

***Bold In Cold had two distinctions
on a hot chocolate morning***

Submitted by Kelly Richards



The Lake Grapevine Runners and Walkers annual winter race Bold in the Cold 5K and 15K conducted Saturday (January 19), held two special distinctions. The event celebrated its tenth annual running and the 15K was the Road Runners Club of America's Texas State Championship.

This year's winners were: Male Overall Clint Bell (pictured), 50:57; Female Overall, Fione Green, 1:06:16; Masters Male, Ken Hall, 56:01; Masters Female, Sharla Foster, 1:14:57; Grandmasters Male, Joe Champ, 1:07:56; Grandmasters Female, Laura Holwasser 1:21:02.

Since 1958, the RRCA has awarded championship events through a competitive bidding process at the National, Regional, and State level. The goal of the RRCA Championship Events is to help the host club recruit top performing runners, attract sponsors and improve civic and media support. A championship designation communicates to athletes and the community that the race organizers have agreed to follow approved (race) guidelines in the conduct of the event.

The Lake Grapevine Runners and Walkers were awarded the championship status based on their commitment to the RRCA mission of promoting long distance running as a competitive sport and as a healthful exercise and their history of putting on well-organized, fun, safe and accurate races. According to Kelly Richards, the RRCA State Representative for Texas, a race's reputation in the community is a big factor when deciding which race should receive the RRCA Championship race distinction.

Scores of volunteers and a record number of runners participated in both the 15K and 5K on a morning that fully lived up to the name "Bold in the Cold." Hot chocolate and coffee were served by the gallon and donuts by the dozens. Award-winning coffee cups were given to the first 400 participants, medals were awarded to age group winners and the overall male/female, masters (over 40) male/female and grandmasters (over 50) male/female were given RRCA TX State 15K Championship plaques awarded by Richards as well as gift certificates to Luke's Locker.

(Picture submitted by Stan Bell)