

Mom and son have found new way of life on the roads



Brandon and Karol Curran are familiar figures at local races. Brandon, 21, often places in his age group while Karol, 51, has also picked up her fair share of medals despite the fact that she is a walker and not a runner.

The mother and son team's first race was the 2005 Freedom Run, which they attended on a whim after receiving a flier in the mail. Walking and running has now become a way of life for them. Since 2005, they have taken part in races throughout the Metroplex and beyond, sometimes taking in as many as three in a weekend.

Their race schedule has allowed them to discover towns they might otherwise not have visited and has kept both in great shape. For Brandon, the main appeal of racing is the social aspect and the chance to exchange ideas with like-minded runners. He admits he was a little naive when he started out and confesses that in his first race he actually wore jeans! His times have dropped dramatically since then. His 5K PR to date is 20 minutes, but those who know his true potential are confident that he will soon break the 20-minute barrier. His goal is quite simply to run faster.

Karol's goal is also straightforward -- to continue to participate in races and to enjoy the satisfaction of passing runners while walking. -- *Story and picture submitted by Fiona Green.*