

**FRIENDS OF THE POOR 5K Run/Walk**  
**(Held at River Legacy Parks, Arlington, TX on 10/02/2010)**

*(Benefits St. Vincent de Paul Society -- helping the poor & needy in our midst.)*

**(Timed finishers: 42 Female; 44 Male)**

(Results provided by Jeph Abara jephaa@yahoo.com)

First Name	Last Name	Gender	Age	Age Grp	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)
<b>Female Overall Winner</b>										
Krista	Morris	F	33	<b>30-34</b>	1063	24.14	7.48		1	18
<b>Female Masters Winner</b>										
Robin	Stapp	F	46	<b>45-49</b>	1056	24.27	7.52		2	19
Carlye	Mings	F	15	<b>15-19</b>	1087	27.09	8.44	1	5	28
Emily	Benson	F	17	<b>15-19</b>	1092	28.20	9.07	2	9	34
Deanna Mane	Gonzalez	F	16	<b>15-19</b>	1078	28.31	9.11	3	10	36
Corey	Yeatherman	F	22	<b>20-24</b>	1041	27.22	8.48	1	8	32
Kathryn	Davis	F	22	<b>20-24</b>	1046	32.10	10.21	2	13	41
Kelli	Rudd	F	23	<b>20-24</b>	1029	40.40	13.05	3	23	60
Molly	McPhal	F	22	<b>20-24</b>	1049	41.43	13.26	4	27	66
Laura	Farah	F	22	<b>20-24</b>	1047	42.34	13.42	5	28	67
Stephanie	Wave	F	27	<b>25-29</b>	1071	33.41	10.50	1	15	47
Tina	Reswick	F	29	<b>25-29</b>	1027	36.20	11.42	2	19	55
Tiffany	Felgar	F	29	<b>25-29</b>	1100	41.39	13.24	3	26	65
Jennifer	Kerwin	F	33	<b>30-34</b>	1014	41.21	13.19	1	25	64
Mary	Crisafulli	F	30	<b>30-34</b>	1006	43.07	13.53	2	30	69
Jennifer	Sculley	F	37	<b>35-39</b>	1032	31.10	10.02	1	12	40
Valerie	Crisafulli	F	40	<b>40-44</b>	1043	26.30	8.32	1	4	26
Stephanie	Larry	F	41	<b>40-44</b>	1057	29.32	9.30	2	11	37
Desiree	Holkon	F	41	<b>40-44</b>	1011	33.21	10.44	3	14	45
Marge	Mings	F	42	<b>40-44</b>	1085	37.19	12.01	4	20	57
Maria	Munoz	F	40	<b>40-44</b>	1066	38.40	12.27	5	21	58
Diane	Shannon	F	48	<b>45-49</b>	1097	25.00	8.03	1	3	22
Kathy	Lanier	F	45	<b>45-49</b>	1048	27.09	8.44	2	6	29
Sandi	Graham	F	47	<b>45-49</b>	1061	33.51	10.54	3	16	49
Shai	Mendoza	F	45	<b>45-49</b>	1075	40.36	13.04	4	22	59
Ann	Rosencrants	F	46	<b>45-49</b>	1069	43.50	14.06	5	31	71
Theresa	Welch	F	48	<b>45-49</b>	1070	43.53	14.07	6	32	73
Sharron	Mehner	F	48	<b>45-49</b>	1073	46.06	14.50	7	34	76

First Name	Last Name	Gender	Age	Age Grp	Bib #	Finish Time (Mins. .Secs)	Avg Pace	Place In Age Group	Place In Gender	Overall Place (All Finishers)
							per Mile (5K = 3.107 mls) (Mins. .Secs)			
Jean	Christenberry	F	48	45-49	1074	46.08	14.51	8	35	78
Julie	Wallis-Linville	F	48	45-49	1037	50.02	16.06	9	36	79
Cathy	Nordman	F	49	45-49	1017	55.19	17.48	10	42	85
Judy	Clark	F	50	50-54	1103	40.59	13.11	1	24	62
Betty	Crisafulli	F	50	50-54	1005	43.06	13.52	2	29	68
Kelly	Herzog	F	52	50-54	1010	50.03	16.07	3	37	80
Anne	Scroggins	F	50	50-54	1031	51.26	16.33	4	40	83
Dana	Knight	F	57	55-59	1060	27.20	8.48	1	7	30
Trish	Burks	F	59	55-59	1051	34.04	10.58	2	17	51
Pearl	Armstrong	F	58	55-59	1001	51.24	16.33	3	38	81
Angela	Planche	F	59	55-59	1023	51.25	16.33	4	39	82
Judy	Guy	F	63	60-64	1009	34.56	11.15	1	18	52
Linda	Hotchkiss	F	60	60-64	1013	55.18	17.48	2	41	84
Vera	Grillo	F	69	65-69	1068	43.55	14.08	1	33	74

