

## MLK DAY & DREAM IX 5K Run/Walk

(Held at River Legacy Parks, Arlington, TX on 1/16/2012) A little cloudy, 67 Deg F / 19 Deg

(Benefits AISD's Blanton and Crow Elementary Shools -- with help from St. Alban's Episcopal Church (ECUSA), Arlington, TX.)

(Timed finishers: 98 Female; 73 Male)

(Results provided by Jeph Abara jephaa@yahoo.com www.runningintheusa.com/jeph )

First Name	Last Name	Gender	Age	Age Grp	Bib #	Finish Time (Mins. .Secs)	Avg Pace per Mile (5K = 3.107 mls) (Mins. .Secs)	Place In Age Group	Place In Gender	Overall Place (All Finishers)	"Souls & Soles" Award
<b>Female Overall Winner</b>											
Laura	Nelson	F	46	45-49	2898	20.45	6.41		1	10	
<b>Female Masters Winner</b>											
Fiona	Green	F	47	45-49	2853	21.12	6.49		2	13	
Dewey	Saracay	F	7	07-08	2706	38.46	12.29	1	63	125	
Grace	Tomlinson	F	8	07-08	2847	41.06	13.14	2	75	141	
Alyssa	Ramirez	F	10	09-11	2830	25.31	8.13	1	9	35	
Hagan	Griffith	F	14	12-14	2876	24.20	7.50	1	6	28	
Madeline	Wasden	F	14	12-14	2704	25.54	8.20	2	10	39	
Kelly	Kowis	F	13	12-14	495	26.47	8.37	3	12	47	
Chelsea	Luddeke	F	12	12-14	1868	28.05	9.02	4	15	56	Random
Courtney	Rainwater	F	13	12-14	2864	28.07	9.03	5	16	57	
Aubrey	Wasden	F	12	12-14	2705	28.27	9.09	6	17	60	
Angelina	Campbell	F	12	12-14	2887	40.10	12.56	7	69	132	
Colleen	Weber	F	18	15-19	2703	22.44	7.19	1	3	22	
Alexa	Red	F	19	15-19	2775	28.41	9.14	2	18	61	
Alexa	Martin	F	15	15-19	482	29.07	9.22	3	20	66	
Emma	Cournoyer	F	15	15-19	2707	30.12	9.43	4	26	77	
Jennifer	Ratty	F	25	25-29	1874	24.09	7.46	1	5	25	
Sarah	Baumert	F	26	25-29	2777	29.06	9.22	2	19	65	
Julia	Dela Rosa	F	27	25-29	500	29.14	9.25	3	22	70	
Lea	Elliott	F	29	25-29	2762	29.38	9.32	4	23	72	
Elaine	Dandridge	F	29	25-29	2891	34.51	11.13	5	50	112	
CeCe	Turner	F	28	25-29	2803	37.37	12.06	6	58	120	
Sherry R	Smith	F	27	25-29	2805	38.47	12.29	7	64	126	
Leyna	Odell	F	29	25-29	2827	49.30	15.56	8	86	158	
Julie	Wright	F	34	30-34	2816	27.03	8.42	1	13	50	
Nadia	Jones	F	32	30-34	2828	30.00	9.39	2	24	75	
Sophie	Draffin	F	31	30-34	2808	30.17	9.45	3	27	78	
Chelsea	Durrett	F	32	30-34	2880	32.00	10.18	4	37	91	
Tonitra	Tucker	F	30	30-34	2713	32.19	10.24	5	39	94	

