

## ***2010 Fastest 5K and 10K times at Metroplex Road Races***

**(Note:** The Fastest times list will now run from Jan. 1 to the end of December rather than the previous April to March dates. The new fastest times will be posted after more than three 5Ks or 10Ks have been conducted.)

This will be attempted to be updated each week, using times from Fort Worth-Dallas area races that are available on websites or sent to me via e-mail from race directors. If you've run a faster time in a D-FW race and it's not listed, please contact the race director and have him or her e-mail me the results at [admin@clinesrunningcorner.com](mailto:admin@clinesrunningcorner.com). If a person wins an Overall or Masters title, that time might or might not appear in the person's age-group ranking. It depends if the person's age is listed in the results. Some race results have no ages submitted in Overall, Masters and younger divisions, so some runners might not have their times recorded in their specific age division. Gun times will be used in the Overall and Masters divisions and those gun times will be used in the age division listings. Chip times, if available, will be used for all others in age-group divisions. Times will be rounded up in age-group divisions. For example, if a time is listed as 34:14.4, then the time will become 34:15. There is a Top 15 fastest times; fastest winning times and for Overall and Masters; and age divisions will include 15 names. There will be no repeats in age divisions; a person's fastest time will be recorded. If a runner moves up to a different age division during the year, it's possible he or she could be listed in both divisions. The fastest list will run from Jan. 1, 2010 to Dec. 31, 2010. If there are names misspelled or times wrong, please e-mail for corrections.

**Note:** There are some races results that don't have ages listed, so some runners who are in overall, masters, younger and older age divisions might not be posted in their respective age division although they might have faster times than those who are listed. If that is the case, please e-mail and submit your age, race and time. If attending a road race where the timing is by a school or other organization, please request that they e-mail the results to this website. Every effort is made here to obtain results from all D-FW road races.

**Note:** Because ages weren't listed in the Chosen Heritage results, and because 10-year age divisions were used, those times are not included.

**Updated: March 5, 2010.**

### **5K**

#### **Women**

**Fastest 15 (gun times):** D'Ann Arthur (BGO), 18:16; Sonya Correa (DRCF), 18:28.93; Colleen Casey (BIC), 18:38; Kim Kirby (TXH), 18:36; Sydney Brown (RRHV), 18:46; Sheila Natho (GHR), 19:18; Cora Turner (RESS), 19:18.8; Madison Milhoan (RESS), 19:31; Jenny Pamer (COW), 19:40; Alexandra Davis (BIC), 19:44; Jessa Stevens (DRCF), 19:46; Gairy Natividad (RRHV), 19:51; Rexi Parells (ROR), 19:54; Elizabeth Schattle (RRHV), 20:07; Sandra Ricaud (MG), 20:20; Payton Brown (RRHV), 20:20; Kim Rogers-Tracy (ROR), 20:20.

**Fastest winners (gun times):** D'Ann Arthur (BGO), 18:16; Sonya Correa (DRCF), 18:28.93; Kim Kirby (TXH), 18:36; Sydney Brown (RRHV), 18:46; Sheila Natho (GHR), 19:18; Cora Turner (RESS), 19:18.8; Jenny Pamer (COW), 19:40; Christell Baum (DTAL), 20:23.47; Julie Reinwald (MLK), 20:33; Sandra Ricaud (BIC), 20:38.4; Brenna Pelzel (TCTH), 20:41; Jayna

Henstorf (DFB), 20:42.97; Magaly Soto (FWRCDC), 21:05; Laura Nelson (FT), 21:35; Jacqueline Bolt (LB), 21:47.3.

**Fastest masters winners (gun times):** Lisa Coleman (GHR), 20:05; Sandra Ricaud (MG), 20:20; Angela Eusery (DRCF), 20:56.22; Ruthie Tate (COW), 20:58; Cindy Engel (TCTH), 21:01; Kathy Hudson (RRHV), 22:02.8; Candace George (DTAL), 22:23.71; Tamara Ogle (DPPR), 22:41.8; Cathy Buchanan (RESS), 22:48.2; Denise Padfield (HS), 23:28; Dawn Burke (ROR), 23:49; Julie Kendro (REM), 24:21.1; Pam Aswakool (TXH), 25:11; Daysi Houellemont (PPFS), 26:12; Yanira Lopez (CRCM), 26:42.54.

**Fastest grand masters winners (When division is designated. Chip time when available.):** Bev DeHard (HS), 23:46.5; Priscilla Reese (LB), 25:32.8.

**Fastest seniors masters winners (When division is designated. Chip time when available):** Ruth Olinger (PPFS), 40:50.

**10-younger:** Emily Heraty (RRHV), 20:45; Riley Mattingly (RRHV), 22:53; Meghan Ellis (RRHV), 23:02; Megan Wingard (RRHV), 23:10; Katherine Roquebert (RRHV), 23:11; Valerie Hart (RRHV), 24:32; Kelly Dorn (BIC), 24:59; Erica Wilson (RRHV), 25:04; Victoria Smith (MLK), 26:15; Meredith St. John (BIC), 27:04; Marie Clare Kuehler (RRHV), 27:33; Maddison Algya (RRHV), 29:12; Jamie McCarley (JB), 29:31; Caitlyn Pierce (JB), 29:38; Blake Aldridge (JB), 29:45.

**11-14:** Sydney Brown (RRHV), 18:46; Azucena Briones (TXH), 19:14; Gairy Natividad (RRHV), 19:51; Elizabeth Schattle (RRHV), 20:07; Payton Brown (RRHV), 20:20; Kirsten Zeller (TCTH), 20:43; Natalie Polei (RRHV), 20:53; Erin Jacobs (PPFS), 20:54; Jenna Hernandez (TXH), 21:04; Jordan Elissa (GHR), 21:10; Briana Rodriguez (PPFS), 21:22; Emily Henderson (TXH), 21:23; Katie Sandfort (TXH), 21:27; Melissa Morales (RRHV), 21:29; Miranda Roberts (BIC), 22:15.

