

Kudos to Fiona Green

This is a thanks to Fiona Green, who helps improve this website with her many story and picture contributions. Her contributions are important additions to this site.

I met Fiona at the Fort Worth Zoo Run Run two years ago and was struck by her enthusiasm to road racing and her willingness to help. Besides being one of the top women runners in the area, she is a photographer, author and friend of animals, among other talents. Her book, in fact, is about cats (she's holding it in the picture). It can be bought through Amazon.com. She also volunteers at the Keller Shelter and Adoption Center, and she supplies a Pet of the Week that is posted on the Side Trips page.



But running seems to be her passion. For example, she ran in the highly-competitive Komen Dallas Race For The Cure on Oct. 18 and won the 40-44 age division with a 19:46. The she left for Montreal to renew her visa (she's from Canada via Scotland), and discovered the Provincial Championships were being conducted. So, she ran a 5K (winning her age division) and 10K at the event. After returning to Keller, she ran Thursday evening (Oct. 23) at the Friends of the River 3.4-mile race in Fort Worth and won the women's masters with a 21:48. She'll barely have her running shoes off before she'll lace 'em up for Saturday (Oct. 25) to run the 5K and 10K at the Four Seasons Cool Run in Irving. I don't know how she finds time to contribute to this site, but her efforts are definitely appreciated. This site could use a few more like her.