

Among those from the D-FW area who ventured to far-off marathons over the Dec. 12 weekend, **Brian Edmison**, 35 of Carrollton and **David Hauge**, 49 of Keller, turned in the better times at the **Tucson Marathon**. Edmison ran a 3:19:18 to finish 70th among the 1,075 finishers and Hauge finished in 3:20:31 to finish 75th. Also **Scott Meek**, 41, of Frisco had a 3:40:21 time...At the **Fitness Fiesta Marathon** on Dec. 12 in McAllen, **Abraham Alvarez** of Fort Worth ran a 3:49 and was 23rd among the 115 finishers....Even though the **MetroPCS Dallas White Rock Marathon** boasted 22,000 participants for the Dec. 5 marathon and half marathon, several runners from the Dallas-Fort Worth area traveled to compete at other venues across the country. **Melisa Christian**, 34, of Dallas turned in the fastest time by running a 2:43:47 (all times are chip times if listed) at the **California International Marathon** in Sacramento on Dec. 5. She was 108th overall among the 5,879 finishers. Other top finishers from D-FW included **Scott Manis**, 47, of Richardson (3:09:334); **Mark Wooten**, 30, of Garland (3:11:23); **Manuel Houellemont**, 42 of Plano (3:19:30); **Christopher Wong**, 28, of Addison (3:19:51); **Jayna Henstorf**, 30, of Dallas (3:19:53); **Amanda Schulz** (31), of Dallas (3:22:48); **Kim Dukes**, 41, of Coppell (3:28:22); and **Craig Schacherer**, 45 of Wylie (3:29:08)....At the **Las Vegas Marathon** on Dec. 5 top finishers from D-FW included **Wayne Nielsen** of Fort Worth (3:23:01); **George Hyde** of Plano (3:26:38); **Jon Grutzmacher** of Hurst (3:29:21); **Alan Tharp** of Allen (3:31:27); **Mark Spurlock** of Southlake (3:36:37); **Jeff Wills** of Stephenville (3:37:44); **Kimberly Sulak** of Frisco (3:39:07); and **Sara Robert** of McKinney (3:41:41)....At the **Memphis Marathon** on Dec. 4, **Serene Giffin**, 40, of Roanoke ran a 3:45:24....**Margie Starr Lawrence**, 54, of Plano placed second in her age group with a 3:57:21 at the **Marathon of Palm Beaches** in West Palm Beach, Fla., on Dec. 5....At the **Baton Rouge Beach Marathon** on Dec. 4, **Price Rogers**, 48, of Dallas ran a 3:14:22 to place second in his age division; **Philip Hodge**, 44, of Little Elm earned first in his age division with a 3:23:21; and **Brian Miller**, 38, of Fort Worth was fourth in his age division with a 3:23:59.....**Joe Boyle** has a website (www.texasrunningcenter.com) that serves as a place where runners of all levels can find other groups to train or run with. His running club also organizes and conducts three free training sessions a week at Wimbledon Park in Arlington. Joe has quite a list of running accomplishments, including being a collegiate All-American and qualifying for the U.S. Olympic Marathon Trials in 1968. Read about his other outstanding accomplishments on his website and about finding a group to train with....**Bill Berenson** of Fort Worth continues to log Boston Marathon qualifying times. Bill, who celebrated his 56th birthday on Nov. 23, ran the **Philadelphia Marathon** on Nov. 21 and finished in 3:36:25, his eighth BQ in eight states within the past 10 months. He also is on a quest to run a marathon in all 50 states. He has 27 to go....Several D-FW area runners logged Boston Marathon-qualifying times over the Nov. 13-14 weekend. At the **Fort Worth Marathon** on the 14th, among those with BQ times included male and female winners **Joe Beisner**, 38, of Irving (2:34:52, chip time) and **Maria Martinez**, 33, of Fort Worth (3:26:19). Others included male runner-up **Erik Waldorff**, 32, of Dallas (2:45:45) and female masters winner **Kim Dukes**, 41, of Coppell (3:36:10). Others included last year's champ **Kiplimo Chemirmir**, 27, of Flower Mound (2:50:48.3); **Jeff Alexander**, 40, of Fort Worth (2:52:33); **Todd Reynolds**, 42, of Benbrook (3:04:57); **Greg Takacs**, 33, of Willow Park (3:05:28); **Gary Anderson**, 49, of Fort Worth (3:06:18); **Dave Emerson**, 52, of Coppell (2:46); **Pitre John**, 42, of Dallas (3:19:24); **Jim Batson**, 47, of Fort Worth (3:29:46); **Eva Contreras**, 35, of Fort Worth, 3:36:35; **Tara Tosta**, 37, of Carrollton (3:40:17); **Keith Bell**, 55, of Fort Worth (3:43:48); **Ruth Johnson**, 50, of Dallas (3:52:40); and **Marylyn Patrick**, 66, of Plano (4:40:03)....The **Rock 'n' Roll San Antonio Marathon** also was on the 14th and several from the area posted BQ times. Among those were **Jake Perez**, 28, of Rockport (2:46:04); **Dan Clubb**, 38, of Carrollton (2:55:04); **Elizabeth