

New White Rock 5K to benefit police officer's family

After a 2009 training accident, the family of Dallas Police Officer Alex Garcia faced several financial burdens that were not covered by insurance.

Inspired by the generosity of the individuals that stepped forward to cover these expenses, Deputy Chief Tom Lawrence decided to take action to help his officers, and their families.

"The success of our department extends to the well being of our families." says Chief Lawrence. "They make great daily sacrifices. Its unfortunate when insurance gaps cause an added burden. Something needed to be done. I knew others in the community wanted to help."

In late 2009, Chief Lawrence reached out to the running community to create a fundraising fitness event. Local race organizers were eager to help, an all-volunteer board was formed, and the *White Rock 5K* was born. "Our event wouldn't be one of the leading races in the U.S. without the support of the Dallas Police Department. It's a great opportunity to give back." says Marcus Grunewald, MetroPCS White Rock Marathon Director.

The 1st Annual White Rock 5K presented by Doctors Hospital at White Rock Lake, will take place April 10th, 8:00 a.m. The course will start and finish at Winfrey Point and meander along the scenic shores of White Rock Lake. Sure to be one of the top races, there will be many fun activities and prizes following the event.

Friends and family are encouraged participate in this community event benefiting a great cause. Visit www.whiterock5k.com for more information.

Sponsorship opportunities are available, and welcomed, for businesses and individuals wishing to make a contribution.