**15-19:** Kim Kirby (TXH), 18:36; Madison Milhoan (RESS), 19:31; Kelsey Hermes (TXH), 19:38; Alexandra Davis (BIC), 19:44; Megan Siebert (TXH), 19:48; Carly Ketts (TXH), 19:50; Rexi Parells (ROR), 19:54; Kendall Howen (TXH), 19:58; Julie Reinwald (MLK), 20:33; Katie Bouton (DTAL), 20:38; Brenna Pelzel (TCTH), 20:41; Rachel Williams (ROR), 20:47; Kurstin Draper (COW), 20:52; Molly Snook (COW), 20:58; Meredith Nichols (ROR), 21:01.

**20-24:** D'Ann Arthur (BGO), 18:16; Jessa Stevens (DRCF), 19:46; Julie Sandoval (BGO), 20:15; Lauren Englander (COW), 22:09; Chandler Gehm (RRU), 22:42; Jenni Beasley (RRU), 22:42; Nikki Bertrand (ROR), 22:35; Kailee Covington (TCTH), 22:41; Ashlie Newberry (COW), 23:02; Whitney Russell (DRCF), 23:44; Christina Garcia (JB), 23:56; Amanda Gregory (TCTH), 24:11; Amy Marriott (TCTH), 24:36; Lauren Jury (COW), 24:13; Valerie Navarro (COW), 24:18.

**25-29:** Sonya Correa (DRCF), 18:29; Ruth Waller (TXH), 18:58; Julie Cattell (BGO), 20:21; Jayna Henstorf (DFB), 20:43; Kelli Murchison (DFB), 21:34; Debbie Laude (COW), 21:58; Emily Van Dyken (LB), 22:16; ; Cynthia Amstein (BGO), 22:17; Jennifer Vancleave (TCTH), 22:21; Dotte Collins (BGO), 22:46; Christine Sanford (TXH), 22:47; Kelley Beeman (TCTH), 23:03; Amanda Rieff (MG), 23:05; Krissy Placencio (DTAL), 23:15; Nicole Lavery (DRCF), 23:17.

**30-34:** Kim Rogers-Tracy (GHR), 19:31; Jennifer Crowley (RRHV), 20:32; Maria Martinez (FWRCDC), 21:19; Bliss Jacqui (DFB), 21:37; Rebecca Bradley (MG), 21:43; Mishael Berger (COW), 21:52; Magaly Soto (COW), 21:57; Lenneke Nieuwland (BGO), 22:07; Brooke McGonigle (TCTH), 22:13; Terra Richards (COW), 22:47; Martina Wood (TCTH), 22:57; Stacey Yervasi (BGO), 22:58; Kristina Coffee (DFB), 23:11; Shelly Tompkins (TCTH), 23:13; Lynette Berger (JB), 23:13.

**35-39:** Colleen Casey (BIC), 18:38; C. Hillary Green (MG), 20:09; Christell Baum (DTAL), 20:24; Christina Bell (DRCF), 20:34; Michelle Morgan (TCTH), 20:41; Eva Contreras (FWRCDC), 21:09; Roxana Wroblewski (TXH), 21:15; Tracy Chamblee (TCTH), 21:25; Rence Reed (TAL), 21:40; Kim Gray (HS), 21:55; Jamie Phillips (DTAL), 22:01; Julie Burns (CRCM), 22:19; Amy Davis (DRCF), 22:26; Victoria Keegan (TCTH), 22:33; Donna Distefano (DFB), 22:36.

**40-44:** Sheila Natho (GHR), 19:18; Cora Turner (RESS), 19:19; Angela Eusery (DRCF), 20:57; Candace George (TCTH), 20:59; Cindy Engel (TCTH), 21:01; Laura Nelson (FT), 21:35; Ruthie Tate (BGO), 21:55; Sandy Friesenhahn (TCTH), 22:13; Tamara Ogle (DPPR), 22:42; Kristi Grimes (BGO), 22:55; Tami Darlington (DFB), 23:00; Debbie Wolpov (MG), 23:09; Misty Spivey (BGO), 23:25; Laurie Culbreth (TCTH), 23:26; Tanya Van Winkle (DTAL), 23:30.

**45-49:** Lisa Coleman (GHR), 20:05; Sandra Ricaud (MG), 20:20; Fiona Green (GHR), 20:30; Ruthie Tate (COW), 20:57; Teri Murray (TCTH), 21:55; Maria Moore (DRCF), 21:59; Kathy Hudson (RRHV), 22:03; Meda Bourland (COW), 22:25; Paula McKethan (TCTH), 22:32; Leena Robinson (COW), 22:40; Erick Gibson (COW), 22:49; Cathy Buchanan (RESS), 22:49; Frances McKissick (GHR), 23:10; Carol Holschuh (JB), 23:10; Melissa Adamopoulos (BGO), 23:18.

**50-54:** Marsha Thauwald (TCTH), 23:27; Bev DeHart (HS), 23:47; Julie Kendro (REM), 24:22; Priscilla Reese (MLK), 24:25; Nancy Daman (COW), 24:39; Rena Fenner (DFB), 24:54; Cindy Harrison-Staub (TCTH), 24:57; Enid Schantz-Hagelbe (DRCF), 24:57; Pam Aswakool (DRCF), 25:02; Jae Verdeyen (COW), 24:57; Merrilee Carruthers (TCTH), 25:09; Bambi Adams (TCTH), 25:26; Silke Jones (RRHV), 25:26; Dawn Luyster (MLK), 25:31; Josie Deupree (TCTH), 26:29.

**55-59:** Vickie Morgan (TCTH), 22:07; Zhu Meifang (DTAL), 22:43; Terry Gonzalez (TCTH), 22:30; Linda Kelly (DRCF), 22:42; Kim Andres (GHR), 23:03; Brenda Curtis (TCTH), 23:30; Poksu Binger (MLK), 24:31; Nori Bykerk (BIC), 26:16; Dana Knight (MLK), 26:55; Eleticia Guerrero (TCTH), 26:59; Gail Loving (MG), 27:50; Leslie Blake (DTAL), 28:16; Anna Treadway (COW), 28:35; Martha Newell (JB), 28:35; Doris Lodics (REM), 28:36.