Eder**, 23, of Fort Worth (2:56:21); **Megan Flowers Skeels**, 36, of Fort Worth (3:01:57); **Jonathan Souza**, 30, Dallas, 3:10:01; **Crystal Chinea**, 21, of Arlington (3:17:10); **Phillip Dow**, 31, of Little Elm (3:19:49); **Jeff Warner**, 40, of McKinney (3:22:36); **Seth Reynolds**, 28, of Denton (3:25:32); **Lawrence Laugesen**, 23, of Irving (3:25:34); **Robert Hays**, 27, of Dallas (3:27:10); **Margie Starr Lawrence**, 54, of Plano (3:49:20); **Nancy Henley**, 49, of Burleson (3:50:49); and **Thomas Kleuser**, 60, of Fort Worth (3:53:58). Three-time **Cowtown Marathon** winner **Keith Pierce**, 30, who's now living in Cedar Park, was third overall with a 2:23:15....**Michel Morley**, 36, of Dallas traveled to Virginia on Nov. 13 and nailed a BQ time of 3:44:30 at the **Richmond Marathon**....Galveston is

bringing back a marathon after 21 years of its last event. The **Galveston Mardi Gras Marathon & Half Marathon** is scheduled Feb. 20 in 2011. [See the website](#) for more information...**Laura Nelson**, 44, had successful back-to-back efforts on Saturday evening (Oct. 16) and then on Sunday morning. Laura, 44, of Grapevine won the **Firefly Run 5K** in Plano in 19:10.83 and on Sunday morning won the **FWRC's Mercury 10K** in 40:02....Two runners from the D-FW area won the first **Tyler Rose Marathon** on Oct. 10. **Kiplimo Chemirmir**, 27, of Flower Mound won the men's title in 2:44:34 and **Melisa Christian**, 33, won the female title in 2:54:15. There were 245 finishers, including 142 males and 103 females....At the **ING Hartford Marathon** on Oct. 9, **Bill Berenson**, 55, of Fort Worth had suffered a cracked rib the day before the marathon (though he didn't know it was cracked at the time), but still ran a 3:39:34. He started out holding an ice bag on his chest, and still managed a third place in his age group and a 15th consecutive Boston Marathon (BQ) qualifying time...At the **Steamtown Marathon** in Scranton, PA, on Oct. 10, there were several BQs and fast times, including **Roger Clifford**, 43, of Plano with a 2:52:17 and second place in his age division; **Troy Pruett**, 49, of North Richland Hills with a 2:57:23, good for third in his age division; **Joshua Thompson**, 36, of Plano with a 2:58:47; **Jeff Dorrill**, 49, of Dallas with a 3:18:35; **Tom Anthony**, 50, of Dallas with a 3:35:53; **Michael Underwood**, 26, of Denton with a 3:39:21; **Roberto Ruiz**, 47, of Dallas with a 3:43:41 and **Roger Hale**, 54, of Sherman with a 3:47:30....Several other runners went to various marathons over the Oct. 9-10 weekend. At the **Run Mother Road Marathon** in Joplin, MO, **Jerry Going**, 29, of Frisco ran a 3:22:28 to place 14th among the 522 finishers; **Ron Bouchard**, 44, of The Colony ran a 3:37:11; **Phillip Dow**, 31, of Little Elm posted a 3:46:32; and **Amber Boley**, 31, of Wylei, finished in 3:49:30.... **Ernesto Caballero**, 45, of Dallas hasn't lost too many steps since he won **The Cowtown Marathon** in 1993. At the **Twin Cities Marathon** in Minneapolis/St. Paul on Oct. 3, Ernesto ran a 2:38:53 to place 80th among the 8,211 finishers. When he won Cowtown, he ran a 2:34:58. First across the finish line from the area was **Joshua Trevino**, 26, of Irving with a 2:24:42, which placed him at 40th. Also logging good times at the Twin Cities were **Ryan Kaiser**, 31, of Dallas with a Boston-qualifying 2:58:41; **Landon White**, 31, of Dallas with a 3:13:55; **Alison Lueck**, 25, of Dallas, with a Boston-qualifying 3:29:13; **Robert Benson**, 60, of Dallas with a Boston-qualifying 3:33:27; **Charlie Hart**, 54, of Arlington with a BQ 3:34:40; **Thomas Okazaki**, 53, of Southlake with a BQ 3:35:24; **Amy Ewing**, 41, of Fort Worth with a BQ 3:35:43; and **Megan Knauss**, 26, of Dallas with a 3:42:30...At the **St. George (Utah) Marathon** on Oct. 2, **David Jones**, 39, of Dallas was 444th overall among the 5,697 finishers with a 3:18:58. Other top finishers from the DFW area included **Mark Westerheide**, 50, of Mansfield with a BQ 3:28:14; **Arnulfo Sanchez III**, 39, of McKinney with a 3:29:22; **Beth Bedell**, 31, of Dallas with a BQ 3:33:39; and **Travis Reeves**, 33, of Frisco with a 3:34:46....Several DFW area runners ventured to Odessa on Oct. 2 to run the **West Texas Cross Roads Marathon**. The top two finishers from the area were **Lauren Woolley**, 30, of Plano with a 3:53:47 and **Jessica Northup**, 30, of McKinney with a 3:54:04....Among the runners who ventured out of state over the Sept. 18, two recorded impressive finishes. **Richard Humphrey**, 48, of Keller ran a 3:23:34 at the **Air Force Marathon** in Dayton, Ohio, on Sept. 18 to place 121st among the 2,416 finishers, and he earned a Boston Marathon qualifying time....At the **Bismark (N.D.) Marathon** on Sept. 18, **Michael Smith**, 47, of Coppell finished in 3:29:08 and was 17th among the 199 finishers. The time earned him a Boston qualifying time....