

AUGUST GUSTO 5K Run/Walk

(Held at River Legacy Parks, Arlington, TX on 08/28/2010)

(Timed finishers: 119 Female; 83 Male)

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name Last Name	Gender	Age	Age Grp	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Female Overall Winner										
Elizabeth Rudy	F	52	50-54	442	21.46	7.00		1	12	
Female Masters Winner										
Kim Andres	F	57	55-59	410	23.47	7.39		3	23	
Tashi Greeson	F	4	00-06	523	67.43	21.48	1	118	201	
Senet Amn	F	10	09-11	458	54.55	17.41	1	107	187	
Sofia Shirley	F	13	12-14	509	27.50	8.57	1	12	56	
Kiah Pena	F	17	15-19	455	38.17	12.19	1	62	126	
Shandra Moore	F	24	20-24	353	23.36	7.36	1	2	18	
Jeka Sisco	F	23	20-24	375	28.25	9.09	2	17	65	
Rachel Bevilacqua	F	22	20-24	377	33.23	10.45	3	44	101	
Melissa Grobler	F	23	20-24	224	34.52	11.13	4	49	110	
Holly England	F	22	20-24	400	36.28	11.44	5	57	120	
Celeste Weary	F	24	20-24	533	37.31	12.04	6	59	123	
Ginger Steinman Steinman	F	23	20-24	401	38.22	12.21	7	63	129	
Katlyn Mendoza	F	21	20-24	505	46.11	14.52	8	87	163	
Anne Carson	F	26	25-29	358	25.17	8.08	1	8	39	
Sarah Lin	F	28	25-29	214	28.05	9.02	2	15	59	
Tara Yeater	F	29	25-29	231	29.07	9.22	3	21	70	
Anna Schwenemann	F	25	25-29	382	29.34	9.31	4	23	73	
Alicia Garza	F	26	25-29	566	29.44	9.34	5	24	74	Random
Monica Martinez	F	26	25-29	552	29.48	9.35	6	25	75	
Stephanie Walters	F	25	25-29	452	30.01	9.40	7	27	77	
Kristin Salagaj	F	27	25-29	441	30.28	9.48	8	29	83	Random
April Ellis	F	28	25-29	213	31.02	9.59	9	32	87	
Jennifer Jobe	F	29	25-29	393	32.15	10.23	10	38	95	
Elizabeth Brents	F	26	25-29	211	32.28	10.27	11	41	98	
Rachel Buchanan	F	26	25-29	359	34.34	11.08	12	47	106	
Jessica Arthur	F	26	25-29	383	36.09	11.38	13	54	117	
Cortney Palmer	F	28	25-29	563	43.24	13.58	14	82	154	
Shelley McCuin	F	26	25-29	521	49.17	15.52	15	99	177	
Krystle Shetler	F	25	25-29	549	51.59	16.44	16	105	184	