**60-64:** Becky Sherstad (TCTH), 23:42; Margaret Cook (FWRCDC), 25:47; Joan Fletcher (DRCF), 26:44; Carolyn Warner (JB), 28:52; Balkis Mukidah Wiggins (TCTH), 29:00; Arlene Siler (COW), 29:30; Glenna Jennings (GHR), 29:50; Toni McKenna (BIC), 30:15; Sandra Morgan (COW), 30:17; Donald Searles (COW), 30:35; Marta White (MLK), 30:54; Jean Park (MLK), 30:55; Marianne Cheek (COW), 31:42; Marsha Church (COW), 32:03; Rae Mills (MG), 32:36.

**65-69:** Sondra Hufford (TCTH), 28:38; Marylyn Patrick (DRCF), 28:44; Annette Lobdell (GHR), 29:50; Susan LeBlanc (MLK), 33:40; Susan Fortin (GHR), 34:27; Margaret Mason (FWRCDC), 34:50; Cindy Crawshaw (RRHV), 36:04; Barbara Bowen (BIC), 36:10; Carol Feyen (COW), 37:10; Dalia Sanchez (COW), 37:35; Nancy Cole (SS), 38:39; Jeanette Holland (COW), 38:38; Mary Craig (COW), 39:15; Barbara Morris (DTAL), 40:52; Laura Miller (COW), 41:18.

**70-74:** Mary Kaplan (MLK), 31:21; Sherry Robinson (COW), 34:51; Maureen Daugherty (COW), 35:23; Harriett Borger (COW), 37:27; Maxine Brown (COW), 38:18; Bettye Haynes (DRCF), 38:20; Dru Young (COW), 38:41; Joan Stokes (COW), 42:17; Maria Johnston (GHR), 43:01; Ella Parker (RRU), 49:55; Margarita Aragon (COW), 57:43; Flora Givens (COW), 1:00:27; Patricia Metzgar (COW), 1:00:54; Barbara Fox (COW), 1:00:58.

**75-79:** Beverly Parks (COW), 45:03; Betty Forsvall (ROR), 45:51; Jeanne Mayer (DTAL), 51:56..

**80-84:** Cassandra Sihenles (RRU), 39:58; Jan Richards (DTAL), 40:30; Nancy Raitz (MLK), 45:35; Betty Bob Massey (COW), 52:42; Loretta Santos (COW), 55:22.

**85-89:**

**90-94:**

**95-older:**

## 5K

### Men

**Fastest 15 (gun times):** Jeff Arnier Jr. (REM), 15:08.9; Joe Beisner (RRHV), 15:38.6; Sean Canavin (RRHV), 15:44; Kiplimo Chemirmir (DRCF), 16:20.15; Connor Adams (BIC), 16:23; Agustin Hernandez (GHR), 16:30; Garrett Yuen (REM), 16:34.5; Idilio Campos (REM), 16:34.7; Chris Strait (COW), 16:46; Tristan Mayfield (RRHV), 16:55; Michael Don (COW), 16:57; Chase Brown (RRHV), 16:59; Caleb Wolters (MLK), 17:02; Tyler Jackson (COW), 17:02; Jason Trevino (TXH), 17:07; Cameron Blocker (RRHV), 17:07.

**Fastest winners (gun times):** Jeff Arnier Jr. (REM), 15:08.9; Joe Beisner (RRHV), 15:38.6; Kiplimo Chemirmir (DRCF), 16:20.15; Connor Adams (BIC), 16:23; Agustin Hernandez (GHR); 16:30; Chris Strait (COW), 16:46; Caleb Wolters (MLK), 17:02; Dane Conley (TCTH), 17:33; Kenny Stice (DTAL), 17:34.93; Aaron Purser (PPFS), 17:39; Justin Garcia (LB), 17:41.6; Josh Terry (HS), 17:44; Craig Minyard (FT), 17:56; Jerry Johnson (RESS), 18:06.7; Matt Cockrn (TXH), 16:57.

**Fastest masters winners (gun times):** James Jackson (MG), 17:14; Chris Phelan (FT), 18:06; Robert Smith (RESS), 18:22.2; David Burnham (BIC), 18:29.1; David Holtsford (MLK), 18:30; Dan Campbell (HS), 18:31.1; Robert Reveal (TCTH), 18:34; Jay Kizer (COW), 18:39; Chris Crawford (ROR), 18:52; Tommy Smith (DRCF), 18:55.51; Todd Mann (RRHV), 19:04.7; Jesus Lopez (GHR), 19:24; Brian Duffy (PPFS), 20:03; Mark Olateju (CRCM), 20:17.52; John Ball (FWRCDC), 20:20.

**Fastest grand masters winners (when division is designated):** John Ball (HS), 20:23.9; Ronnie Fellers (LB), 21:52.9.

**Fastest seniors masters winners (when division is designated):** Keith Wolling (PPFS), 22:07; John Nance (CRCM), 23:46.63.

**10-younger:** Luke Moran (TCTH), 22:15; Drew Keats (TCTH), 22:19; Nicholas Williams (RRHV), 23:02; Gabriel Paschall (COW), 23:10; Julian Jones (DPPR), 23:26; Jonah Barth (BIC), 24:11; Marlon David Roa-Irizarry (TCTH), 24:14; Marcos Bohn (BIC), 24:22; Zach Wharton (HS), 24:40; Asa Robicheaux (ROR), 24:58; Garrison Lavender (TCTH), 25:32; Sam Olden (MG), 26:02; Kenny Kowis (MLK), 26:27; Tucker Thomas (TCTH), 26:31; Dylan Gibson (HS), 26:44.

**11-14:** Logan Hendrix (RRHV), 17:07; Luke Hendrix (RRHV), 17:12; Jacob Babbidge (RRHV), 17:23; Cameron Jackson (MG), 17:24; Zach Hamstra (RRHV), 17:40; Jake McConnell (RRHV), 18:18; Walter Edstrom (MG), 18:28; Kyle Perry (REM), 18:40; John David Kuehler (RRHV), 19:04; Zach Ellis (RRHV), 19:09; Nick Torraca (BIC), 19:26; Carson Vickroy (PPFS), 19:29; Shea Whatley (DTAL), 19:54; Zach Vineyard (RRHV), 19:59; Christian Liddell (CCO), 20:07; Timon Toure (HS), 20:07.