**James Jackson**, whose many road race victories include the Cowtown 10K in 1992 in 30:19, started the **Showdown Cross Country Series** on Sept. 12 at Corinth Community Park in Corinth. The series goes through Nov. 14 and includes a 1-mile fun run, a 2-mile run and a 5K. The 2-mile and 5K will be timed and medals awarded. [See his website](#) for more information about times and fees....Four D-FW area runners nailed Boston-qualifying times over the Sept. 5-6 weekend. Former LGRAW president **K2 Richards**, 41, ran a 3:44:53 at the **Heart of America Marathon** in Columbia, Mo., on Sept. 6 and was second in her age division. **Peter Beauvais**, 49, of De Soto nailed his BQ at the **American Discovery Trail Marathon** in Colorado Springs on Sept. 6 with a 3:27:49, good for third in his age division. At the **Tupelo (Miss.) Marathon** on Sept 5, **Serene Griffin**, 40, of Roanoke, ran a BQ 3:16:28 to place second in her age division, and **Ed Kopiak**, 68, of Fort Worth finished in 4:15.55 at the **Turtle Marathon** in Roswell, N.M., on Sept. 6 to earn a BQ. Another who finished relatively high in a marathon that weekend was **Susan Autry**, 27, of Weatherford with a 3:53.25 at the **Kauai Marathon** in

Hawaii on Sept. 5....Several D-W area brave souls tackled the **Pikes Peak Marathon** on Aug. 22, and **Wes Ritner**, 42, of Dallas led the way with a 6:02:38 (the course includes a trek up and down the peak). He was the 145th finisher among the 688 who successfully completed the test. Other from the D-FW area included **John Noltensmeyer**, 41, of Dallas in 6:05:42; **Bob Smeby**, 53, of Plano in 6:22:13; **Larry Lichnovsky**, 62, of Arlington (6:24:22); **Barbara Schultz**, 40, of Allen (6:28:48); **Claudia P. Zulejkic**, 39, of Rockwood (6:45:26) and **David Zulejkic**, 42, (7:04:49)....**Daniel Russey**, male winner of the 39-under division at the **Trinity 5000 Summer Series**, said he's training for his first marathon, the **Metro PCS Dallas White Rock** on Dec. 5. He plans to test himself at half that distance at the **Heels, Hills and Him** on Sept. 26 in Irving....If they don't have a frequent flyer's mileage deal, they should get one. At least five D-FW area runners traveled to Anchorage, Alaska, on Aug. 15 to run either the **Big Wild Life Marathon and Half Marathon**. In the half, **Cary Hancock**, 48, of Hurst ran a 2:01:59.6, son **Layne**, 20, finished in 2:18:42.1 and **Whitney Wakefield**, a former cross country teammate of Layne's at Birdville High, finished with Layne in 2:18:42.1. She now lives in McGregor. In the **Big Wild Life Marathon**, **Jack Becker**, 64, of Dallas, ran a 3:40:06.4 and **Bill Berenson**, 55, of Fort Worth finished in 3:45:48.5. Berenson, nursing an injured hamstring, still managed to log is 14th consecutive Boston Marathon-qualifying time in the past 18 months while placing second in his age division. Berenson said he also had to avoid an enormous moose and her calf during the run. Now, that's something you don't see around D-FW. Also, **Tim Egoft**, 42, of Frisco finished in 4:42:27....The 35th **Trinity Trot**, scheduled Oct. 2, has moved this year to its original location at TCU. The 4-mile run has been at Trinity Park and at Bellaire and Hulen the past few years.The **Mud Run DFW** has been turned into a two-day event on Nov. 6-7 because of the increase in participation. The competitive and kids race are scheduled for the 7th....**Dawn Burke** of Dallas won the women's masters title at the **Run, Walk and Roll 5K** at Reverchon Park on Saturday morning (Aug. 14), and it was an early birthday present for her. She is 49, but is ready to move to the 50-54 age division. A big birthday bash was planned for her in the evening at **Bob Luchsinger's** home....For those runners looking for prize money, there are a few races that offer cash incentives. In September, for example, the **Addison Oktoberfest** (Sept. 14) is offering \$250 for the overall male and female winners; \$100 for second and \$50 for third. Overall masters winners can earn \$100. On Oct. 2, the **Clark Gardens Half Marathon, 5K**, is offering \$100 for overall half winners. Also, on Oct. 9, the **Lake Joe Pool Pumpkin Run** is offering \$100 to overall winners...Even though the temperature was about 100 on Thursday night (Aug. 5) at the **Trinity 5000 Summer Series**, **Mark Followill** ran a 5K personal best of 19:38, beating his previous best, he said, by 12 seconds and winning the 35-39 age division. "I'm surprised," he said. However, he added, "I'm paying for it," as he had a difficult time cooling down as it took several minutes before he began feeling better....