

# American Heroes Race 2007 10K

May 28, 2007

Results by It's About TIME Race Management

## Top Male

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Beisner,Joe	34:02.0	5:29	1	1

## Top Female

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Newsom,Meagan	40:08.7	6:28	7	1

## Top Male Master

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Law,Doug	34:52.7	5:37	2	2

## Top Female Master

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Russo,Laura	43:18.3	6:58	13	4

## Top Male Senior Master

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Engstrom,Jim	49:02.1	7:53	34	26

## Top Female Senior Master

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Landrum,Linda	54:52.9	8:50	72	21

## Age Unknown - Male

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Mendez,Chris	44:21.7	7:08	15	11

## 9-10 Male

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Hoekstra,Chandler	1:25:21.4	13:44	162	87

### 15-19 Male

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Carroll,Brian	35:59.8	5:48	3	3
2	Ramstad,Jack	37:27.1	6:02	4	4
3	Gentry,Tanner	48:39.6	7:50	30	22

### 20-24 Male

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Burns,Robert	41:42.4	6:43	9	7
2	Webber,Lee	44:32.4	7:10	18	12
3	Martin,Chase	53:07.4	8:33	61	47
4	Bergeron,Timothy	53:30.0	8:37	66	49
5	Juarez,Daniel	54:38.8	8:48	71	51

### 25-29 Male

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Rodriguez,Ivan De Jesus	39:11.9	6:18	6	6
2	Alexander,Matt	49:32.3	7:58	35	27
3	Bigler,Benjamin	50:45.3	8:10	44	35
4	Huntley,Justin	53:30.1	8:37	67	50
5	Marlowe,Shawn	56:03.0	9:01	78	55
6	Philpot,Mark	56:13.5	9:03	80	56
7	Matthews,Scott	56:35.8	9:06	82	58

### 30-34 Male

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Garcia,Roberto	38:05.5	6:08	5	5
2	Lindstrom,Paul	51:26.9	8:17	49	38
3	Narvaez,Isaiah	51:38.0	8:19	51	39
4	Jimenez,James	55:07.7	7:56	54	
5	Slovalek,Gerald	59:32.7	9:35	92	61

### 35-39 Male

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Armendariz,Joseph	47:41.9	7:41	24	16
2	Serrato,Hugo	47:52.9	7:42	127	19
3	Lyon,Brent	48:43.7	7:51	31	23
4	Amy,Christy	50:54.2	8:12	46	36
5	Harmon,Ron	52:30.2	8:27	53	41

6	Klice,James	57:02.6	9:11	83	59
7	Glass,Brent	1:00:59.0	9:49	104	66
8	Clayton,John	1:01:47.8	9:57	113	73
9	Vega,Jose	1:01:57.6	9:58	115	74
10	Schmidly,Scott	1:06:56.9	10:46	139	82
11	Demers,Pete	1:07:20.0	10:50	140	83

#### 40-44 Male

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Kousek,Dean	44:40.3	7:11	19	13
2	Bauman,Keith	47:52.8	7:42	26	18
3	Herrera,Chris	48:08.6	7:45	29	21
4	Speece Jr,Charles	49:39.8	8:00	36	28
5	Hambric,Christopher	50:30.0	8:08	42	33
6	Thomas,Jim	50:35.8	8:09	43	34
7	Shuman,Niall	51:06.9	8:14	47	37
8	McGlinchey,Kevin	52:34.8!	54	42	
9	Norman,Donald	52:59.7	8:32	58	45
10	Kays,Jeff	53:25.0	8:36	65	48
11	Patrick,John	59:32.5	9:35	91	60
12	Wilson,Henry	1:01:27.6	9:53	108	69
13	Owens,Joe	1:04:45.5	10:25	130	79
14	Saldana,Delfino	1:18:25.4	12:37	154	86