**15-19:** Jeff Arnier Jr. (REM), 15:09; Sean Canavin (RRHV), 15:44; Connor Adams (BIC), 16:23; Tristan Mayfield (RRHV), 16:55; Matt Cockrn (TXH), 16:57; Chase Brown (RRHV), 16:59; Caleb Wolters (MLK), 17:02; Cameron Blocker (RRHV), 17:07; Colby Kuehler (RRHV), 17:21; Jacon Phillips (TXH), 17:25; Austin Yaeger (GHR), 17:27; Matt Standefer (REM), 17:29; Kenny Stice (DRCF), 17:31; Dane Conley (TCTH), 17:33; Jake Miller (RRHV), 17:35.

**20-24:** Garrett Yuen (REM), 16:35; Idilio Campos (REM), 16:35; Tyler Jackson (COW), 17:02; Jason Trevino (TXH), 17:07; Dan Nichols (TXH), 17:14; Nathan Collier (COW), 17:22; Noe Nunez (DTAL), 17:39; Paul Julmeus (COW), 17:58; Daniel Duryea (RRHV), 18:05; Curtis Daniels (BIC), 18:43; Demery Cox (RESS), 19:11; Gregory Hamre (RESS), 19:12; Daniel Russey (COW), 19:26; Kurt Hare (LB), 19:37; Bryce Merrill (RRHV), 19:47; Jeremy Shank (RESS), 19:47.

**25-29:** Kiplimo Chemirmir (DRCF), 16:21; Michael Don (COW), 16:57; Ryan Cooper (DRCF), 17:09; Eddie Castillo (GHR), 17:38; Josh Terry (HS), 17:44; Cody Howell (LB), 18:41; Alex Johnson (HS), 18:43; Jacob Holmes (COW), 18:50; Curtis Alexander (BGO), 19:00; Chris Wong (BGO), 19:09; Michael Hitchcock (DTAL), 19:11; Chad Mills (FWRCDC), 19:14; Cameron Day (COW), 19:16; Alex Stewart (CUC), 19:49; Jeff Fahrenholz (DFB), 19:53.

**30-34:** Patrick Renoult (DTAL), 17:42; Shawn Derby (MLK), 18:04; Jonathan Souza (DTAL), 18:09; Michael Edwards (LB), 18:29; Joseph Averett (BGO), 18:47; Joe Cardenas (COW), 18:55; Andy Prior (BGO), 19:00; Anthony Johnson (COW), 19:06; Ryan Brown (DTAL), 19:25; Jamie Pennington (DTAL), 19:25; Nick Fletcher (DRCF), 19:32; Robert Phillips (COW), 19:37; Carlos Adame (TCTH), 19:38; David Bertrand (ROR), 19:49; Anthony Davis (MG), 19:55.

**35-39:** Joe Beisner (RRHV), 15:39; Agustin Hernandez (GHR), 16:30; Chris Strait (COW), 16:46; Jerry Johnson (RESS), 18:07; Markku Toiviainen (RRHV), 18:20; Peter Roets (BGO), 18:28; Mario Delgado (COW), 18:36; O'Neal Barnett (MG), 18:44; Matt Heins (BGO), 19:14; Jose Loyola (FWRCDC), 19:15; Brian Dorn (BGO), 19:31; Kevin Helm (DRCF), 19:35; Ryan Loehding (CRCP), 19:38; Kelly Parma (CRCM), 19:43; Prince Aryee (MG), 19:55.

**40-44:** James Jackson (MG), 17:14; David Burnham (BIC), 18:30; Rod Jackson (BGO), 18:36; John Chipps (TCTH), 18:53; Tommy Smith (DRCF), 18:56; Todd Mann (RRHV), 19:05; Joe Landly (CUC), 19:08; Garrett Devries (MG), 19:23; Jesus Lopez (GHR), 19:24; Martin Goins (HS), 19:34; Brian Duffy (DFB), 20:00; Octavio Martinez (DTAL), 20:01; Alan Mathis (DFB), 20:04; David Chase (HS), 20:06; Eddie Lebon (ROR), 20:07; Nick Polito (DFB), 20:25.

**45-49:** Craig Minyard (FT), 17:56; Robert Smith (RESS), 18:23; David Holtsford (RESS), 18:25; Dan Campbell (HS), 18:32; Robert Reveal (TCTH), 18:34; Jay Kizer (COW), 18:39; Chris Crawford (ROR), 18:52; Gerald Jackson (BGO), 19:06; Art Reilly (ROR), 19:09; Blade Norman (HS), 19:38; Mark Kercho (MLK), 19:41; Chuck Weidner (ROR), 19:58; Joe Davis (BIC), 20:14; Mark Olateju (CRC), 20:18; Daniel Sheedy (DRCF), 20:27.

**50-54:** Chris Phelan (FT), 18:06; Bob Stachow (RESS), 18:55; Irwin Fairclough (CCO), 19:57; Gregg Long (MG), 20:06; Alex Martinez (RRHV), 20:16; Rob Adams (ROR), 20:25; Sean Thompson (COW), 20:25; Bradley Gardner (MLK-COW), 20:28; Marc Genzberger (TCTH), 20:29; Charlie Hart (RESS9), 20:37; Gerald Waltman (MG), 20:39; Brian Polansky (FWRCDC), 20:41; Edward Thacker (COW), 20:58; Cecilio Escamilla (MG), 21:00; Randy Wolf (BIC), 21:09.

**55-59:** Anthony Colon (TCTH), 19:01; Tom Sessions (COW), 19:33; J.J. Jenkins (MG), 19:44; John Ball (RESS), 20:06; Ronnie Fellers (RESS), 20:37; Kenny Gardner (DTAL), 21:04; Don Shafer (BGO), 21:23; Dave Wiley (FWRCDC), 21:40; J.W. Hawronsky (ROR), 21:43; Harold Jandreau (FT), 21:52; Richard McClintock (GHR), 22:00; Randy Williams (BGO), 22:14; Greg Gornes (DRCF), 22:26; Keith Wolling (DRCF-GHR), 22:30; Kevin Trask (TCTH), 22:35.

