

Masters shine at first Hot Dog Trot; men's winner has expanded horizons

By Fiona Green

The inaugural Hot Dog Trot in Weatherford on Aug. 15 was an excellent first-time event.



Organized by the Wright Chiropractic Health Center and the volunteer group, Parker Paws, the race helped raise money to assist the Weatherford/Parker County Animal shelter.

Parker Paws president Barbara Pursley and foster coordinator Jo Ellyn Swanson hold Neelix, who is available for adoption. Parker Paws provides invaluable support for the shelter through fostering, fundraising and the organization of adoption events.

The day's activities began with a 1K run for dogs and their owners.

Seeing the smiling faces of those finishing the race, the 5K runners had no idea what lay in store for them. With rolling hill after rolling hill, it was one of those races where runners felt timing should be adjusted according to the degree of difficulty of the course.



David Holtsford



Cora Turner

Masters runners David Holtsford, 48, of Lipan, and Cora Turner, 40, won the inaugural Hot Dog Trot 5K in Weatherford on Saturday (Aug. 15). [See results.](#)

Photos provided by Movin' Pictures. [See website](#) for more pictures.



A dachshund posed as a weiner between two buns, with some ketchup, in the dog costume contest. Photo by Movin' Pictures.

In this case, I think everyone should be allowed to deduct a minute from their time -- actually, perhaps we should make that a minute and a half.

The course was well-marked and manned by extremely helpful volunteers. When I missed water at the second aid station, a gentleman actually chased after me with a bottle of water. How often does that happen?

Overall winner was Masters runner, Cora Turner of Alvarado, in 20:05. Although she admitted that she felt like walking when she hit the final hill, she still managed to finish 25 seconds ahead of runner-up and men's winner, 48-year-old David Holtsford of Lipan.

For David, the race was only his third of the year as a bad stress fracture forced him to take a break from running. Rather than slouch on the couch, drinking beer and eating potato chips, he decided to try cross training in the pool. This awoke in him a desire to participate in a triathlon. He has now completed three, his most recent being the Wool Capital Triathlon in San Angelo where he placed third in his age group, completing the Olympic distance event in 2:32:24 -- not bad for a rookie!