

One record falls at Turkey Trot

By Charles Clines

Kim Kangogo, former TCU runner, zipped around the Fort Worth YMCA Turkey Trot 5K course in 14:45 Thursday morning (Nov. 23) to not only easily win but to also set a new standard for the 3.1-mile flat course. The 10K mark almost was reset, too, as Agustin Hernandez, a former Cowtown Marathon winner, came within 11 seconds with his 32:07 over the rolling 6.2-mile course. He thought his time was 31:58, but that wasn't official.

On a near perfect morning for running (temperature about 50 and no wind at the start), Kangogo, a May graduate from TCU, was by himself as he beat the previous record of 15:39:39. Even though he was pleased with the effort, it wasn't the time he had wanted. "It wasn't as fast as I wanted to run," he said. "But 14 minutes in a road race; that's good. I was shooting for a 14:30 or below. But because I was running by myself, I had to pace myself."

Agustin said he was returning to the Turkey Trot after running it five years ago when he competed in the 5K and 10K. This time, he concentrated on only the 10K as he tried to break the record. "All the time, I was running the pace to break the record," he said. "I don't know what happened. But there was some water on the corner (about a tenth of a mile from the finish) and there was water there and I slipped a little. Next year I'm going to break it."

The 10K women's winner Kerry Seaver, a 17-year-old who runs cross country for Western Hills High School, won in an unofficial 37:46, more than a minute off the course record. But it was her first 10K road race since elementary school, and she wasn't expecting the course to be so hilly. "Oh my gosh, it was so hilly...way more hills than I was expecting."

Probably because of the great weather, the Turkey Trot also had a record turnout as approximately 7,000 registered for the 5K and 10K events.