### Female Overall Winner

Joseph	Hale	M	17	15-19	1086	18.11	5.51		1	1
--------	------	---	----	-------	------	-------	------	--	---	---

### Female Masters Winner

David	Stapp	M	50	50-54	1055	21.24	6.53		6	6
Carter	Reed	M	9	00-10	1082	23.28	7.33	1	13	13
Mathew	Valenzuela	M	10	00-10	1035	28.26	9.09	2	26	35
Zachary	Valenzuela	M	8	00-10	1036	33.50	10.53	3	33	48
John	Puckett	M	6	00-10	1099	43.44	14.05	4	40	70
Timothy	Clifford	M	14	11-14	1079	20.27	6.35	1	5	5
Gavin	Sabine	M	14	11-14	1065	21.33	6.56	2	7	7
Stephen	Arnold	M	14	11-14	1089	23.28	7.33	3	12	12
Dominic	Crisafulli	M	14	11-14	1044	24.49	7.59	4	19	21
Ben	Reswick	M	13	11-14	1025	36.35	11.46	5	37	56
Micah	Benson	M	16	15-19	1093	20.18	6.32	1	3	3
Peter	Arnold	M	16	15-19	1090	20.26	6.35	2	4	4
Dayton	Hunn	M	17	15-19	1084	23.00	7.24	3	10	10
Faron	Stauffer	M	16	15-19	1091	23.43	7.38	4	16	16
Devkishon	Sisodia	M	17	15-19	1054	36.10	11.38	5	36	54
Shawn	Rosencrants	M	17	15-19	1067	67.35	21.45	6	44	86
Chad	Reswick	M	22	20-24	1026	28.11	9.04	1	25	33
Marqice	Byrd	M	22	20-24	1058	32.23	10.25	2	29	42

First Name	Last Name	Gender	Age	Age Grp	Bib #	Finish Time (Mins. .Secs)	Avg Pace	Place In Age Group	Place In Gender	Overall Place (All Finishers)
							per Mile (5K = 3.107 mls) (Mins. .Secs)			
David	Fallavolita	M	25	<b>25-29</b>	1008	40.41	13.06	1	38	61
Jon	Ellis	M	34	<b>30-34</b>	1096	21.52	7.02	1	8	8
Lee	Morris	M	34	<b>30-34</b>	1064	23.22	7.31	2	11	11
Roman	Valesquez	M	36	<b>35-39</b>	1088	20.10	6.29	1	2	2
John	Reed	M	42	<b>40-44</b>	1081	23.29	7.33	1	14	14
Scott	Reisinger	M	44	<b>40-44</b>	1024	26.17	8.28	2	21	24
Hans	Holkon	M	42	<b>40-44</b>	1012	33.16	10.42	3	31	44
Steven	Graham	M	43	<b>40-44</b>	1062	34.03	10.58	4	34	50
Saul	Sanchez	M	40	<b>40-44</b>	1052	41.00	13.12	5	39	63
Patrick	Shannon	M	48	<b>45-49</b>	1098	25.23	8.10	1	20	23
Steven	Lanier	M	45	<b>45-49</b>	1094	26.44	8.36	2	23	27
Matthew	Simpson	M	48	<b>45-49</b>	1033	27.21	8.48	3	24	31
Jeffrey	Peterson	M	50	<b>50-54</b>	1018	23.39	7.37	1	15	15
David	Hunn	M	52	<b>50-54</b>	1083	24.38	7.56	2	18	20
Andrew	Tram	M	50	<b>50-54</b>	1034	26.29	8.31	3	22	25
Larry	Crisafulli	M	51	<b>50-54</b>	1004	29.44	9.34	4	27	38
Chris	Bueter	M	53	<b>50-54</b>	1102	30.09	9.42	5	28	39
Perry	Christenberry	M	51	<b>50-54</b>	1072	46.07	14.51	6	43	77
Lel;and	Haefner	M	56	<b>55-59</b>	1076	23.47	7.39	1	17	17
Scott	Ericson	M	59	<b>55-59</b>	1077	43.52	14.07	2	41	72
Phil	Hatton	M	59	<b>55-59</b>	1101	46.00	14.48	3	42	75
Larry	Lichnovsky	M	63	<b>60-64</b>	1042	22.29	7.14	1	9	9
Ron	Kerwin	M	60	<b>60-64</b>	1015	35.00	11.16	2	35	53
Wayne	Clifford	M	66	<b>65-69</b>	1080	32.43	10.32	1	30	43
Jerry	Dews	M	69	<b>65-69</b>	1007	33.21	10.44	2	32	46