



Photo by Richard Stingley

### *Ultimate volunteer*

If sports figures can have their numbers retired after distinguished careers, then Harvey Oppermann should cause the retirement of any volunteer of the year award. The Fort Worth Runners Club presented Harvey the 2006 Volunteer of the Year Award at the Three Amigos 4-Mile run on June 24. Dave Cabral, right, presents Harvey his award. Harvey easily could have been the recipient for the more than 20 years he has helped with club events.

Maybe the most amazing thing about Harvey is that he's not a runner. Never has been. Yet, he has been club president of the defunct Arlington Runners Club and, with his wife Lucy, has helped at not only FWRC events but others, as well, for years.

Harvey helps with water stations and any other job that needs to be done for a race. He's a fixture at the events, and probably is sometimes taken for granted. So, be sure to thank Harvey for his contributions the next time you see him. Without selfish volunteers such as Harvey, the rest of us wouldn't be able to enjoy the events nearly as much as we do. He will join Jeph Abara as one of this website's Unheralded Heroes page.