**Chad Cook**, 33, of Dallas was the fastest Metroplex finisher at the **San Francisco Marathon** on July 25 with a 3:11:27. Also, **Winston Hurst**, 18, of Dallas was among the top finishers with a 3:34:26....At the **Carrollton (MI) Festival of Races** on July 25, **Bobby Brown**, 54, of Carrollton (TX) ran a Boston qualifying time of 3:15:14....**Chris Crawford**, 49, of Dallas ran another fast time for the second consecutive month by posting a 3:14:26 at the **University of Okoboji Marathon** in Iowa on July 17. He placed fifth. **Jim Mayo**, 60, of Coppell, won his age division with a 3:43:15 and nailed a Boston qualifying time. Also, **John Little**, 63, of Coppell bagged himself a Boston qualifying time of 3:55:16....The **MetroPCS Dallas White Rock Marathon** will be offering \$25,000 in prize money for the marathon on Dec. 12....**Bill Berenson**, 55, of Fort Worth celebrated Independence Day by running the **Foot Traffic Flat Marathon** in Portland, OR., and was rewarded with his fifth Boston Marathon-qualifying time, which he has posted in five states and within five months. He ran a 3:39:39, but that wasn't the end of his activities. The race was on Sunday (July 4) and two days later he was skiing down Mount Hood in the morning and playing golf that evening in Washington. On July 3, a few D-FW area runners finished the difficult **Leadville Trail Marathon** in Colorado, where the course that includes old miners trails and peaks at 13,185 feet. The average finish time among the 327 who crossed the line was 6 hours, 16 minutes and 49 seconds. Leading the way from the D-FW area was **Richard Humphrey**, 48, of Keller with a 5:35:10, which was good for 83rd place. **Philip Williams**, 37, came in at 5:59:05 and **Jerry Hodges**, 40, of Frisco finished in 6:00:22....**Mitch Kent**, 44, of Southlake was 201st among the 4,080 finishers at the **Rock 'n' Roll**

Seattle Marathon on June 26 with a 3:26:49. Among other top finishers from the D-FW area were **Carrie Seeley**, 35, of Mansfield with a Boston Marathon-qualifying 3:43:01 and **Read Hoffman**, 24, of Irving with a 3:44:27. At the difficult and hot **Running With The Devil Marathon** in Boulder City, Nev., on June 26, **Matt Riley**, 36 of Denton came in with a 5:00:54 and **Kyle Wood**, 25, of Dallas finished in 5:02:21. The average finishing time was 6:07:51....Also, in a grueling event that started on June 26, three Metroplex ultra marathoners finished the **100-mile Western States Endurance Run**, which includes a cumulative climb of 13,185 feet and a total descent of 13,185 feet. **Cindy Melder**, 48, of Dallas finished in 27:39:17. b, 63, Fort Worth, came in at 29:39:42 and **Fred Thompson**, 61, Keller, finished a step behind at 29:39:41. There were 328 finishers.....Anchorage is a long way to go from D-FW, but three area runners made the journey and were among those who finished relatively high at the June 19 **Mayor's Marathon**. **Jon Korte** of Grapevine ran a Boston Marathon-qualifying time of 3:12:51 and placed 33rd among the 851 finishers and eighth in the 40-44 age division. **Douglas Keeffe** of Grapevine also nailed a Boston qualifier with a 3:45:05 and was 10th in the 55-59 age division. **Mark Hapka** of Dallas beat four hours with his 3:56:53 and was 22nd in the 25-29 division....**Chris Crawford**, of Dallas zipped to a 3:17:58 to place third overall and second in his 40-49 age division in the marathon race at the **Niagara Ultra 50K, Marathon and Half** at Ontario, Canada on June 19. Crawford, 49, was coming off a fourth place finish on May 30 at the Andy Payne Marathon, where he ran a 3:02:52....