#### 45-49 Male

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Walkup,Jonathan	42:06.9	6:47	10	8
2	Olateju,Mark	42:38.2	6:52	12	9
3	Jandreau,Harold	43:25.6	6:59	14	10
4	Dickey,Clyde	47:43.8	7:41	25	17
5	Wert,Leonard	49:43.3	8:00	37	29
6	Gresens,Chris	50:19.9	8:06	41	32
7	Clark,Lonnie	51:54.3	8:21	52	40
8	Armstrong,Mark	52:55.2	8:31	56	43
9	Garcia,John	52:56.9	8:31	57	44
10	Youssi,Steven	54:58.2	8:51	75	53
11	Caricato,Sam	59:45.3	9:37	95	63
12	Guzman,Jose	59:52.5	9:38	96	64
13	Nemec,Jeffrey	1:01:20.0	9:52	107	68
14	Gonzalez,Alex	1:01:34.9	9:55	110	71
15	Mulkey,Eric	1:02:32.4	10:04	117	75
16	Butler,Mike	1:04:10.9	10:20	127	77
17	Trevino,David	1:06:32.2	10:42	137	81
18	Cröse,Andy	1:07:45.0	10:54	143	84

### 50-54 Male

Place	Name	Time	Pace	Overall Overall	
				Place	by Sex
1	Anderson,Graeme	48:56.2	7:53	32	24
2	Suarez,Richard	59:43.4	9:37	94	62
3	Mcdaniel,Marion	1:01:42.4	9:56	112	72

### 55-59 Male

Place	Name	Time	Pace	Overall Overall	
				Place	by Sex
1	Wilmot,Keith	46:24.4	7:28	21	14
2	Ross,John	48:02.2	7:44	28	20
3	Bauerschmidt,Robert	48:56.2	7:53	33	25
4	Martin,Steve	1:00:38.5	9:46	102	65
5	Rodriguez,Robert	1:01:34.8	9:55	109	70
6	Donaldson,Tom	1:03:45.9	10:16	124	76
7	Smith,David	1:11:06.4	11:27	147	85

### 60-64 Male

Place	Name	Time	Pace	Overall Overall	
				Place	by Sex
1	Johnson,Paul	49:52.2	8:02	39	31
2	Riedl,Dave	1:04:33.1	10:23	129	78
3	Suter,Ron	1:05:53.9	10:36	135	80

### 15-19 Female

Place	Name	Time	Pace	Overall Overall	
				Place	by Sex
1	Flemingwood,Brette	40:53.3	6:35	8	2
2	Fulton,Jamie	51:34.1	8:18	50	12

### 20-24 Female

Place	Name	Time	Pace	Overall Overall	
				Place	by Sex
1	Webber,Nicole	44:26.1	7:09	17	6
2	Woodall,Jade	1:00:02.4	9:40	97	33
3	Hilder,Allie	1:02:37.9	10:05	118	43
4	Jones,Jenny	1:12:52.3	11:44	150	65

### 25-29 Female

Place	Name	Time	Pace	Overall Overall	
				Place	by Sex
1	Hoekstra,Billie	50:45.3	8:10	45	10
2	Valk,Blair	53:00.1	8:32	60	14

3	Andrews, Jessica	54:07.1	8:43	69	19
4	Moore, Heidi	56:13.2	9:03	79	24
5	Smith, Jerellen	1:00:33.2	9:45	101	37
6	Wehr, Katie	1:01:40.5	9:56	111	40
7	Hendrix, Anya	1:02:39.2	10:05	119	44
8	Novoselsky, Jennifer	1:02:39.3	10:05	120	45
9	Cathey, Lesley	1:09:32.6	11:11	146	62
10	Cobb, Amanda	1:20:08.9	12:54	155	69
11	Worthy, Melissa	1:20:41.0	12:59	157	71

### 30-34 Female

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Kirby, Ronnda	53:17.5	8:35	64	17
2	Sollis, Amy	58:21.7	9:24	88	29
3	Muncrief, Jennifer	59:22.2	9:33	89	30
4	Gonzales, Eva	59:26.4	9:34	90	31
5	Mullin, Jennifer	1:01:12.9	9:51	106	39
6	Turner, Liz	1:01:49.9	9:57	114	41
7	Shiver, Cara	1:03:45.3	10:16	123	48
8	Miller, Tiki	1:04:57.9	10:27	131	52
9	Smith, Paula	1:05:54.2	10:36	136	56
10	Olvera, Roxanna	1:08:05.4	10:57	144	60
11	Provence, Michelle	1:12:56.6	11:44	151	66
12	Shelley, Nikki	1:16:37.1	12:20	153	68
13	Fowler, Misty	1:20:43.7	12:59	158	72
14	Terry, Mary	1:20:44.0	13:00	159	73

