



Lance Parker looks over his shoulder to check challengers Rob Morrow and Clint Bell in the Mayfest 10K as cheerleaders offer encouragement. Bell would eventually pass Morrow for second. Parker won in 31:52.1
Photo submitted by Stan Bell

Parker, Cook win Mayfest

Lance Parker of Austin won the Mayfest 10K on Saturday (May 5) in Fort Worth with a 31:52.1 on a course that winds through Trinity Park. Clint Bell was second with a 33:22 in the race designated as the USATF State Championship. Parker had posted a 14:38 at Austin's Bun Run in April, and has qualified for the U.S. Olympic Marathon Trials in the marathon.

Melissa Cook won the women's 10K in 36:27.7. In the 5K, Cain Williams of Aledo won the men's title in 16:06.8 and Jody Hawkins of Frisco won the women's title in 17:23.4. Cindy Craine of Fort Worth was runner-up in 17:50.

Bell said that Matt Pulle, who would finish second in the 5K, broke in front early as the 5K and 10K started at the same time. Bell and Rob Morrow were in a pack chasing Parker. Williams and Pulle turned off to continue on the 5K course in his winning effort. Bell said he passed Morrow about the 3.25-mile mark and held the position.

He said a brisk wind slowed everyone the last two miles, and the winding course caused slower times. Plus, Bell said "You have to meet uncoming race traffic on the trail for about two miles."