First Name	Last Name	Gender	Age	Age Grp	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Boum	Moore	F	29	25-29	387	53.37	17.15	17	106	186	
Stephanie	Handsome	F	28	25-29	352	56.31	18.11	18	113	193	
Carolyn	Gallagher	F	31	30-34	418	24.33	7.54	1	5	28	
Susie	Davis	F	30	30-34	560	27.56	8.59	2	13	57	
Katie	Cordio	F	30	30-34	540	28.05	9.02	3	14	58	
Jenniffer	Wisbrock	F	34	30-34	439	28.32	9.11	4	19	67	
Brenda	Buske	F	34	30-34	365	29.18	9.26	5	22	72	
Mindy	Cramer	F	30	30-34	513	30.44	9.53	6	30	85	
Linda	Nance	F	34	30-34	389	31.28	10.08	7	34	89	
Hayley	Kowis	F	32	30-34	440	31.57	10.17	8	36	92	
Shawna	Drake	F	34	30-34	407	33.05	10.39	9	43	100	
Michelle	Beltran	F	34	30-34	438	34.41	11.10	10	48	107	
Michaela	Jacob-Sims	F	34	30-34	503	35.22	11.23	11	52	113	
Breanne	Eoff	F	31	30-34	212	36.09	11.38	12	53	116	
Rossi	Robben	F	34	30-34	559	36.28	11.44	13	56	119	
Raydelia	Tyler	F	32	30-34	462	37.20	12.01	14	58	122	
Jaymi	Marshall	F	30	30-34	237	39.50	12.49	15	70	138	
Monique	Hoppe	F	30	30-34	384	40.20	12.59	16	72	140	
Natalie	Huerta	F	33	30-34	461	46.14	14.53	17	88	164	
Amanda	Breaux	F	30	30-34	406	49.04	15.48	18	97	174	
Stephanie	Shetler	F	33	30-34	550	51.51	16.41	19	104	183	
Angela	Williams	F	31	30-34	350	58.48	18.56	20	115	196	
Kim	West	F	39	35-39	537	25.19	8.09	1	9	40	
Martha	Martinez	F	36	35-39	515	27.22	8.48	2	11	55	
Sandy	Rivera	F	38	35-39	446	31.37	10.11	3	35	90	
Kenda	Dark	F	35	35-39	527	32.04	10.19	4	37	93	
Kelley	Hartsell	F	37	35-39	355	32.31	10.28	5	42	99	
Nikki	Carter	F	39	35-39	229	36.12	11.39	6	55	118	
Alisha	Herrick	F	35	35-39	371	38.16	12.19	7	61	125	
Rosanne	Peragine	F	36	35-39	463	39.16	12.38	8	67	134	
Sandra	Choung	F	38	35-39	202	39.29	12.42	9	69	137	
Taren	Rodabaugh	F	35	35-39	208	42.57	13.49	10	79	150	
Shela	Williams	F	38	35-39	412	44.13	14.14	11	85	158	
Victoria	Hall	F	39	35-39	554	55.00	17.42	12	109	189	
Gina	Olivares	F	43	40-44	380	28.27	9.09	1	18	66	
Yolanda	Roberts	F	41	40-44	348	30.52	9.56	2	31	86	
Lora	Gray	F	44	40-44	346	33.37	10.49	3	45	102	
Shannon	Chaler	F	43	40-44	421	35.21	11.23	4	51	112	
Nicole	Hogan	F	42	40-44	528	38.00	12.14	5	60	124	
Latanya	Lee	F	41	40-44	507	38.52	12.31	6	65	132	
Marilyn	Edwards	F	42	40-44	460	39.10	12.36	7	66	133	
Cynthia	Pena	F	42	40-44	456	39.20	12.40	8	68	136	
Leshawn	Vaughn	F	42	40-44	416	40.47	13.08	9	74	142	
Bobbia	Lawrence	F	40	40-44	347	41.28	13.21	10	76	144	

First Name	Last Name	Gender	Age	Age Grp	Bib #	Finish Time (Mins. .Secs)	Avg Pace	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
							per Mile (5K = 3.107 mls) (Mins. .Secs)				
Edwana	Curley	F	41	40-44	227	41.46	13.27	11	78	146	
Taunia	Austin	F	41	40-44	553	43.20	13.57	12	80	152	
Lasunja	Hanson	F	40	40-44	526	43.22	13.57	13	81	153	
Devilayn	Allen	F	41	40-44	428	43.58	14.09	14	84	157	
Sophia	Johnson	F	44	40-44	556	47.02	15.08	15	91	167	
Angela	Dowsey	F	41	40-44	467	47.03	15.09	16	92	168	
Tabitha	Brown	F	41	40-44	525	47.06	15.10	17	93	169	
Nichole	Houston	F	41	40-44	341	47.10	15.11	18	94	170	
Vicki	Borne	F	41	40-44	535	49.13	15.50	19	98	175	
Keisha	Blake	F	40	40-44	417	50.16	16.11	20	100	178	
Sonja	Coleman	F	44	40-44	555	50.54	16.23	21	101	179	
Shellice	Vaughal	F	41	40-44	465	50.58	16.24	22	102	180	
Beverly	Williams	F	40	40-44	457	58.01	18.40	23	114	194	
Paula	Houston	F	41	40-44	345	61.24	19.46	24	117	200	
Michelle	Greeson	F	43	40-44	524	67.44	21.48	25	119	202	
Elizabeth	Grobler	F	48	45-49	222	24.19	7.50	1	4	24	
Cathy	Salazar	F	47	45-49	232	26.32	8.32	2	10	49	
Jule	Sisco	F	48	45-49	376	29.50	9.36	3	26	76	
Saundra	Grisby	F	47	45-49	433	32.24	10.26	4	40	97	
Gloria	Muhammad	F	49	45-49	558	38.48	12.29	5	64	131	
Ruth	Beasley	F	47	45-49	390	40.25	13.00	6	73	141	
Pam	Miller	F	48	45-49	395	41.30	13.21	7	77	145	
Shai	Mendoza	F	45	45-49	447	46.16	14.53	8	89	165	
Danna	Walters	F	46	45-49	453	47.40	15.21	9	95	171	
Donna	Gallo	F	46	45-49	459	54.55	17.41	10	108	188	
Joyce	King	F	47	45-49	356	56.10	18.05	11	112	192	
Catherine	Ada Calderon	F	46	45-49	561	60.38	19.31	12	116	197	
Julie	Kendro	F	51	50-54	522	24.41	7.57	1	6	31	
Cynthia	Lyle	F	53	50-54	427	31.12	10.03	2	33	88	
Amanda	Moore	F	50	50-54	402	32.18	10.24	3	39	96	
Marlene	Shafer	F	50	50-54	430	40.50	13.09	4	75	143	Random
Pam	Holloway	F	54	50-54	386	46.20	14.55	5	90	166	
Betty	Stantine	F	54	50-54	436	48.26	15.35	6	96	173	
Camilla	Cotton	F	51	50-54	396	55.42	17.56	7	111	191	
Dana	Knight	F	57	55-59	426	28.37	9.13	1	20	69	
Sue	Adams	F	55	55-59	450	33.52	10.54	2	46	104	
Kathy	Ritterhouse	F	58	55-59	403	43.52	14.07	3	83	156	
Dianne	Hughes	F	56	55-59	511	44.39	14.22	4	86	159	
Janice	Holt	F	58	55-59	342	55.01	17.42	5	110	190	
Poksu	Binger	F	60	60-64	445	25.00	8.03	1	7	35	
Toni	McKenna	F	64	60-64	449	28.20	9.07	2	16	64	
Glenna	Jennings	F	64	60-64	517	30.21	9.46	3	28	80	
Cheryl	Moore	F	60	60-64	361	51.22	16.32	4	103	181	