**Bill Berenson**, 55, of Fort Worth continues his amazing marathon feats despite logging only 25 miles a week. He ran his 12th consecutive Boston Marathon-qualifying time in 12 different states at the **North Olympic Discovery Marathon** in Port Angeles, Wash., on June 6. He ran a 3:38:45, his fourth BQ in the past four months. He said he has been trying to beat 3:30, but his hopes faded when he encountered "two monster hills" at miles 16 and 20. At the **Rock 'n' Rolle Marathon** in San Diego on June 6, three D-FW area runners finished high among the 10,625 finishers. **Richard Sullivan**, 29, of Dallas, ran a 3:18:16;**Nick La Barbera**, 47, of Richardson posted a 3:28:59; and **Christina Hughes Babb**, 35, of Dallas ran a 3:31:21. At the **Sunburst Marathon** in South Bend, Ind., on June 5, **Jeff Garber**, 45, of Lewisville zipped to a 3:00:15 to win his age division and place eighth among the 744 finishers. On June 6, **Angela Tortorice**, 42, of Dallas finished the **Steamboat Marathon** in Steamboat Springs, Colo., in 5:12:23. **Jeff Venable**, 54, of Dallas, traveled to **Casper, Wy.**, to run that city's marathon on June 6 and finished in 4:50:21. Then at the **Lewis and Clark Marathon** in Bozeman, Mont., on June 6, **Peter Beauvais**, 48, of Desoto won his age division with a 3:24:05 and was sixth among the 70 finishers....A lottery system has been put in place for the **Chevron Houston Marathon and Aramco Houston Half Marathon**. This will give all runners the same chance to register for the Jan. 30, 2011, events. Last year, the event sold out in 60 hours....Runners can enter the lottery by registering between 6 a.m., July 27, and 11:59 p.m., Aug. 12. Officials will announce participants on Tuesday, Aug. 17. The combined cap again will be 22,000 – 11,000 each for the half and the full. For information, visit www.houstonmarathon.com.

Several D-FW runners ventured to Oklahoma City on May 30 to run the **Andy Payne Marathon**. Two of them posted Boston Marathon-qualifying times: **Dave Emerson**, 51, of Coppell with a chip time of 2:56:28 and **Chris Crawford**, 49, of Dallas with a 3:02:52. Emerson and Crawford were third and fourth overall among the 79 finishers and each won his age division. Also, **Richard Humphrey**, 48, of Keller ran a 3:23:40....Former LGRW president **Kelly "K2" Richards**, 41, finished 113 among the 403 finishers at the **Coeur d' Alene (Idaho) Marathon** on May 30 with a 3:38:14....**Connor Adams** of Flower Mound High School won the High School Elite division at the **Congress Avenue Mile** on Saturday (May 22) when he passed his competition in the last quarter to win with a 4:07.69. Runner-up was **Ethan Doherty** of Boerne Champion, just a step behind at 4:08.09. Winning the girls elite title was **Amanda Russell** of Vista Ridge High School in Cedar Park with a 4:51.39. **Craig Lutz** of Marcus, who was second overall last year, finished in 4:14. **Neil Smith** of Southlake Carroll came in at 4:09. In the men's open elite division, **Adam Davis** of Houston won in 4:06.74. **Sesar Figueroa** of Baytown was second in 4:09.68. **Lennie Waite** of Austin won the female division with a 4:46. **Kiplimo Chemirmir** of Flower Mound finished fourth in the men's race with a 4:21 while **Aaron Purser** of Plano was seventh with a 4:28 and **Clarence Hosey** of Dallas was

eighth with a 4:31...Dallas will be one of the four cities to be host to a new national sprint series **TriRock**. Competitor Group, which started the **Rock 'n' Roll** series of events, has announced that the Dallas event, a 500-meter swim, a 20K bike ride and a 5K run, will be Sept 12 at Lake Carolyn at Las Colinas on Sept. 19. Dallas will be the second in the series that begins Sept. 12 near San Diego. Others will be Portland (Oct. 3) and Lake Buena Vista, Fla. (Nov. 7). For information about registering, visit www.trirock.competitor.com....**Orville Rogers** of Dallas, who set two American records as a 92-year-old this year at the **World Masters Athletics Indoor Championships** in Canada, was the guest runner Saturday (May 15) at the **Run For The Hills** at the International Museum of Cultures in Dallas...Also, on May 15, **Mark Swanson**, 48, of Mansfield was one of the 203 finishers at the **Brookings (S.D.) Marathon**, and he finished 21st overall with his Boston Marathon-qualifying time of 3:24:58.... Artists and designers have an opportunity to design the T-shirt logos for the **Lake Benbrook Half Marathon and 5K** in January. Have some ideas? Contact **Michael Polansky** at polanskyrunning@msn.com....**Mark Swanson**, 48, of Mansfield was among the 196 finishers at the **Lake Wobegon Trail Marathon** in St. Joseph, Minn., on May 8 and came in at 3:26:18 to place fifth in his age division and log a Boston Marathon qualifying time....The **MetroPCS Dallas White Rock Marathon** board has set Dec. 5 as the tentative date for this year's event, which has been the first weekend of December....