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							per Mile (5K = 3.107 mls) (Mins. .Secs)				
Taylor	Overstreet	F	30	30-34	2824	37.50	12.11	6	59	121	
Candice	Peters	F	31	30-34	1886	38.00	12.14	7	60	122	
Sharon	Brown	F	34	30-34	2821	42.56	13.49	8	78	145	
Wesanda	Simms	F	31	30-34	498	43.52	14.07	9	79	146	
Lori	Blum	F	39	35-39	2825	27.59	9.00	1	14	55	
Jennifer	Wisbrock	F	35	35-39	488	30.56	9.57	2	31	84	
Sarita	Esqueda	F	36	35-39	2710	31.33	10.09	3	33	87	
Lesli	Bresnahan	F	37	35-39	1870	31.48	10.14	4	35	89	
Melodie	Davis	F	35	35-39	2822	33.04	10.39	5	41	99	
Claudia	Chu	F	35	35-39	2883	33.35	10.49	6	45	104	
Felicia	Washington	F	39	35-39	2813	34.16	11.02	7	47	108	
Rachelle V	Blackwell	F	37	35-39	2797	34.26	11.05	8	49	110	
Laura	Boyle	F	35	35-39	2789	35.56	11.34	9	53	115	
Kareema	Moore	F	37	35-39	2771	37.36	12.06	10	57	119	
Kelley	Hartsell	F	38	35-39	2774	38.44	12.28	11	62	124	Random
Jane	Danhauer	F	38	35-39	1871	40.11	12.56	12	70	133	
Claudia	Avila	F	36	35-39	1873	42.05	13.33	13	76	142	
Elizabeth	Wright	F	39	35-39	2801	53.41	17.17	14	90	163	
Kataine	McGriff	F	39	35-39	492	54.59	17.42	15	93	166	
Gwendolyn	Johnson	F	40	40-44	479	25.29	8.12	1	8	34	
Kay	Scott	F	42	40-44	1880	26.33	8.33	2	11	44	
Chandra	Martin	F	42	40-44	2823	29.08	9.23	3	21	67	
Monique	Cunningham	F	42	40-44	2751	30.11	9.43	4	25	76	Random
Alice	Kelly	F	44	40-44	2790	30.52	9.56	5	30	83	
Kristy	Finley	F	40	40-44	2843	31.41	10.12	6	34	88	
Suzanne	McDole	F	42	40-44	2773	32.02	10.19	7	38	92	
Doretta	Spates	F	41	40-44	2796	39.01	12.33	8	65	127	
Tawnya	Saracay	F	41	40-44	2708	39.48	12.49	9	66	129	
Melissa	Tomlinson	F	44	40-44	2784	40.57	13.11	10	74	140	
Terri	Norman	F	44	40-44	1885	42.56	13.49	11	77	144	
Jackie	Taylor	F	43	40-44	2842	44.39	14.22	12	81	148	
Christylla	Miles	F	40	40-44	2890	44.58	14.28	13	82	149	
Adrienne	Loper	F	40	40-44	2765	45.55	14.47	14	83	151	
Lisa	Miles	F	42	40-44	2770	58.03	18.41	15	98	171	
Frances	McKissick	F	49	45-49	2761	23.32	7.34	1	4	23	
Karen	Stewart	F	45	45-49	1869	32.51	10.34	2	40	97	
Evonne	Luddeke	F	45	45-49	2759	33.27	10.46	3	44	103	
Shannan	Chaler	F	45	45-49	2806	35.03	11.17	4	51	113	
Deirdre	Martin	F	45	45-49	483	36.01	11.36	5	54	116	
Regina	McGary	F	49	45-49	2845	36.23	11.43	6	55	117	
Evette	Ferguson	F	45	45-49	1887	38.38	12.26	7	61	123	
Lauri	Jensen-Campbell	F	45	45-49	2889	40.26	13.01	8	71	135	
Ula	Bridenstine	F	48	45-49	2794	49.26	15.55	9	85	156	

