

## **New month, faster times**



Cora Turner

Cora Turner of Alvarado was one of the runners who posted fast times on a breezy Saturday (April 4) morning. Turner lowered her time that's listed on the Fastest at Metroplex races by winning the women's division at the Victory Over Violence in Fort Worth in 18:57.1. The men's winner was Ramiro Garcia with a snappy 16:00.2. He also lowered his listed Fastest time, which was 16:26. Meanwhile in Dallas, Wendy Ragle, who is on the 25-29 10K Fastest list, made her way onto the 5K list, too. She ran an 18:56.51 at the Make The Break 5K to move into the rankings. Matt Pulle ran a 17:01.84 to win the men's race. The 36-year-old also will make his way onto the Fastest list.

The Dallas Running Club had an interesting age-graded 5-mile Best of Time. The winner was 52-year-old Bob Smeby with a 26:09.57. The format allowed Ed Jackson, a 79-year-old participant, to finish fourth with an age-graded 28:28.90. There were 31 1-minute staggered starts to handicap participants based on their ages. Older runners were started first to even the field against the younger runners. The results listed on the Scoreboard page are the age-graded times.