**Thomas Okazaki**, 53, who's sort of like the battery bunny (he never wears down), finished 94th among 3,442 finishers at the **Big Sur International Marathon** on Sunday (April 25) in Carmel, Calif. The Southlake resident ran a 3:19:30. **Larry Lichnovsky**, 63, of Arlington was the 156th finisher and second in his age division with a 3:26:20. Other top finishers from the D-FW area included **Alma Darensburg**, 45, of Lewisville (3:30:54), **Jens Eltze**, 43, of Frisco (3:50:02), and **Jonathan Boils**, 33, of Lewisville (3:54:22). At the **Country Music Marathon** in Nashville on April 24, **Read Hoffman**, 24, of Irving ran a 3:37:47 and **Margie Starr Lawrence**, 54, of Plano finished in 3:54:15....**Ramiro Garcia** led D-FW runners at Sunday's (April 25) **Oklahoma City Memorial Marathon** with a 2:41:30 clocking, good for fifth place overall. Some other D-FW area runners who enjoyed good days in the marathon included **Dave Emerson** of Coppell, who won the 50-54 male division with a 3:06:04, **Kiplimo Chemirmir** of Flower Mound, who was third in the 25-29 male division (ninth overall) with a 2:49:49, and **Markku Toiviainen** of Flower Mound, second in the 35-39 male division with a 2:57:54. Also, **Stuart White** of Argyle was third in the 45-49 male division (3:03:35), **Yolanda Combs** of Burleson was fourth in the female 40-44 division (3:37:28), **Elsinore Alexander** of Fort Worth was fourth in the female 25-29 division (3:26:16), and **Alexandra Boehrer** of Dallas was second in the female 20-24 division (4:12:17)....**Reuben Chesang**, 46, who has won five marathons from Pittsburgh to Mexico City and is now training in Allen, ran a 2:21:15 to finish 23rd overall at the **Boston Marathon** on Monday (April 19). Leading the regular area D-FW runners at Boston was **Melisa Christian**, 33, of Dallas with a 2:44:01. Melisa, who is an Olympic Trials marathon qualifier, was 288th among the 22,540 finishers. Former White Rock Marathon winner and a former Olympic Trials qualifier, **William Moore**, 48, was not too far behind and crossed the line in 2:45:12 to be 331st. Also, **Bill Berenson**, 55, of Fort Worth logged a 3:31:30 for a PR and notched his 11th consecutive Boston-qualifying time. Among some of the other area top finishers were **C. Keith Grisham**, 39, of Plano (2:54:47); **Jeff Alexander**, 40, of Fort Worth (2:54:09); **Jeffrey Evanson**, 51, of Frisco (2:56:25), and **David Jones**, 46 of Plano (2:58:04). First area female finisher was **Shelley Kaiser**, 30, of Dallas (3:14:58)....**Kiplimo Chemirmir** of Flower Mound finished third in **Angie's Half Crazy! Half Marathon** in Houston on Saturday (April 10) and earned \$100. However, he had a shot for the \$300 first-place money after leading through 11 miles. But Kiplimo said he twisted his ankle when turning a corner and a shoe came off. Kiplimo, hampered by foot blisters, dropped to third when the second-place runner passed him in the last kilometer. He finished in 1:14:12.7. The winner, **Luis Armentaros** of Houston finished in 1:12:17 and earned another \$100 for setting the course record.**Samuel Rodriguez** was second in 1:13:07.8.... **Claude Hicks Jr.**, 50, of Fort Worth already has finished more marathons and ultras (more than 100 in all) than a roomful of regular runners, and he just keeps on going. He ran the **Yakima (Washington) River Canyon Marathon** on March 27 and finished in 4:19:51 and was 190th among the 530 finishers. Also traveling far to run long was **Carlos Gracia** of Fort Worth. He ran a 3:51:53 at the **Knoxville Marathon** on March 28. He was 124th among the 521 finishers and was

17th in the 45-49 age division...If you notice the **Azle Lake Run** ad on this website, you'll notice the event has added a half marathon on May 15. Want to attend a friendly marathon with scenic courses? It would be hard to beat Azle...Several area runners spread out for out-of-state marathons over the March 21-22 weekend. At the **City of Los Angeles Marathon** on March 21, **Philip Hodge**, 44, of Little Elm nailed a Boston Marathon qualifier with a chip time of 3:03:22. He was 153rd among the 22,403 finishers. Others in LA included **Andrew Lawson**, 27, of Dallas (3:14:24), **Taylor Johnson**, 26, of Richardson (3:22:24), **Dylan Higginbotham**, 21, Plano (3:30:44), and **Mindy Kuhl**, 28, Dallas (3:46:11). At the **Georgia Marathon** in Atlanta on March 21, **Sloan Ware**, 20, of Fort Worth was 65th among the 2,141 finishers with a 3:14:30. Other finishers included **Eric Loffland**, 35, of Glen Rose (3:21:54), and **Alison Peters**, 30, Fort Worth (3:30:24). Also on March 21, **Mark Swanson**, Mansfield, finished 32nd with a 3:39:50 at the **Big Island International Marathon** in Hilo. Also, **Doug Neven** of Mesquite tolerated Hawaii and finished with a 4:11:16....