

## Area women shine

Melisa Christian of Dallas and Debbie Arzola of Allen enjoyed memorable runs the past two weekends. Christian finished seventh in the U.S. Women's 10-Mile Championship on Oct. 5 in Minneapolis, Minn., with a 58:20. Kara Goucher of Oregon won in 53:16. Arzola finished 19th with a disappointing 1:01:29. However, Debbie bounced back last weekend by finishing third among the women in the World's Fastest 10K in El Paso. She ran a 32:44.2 on the course that features a 1,400-foot drop. Hyvon N'getich won in a blistering 29:03.7 while Elisha Kiror logged a world-record 25:43.4 to smoke the men's field by more than a minute.