**60-64:** Robert Benson (HS), 21:33; Doug Mauger (TCTH), 21:37; Robert Vigeland (RESS), 21:52; Hershel Busby (TCTH0), 21:57; Skeeter Hogue (REM), 22:00; John Ross (FWRCDC), 22:24; John Nance (GHR), 22:49; Tom Sadler (COW), 23:26; Paul Johnson (HS), 23:22; Kit Kittrell (BGO), 23:31; Mike Dowd (MLK), 23:33; Rick Johnson (HS), 23:38; Kendell Black (GHR), 23:57; Robert Stiles (COW), 24:17; Scott McKissick (GHR), 24:19.

**65-69:** Bill Shaw (DTAL), 21:09; Bill Richardson (COW), 21:30; Wally Capps (MG), 22:30; Dale Mauger (TXH), 22:43; Rio King (MLK), 23:42; Charles Jenner (COW), 24:02; Doug Gilpin (GHR), 24:30; George Kempston (DRCF), 24:56; Jim Engstrom (RESS), 25:04; Tommy Farrar (DRCF), 25:35; Charles German (MG), 26:09; Ed Nonnemacher (HS), 26:50; Lanny Lobdell (GHR), 26:54; Gary Welch (DRCF), 27:08; Mike Pryal (COW), 27:33.

**70-74:** Jim Sampson (DRCF), 23:41; Fred Hawn (TCTH), 24:02; Ken Brewer (MLK), 24:36; Bobby Lindsey (COW), 25:26; Larry Martin (TCTH), 27:01; Nelson Spencer (TCTH), 27:38; Robert Wright (GHR), 30:26; Duff Woodhouse (COW), 31:28; Don Wakeman (RRU), 32:33; Patrick Greene (DRCF), 32:49; Paul McCarty (DTAL), 32:57; Bill Engelke (COW), 33:09; Mac McCarthy (COW), 33:43; Al Angell (PPFS), 33:45; Jerry Siedschlag (DRCF), 35:29.

**75-79:** Joe McCreary (COW), 30:39; Dewey Fambry (DTAL), 32:52; Heinz Wichterich (COW), 34:52; Robert Cunningham (MLK), 37:19; Murray Forsvell (ROR), 40:45; John Young (COW), 41:31; Dan Mountain (DTAL), 50:57; Omar Pedroza (COW), 56:15..

**80-84:** Roy Harmon (RESS), 33:44; Richard Widener (GHR), 35:24; Clay Ireson (COW), 37:09; Howard Mayer (DTAL), 44:44; Augustine Lucio (COW), 46:50.

**85-89:** Robert McAdam (COW), 36:53.

**90-94:** Ernest Lacroix (COW), 53:19.

**95-older:**

## 10K

### Men

**Fastest 15 (gun times):** Andrew Cook (DRCF), 31:44.83; Jeffery Arnier Jr. (DRCF), 31:52.64; Andrew Montes (COW), 32:18; Armando Saldivar (COW), 32:18; Joe Beisner (DRCF), 32:43; Brent Paulsen (COW), 33:26; Antti-Pekka Ninisto (COW), 33:57; Todd Neer (COW), 35:11; Dave Emerson (COW), 35:14; Matthew Wade (DRCF), 35:15; Keith Kotar (COW), 35:17; Jesse Snyder (COW), 35:18; Jacob Phillips (ROR), 35:31; Garrett Yuen (DRCF), 35:37; Ben Morgan (DRCF), 35:44.

**Fastest winners (gun times):** Andrew Cook (DRCF), 31:44.83; Jeffery Arnier Jr. (ROR), 31:57; Andrew Montes (COW), 32:18; Sam Tillery (SS), 36:08; Craig Ottman (FT), 37:40; Ryan Mack (COW), 38:06; Noe Nunez (RRU), 39:23.5; Victor Palma (FWRCEIN), 40:02.

**Fastest masters winners (gun times):** George Taylor (COW), 37:54; Chris Crawford (DRCF), 39:05.60; Chad Buxton (SS), 39:23; Jeff Garber (FT), 39:38; Chris Moody (ROR), 39:40; Mark Kercho (FWRCEIN), 42:26.

**Fastest grand masters winners (when division is designated):**

**Fastest seniors masters winners (when division is designated):**

**10-younger:** John David Kuehler (COW), 41:05; A.J. Nunez (COW), 50:43; Hunter Boggs (FWRCEIN), 51:45; Logan Bond (COW), 54:56; Parker Wayne (SS), 55:53; Nolan Parker (COW), 58:56; Patrick Cox (COW), 1:02:28; Richard Schmedel (COW), 1:04:40; Will Parker (COW), 1:14:06; Tyler Wurtele (COW), 1:15:52; Michael Underwood (COW), 1:18:33; Michael Kelley (COW), 1:36:56.

**11-14:** Logan Hendrix (COW), 36:17; Zachariah Hamstra (COW), 37:26; Jake McConnell (COW), 37:36; Trent Koestler (COW), 39:11; Walter Edstrom (ROR), 39:13; Ervin Mooney (COW), 39:46; Zachary Ellis (COW), 40:17; Max Babbidge (COW), 41:11; Charles Vrana (RRU), 43:41; Colby Caldwell (COW), 45:03; Luke Page (COW), 45:17; Joe McCardel (COW), 45:33; Steve Loyola (FWRCEIN), 46:01; Trevor Berkowitz (COW), 47:55; Jason Cline (COW), 48:30.

**15-19:** Jeffery Arnier Jr. (DRCF), 31:53; Jacob Phillips (ROR), 35:31; Antti-Pekka Ninisto (COW), 33:57; Dave Emerson (COW), 35:14; Keith Kotar (COW), 35:17; Austin Miller (COW), 35:56; Caleb Williams (ROR), 35:57; Sam Tiller (SS), 36:08; Robert Gribble (SS), 36:35; Cameron Gifford (ROR), 36:56; Chris Buxton (ROR), 37:02; Matt Standefer (ROR), 37:25; Cameron Blocker (DRCF), 37:35; Brandon Douglas (ROR), 37:40; Evan Fike (SS), 38:00.