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Dawn	Luyster	F	52	50-54	2884	25.20	8.09	1	7	32	
Cynthia	Lyle	F	54	50-54	1881	30.51	9.56	2	29	82	
Lori Ann	Brown	F	51	50-54	1878	50.38	16.18	3	88	160	
Betty	Wagnon	F	53	50-54	2785	57.48	18.36	4	96	169	
Nancy	Selleck	F	54	50-54	2786	58.03	18.41	5	97	170	
Cynthia	Shepard	F	57	55-59	2772	30.47	9.54	1	28	81	
Carey C	Cribbs	F	57	55-59	2802	31.56	10.17	2	36	90	
Marilyn	Hellum	F	55	55-59	2814	33.05	10.39	3	42	100	
Deborah	Reed	F	56	55-59	2779	34.18	11.02	4	48	109	Random
Kathy	Dawson	F	55	55-59	484	37.34	12.05	5	56	118	
Cheryl	Hendrix	F	57	55-59	2896	47.26	15.16	6	84	154	
Kathlene	Smalkey	F	58	55-59	2846	53.30	17.13	7	89	162	Random
Donna	Sutton	F	58	55-59	2868	56.37	18.13	8	94	167	
Debbie	Venvertloh	F	55	55-59	2867	57.47	18.36	9	95	168	
Mary	Orr Alcock	F	60	60-64	2838	40.56	13.10	1	73	139	
Tananie	McLane	F	60	60-64	2701	43.57	14.09	2	80	147	
Jean	Park	F	66	65-69	489	31.15	10.03	1	32	86	
Carmen	Flores	F	65	65-69	2763	33.26	10.46	2	43	102	
Susan	Fortin	F	67	65-69	481	39.52	12.50	3	67	130	
Alene Ann	Pulliza	F	69	65-69	2782	54.02	17.23	4	91	164	Random
Nancy	Cole	F	70	70-74	2836	33.45	10.52	1	46	105	
Mary	Kaplan	F	72	70-74	2829	35.37	11.28	2	52	114	
Joanna	McClellan	F	70	70-74	491	40.00	12.52	3	68	131	
Clemintine	deAngelis	F	74	70-74	2787	50.37	16.17	4	87	159	
Jan	Richards	F	84	80-99	2839	40.54	13.10	1	72	138	
Betty Bob	Massey	F	84	80-99	478	54.48	17.38	2	92	165	
<b>Male Overall Winner</b>											
Alonzo	Pollum	M	15	15-19	2859	17.13	5.32		1	1	
<b>Male Masters Winner</b>											
David	Holtsford	M	50	50-54	2848	19.09	6.10		5	5	
Gabe	Loper	M	8	07-08	2767	27.55	8.59	1	41	54	
Kenny	Kowis	M	11	09-11	496	26.29	8.31	1	33	43	
Addison	Baum	M	10	09-11	1889	28.47	9.16	2	45	63	
Eric	Perez	M	11	09-11	1888	34.04	10.58	3	61	107	
Aaron	Willingham	M	14	12-14	2870	18.08	5.50	1	3	3	
Jervaughn	Muriel	M	12	12-14	2866	23.42	7.38	2	20	24	

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Antonio	Campbell	M	13	12-14	2888	25.06	8.05	3	25	31	
Ian	Loper	M	12	12-14	2766	45.54	14.46	4	68	150	
Arturo	Maciel	M	15	15-19	2858	17.56	5.46	1	2	2	
Taylor	Bennett	M	17	15-19	487	21.34	6.56	2	12	14	
Tyler	Ballow	M	16	15-19	2798	22.37	7.17	3	19	21	
Aidan	Wright	M	18	15-19	2882	40.39	13.05	4	65	136	Random
Dawson	Cannefax	M	23	20-24	2841	24.29	7.53	1	24	30	
Ricky	Jones	M	23	20-24	1877	32.20	10.24	2	56	95	
Raymond	Gilbert	M	24	20-24	1876	49.12	15.50	3	71	155	
Demery	Cox	M	26	25-29	2892	18.55	6.05	1	4	4	
Nicholas	Elliott	M	27	25-29	2819	33.47	10.52	2	60	106	
Andre	McLane	M	25	25-29	2702	39.07	12.35	3	63	128	
Jason	Martinez	M	31	30-34	2815	26.38	8.34	1	35	46	
Joseph	Contreras	M	31	30-34	2804	27.29	8.51	2	39	52	
Nick	Ansgnostis	M	31	30-34	2877	28.46	9.16	3	44	62	
Ryan	McVicker	M	32	30-34	2776	29.05	9.22	4	46	64	Random
Jose	Corrisalez	M	32	30-34	2831	29.17	9.25	5	49	71	
Jamie G	Contreras	M	31	30-34	2800	30.27	9.48	6	52	79	
Rick	Del Fiero	M	31	30-34	2835	32.14	10.22	7	55	93	
David	Tucker	M	36	35-39	2832	28.15	9.06	1	42	58	
Sal	Aceves	M	35	35-39	2833	28.15	9.06	2	43	59	
Brad	Armstrong	M	36	35-39	2792	29.50	9.36	3	50	73	
Vin	Nguyen	M	36	35-39	1879	33.10	10.40	4	59	101	
Thad	Danhauer	M	36	35-39	1872	40.24	13.00	5	64	134	
Doug	Mayfield	M	40	40-44	499	20.04	6.28	1	8	8	
Rey	Zavala	M	42	40-44	2879	22.12	7.09	2	14	16	
Paul	Luyster	M	44	40-44	2885	22.22	7.12	3	15	17	
Mike	Mikeska	M	44	40-44	2844	22.34	7.16	4	18	20	
Dan	Silveira	M	44	40-44	2878	24.12	7.47	5	21	26	Random
Chris	Blum	M	41	40-44	2826	24.25	7.52	6	23	29	
Constantine	Dactelides	M	42	40-44	2820	25.50	8.19	7	29	38	
Shaun	Campbell	M	44	40-44	2886	27.10	8.45	8	38	51	
Billy	Tran	M	47	45-49	2000	20.48	6.42	1	10	11	
Curt	Metzger	M	45	45-49	2860	22.29	7.14	2	17	19	
Terry	Chaler	M	49	45-49	2807	26.55	8.40	3	36	48	
Donald	Norman	M	46	45-49	1884	27.42	8.55	4	40	53	Random
Glen	Powers	M	45	45-49	2795	32.42	10.31	5	57	96	
Mark	Kercho	M	50	50-54	2872	20.17	6.32	1	9	9	
Joe	Dirt	M	51	50-54	2900	21.51	7.02	2	13	15	

