



Running genes running in the family? Apparently so as 6-year-old Richard Reynolds holds his trophy for winning his age division at the MLK Day and Dream 5K on Saturday (Feb. 17) in Arlington. His dad, Todd, was third overall and won the Lake Benbrook Half Marathon in January.



Jeff Abara, right top, gets some help compiling results for the MLK Day and Dream 5K at River Legacy Park in Arlington. The race had been rescheduled from its original date to Saturday (Feb. 17).



Becky Walker, 34, won the women's division at the MLK Day and Dream 5K. The Dallas resident said it was her first overall victory in awhile. She's been rebounding from some injuries and said she wasn't at her best.

Windy day at MLK run

OK, so it was windy and cool at the MLK Day and Dream 5K at River Legacy Park in Arlington. As race director Jeph Abara pointed out, it beat the ice that forced the rescheduling of the event to Saturday, Feb. 17.

A modest turnout was on hand to battle the wind through the three-lined park, but the wind was only a factor when the course went across a wide-open stretch of the park. After that first mile, the wind was mostly blocked by the trees.

Ken Hall won the men's division in 16:51 and Becky Walker won the women's division in 20:41, both by relatively big margins. The men's winner didn't stay for the awards, but Becky logged another five miles to cool down. She's also in training to run in the Grandma's Marathon in Minnesota in June.

Becky ran track at Rising Star High School, but didn't run in college. She said she had been a recreational runner until about five years ago when she ran her first marathon, the White Rock. She said that first effort was about a 3:32. She has run four marathons since

and has posted a 3:13 best at the Austin Marathon in 2004. She said her second marathon in 2002 resulted in a third-place finish among the women at Cowtown.