



Dave Emerson, a senior at Trinity Valley High School, won the YMCA Trinity Trot 4-Mile Run on Saturday, Oct. 18, with a 22:24. He said he improved by two minutes from his effort two years ago when he finished fifth.

Annabelle Everitt, a redshirt sophomore cross country runner at UT-Arlington, won the women's division at the Trinity Trot with a 25:57.3. "It was OK," she said of her time. "I got under 26 minutes, and that's what I wanted."

Collegians win at Trinity Trot 4-Mile Run

Oct. 18, 2008

Although the venue has changed a few times over the years, the YMCA Trinity Trot remains the oldest continuous road race in Fort Worth. It might be old, but the winners weren't as 17-year-old Dave Emerson, a senior at Trinity Valley High School, and Annabelle Everitt, a 19-year-old redshirt sophomore at UT-Arlington, won the male and female titles.

Emerson finished in 22:24 over the course that starts and finishes at Trinity Commons after a jaunt up and down Bellaire and onto the Trinity Trails.

"It was all right," Emerson said of his time. "I had nobody pushing me, but it was good. I'm proud of it." His victory fits into the type of cross country season he's having at Trinity Valley, too. "I've won

the last three races I've been in and I've been in the top five just about every race. It's a pretty good season."

Everitt, originally from College Station, said she had hoped to do a little better, but she was at about 6:30 pace each mile. She said there was a little problem by going against traffic after the turnaround on the trails. "But they were cheering me on. It was great," she said.

The event again gave technical shirts for the age-group winners rather than trophies, which seems to be a hit with the majority of winners. The event also draws several hundred ROTC groups