



The DRC Frigid 10K and 5K mostly lived up to its name Saturday morning (Jan. 2) at White Rock Lake as runners headed out while the temperature was trying to reach 40 degrees. Winning the 5K (pictured above) were Kiplimo Chemirmir in 16:20:15 and Sonya Correa in 18:28.93. Winning the 10K male and female titles were Andrew Cook in 31:44:83 and Christell Baum in 41:47:56. For Correa, a personal trainer, it was a great start to the New Year as she set a PR. Her short-term goal is to break 18 minutes before tackling longer distances. Chemirmir, looking relaxed and running alone for most of the race, didn't even notice his time as he crossed the finish line. He said he's training for marathons and that Cowtown will be his last race before joining the Army in February. Photo submitted by Fiona Green.