First Name Last Name	Gender	Age	Age Grp	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Margaret Mason	F	67	65-69	227	35.11	11.19	1	50	111	
Priscilla Williams Washington	F		Unknown	562	40.12	12.56	1	71	139	
Male Overall Winner										
Stephen Anderson	M	41	40-44	233	17.02	5.29		1	1	
Male Masters Winner										
Blade Norman	M	50	50-54	443	19.14	6.11		3	3	
Collin McKinney	M	6	00-06	565	42.34	13.42		70	148	
Joseph Tiller	M	8	07-08	422	28.17	9.06	1	47	62	
Brandon Dark	M	11	09-11	388	23.04	7.25	1	14	15	
Jay Morton	M	14	12-14	519	21.20	6.52	1	8	8	
Christopher Walters	M	15	15-19	451	45.05	14.31	1	74	160	
Rodney Brown	M	24	20-24	546	22.52	7.22	1	13	14	
Jay Disimoni	M	24	20-24	373	29.10	9.23	2	50	71	
Matt Bevilacqua	M	24	20-24	378	30.12	9.43	3	52	79	
Alex Johnson	M	27	25-29	541	17.57	5.47	1	2	2	
Jacob Tiernan	M	25	25-29	411	20.41	6.39	2	7	7	
Roy Luna	M	28	25-29	544	21.39	6.58	3	11	11	
Matthew Maxwell	M	29	25-29	236	23.43	7.38	4	17	19	
Matthew Nop	M	27	25-29	532	25.11	8.06	5	29	36	
Robert Wasko	M	27	25-29	531	25.13	8.07	6	30	37	
Matthew Davis	M	28	25-29	228	25.21	8.10	7	33	42	
Dan Rizzo	M	26	25-29	419	26.56	8.40	8	40	50	
Stephen Rorai II	M	26	25-29	551	52.00	16.44	9	80	185	
Leon Ybarra	M	33	30-34	357	21.27	6.54	1	10	10	
Leon Smith	M	32	30-34	504	22.39	7.17	2	12	13	
Colin Garner	M	34	30-34	434	23.44	7.38	3	18	20	
Carlos Reyes	M	34	30-34	217	25.16	8.08	4	31	38	
Jorge Villanueva	M	34	30-34	216	25.20	8.09	5	32	41	
John Cloutier	M	30	30-34	529	38.18	12.20	6	65	127	
Lucas Wiseman	M	32	30-34	391	38.24	12.22	7	67	130	
Donald Yeater	M	33	30-34	230	42.27	13.40	8	69	147	
David Gachungi	M	35	35-39	514	20.30	6.36	1	4	4	