**Kiplimo Chemirmir** of Flower Mound, runner-up at the Cowtown Marathon on Feb. 27, finished third at the **Little Rock Marathon** on March 7. He ran an unofficial 2:34:51, which still leaves him more than three minutes short of his goal of beating his mother's marathon PR....While 21,000 runners and walkers enjoyed the varying distances at **The Cowtown** on Feb. 27, some other Metroplex runners ventured to other venues over that weekend to run marathons. At the **New Orleans Mardi Gras Marathon** on Feb. 28, Among those who came in the top 500 included **David Jones**, 38, of Dallas (3:28:56); **Jordan Lynch**, 30, of Fort Worth (3:31:45); **Mark Spurlock**, 48, of Irving (3:33:27); **Jeffrey Labauve**, 31, of Dallas (3:34:10); and **Cecil Cooper**, 48, of Fort Worth (3:35:59). And then at the **Gasparilla Distance Classic** in Tampa, Fla., on Feb. 28, **Bill Berenson**, 55, of Fort Worth ran his 10th Boston qualifier in 10 different states with a 3:32:02.... **Kiplimo Chemirmir**, 26, of Flower Mound finished fourth at the **Austin Marathon** on Feb. 14 with a 2:33:25. Three-time Cowtown Marathon winner **Keith Pierce** of Cedar Park won in 2:20:36. Other top finishers from the D-FW area included **Michelle McGoldrick**, 37, who was 59th overall with a BQ 3:04:18, which won her age division; **Trey Bryant**, 41, of Dallas with a BQ 3:04:46; **Brad Pierpont**, 29, of Cleburne with a BQ 3:06:54; **Jerod Honrath**, 36, of Dallas with a BQ 3:07:17; **Dave Emerson**, 51, of Coppell with BQ 3:09:06; **Adrian Long**, 22, of Alvarado with a 3:12:34; **Amy Assenmacher**, 34, of Dallas with a BQ 3:18:20; **Rachel Whaley**, 18, of McKinney with a BQ 3:19:49; **Chad Truby**, 34, of Keller with a 3:22:51; **Dane Thomson**, 40, of Dallas with a 3:23:08; and **Brad Hall**, 39, of Southlake, with a 3:23:48....At the **Mercedes Marathon** in Birmingham, Ala., on Feb. 14, **Carlos Gracia**, 44, of Fort Worth, ran a 3:49:54..... **Jeffrey Arnier Jr.**, representing the **Dallas Metroplex Stars**, finished 10th in the Junior Men's 8K on Saturday (Feb. 13) at the **USA Cross Country Championships and World Cross Country** trials in Spokane, Wash. Arnier ran a 25:05. Winning was **Trevor Dunbar** of the University of Portland in 24:04. In the Junior 6K, **Carly Kitts**, also representing the Dallas Metroplex Stars, ran a 23:26 to place 26th. **Shelby Greany** of Providence College won in 20:27....**Joe's Run** has announced that the band **Triggerfish**, which plays a wide variety of music, will be playing at the March 27 event....**Trey Bryant**, 41, of Dallas, enjoyed a fast time at the **Surf City Marathon** in Huntington Beach, Calif., on Feb. 7. He ran a Boston Marathon-qualifying time of 3:04:44 to finish 28th overall among the 2,349 finishers and placed second in his age division. Also, **Donita Robins**, 47, of Greenville ran a 4:15:31....At the **Death Valley Trail Marathon** (a real scary name for a marathon) in Death Valley, Calif., on Feb. 6, **Felicia Finston**, 49, of Dallas nailed a Boston qualifier with a 3:53:31...There were only 198 finishers at the **Melbourne & Beaches Music Marathon** in Melbourne, Fla., on Feb. 7, and **Kyle Wood**, 24, of Dallas was among them with a 3:42:57....Southlake resident **Thomas Okazaki**, who's planning to run his 100th marathon at **The Cowtown** on Feb. 27, ran the **Rocky Raccoon 50-Mile Ultra Trail Run** in Huntsville on Saturday (Feb. 6) and scored a PR with a 9:04:24. He completed his 97th marathon/ultra with the effort and plans to log his 98th and 99th marathons the next two weekend at the **Surfside Beach Marathon** in Surfside, Tx., on Feb. 13 and then the **Austin Marathon** the week before Cowtown...**Pascal Silverstre**, 48, of Paris (Tx) earned a Boston Marathon-qualifying time at the **Miami Marathon** on Jan. 31 by running a 2:56:38 on a hot and humid morning. He placed second in his age division and was 20th overall in the marathon that had 2,871 finishers. Also, three Dallas residents broke four hours in Miami, including **Peter Thistleton**, 37, (3:50:55), **Jason Schuchard**, 30, (3:51:41), and **Sarah Smith**, 32, (3:52:34)....At the **Ocala (Fla.)**

