	21:47.1	10:22	0:42.8	2	46:01.0	20.9	0:37.1	5	22:29.3	10:42	1:31:37.4
5	Bronda's Team	201	66	M	1	12:10.1	5:48	0:40.3	5	1:07:50.4	14.2	0:38.6	1	12:45.6	6:04	1:34:05.2

Women's Relays

					----- Run 1 -----			T1	----- 16 M Bike -----			T2	----- Run 2 -----			Total
<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Snyder--Artt	339	64	F	1	20:45.3	9:53	1:23.9	1	57:50.5	16.6	0:47.2	1	22:12.8	10:34	1:42:59.9

Men's Relays

					----- Run 1 -----			T1	----- 16 M Bike -----			T2	----- Run 2 -----			Total
<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Gender</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Premier Fitness in Tyler Texas	398	23	M	1	11:17.9	5:22	0:33.5	1	41:56.3	22.9	0:29.1	1	11:42.3	5:34	1:05:59.3
2	Tuneros Racing	437	25	M	2	13:00.3	6:11	0:39.0	2	42:16.8	22.7	0:26.9	3	13:18.4	6:20	1:09:41.6
3	Lincoln & Lincoln	455	22	M	3	15:57.0	7:36	0:44.9	3	43:29.4	22.1	0:36.8	2	13:06.6	6:14	1:13:54.9

Clydesdales & Athenas

Clydesdale

Clydesdale 39 & Under																
Overall					----- Run 1 -----			T1	----- 16 M Bike -----			T2	----- Run 2 -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	1	Jason Waters	397	35	1	13:46.9	6:33	1:08.7	2	45:34.7	21.1	0:49.6	2	15:07.1	7:12	1:16:27.3
2	2	Michael Baughman	459	21	2	14:03.7	6:41	1:07.5	4	49:28.2	19.4	0:51.7	1	14:44.7	7:01	1:20:16.1
3	3	Eric Herring	353	34	4	15:17.6	7:17	1:44.2	3	46:12.4	20.8	1:30.1	3	17:27.5	8:19	1:22:12.1

Clydesdale 40 & Over																
Overall					----- Run 1 -----			T1	----- 16 M Bike -----			T2	----- Run 2 -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	6	Derek Reeder	355	41	1	15:17.3	7:17	1:21.5	1	49:09.8	19.5	1:13.0	2	19:19.0	9:12	1:26:20.8*
2	7	John Thornton	361	51	2	15:56.6	7:35	0:50.6	2	51:22.7	18.7	1:05.4	1	17:55.7	8:32	1:27:11.1
3	8	Philip Null	461	54	3	18:17.6	8:42	1:46.3	3	52:34.7	18.3	1:28.8	3	19:43.1	9:23	1:33:50.7

Athena

Athena 39 & Under																
Overall					----- Run 1 -----			T1	----- 16 M Bike -----			T2	----- Run 2 -----			Total
Place	Place	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	1	Tiffany Hansen	300	31	1	17:55.5	8:32	1:29.3	1	56:27.6	17.0	1:32.4	1	16:38.0	7:55	1:34:03.0
2	2	Jean Brown	269	33	3	21:01.3	10:00	1:05.6	2	1:03:03.7	15.2	1:19.2	2	23:39.3	11:16	1:50:09.2

Athena 40 & Over

Overall					----- Run 1 -----			T1	----- 16 M Bike -----			T2	----- Run 2 -----			Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Judy Horn	328	47	1	21:38.7	10:18	1:44.9	2	1:03:05.8	15.2	1:37.0	2	26:27.6	12:36	1:54:34.2
2	4	Laurel Lozano	302	42	3	24:01.9	11:26	1:19.3	3	1:10:50.2	13.6	1:08.3	1	25:58.7	12:22	2:03:18.5