

## **Cold day and feet, but runners plug on**

Kiplimo Chemirmir, admittedly underdressed in a singlet on a Saturday (Jan. 9) morning when the temperature resembled a meat freezer, won the Snowman Shuffle 5K even though he had doubts about even finishing when his toes went numb after the first mile. When he hit the first mile at 5:03, he said his feet were dead as the temperature was maybe a shivering 30 degrees. He said for the first time, he felt like quitting a race. But he clenched his teeth and finally finished in 16:38 for his second overall victory in this New Year. With his face stinging and his hands and feet cold, Kimplimo quickly headed to his car, wrapped in a blanket and said it took 28 minutes before he was back to normal. Brr. Cold just thinking about it. But more than 100 braved the cold at White Rock Lake, and Candance George won the women's 5K race in 22:42. In the 10K, Natalie Baker was the female winner in 40:08 and Sam Tillery took the men's race in 36:08. [See results.](#)