

xTRA fast at xSIGHTment



Steven Ariga leads the pack of runners at the start of the Colleyville Lions' xSIGHTment 5K on Saturday morning (June 6). The Kenyan, living in Allen, won in 14:50.5, which he termed a speed workout. The time was about a minute slower than his personal best, he said, but still was comfortably ahead of fellow Kenyan Isaiam Sanga, who finished in 15:14.9 over the partial loop out-and-back course that features two short, but testy hills at Mile 1 and 3 (the same hills). Debbie Arzola-James, who won the women's division last year after a long layoff from having a baby nine months before the race, repeated as the women's winner despite work causing her to lay off competitive running for four months. She did beat last year's time by about a minute, though, with an 18:21.9, to edge Colleen Casey of Colleyville by about 6 seconds. Both overall winners earned \$100. There also was a 1-mile run run, and participants were across the street from a barbecue cookoff that was inundating the area with some tasty-smelling aromas. There also were games and activities for the kids.