

Big day for Heels and Him

Judging from the comments on Facebook, everyone enjoyed the Heels and Hills and Him half marathon and 5K on Sunday (Sept. 27) in Irving. All complimented race organizers and directors Paula Robertson and Libby Jones. There were 580 finishers in the half and 182 in the 5K on the morning that started to become a little warmer than most would have liked. Kristine Hinojos, 43, of Keller enjoyed a nice weekend as she won the women's masters title a day after winning the women's 5K title at the How the West Was Run in Keller with a 20:29.50. She ran a 1:37:50.6 on Sunday to take home another trophy. Amy Sheehy, 38, of Plano won the women's race with a 1:35:27.9. Kiplimo Chemirmir, 26, of Flower Mound breezed to victory in the men's division with a 1:18:26.2. See results.