First Name	Last Name	Gender	Age	Age Grp	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Kent	Crouch	M	38	35-39	226	20.32	6.37	2	5	5	
Ivan	Bassa	M	37	35-39	512	23.05	7.26	3	15	16	
Hernan	Chapa	M	35	35-39	219	25.23	8.10	4	34	43	
Jason	Wang	M	35	35-39	404	25.41	8.16	5	35	44	
Michael	Rivera	M	39	35-39	444	25.41	8.16	6	36	45	
Cliff	Blackwell	M	37	35-39	545	26.57	8.40	7	41	51	
Tim	Carey	M	39	35-39	370	27.02	8.42	8	42	52	
Chris	Alston	M	39	35-39	234	28.36	9.12	9	49	68	
Ray	Watson	M	37	35-39	343	30.02	9.40	10	51	78	
Dan	McCarron	M	38	35-39	534	30.24	9.47	11	53	81	
Raad	German	M	38	35-39	372	30.24	9.47	12	54	82	
Christopher	Aamold	M	36	35-39	394	32.07	10.20	13	57	94	
Darrell	Brown	M	35	35-39	385	36.06	11.37	14	63	115	
Allen	Crumb	M	37	35-39	429	36.51	11.52	15	64	121	Random
Mack	McKinney	M	38	35-39	546	42.35	13.42	16	71	149	
David	Cruz	M	36	35-39	218	45.19	14.35	17	75	161	
Jonathan	Altschul	M	36	35-39	548	51.32	16.35	18	79	182	
Michael	White	M	39	35-39	349	58.15	18.45	19	81	195	
Lance	Moore	M	37	35-39	405	61.23	19.45	20	83	199	
Ett	Sayarath	M	40	40-44	414	23.46	7.39	1	20	22	
Kyle	Borne	M	41	40-44	536	24.20	7.50	2	21	25	
Tom	Sharp	M	41	40-44	530	24.25	7.52	3	22	26	
Wayde	Butler	M	40	40-44	506	24.26	7.52	4	23	27	
Maury	Tiller	M	41	40-44	501	28.17	9.06	5	48	63	
Ausbon	Earle	m	43	40-44	340	30.39	9.52	6	55	84	
J	Graham	M	43	40-44	547	39.19	12.39	7	68	135	
Eric	Wilen	M	40	40-44	368	47.41	15.21	8	77	172	
Irving	Alvarado	M	40	40-44	366	60.46	19.33	9	82	198	
Terry	Chaler	M	48	45-49	502	25.52	8.20	1	38	47	
Ronnie	Arnold	M	46	45-49	510	27.16	8.47	2	44	54	
Curtis	Ross	M	49	45-49	415	28.06	9.03	3	45	60	
Keith	Pinkard	M	45	45-49	567	28.06	9.03	4	46	61	
Danny	Walters	M	47	45-49	454	34.23	11.04	5	59	105	
Byron	Masters	M	48	45-49	363	49.16	15.51	6	78	176	
Dave	Novak	M	50	50-54	408	21.26	6.54	1	9	9	
Greg	McCool	M	53	50-54	409	24.53	8.01	2	28	34	
Daniel	Grobler	M	50	50-54	223	25.50	8.19	3	37	46	
Mike	Catt	M	50	50-54	518	27.08	8.44	4	43	53	
John	Ball	M	58	55-59	520	20.34	6.37	1	6	6	
Paul	Pineider	M	55	55-59	538	24.34	7.54	2	24	29	
Mike	McKenna	M	56	55-59	448	24.37	7.55	3	25	30	
Ben	Agger	M	58	55-59	431	33.45	10.52	4	58	103	Random
Glen	Holt	M	59	55-59	344	43.17	13.56	5	72	151	

First Name Last Name		Gender	Age	Age Grp	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
Phil	Hatton	M	59	55-59	557	46.08	14.51	6	76	162	
Rick	Johnson	M	63	60-64	542	23.45	7.39	1	19	21	
Walter	Harris	M	61	60-64	516	24.46	7.58	2	26	32	
Forrest	Gump	M	62	60-64	413	24.48	7.59	3	27	33	
Mark	Johnson	M	60	60-64	543	31.38	10.11	4	56	91	Random
Barry	Wilmoth	M	60	60-64	392	34.44	11.11	5	60	108	
Travis	Moore	M	63	60-64	360	43.42	14.04	6	73	155	
Bill	Shirley	M	67	65-69	508	23.26	7.33	1	16	17	
Michael	Fortin	M	66	65-69	203	34.50	11.13	2	61	109	
Ken	Brewer	M	73	70-74	420	26.19	8.28	1	39	48	
Robert Z	Cunningham	M	79	75-79	201	38.19	12.20	1	66	128	
Richard	Widener	M	83	80-99	539	35.32	11.26	1	62	114	