**20-24:** Andrew Montes (COW), 32:18; Armando Saldivar (COW), 32:18; Todd Neer (COW), 35:11; Matthew Wade (DRCF), 35:15; Garrett Yuen (DRCF), 35:37; Ryan Mack (COW), 36:59; Curtis Daniels (COW), 38:04; Noe Nunez (RRU), 39:24; Josh Carel (COW), 39:37; Korey Sessions (SS), 40:37; Tyler Knox (FWRCEIN), 41:08; Ryan Ohl (COW), 43:48; Greg Geis (COW), 44:04; Marney Snow III (COW), 44:23; Chris Bennett (DRCF), 45:19.

**25-29:** Brent Paulsen (COW), 33:26; Ben Morgan (DRCF), 35:44; Josh Terry (COW), 36:17; Clay Emge (COW), 37:18; Craig Ottman (FT), 37:40; Richard Garcia (COW), 38:09; Christopher

Maulsby (COW), 39:05; Brandon Hardy (COW), 40:07; Jacob Holmes (SS), 40:33; Stacey Rincones (FWRCEIN), 41:25; Brent Martin (COW), 41:34; Luis Lopez (DRCF), 41:55; Kelly Porter (COW), 42:14; Bryan Thurman (DRCF), 42:20; Armando Chavez (COW), 42:46.

**30-34:** Jesse Snyder (COW), 35:18; Andy Prior (COW), 37:18; Randy Bobe (COW), 37:29; Chris Hawes (DRCF), 37:31; Rick Hanson (FT), 38:45; Ben Rieck (COW), 39:10; Mark Miller (SS), 39:35; Victor Palma (FWRCEIN), 40:02; Richard Allen (DRCF), 41:11; Chris Stratton (DRCF), 41:18; David Bertrand (COW), 41:48; Brad Donovan (DRCF), 43:13; Carlo Capua (COW), 43:14; Brian Edmison (SS), 43:30; Brandon Kelmar (DRCF), 43:51.

**35-39:** Joe Beisner (DRCF), 32:43; Francisco Diaz (COW), 38:23; Mario Delgado (ROR), 40:20; Jose Loyola (FWRCEIN), 40:40; Jeff Burrows (DRCF), 40:44; Prince Aryee (COW), 41:08; Pete Zanella (FT), 42:21; Derek Neymeyer (COW), 43:49; David Gillen (COW), 44:23; George Paylor (RRU), 44:45; Kweli Campbell (DRCF), 44:52; Timothy Samuels (COW), 45:07; Ernesto Villarreal (DRCF), 45:10; Clay Hayner (SS), 45:35; David Cortez (COW), 46:15.

**40-44:** Hector Delgado (COW), 39:01; Chad Buxton (SS), 39:23; Jeff Garber (FT), 39:38; Chris Moody (ROR), 39:40; George Lowery (COW), 40:51; Mitch Walters (DRCF), 41:00; Jason Berend (SS), 41:07; Jeff Bartlett (COW), 41:35; Todd Dawson (COW), 42:50; Greg Davis (COW), 42:58; Neal Newman (RRU), 43:59; Rick Gonzalez (COW), 44:09; Chung Pham (SS), 44:17; Edward Thompson (COW), 44:24; Scott Fritchen (COW), 44:32.

**45-49:** Robert Smith (COW), 38:10; Blade Norman (DRCF), 40:28; Joe Davis (COW), 40:52; Maged Guirguis (DRCF), 41:16; Steve Darby (ROR), 41:24; Mark Olateju (DRCF), 41:33; Michael Brown (COW), 41:48; Rick Johnson (DRCF), 42:21; Mark Kercho (FWRCEIN), 42:26; Doug Waters (ROR), 42:39; Dean Ferris (COW), 42:46; Chris Stewart (RRU), 43:06; Henry Wozniczka (FWRCEIN), 43:08; Javier Ruiz (COW), 43:13; Pat Wallace (COW), 43:28.

**50-54:** Bob Smeby (DRCF), 40:16; Keith Fulenwider (COW), 41:18; Tom Raney (COW), 41:51; Victor Torres (DRCF), 42:32; Julio Lopez (ROR), 43:08; Fred Ellerson (DRCF), 43:22; Brian Polansky (COW), 43:23; Wyman Roberts (COW), 43:49; Charles Rapp (COW), 43:49; Charlie Hart (DRCF), 44:21; Joe Garza (COW), 44:30; Bradley Gardner (SS), 44:48; Sean Thompson (FT), 45:02; Jerome Schreiner (COW), 45:03; Pablo Wright (SS), 45:24.

**55-59:** George Taylor (COW), 37:54; Gary Adkins (COW), 41:35; John Ball (FWRCEIN), 43:31; Jorge Quero (COW), 43:40; Rusty Shelton (DRCF), 44:02; Ronnie Fellers (FWRCEIN), 44:07; Duane Buhmester (COW), 44:58; Bill Berenson (FWRCEIN), 46:18; Michel Richey (COW), 46:57; Daniel Barbaro (COW), 47:12; Julian Day (COW), 47:34; Samad Ahmadian (SS), 48:03; Frank Rivas (COW), 48:17; Charlie Campbell (COW), 49:08; Steve Bell (COW), 49:30.

**60-64:** Craig Hubbs (FWRCEIN), 46:26; Bobby McMullen (FWRCEIN), 46:35; Frank Pendleton (COW), 46:44; John Ross (FWRCEIN), 46:49; Buzz Shiely (ROR), 48:44; Kendall Black (DRCF), 50:23; Marty Hughes (COW), 52:38; Peter Mollett (COW), 53:34; Spareribs Lamothe (FT), 53:42; Vic Gallese (COW), 55:58; Ronnie Henderson (COW), 56:25; Bruce Hill (DRCF), 56:30; Richard Brennan (COW), 57:08; Richard Bernacki (COW), 57:53; Bob Luchsinger (DRCF), 58:06.

