

The Colony Road Runners 2010 Schedule

Thursday Night Training (T.N.T.) leave from Ethridge Elementary at 7:00 p.m. (On North Colony West of Main Street at corner of Ethridge)

Saturday morning long runs leave at 6:40 a.m. from The Legends pool at Morningstar & Allister and pass by city hall at the corner of Main and North Colony Blvd at 7:00 a.m.

Prediction Runs are held the last Tuesday every month and meet at The Colony's Five Star Sports Complex at 7:00 p.m. (North Parking Lot off of Blair Oaks - Soccer/Football parking lot)