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T. J.	VanLeeuwen	M	54	50-54	1999	22.28	7.14	3	16	18	
Alan	Carruthers	M	52	50-54	2852	26.35	8.33	4	34	45	Random
Doug	Pontious	M	52	50-54	2840	29.13	9.24	5	48	69	
Gerry	Murray	M	54	50-54	2793	49.27	15.55	6	72	157	
Tony	Colon	M	59	55-59	2863	19.57	6.25	1	6	6	
J. J.	Jenkins	M	59	55-59	1882	19.57	6.25	2	7	7	
John	Ball	M	59	55-59	2709	20.53	6.43	3	11	12	
Iok-Hou	Pang	M	55	55-59	2897	26.14	8.27	4	31	41	
Steve	Phillips	M	56	55-59	474	30.41	9.53	5	53	80	
Anthony R	Reed	M	56	55-59	2778	34.28	11.06	6	62	111	
Teddy J	Viator	M	60	60-64	2783	24.17	7.49	1	22	27	
Jack	Englant	M	63	60-64	2874	25.41	8.16	2	28	37	
Forrest	Gump	M	64	60-64	2873	25.58	8.21	3	30	40	
Scott	McKissick	M	63	60-64	2760	26.20	8.29	4	32	42	
Ted	Wilson	M	65	65-69	2834	27.01	8.42	1	37	49	
Mike	Pryal	M	69	65-69	2849	29.09	9.23	2	47	68	
Alan	Davis	M	66	65-69	2837	29.51	9.36	3	51	74	
Michael	Fortin	M	67	65-69	480	32.53	10.35	4	58	98	
Phillip	Jackson	M	65	65-69	490	40.45	13.07	5	66	137	Random
Jim	Engstrom	M	70	70-74	2758	25.36	8.14	1	27	36	
Marvin R	Herring	M	74	70-74	2757	30.58	9.58	2	54	85	
Al	Vincent	M	74	70-74	475	46.07	14.51	3	69	152	
Ken	Brewer	M	75	75-79	2875	25.28	8.12	1	26	33	
Jack	Gray	M	82	80-99	2756	42.18	13.37	1	67	143	
Bob	Harrison	M	80	80-99	1883	46.22	14.55	2	70	153	
Robert Z	Cunningham	M	80	80-99	2752	52.08	16.47	3	73	161	

## SOULS & SOLES RESULTS as reported in the print press.

Chelsea	Luddeke	F	12	Souls	1868	28.05	9.02	1	15	56	Random
Deborah	Reed	F	56	&	2779	34.18	11.02	2	48	109	Random
Kathlene	Smalkey	F	58	Soles I	2846	53.30	17.13	3	89	162	Random
Monique	Cunningham	F	42	Souls	2751	30.11	9.43	1	25	76	Random
Kelley	Hartsell	F	38	&	2774	38.44	12.28	2	62	124	Random
Alene Ann	Pulliza	F	69	Soles II	2782	54.02	17.23	3	91	164	Random
Dan	Silveira	M	44	Souls	2878	24.12	7.47	1	21	26	Random
Donald	Norman	M	46	&	1884	27.42	8.55	2	40	53	Random
Aidan	Wright	M	18	Soles I	2882	40.39	13.05	3	65	136	Random

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Alan	Carruthers	M	52	Souls	2852	26.35	8.33	1	34	45	Random
Ryan	McVicker	M	32	&	2776	29.05	9.22	2	46	64	Random
Phillip	Jackson	M	65	Soles II	490	40.45	13.07	3	66	137	Random