**65-69:** Bill Richardson (FWRCEIN), 45:47; Wally Capps (DRCF), 47:04; Alfred Pucci (COW), 53:17; Eddie Patton (COW), 53:36; Doug Gilpin (DRCF), 53:43; Victor Hegemann (ROR), 55:39; Frank Diaz (COW), 55:58; Bernard Marton (DRCF), 1:00:19; Franz Stettler (COW),

1:01:44; Jerry Dews (COW), 1:04:47; Chuck Altman (ROR), 1:04:49; Jesse Jones (SS), 1:11:07; W. Whitney (COW), 1:17:00; Paul Miller (COW), 1:23:42; Tom Whalen (COW), 1:27:42.

**70-74:** Ken Brewer (FWRCEIN), 54:24; Leo Despain (ROR), 59:29; Jack West (COW), 1:07:01; Al Angell (DRCF), 1:13:32; Ernest Couch (COW), 1:24:38; William Calmes (COW), 1:39:26; Richard Fagan (COW), 1:42:36.

**75-79:** Keith Spradlin (COW), 1:12:03; Robert Cunningham (SS), 1:17:24; Loftin Witcher (COW), 1:18:58; Abraham Wilson (COW), 1:20:37.

**80-84:** Gene Brock (COW), 1:13:35.

**85-89:**

**90-94:**

**95-older:**

## Women

**Fastest 15 (gun times):** Shannon Yarbray (ROR), 36:37; McKale Davis (COW), 37:06; Colleen Casey (COW), 38:48; Shaheen Sattar (COW), 39:30; Natalie Baker (ROR), 39:50; Cora Turner (FWRCEIN), 40:30; Sheila Natha (COW), 40:50; Gairy Natvidad (COW), 41:01; Stephanie Byers (COW), 41:22; Aly Nielson (ROR), 41:22; Kaleigh Ervin (ROR), 41:33; Christell Baum (DRCF), 41:47.56; Mina Pizzini (DRCF), 41:51.92; Kendall Howen (ROR), 41:57; Kriston Carson (COW), 42:08.

**Fastest winners (gun times, 45 minutes or faster):** Shannon Yarbray (ROR), 36:37; McKale Davis (COW), 37:06; Natalie Baker (SS), 40:08; Cora Turner (FWRCEIN), 40:30; Sandra Ricaud (FT), 44:01; Christell Baum (DRCF), 41:47.56.

**Fastest masters winners (gun times):** Cora Turner (COW), 39:48; Mina Pizzini (DRCF), 41:51.92; Fiona Green (ROR), 44:30; Christine Dixon (SS), 47:40; Cathy Buchanan (FWRCEIN), 48:31; Dana Gibson (FT), 54:03.

**Fastest grand masters winners (when division is designated):**

**Fastest seniors winners (when division is designated):**

**10-younger:** Karen Niehaus (ROR), 1:02:03; Taylor Hale (COW), 1:02:42; Ellie Michener (COW), 1:09; Riley Fetcher-Steele (COW), 1:42:57.

**11-14:** Gairy Natvidad (COW), 41:01; Katie Sandfort (SS), 44:53; Allie Lewis (COW), 46:11; Kellee McCann (COW), 46:53; Karrington Slaydon (FWRCEIN), 48:00; Ellie Parker (COW), 48:46; Audrey Parker (COW), 53:31; Bailey Pylant (COW), 54:23; Payton Hicks (COW), 54:38; Larg Taylor (COW), 57:51; Mycan Butler (COW), 58:28; Addison McGinnis (COW), 58:33; Connor Harwood (COW), 58:56; Emily Moran (COW), 1:00:06; Jessica Williams (COW), 1:01:05.

**15-19:** Natalie Baker (ROR), 39:50; Aly Nielson (ROR), 41:22; Kaleigh Ervin (ROR), 41:33; Kendall Howen (ROR), 41:57; Kelli Nahoolewa (COW), 44:13; Layce Sloan (COW), 45:16; Tess Lackey (COW), 45:19; Catherine McMurry (COW), 46:12; Savannah Borgsmiller (SS), 46:18; Ellen Stow (COW), 46:41; Brittney McGuire (COW), 46:44; Taylor New (ROR), 49:18; Kasey Morrison (SS), 49:21; Skylar Truly (COW), 49:47; Alexandria Newman (SS), 49:56.

**20-24:** McKale Davis (COW), 37:06; Julie Sandoval (COW), 41:42; Laura Lamons (DRCF), 46:16; Ali Lueck (FT), 46:19; Ruth Guerra (COW), 46:58; Whitney Morris (COW), 48:10; Kara Bergstein (COW), 50:36; Rachel Wade (DRCF), 50:36; Kat Hamre (COW), 50:39; Morgan Johnson (COW), 50:46; Kyndal Lee (COW), 50:57; Kaydee Doss (COW), 51:04; Jacqueline Conley (COW), 51:31; Katy Simmons (COW), 51:55; Crystal Markowski (COW), 52:02.

**25-29:** Shaheen Sattar (COW), 39:28; Stephanie Byers (COW), 41:22; Kristin Carson (COW), 42:07; Ellen Trasko (COW), 43:44; Emily Van Dyken (COW), 44:16; Morgan Sjulín (COW), 45:41; Nicole Bertrand (COW), 46:33; Alexandra Sable (COW), 47:05; Emily Van Dyken (FWRCEIN), 47:16; Katherine Chu (ROR), 47:26; Christina Behrmann (COW), 47:38; Jessica Grogan (DRCF), 47:43; Lucy Silvas (COW), 48:14; Laura Conner (COW), 49:00; Jaclyn Lightfoot (COW), 49:05.

**30-34:** Shannon Yarbray (ROR), 36:37; Jessica Davis (COW), 44:46; Maria Martinez (FWRCEIN), 44:49; Lacey Smith (COW), 45:42; Lucie Malloy (COW), 46:52; Jamie Zacharias (COW), 47:15; Melinda Rigby (COW), 47:54; Marian Ford (COW), 48:34; Jenny Ohl (COW), 49:04; Linda Blevins (ROR), 49:10; Karen Liz Mataraza (FWRCEIN), 49:40; Stacy Lueking (COW), 49:44; Kym Appleton (COW), 49:50; Melissa Bowman (COW), 49:57; Tabitha Williams (COW), 50:11.