### 35-39 Female

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Turner, Cora	42:16.4	6:48	11	3
2	Hill, Stefanie	46:46.7	7:32	22	8
3	Lada, Michelle	54:56.8	8:51	73	22
4	Guthrie, Lisa	57:15.9	9:13	84	25
5	Fielder, Christy	57:17.1	9:13	85	26
6	Thomas, Stephanie	1:05:40.0	10:34	133	54
7	Henry, Lisa	1:06:55.3	10:46	138	57
8	Demers, Caty	1:07:20.2	10:50	141	58
9	Kelley, Candace	1:11:55.6	11:35	149	64
10	Mehta, Jennifer	1:12:58.4	11:45	152	67
11	Lamb, Jeanne	1:20:29.9	12:57	156	70

## 40-44 Female

Place	Name	Time	Pace	Overall Overall	
				Place	by Sex
1	Thornton,Pat	45:36.2	7:20	20	7
2	Trevino,Ester	49:59.8	8:03	40	9
3	Ashley,Kara	59:39.8	9:36	93	32
4	Brown,Allene	1:00:26.9	9:44	100	36
5	McGlinchey,Alicia	1:05:22.2	10:31	132	53
6	Buchmeyer,Kim	1:07:44.3	10:54	142	59
7	Wilson,Londa	1:09:08.7	11:08	145	61
8	Seanard,Karen	1:11:13.9	11:28	148	63

## 45-49 Female

Place	Name	Time	Pace	Overall Overall	
				Place	by Sex
1	Saxon,Catherine	44:25.5	7:09	16	5
2	Williams,Teresa	53:33.8	8:37	68	18
3	Schrodt,Dawne	54:33.4	8:47	70	20
4	Turner,Edna	57:44.6	9:18	87	28
5	Hinckley,Nydia	1:00:14.6	9:42	98	34
6	Andreasen,Darby	1:00:47.0	9:47	103	38
7	Gresens,Julie	1:03:34.4	10:14	122	47
8	Phelps,Kathy	1:03:55.6	10:17	125	49
9	Smith,Jill	1:04:05.8	10:19	126	50
10	Maxwell,Annetta	1:04:23.2	10:22	128	51
11	Henderson,Mary Jo Henderson	1:24:23.8	13:35	161	75

## 50-54 Female

Place	Name	Time	Pace	Overall Overall	
				Place	by Sex
1	Boaz,Debbie	51:14.4	8:15	48	11
2	Conger,Dian	52:53.5	8:31	55	13
3	Woods,Irene	53:13.5	8:34	63	16
4	Schenkel,Mary	1:00:14.9	9:42	99	35
5	Soll,Sue Ann	1:02:27.5	10:03	116	42
6	Wyatt,Lucy	1:02:52.3	10:07	121	46
7	Wilson,Laura	1:21:30.7	13:07	160	74

## 55-59 Female

Place	Name	Time	Pace	Overall Overall	
				Place	by Sex
1	Garner,Deb	55:43.2	8:58	77	23
2	Binger,Poksu	57:42.7	9:17	86	27

60-64 Female

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Park,Jean	1:05:48.6	10:35	134	55

No age Female

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Will,Karen	53:09.0	8:33	62	15

No age Male

Place	Name	Time	Pace	Overall Place	Overall by Sex
1	Thornton,John	47:18.1	7:37	23	15
2	Gracia,Carlos	49:51.6	8:01	38	30
3	Ketcher,Ken	52:59.8	8:32	59	46
4	Fracassi,Danny	54:57.8	8:51	74	52
5	Jacobs,Rob	56:15.6	9:03	81	57
6	Parker,Steve	1:01:05.3	9:50	105	67