



The top three men finishers in the DRC Half. From left are Joseph Mutinda, James Kirwa and winner Kip Kangogo. See [results](#) and [slideshow](#)s.

Kangogo sprints to win DRC Half

It just doesn't seem right that a threesome had to run more than 13 miles before deciding who would win the DRC Half in about the final 300 meters. But that's what it came down to Sunday (Nov. 2) as former TCU runner Kip Kangogo hit a fast gear down the stretch that James Kirwa, a Kenyan training in El Paso, and Joseph Mutinda, a member of the AmeriKenya Club from Santa Fe., N.M., couldn't match.

Kangogo, who coaches and runs in Canada, won the sprint and the first prize money of \$800 with a 1:06:52 on the warming morning over the course that circles White Rock Lake and meanders through nearby neighborhoods. Kirwa, who had tried without success to shake his competitors with a surge near the 10-mile mark and after the hilly section of the course, finished in 1:06:54, and Mutinda came in at 1:06:58. Other men who finished in the money were Elisha Tanui of McKinney with a 1:08:02, and Andrew Cook of Flower Mound with a 1:08:44.



Women's winner Rose Kosgei

Rose Kosgei defended her title by shedding her nearest challengers, Lisa Cron of Irving and Melissa Cook of Flower Mound, early in the race. Kosgei also earned \$800 with a 1:16:04. Cron came in at 1:17:30 and Cook, wife of male fifth-place finisher Andrew, finished in 1:18:26. Other women who earned money were Debra Tapia of Allen with a 1:23:25 and Wendy Nevitt with a 1:25:13.

In the masters divisions, Ernesto Caballero of Dallas won \$250 by zipping in at 1:12:32. Behind him were two long-time Dallas competitors William Moore (1:14:23) and Jeff Roth (1:17:48).

In the women's masters division, Sheila Natho of Dallas continued her impressive showings by winning in 1:28:53 to win \$250. Coming in behind her were Fiona Green of Keller (1:31:18) and Leona Sloan of Grapevine (1:33:30). Just behind Sloan was Sandra Ricaud of Irving with a 1:33:34.

Kangogo, who said he has run a 3:40 mile on a track and is an assistant coach at Lethbridge College in Canada, said the first 3 kilometers was relatively slow at 5:34 pace. "After 10 miles, I knew it was going to come down to a sprint, so I was ready. When I saw the finish line, I gave it all I had."

Kangogo's most recent race was the Dallas Komen Race For the Cure, which he won with a 14:20.

Kosgei was coming off a victory on Oct. 25 in Tulsa, where she won \$3,000 in the 15K by posting a 51:24.

In the 5K, which started 20 minutes after the half, Peter Roets of Dallas won the men's title in 17:06 and Celeste Sullivan of Fairhope, AL, won the women's division in 19:12.

A record 4,500 registered for the half and the 5K. Registration for the half was cut off on Monday before the race after the 4,000 limit had been reached.