**35-39:** Colleen Casey (COW), 38:48; Roxana Wroblewski (COW), 42:12; Elizabeth Oxford (DRCF), 42:27; Eva Contreras (FWRCEIN), 46:11; Beth Ann Martinis (COW), 46:38; Julie Burns (SS), 46:54; Julia Mungioli (SS), 47:10; Anne Stout (COW), 47:19; Jen Bodnar (COW), 47:22; Kim Gray (FWRCEIN), 47:42; Christa Reynolds (COW), 47:54; Laura Goodon (COW), 49: 25; Stephanie Saladino (SS), 49:29; Tracy Holcomb (COW), 49:30; Emily Murphey (COW), 49:31.

**40-44:** Cora Turner (COW), 39:48; Shelia Natho (COW), 40:50; Angela Eusery (COW), 44:03; Kristine Hinojos (COW), 45:07; Tami Darlington (DRCF), 45:21; Kendall Davis (COW), 46:21; Jay Aledo (COW), 46:40; Lesley Burke (COW), 47:29; Lourdes Ellis (COW), 48:00; Leslie Smith (DRCF), 49:19; Brigid Rose (COW), 49:34; Denise Hinrichs-Naumen (ROR), 49:43; Terri Fillmon (COW), 49:48; Christina Magana (COW), 49:52; Clair Volding (ROR), 51:32.

**45-49:** Sandra Ricaud (FT), 44:01; Fiona Green (ROR), 44:30; Nicole Borman (DRCF), 45:30; Christine Dixon (COW), 47:06; Cathy Buchanan (FWRCEIN), 48:31; Sharla Foster (FWRCEIN), 49:15; Dawn Burke (SS), 49:46; Pam Garretson (COW), 50:22; Frances McKissick (FWRCEIN), 50:25; Lorene Roberts (COW), 52:18; Mary Lessor (ROR), 52:35; Christy Kornis (DRCF), 52:55; Michelle Putze (COW), 53:31; Suzanne Stokes (COW), 53:42; Dina Antoline (COW), 53:49.

**50-54:** Annabell Lee (COW), 45:26; Bev DeHart (COW), 47:25; Stephanie Bassin (SS), 49:31; Stephanie Cournoyer (COW), 49:44; Rosie New (ROR), 49:56; Dianna Sulser (ROR), 51:37; Susie Bowers (COW), 51:57; Priscilla Reese (FWRCEIN), 52:19; Pam Aswakool (SS), 52:30;

Mary Conditt (COW), 53:24; Kim Berkowitz (COW), 54:24; Laura Miller (COW), 55:33; Barbara Leonard (COW), 56:05; Carol Tesks (FWRCEIN), 56:25; Lexa Auld (COW), 56:41.

**55-59:** Linda Kelly (COW), 46:51; Sherry Pimkin (FWRCEIN), 49:55; Kim Andres (DRCF), 50:03; Sunao Saito (DRCF), 50:24; Lorene England (COW), 51:31; Catherine Hughey (COW), 54:42; Maria Barron (DRCF), 57:05; Leslie Blake (DRCF), 57:36; Frances Broussard (COW), 59:48; Jeanne Pitz (ROR), 1:00:01; Denise Davis (DRCF), 1:01:30; Marla Hendricks (SS), 1:01:49; Darlene Hess (COW), 1:03:55; Kathleen Dupont (COW), 1:04:55; Christa Tracy (COW), 1:05:12.

**60-64:** Toni McKenna (COW), 1:03:09; Kathy Campbell (COW), 1:04:04; Dora Garcia (COW), 1:15:14; Carmen Flores (COW), 1:15:40; Margret Cook (FWRCEIN), 1:17:24; Carol Duvall (COW), 1:18:42; Agnes Richardson (ROR), 1:19:51; Lorane Smith (COW), 1:21:27; Nancy Cole (DRCF), 1:21:31; Betsy Price (COW), 1:25:28; Agnes Richardson (DRCF), 1:26:33; Micki Hunt (COW), 1:26:53; Emily Kutz (COW), 1:29:20; Sarah Jandrucko (COW), 1:29:21; Joyce Holt (COW), 1:29:35.

**65-69:** Marylyn Patrick (SS), 59:27; Sharon Smith (COW), 1:01:33; Lynne Caruso (COW), 1:03:18; Marilyn Taylor (COW), 1:21:41; Linda Peterson (COW), 1:23:03; Mary Swearingen (COW), 1:27:35; Janet Ruhnnow (COW), 1:30:52; Lynn Francis (COW), 1:36:49; Bernadine Whalen (COW), 1:38:53; Iris Wildman (COW), 1:40:36; Connie Chamberlain (COW), 1:41:20.

**70-74:** Bonnie Brestie (COW), 1:36:09; June Hill (COW), 1:47:05.

**75-79:** Wilma Curtis (COW), 1:42:27.

**80-84:**

**85-89:**

**90-94:**

**95-older:**

**Legend:** BGO=**BGO**; Bold In the Cold=**BIC**; Burleson Runners Club's Runs=**BRC**; Carrollton Runners Club Monthly Run=**CRCM**; Carrollton Runners Club Prediction Run=**CRCP**; The Cowtown=**COW**; Cupid's Chase=**CUC**; Cupid's Couples=**CCO**; Dallas Park Panther Run=**DPPR**; Dallas Running Club Frigid Run=**DRCF**; DRC Tal Morrison=**DTAL**; Dash For The Beads=**DFB**; Fillie Trot=**FT**; FWRC Demery Cox 5K=**FWRCDC**; FWRC Einstein Run=**FWRCEIN**; Gay (Happy) Race=**GHR**; Haltom Stampede=**HS**; Jiggle Butt=**JB**; Lake Benbrook 5K=**LB**; Mardi Gras Run=**MG**; MLK Day & Dream 5K=**MLK**; Plano Pacers Fresh Start=**PPFS**; Rascal Roundup=**RRU**; Resolution Solution=**RESS**; ReMARKable Run=**REM**; Resolution Run Highland Village=**RRHV**; Rotary Resolution=**ROR**; Snowman Shuffle=**SS**; Texas Half 5K=**TXH**; Too Cold To Hold=**TCTH**.