Marathon on Jan. 31, two area residents were among the 116 finishers. **Claude Hicks Jr.** (a 50-stater) of Fort Worth ran a 3:54:33, and **Clyde Shank** of Plano finished in 4:46:45....**Benjy Melancon**, 39, of Gainesville participated at the **Carlsbad (Callif.) Marathon** on Jan. 24 and ran a 3:41:18 to finish 199th among the 1,194 finishers. Also on Jan. 24, **Ken** and **Lorrie Gray** of Carrollton were among the area participants at the **Maui Oceanfront Marathon** in Lahaina, Maui. Ken ran a 4:40:31 and Lorrie finished in 5:35:58....As usual, there were many from the D-FW area who participated in the **Chevron Houston Marathon** on Sunday, Jan. 17, and many posted fast times. The leading male runner in the marathon from the area was **Andrew Cook** of Flower Mound, who finished in 2:23:19 to finish 11th overall. In the half, **Dawn Charlier** of Dallas ran a 1:19:41 to finish 28th among females. Among the males in the half, **Nicholas Stanko**, 28, of Haslett ran a 1:04:42 for 17th place. Other top marathon finishers by cities: **Fort Worth -- Loc Ly**, 35, 3:09:37; **Joseph Averett**, 32, 3:09:54; **James Michael**, 47, 3:16:44 and **Policarpo Hernandez**, 28, 3:33:11. **Dallas -- Shaheen Sattar**, 25, 3:08:54; **Nick Polito**, 41, 3:09:38; **Trey Bryant**, 41, 3:14:21; **David Weakley**, 51, 3:19:40; **Amanda Klein**, 26, 3:24:28; **James Wilson**, 42, 3:25:18; **Colleen Nelson**, 35, 3:30:07. **Hurst -- Joseph Kilianski**, 21, 3:11:40. **Grand Prairie -- Angela Eusery**, 41, 3:34:26. **Bedford -- Doug Wensrich**, 28, 3:08:29. **Plano -- Jerry Young**, 41, 2:58:35; **Mark Newcomb**, 53, 3:20:13; **Rodney Dellinger**, 34, 3:25; **Debbie Laude**, 29, 3:38:32; **Lauren Newcomb**, 20, 3:38:52. **Irving -- Jason Couch**, 36, 3:15:48. **Benbrook -- Todd Reynolds**, Benbrook, 42, 2:54:48....Several area runners also ventured to west to run in the **Rock 'n' Roll Arizona Marathon** on Jan.17. Among the finishers was **Bill Berenson** of Fort Worth, who ran his ninth Boston qualifier in nine different states. Berenson, 55, finished in 3:34:34. Other top finishers among the 5,691 who crossed the finish line included **Becky Angeles**, Nevada (Tx), 32, 2:47:28; **Garrett Underdown**, 34, Frisco, 2:58:29; **Jon Korte**, 28, Grapevine, 3:04:44; **Brian Elliott**, 26, Hurst, 3:09:30; **Ethan Underwood**, 35, Dallas, 3:11:14; **Philip Hodge**, 43, Little Elm, 3:15:47; **Chad Allison**, 37, Plano, 3:32:18; **Kyle Wills**, 34, Rowett, 3:34:36; **Erik Gretarsson**, 45, Hurst, 3:36:37 and **Mullin Stephanie**, 40, Arlington, 3:39:39....Traveling to Robins AFB in Georgia on Jan. 16 to compete in the **Museum of Aviation Foundation Marathon** included Peter Beauvais, 48, of DeSoto, whose 3:01:43 was good for a second place finish. Also, **Edna Turner**, 42, of Farmers Branch, ran a 4:08:32....The Lake Grapevine Runners and Walkers running club (LGRW) has had its **Hound Dog Hustle** on April 24 designated as the RRCA Texas 5K Championship Race....This was Florida? On Jan. 10, temperatures hovered in the low-30s for the **Disney World Marathon** and several D-FW area runners participated in the chilling conditions. First among them to return and find warmth was **Jerod Honrath**, 35, of Dallas. He finished 135th among the 16,874 finishers with a Boston Marathon qualifying time of 3:09:25. Others among the top 1,000 included **Annie King**, 24, of Dallas (a BQ 3:31:15), **Eric Peterman**, 34, of Hurst (3:34:29), **Amy Clark**, 32, of Fort Worth (a BQ 3:36:04), **Cy Armstrong**, 31, of Dallas, (3:36:29), and **Scott**, 40, and **Joanna Meek**, of Frisco, finished together at 3:38:33, and **Richard Harpel**, Dallas, came in at 3:39:13....**Jeff Venable**, 47, of Dallas, capped 2009 on Dec. 27 by participating in the **Run The Ranch Marathon** in Springfield, Mo. The marathon, which is an multi-loop 5K course, attracted 95 participants. Comments from those who participated ranged from terrible to great. Apparently, the food was great, but organization, medals and shirts seemed to be a problem. Anyway, Venable, who has completed more than 50 marathons, finished in 4:29:19 to place second in his age division. Strangely, one female runner complained about a horse being on the medals and shirts. She said this wasn't a rodeo, but she should look at the marathon's name to maybe get a clue of why a horse is depicted on the medal and shirt.