

### Leading the way in McKinney

Stephen Ariga and Melissa Cook won the male and female titles at the McKinney Historical Run on Saturday (Aug. 8) morning. Ariga ran a 15:10.09 and Cook a 16:32.60 to beat their challengers. The next two chasing Ariga were Joshua Trevino (15:37.51) and Clint Bell (15:52.39). The female second- and third-place finishers were Amanda Lorenzen (17:37.50) and Debbie James (18:14.73). Lorenzen has some hefty credentials, including a seventh place in the 3,000 steeplechase at the 2008 Olympic Trials. She was 10th at the 2007 USATF Outdoor Championships. Ariga, a Kenyan who has run at D-FW area races, has a 2:14:56 PR in the marathon. Photos were submitted by Stan Bell.



Stephen Ariga



Melissa Cook

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